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Volume 15, Number 1

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Contents

Ξ

January-March 2021

1.	Socio-Demographic Profile of Fatal Poisoning in a Tertiary Care Teaching Hospital of Coimbatore District-A Retrospective Study
2.	Impact of Pilates Training versus Progressive Muscle Relaxation Technique on Quality of Life in Menopausal Women- A Comparative Study
3.	Comparison of Muscle Length in Dominant Versus Non-Dominant Lower Extremity in Young Asymptomatic Individuals- A Research Protocol
4.	Isoniazid Mono Resistance: Changing Trends in Drug Resistant Pulmonary Tuberculosis. – A Case Series of 3 Patients
5.	Study on Effectiveness of Chakramarda (Cassia tora) Ghrit and Go-Ghrit in the Management of Parikartika (Fissure in Ano)
6.	Percutaneous Subclavian Artery Covered Stent Placement Following Inadvertent Subclavian Arterial Cannulation
7.	Correlation of Vitamin D level with severity of Coronary Artery Disease(CAD) in patients of Acute Coronary Syndrome(ACS) in a Tertiary Care Centre in Western India
8.	A Questionnaire-Based Study to Evaluate the Basic Understanding of Pharmacovigilance of the Under Graduate Medical Students of a Rural Teaching Hospital
9.	Assessing Fear-Avoidance Belief Questionnaire and Quality of Life in Housewives with Knee Osteoarthritis : A Research Protocol
10.	Screening for Upper Cross Syndrome in Asymptomatic Individuals
11.	A Novel Research Protocol to Evaluate Psychological Perception Using Brain Gym Exercises in Physiotherapy Students

12.	Gaming addiction to Massively Multiplayer Online Games (MMOGs) and Quality of Life61 Divya Thakur, Kamalpreet Shergill, Gurpreet Kaur, Shindbir Kaur, Devakshi Abrol, Harjot Singh, Ashwyn Gill
13.	Knowledge, Attitude, and Practice about Informed Consent amongst Resident Doctors at Rural Medical Institute of Central India
14.	Total Elbow Arthroplasty in a Rare Case of Giant Cell Tumour of Humerus: A Case Report
15.	Relationship between Working Tenure and Working Posture with Musculoskeletal Grievance in Batik Madura Workers
16.	Effectiveness of Transport Guidelines on Intra Hospital Transport Practices of Nurses and Occurrence of Mishaps among Critically ill Patients
17.	Knowledge of Women about the Early Detection Methods of Cervical Cancer in Baghdad City95 Iman A Jaber
18.	Causative Microorganisms and Antibiotics Susceptibility in Neonatal Sepsis at Neonatal Intensive Care Unit: A Longitudinal Study from Diyala Governorate in Iraq101 Issam Tariq Abdul Wahaab, Sura Qais Mahmood Almaroof, Zaid Taha Yaseen
19.	A Study Evaluating Correlation between Umbilical Cord Attachment on Placenta in Normotensive and Hypertensive Pregnant Females and its Effects on Fetus111 <i>K M Parmar, Kinjal Jethva, Priyanka Sharma, Nirali Chavda, Hetal Vaisnani</i>
20.	A Cross Sectional Discriptive Study of Analysis of Lambdoid And Squamous Sutures Closure by Ct Scan for Age Estimation
21.	Effectiveness of Laughter Therapy on Reduction of Stress among Nursing Students
22.	Current Trends of Poisoning in Tertiary Care Hospitals Located in a Rural Area of Salem, Tamil Nadu, India
23.	Epidemiological Profile of Burn Cases among autopsies Conducted in Dept. of FMT, RIMS, Ranchi
24.	Systemic Sclerosis and Pulmonary Tuberculosis Associated with Interstitial Lung Disease: A Case Report

