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METASTASIS OF MALIGNANT NEOPLASMS TO THE BRAIN A study of incidence, diagnostic effort and trial in therapeutic assessment.

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22 patients were identified to have metastasis to the Brain from various primary locations. Most of them were from lung cancer (12 patients) then 5 patients having primary from the breast cancer. There were several patients with unidentified primary cancer. Several meningeal involvement were identified from the infiltration of leukemia and nasopharyngeal cancer. Diagnosis were established by means of clinical, laboratory examinations and carotic angiography, later on additional computerized tomography examination has been included. Most of the patients came in critical conditions, but after therapy by means of surgery, radiation and cytostatic agents, they showed some improvement.

Name of Registered Participant who will be presenting the paper	er: Setiono Diran
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METASTASIS OF MALIGNANT NEOPLASM TO THE BRAIN \*
A study of incidence, diagnostic efforts and trials
in therapeutic assessment.

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It is very hard to detect metastasis of melignant neoplasm to the brain in early stage whereas most of the patients came in a late stage. Carotis angiography, lumbar punture examination and electroencephalogram do not always give a positive finding. New non invasive procedures have been introduced quite recently with better results by means of computerized tomography of the skull, magnetic resonance and digital angiography.

Therapy is also another aspect of problem due to the difficult localization of metastasis even worse due to the critical condition of most of the patients.

There are three organs with metastasis on which there is a kind of "tabu" to treat it. Those are the brain the lungs and the liver, because those are critical organs to irradiate without producing radiation side effects and surgery usually is beyond consideration whenever metastasis is involved.

Cytostatics are the only choice of treatment but usualy the response is limited.

Miquel de Cervantes in his book "Don Quixote" cited: While there's life, there's hope (chapter 3, page 463).

#### MATERIALS AND METHOD.

Twenty seven were selected for metastasis to the brain is rare, but once found it will become quite a problem.

Previously the diagnosis was established by means of clinical history and cerebral manifestation like headache, disorientation, visual problems and peripheral paralysis and also by confirmation with EEG and arteriography.

Recently, CT examination is available and metastasis to the brain is readily recognized with less invasive method but with high accuracy, even though it still is a rather ......

\* PRESENTED IN
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expensive, but CT does not always requires hospitalisation and produces less complications than the carotis angiography. Sixteen patients were diagnosed to have brain metastasis by carotis angiography and 9 patients be means of CT examinations and only 3 patient were diagnosed by clinical and laboratory examinations.

Another aspect of problem is treatment, because some people think that with metastasis to the brain, any effort is worthless. But we do not share that opinion our neurosurgeons still consider, that craniotomy followed by wide extirpation of the tumor mass still can be performed, most of them even toto extirpation of the mass External decompression is being done to function as a safety valve.

External irradiation is then performed with care and accuracy Three patients received whole brain irradiation because of leukemic infiltration and uncertain location of metastasis. Twenty five patients were irradiated to the localized area of metastasis. It is preferable to use high energy photons like cobalt-60 or linear accelerators of 6 - 10 Mev. Treatment dose planning should be used to give maximum accuracy and to give optimum dose distribution is improved by combining with high LET electron beam for the peripheral located tumors and rotation treatment for deep located ones. Fourteen patients received complete radiation of 40 - 60 Gy. Another 14 patient received only a small dose, mostly due to poor general condition of the patients. Beside the metastasis the primary tumor should also be given

Cytostatics play an important role in those cases with wide spread metastasis. Combined cytostatics were applied depending on the nature of the primary tumor, such as Cyclophosphamide, Methotrexate, Doxorubicin, fluoronrocil etc

### Result and Discussion.

irradiation.

Table 1. The incidence of brain metastasis from various primary neoplasm.

Lung cancer	12	(	43%	)
Nasopharynx ca.	3			
Breast cancer	2			
Skin cancer	1			

..... Fibro Sarcoma

's Skila cancer

Fibro Sarcoma 1
Leukemia 2
Unknown 7

Lung cancer had the highest frequency to develop brain metastasis (12/28=43%). The number of patients suffering from lung ca between 1980 - 1984 were 192, or an incidence of 12/192 (6,3%).

H.C. Berry (6) found that the frequency of lung ca which developed brain metastasis among other primary carcinomas was 30%. That's why lung ca has become a point of interest in term of diagnosis and treatment in preventing brain metastasis. Nasopharyngeal ca invades into the base of the skull more often than cerebral metastasis.

It is obvious that cerebral metastasis was suspected on clinical examinations, confirmed by carotis angiography and CT examination. Carotis angiography shows inderectly vascular deflection of the space occupying lesion, while CT scan shows directly location, size and nature of the lesion. Brain scan using Technitium pertechnate-99m also has been used, but was lacking sensitivity and specivicity. Recent development in digital angiography promises a simple. less invasive method and reveals sufficient resolution of the picture.

It is also more economical because no hospitalisation is needed, less film is used, less contrast is needed and less risk of developing side effects of the contrast media and catheterisation (8,12,14).

Even more promising in the recent development of diagnostic imaging is the magnetic resonance with the advantage of better anatomic delineation with various direction of cut and with no X-ray exposure to the patient : (4, 13).

Table 2. Initial clinical symptoms.

Headache	6
Vomiting	1
Collaps	1
Disorientation	5
Convulsion	3
Hemiparesia	11
Visual disturbance	1

......Table 3. .

Table 3. Interval between the finding of primary tumor and development of brain metastasis.

At almost the same time	9	(30%)
Less than 6 months	3	
6 - 12 months	3	
More than 12 months	4	(14%)
Unrecorded	9	

Hemiparesis was the most frequent early symptoms of brain metastasis. The earlier thefirst detection of metastasis the better was the result.

Because of hemiparesis, usually the patient came to see the neurologists or neurosurgeons. And that's why patients were operated upon because of brain tumors, where as pathologic examination revealed metastasis and later or almost at the same time a small primary tumor also was found (9 patients, all of them were lung ca as aprimary site).

H.C. Berry (6) in his research found that 39% of his patients developed brain metastasis 12 months after the primary ca has been diagnosed in our experience it was 14% Thomas Doyle (7) found that 20% - 30% of lung ca developed brain metastasis at the time lung ca were found, which was similar with our experience.

Table 4. Lacation of the cerebral metastasis.

Frontal area	6	MILIK PERPUSTAKAAN
Parietal area	6	"ENIVERSITAS AIRLANGGA"
Temporal area	8 ( 29% )	SURABAYA
Occipital area	2	
Unidentified	6	

The temporal area was the most frequent site of brain metastasis which coincided with the early findings of the clinical symptoms (hemiparesis). There were 5 females and 23 males in this case.

Table 5. Pathologic findings of the lesions.

Epidermoid ca	14 (50%)
undifferentiated	8
differentiated	6

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Adeno carcinoma	* * *	11
undifferentiated	3	
differentiated	8	JAFTA WEST
Leukemia	1 ms	2
Fibrosarcoma		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Undifferentiated ca	e 24	11 (39%)

Epidermoid ca was the most common pathologic finding in lung Ga (50%), followed by undifferentiated ca (39%), in which the small cell ca type is the most common type of lung ca metastasizing to the brain.

Thomas Doyle (7) found 28% of small cell lung ca developed brain metastasis and John I. Nugent (24) found 49%.

H.C. Berry (6) reported that 58% of his cases were poorly differentiated from various origin.

When the early signs of metastasis is observed, the diagnosis is established and the exact location of the lesion is defined, then surgery should be performed as soon as possible Our neurosurgeons finds operation of metastasis to the brain to be easier than that of primary tumors the first is a well defined space occupying lesion while the second is rather infiltrative and undefined.

The response of operation is immediate as the the patients are being relieved and quickly improved from distress. But again it depends on the degree of the nerve damage and the interval between the finding of early brain symptoms and the time of operation.

Table 6. Interval between diagnosis of brain metastasis and operation.

Less than 1 month	- III - 3	1			
2 - 4 months		9	(	32%	)
5 - 12 months		7			
Unclear duration		9			

Only 1 patient responded readily to have an operation done, but most of them delayed their decision for an operation. This consequently influenced the resulf of improvement. The operation consisted of trepanation, followed by wide

..... extirpation

brain tissue is revealed in the dose distribution percentage valve in case the intracrantal pressure increases at any of radio resistant tumors.

Neutron beam therapy has been used for treatment of large epidermoid ca and resistant tumors of head and neck and cervical ca, adenocarcinoma of gastrointestinal tract, radioresistant tumors like bone sarcoma, malignant melanoma and tumors of the central nervous system and showed better results than by using high photon energy. The radiation injury by neutron beam is about 3 times higher than by high photon energy ( CO-60, 4 Mev ) with the same dose of irradiation Neutron beam therapy is being used in several institutions like : Hammersmith, RTOG, EORTC, Fermi-Lab, Hamburg-Eppendorf, CHIBA, etc. (3).

Various cytostatics had been used to brain metastasis but the result of treatment was not so positive compared to the primary carcinoma or metastasis elswhere, due to the phenomenon of Blood Brain Barrier.