Laksmi Wulandari, Sisilia Yolanda Wijaya

Π

25.	A Study Protocol for a Randomized Trial on Effect of Safe Patient Handling (SPH) program on Rehabilitation Outcomes and on Safety of Physical Therapists in Rural Hospital
26.	Patient's Knowledge and Satisfaction Regarding Nursing services and Physical Infrastructure of a Tertiary Care Hospital Situated in Rural area of Northern India (Haryana)
27.	Medicolegal cases : A Potential Source of Coronavirus (SARS-CoV-2) Infection in Indian Police Personnel
28.	Lunar Cycle and its Correlation with Unnatural Death in Different Age Group
29.	Role of High Technology Medical Devices and Its Uses in Patient Care
30.	Online Classes during COVID-19 Pandemic: Anxiety, Stress & Depression among University Students
31.	Reflection of Stress in the Oral Cavity
32.	Parental Perception on the Effect of Various Factors in a Dental Clinic Affecting Child's Behaviour 195 Neethu Ann Preethy, Deepa Gurunathan
33.	Effectiveness of Video Assisted Teaching Programme on Knowledge and Expressed Practices Regarding the First Aid Management of Epilepsy among Patient's Family Members in Selected Hospitals of Ambala, Haryana
34.	Variation in the Shapes of Coronoid Process of Dry Human Mandible of Gujarat Region
35.	Development of Physical and Mental Abilities in Fulfilling Children's Rights in the Program of 'Kampung Anak Negeri' in Surabaya
36.	Awareness of Medico Legal Aspects of Clinical Practise and Common Medico Legal Issues among Medical Graduates
37.	Effectiveness of Education and Information Technology on Menopausal Syndrome among Rural and Urban Premenopausal Women

III

38.	Clinical Study of Combined Endoscopic And Percutaneous Management of a Late Complication Following Tension-free Vaginal Tape (TVT) Anchored Stone for Female Stress Urinary Incontinence Patel Mikir, Nahar Gaurav, Pavan Kumar Tungala, Patel Harsh	.228
39.	Medicolegal Evaluation of Burn Injuries- An Autopsy Based Study Pradeep Kumar Nayak, Bibhuti Bhusana Panda, Sudhansu Sekhar Sethi	.232
40.	Eating Attitudes Test Students Using EAT-26 Questionnaire among Physiotherapy Undergraduate Students Prasad B. Risaldar, Akshata Raut, Arti Sahu, Waqar M. Naqvi	.240
41.	Effectiveness of Active Release Technique verses Conventional Physiotherapy in Management of Upper Cross Syndrome Prasad Risaldar, Pratik Phansopkar, Waqar M. Naqvi	.246
42.	Significance of Measuring Dimensions of Lumbar Lamina and Spinal Canal – A Cadaveric Study Priyanka N. Sharma, Manoj Kulkarni, A. R. Gandotra	.251
43.	Screening for Lower Cross Syndrome in Asymptomatic Individuals- A Study Protocol Priyanka Sahu, Pratik Phansopkar, Kiran Kumar	.257
44.	Unnatural Deaths in the Paediatric Age Group in a Tertiary Hospital at Bangalore: An Autopsy Study R K Varma, P Shruthi, S R Jagannath	.262
45.	Estimation of Time Since Death from Na ⁺ Ion Concentration in CSF Rajesh S. Chintalwar, Anurag Kesarwani, Shailendra G. Dhawane	.268
46.	Effect of Vachadi Ointment in the Management of Scabies - A Case Report Rakesh Khatana, Renu Rathi	. 272
47.	Effectiveness of Vachadi Ointment in the management of Pama Kushta (Scabies): A Novel Research Protocol Using Science of Ayurveda Rakesh Khatana, Renu Rathi	. 277
48.	Palmar Dermatoglyphics and Idiopathic Epilepsy – A Systematic Review Rashmi C Goshi	.282
49.	Comparison of the Serum Concentrations of Micronutrients Zinc and Iron in Epileptic Children before and after Administration of Valproic ACID Ratih Dwi Andini, Darto Saharso, Roedi Irawan, Prastiya Indra Gunawan	.289
50.	Palaskhshar ointment in the management of Abhyantar Gudarsh – An Ayurvedic Management Protocol Ravikumar S Suryawanshi, Kiran Khandare	.295
51.	Response Evaluation on Single Common and Uncommon EGFR Mutation on First-Generation EGFR-TKI Therapy in NSCLC Patients <i>Rena Arusita Maranatha, Laksmi Wulandari, Gatot Soegiarto</i>	.302

IV

epidermal growth factor receptor (EGFR) mutation. About 90% of all EGFR mutations are deletion of exon 19 deletion and point mutation L858R in exon 21. Meanwhile, less-common EGFR mutations, likewise called "uncommon", "rare", "nonclassical", or "minor" are about 10% of all EGFR mutations. They might comprise of insertion at exon 20, point mutation at exon 18 or compound mutations².