John L. Nugent (24) tried to give intrathecal methotrexate combined with prophylactic cranial irradiation in preventing cerebral metastasis of small cell cancer of the lungs and reported a slight improvement in the incidence and some prolonged survival of those who had metastasis (3-5 months) H.C Berry (6) reported that the average survival of untreated intracranial metastasis was about 1 month, while the treated group, either with single or multiple metastasis, was about 4, 8 months,

Table 7. Survival ( periode from the cranial operation till last control ).

1	month or less	5
2	- 3 months	4
5	months	4
7	months	4
9	months	4
11	months	3
U	nknown	3

Average survival 5,48 months.

When the tumor was inoperable or only partly extirpated the response of radiation and cytostatics was limited : There were 3 patients with such situation with only 1 month survival. Most of the patients completed treatment showed

..... deterioration.

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deterioration of their general condition due to wide spread metastasis to other organs in conclusion, it has been proven that those is a necessity of combined treatment to acchieve a better palliation and prolonged survival.

Furthermore earlier diagnosis of metastasis, quick action of treatment and better knowledge of treatment technology could improve results.

Acknowlegment

This paper has been made with the scientifie support of Department of neurosurgery.

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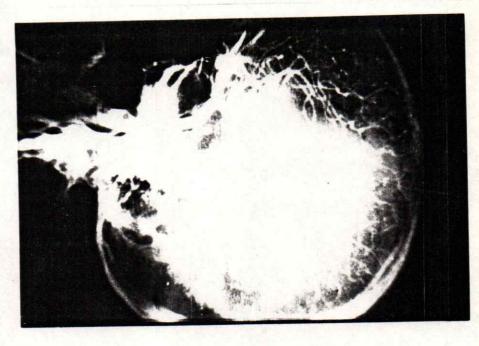
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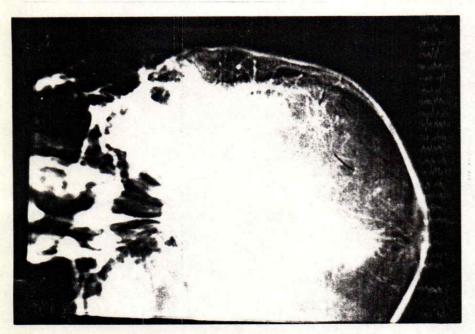
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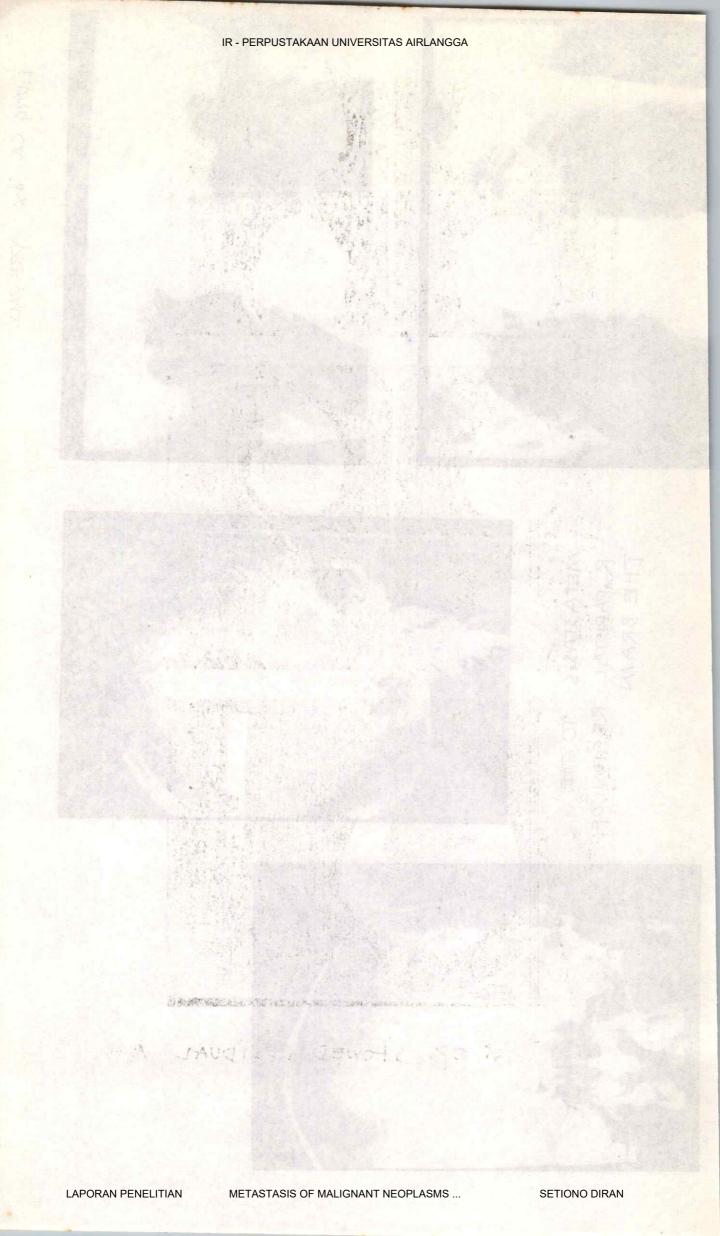
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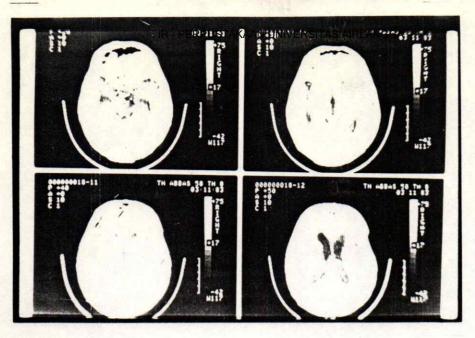


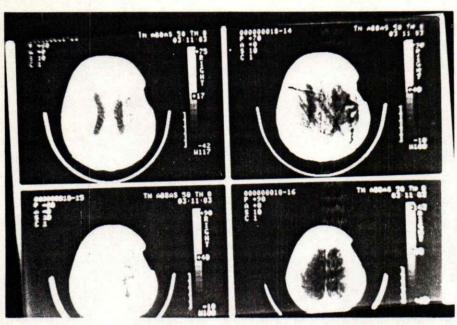


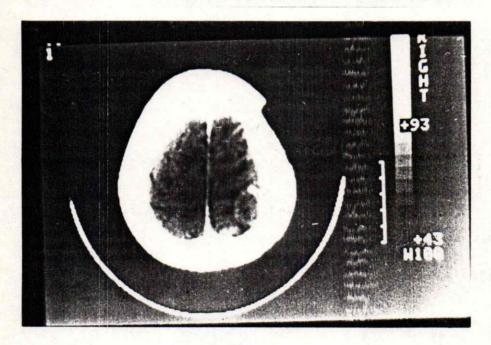
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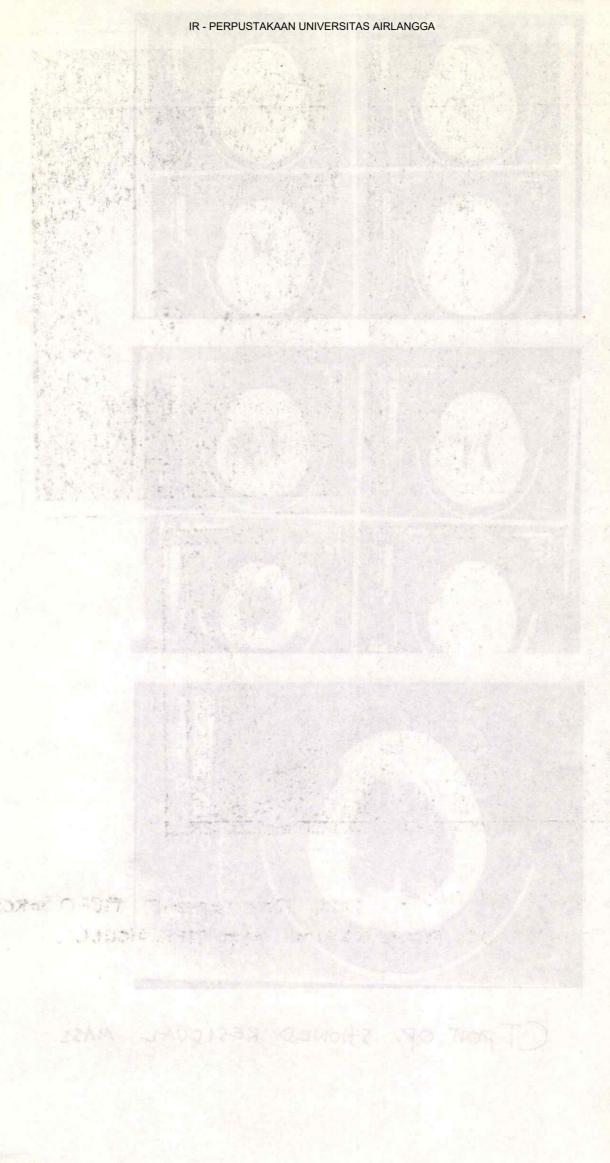


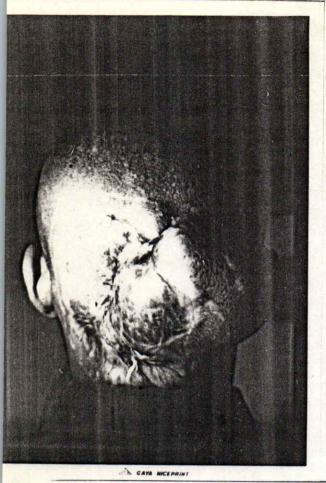




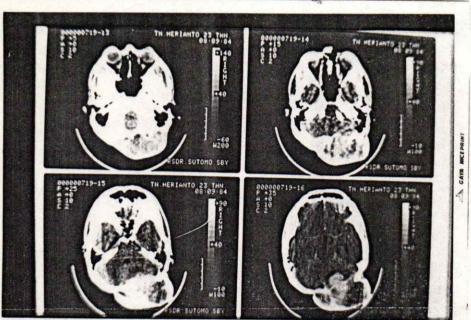


CT post op. SHOWED RESIDUAL MASS



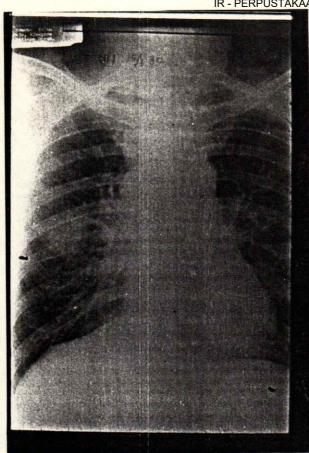


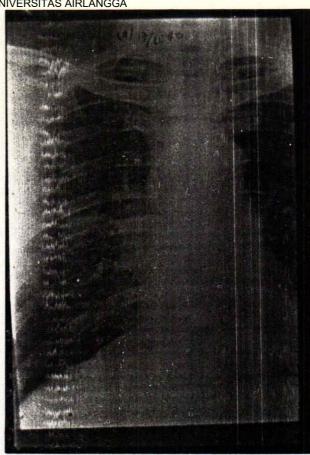




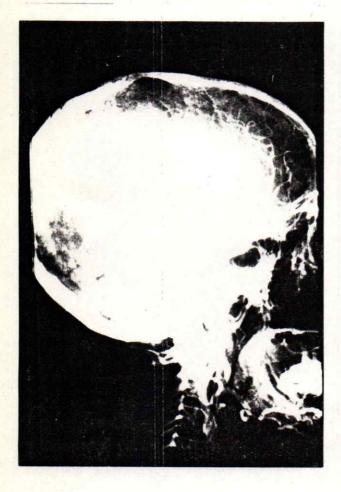
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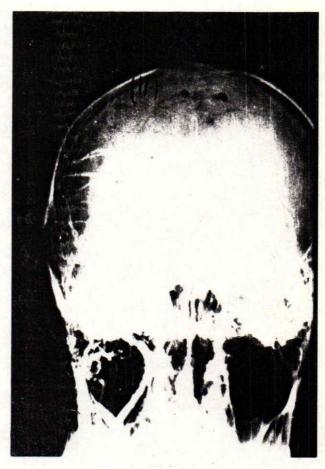
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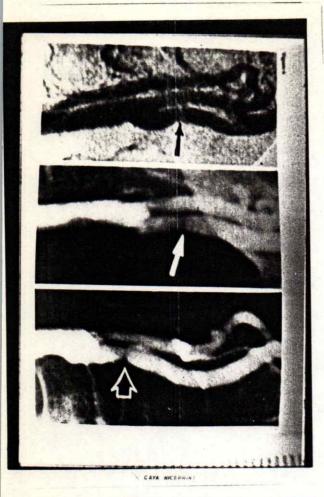




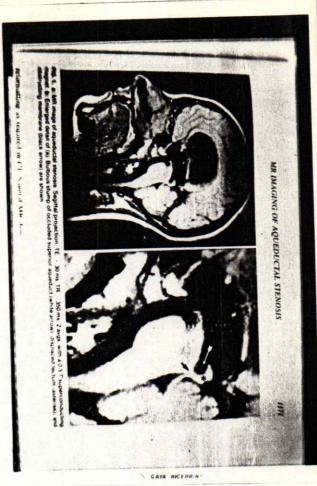
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