EGFR tyrosine kinase inhibitors (TKI) is one of the significant discoveries in the treatment of lung cancer. Longer progression-free survival (PFS), a better quality of life and lighter drug side effects were seen in patients given first-generation EGFR-TKI compared to patients receiving standard chemotherapy. Most patients with EGFR mutations respond well to EGFR-TKI, yet a few patients don't show the expected response³. These uncommon mutations are sensitive to first-generation EGFR-TKI in a lesser degree than common mutations.

A comprehension of the therapeutic response of various EGFR mutation to TKI is important in deciding a patient's treatment. This encouraged the authors to observe the therapeutic response of patients with a single uncommon EGFR mutation after first-generation EGFR-TKI compared to common mutations in Indonesia.

Methods

Participant of this study were lung cancer patients who were treated at a tertiary hospital. Patients with stage III and IV NSCLC⁴, bearing EGFR mutation, had at least one measurable lesion (>10 mm on CT scan) were included. Patients who had incomplete initial and follow-up datas, had previously received cytotoxic chemotherapy for NSCLC, had complex or TKI-resistant exon 20 T790M mutation were excluded.

This retrospective study was run from January 2016 to May 2019. The total sampling approach was done to obtain the number of participant in this study. Participants were divided into the common and uncommon mutations group. The common mutation group consisted of exon 19 deletion or exon 21 L858R and the uncommon group consisted of either exon 18 G719X, exon 18 delE790, or exon 21 L861Q.

The study procedure included collecting data from medical records of patients who received first-generation

EGFR-TKI as first-line therapy. First-generation EGFR-TKIs available for use in Indonesia were Gefitinib 250 mg (Astra Zeneca Ltd, Surabaya, Indonesia) and Erlotinib 150 mg (Astellas Pharma Inc., Jakarta, Indonesia). Gefitinib or Erlotinib was taken orally, once daily. Information taken from medical records were the health-related quality of life (HRQOL), body weight, performance status (PS), and Response Evaluation Criteria in Solid Tumors (RECIST) of Chest CT. HRQOL was measured utilizing the EuroQol EQ-5D® questionnaire in Indonesian version. The questionnaire comprised of 5 simple questions, covering physical symptoms and other functional domains⁵. The EuroQol EQ-5D questionnaire in Indonesian version was declared valid and reliable to measure the HROOL of lung cancer patients with α =80.84⁶. PS was measured by the World Health Organization (WHO) scale. Chest CT was interpreted with RECIST⁷ and the CT scan utilized was Hitachi type RH-6G-E31 series number 12G173J (Hitachi-Aloka Medical, Mitaka, Tokyo, Japan). PFS and overall survival (OS) were also observed.

The results of the study were presented in the form of mean \pm standard deviation (SD) or median (minimummaximum) and percentage (%). The statistical analysis used was independent t-test or Mann Whitney test (p<0.05). Statistics analysis used IBM SPSS Statistics software version 23.0 (IBM Corp., Armonk, NY, USA).

Results

Characteristics of Participant

There were more male and smoking patients in the uncommon group (Table 1). Better initial performance status was seen in in the common group. Most of the EGFR mutations in the uncommon group and common group were exon 21 L861Q (52.6%) and exon 19 deletions (64.7%; p<0.001), respectively. Most participant received Gefitinib EGFR-TKI therapy (76.9%).

Response Evaluation in the Common and Uncommon Group

Most patient in both groups had a constant score of HRQOL value and constant body weight after receiving EGFR-TKI therapy. Results of the CT Scan demonstrated that RECIST of most patient in the uncommon group (47.4%) was progressive disease, while partial response was seen in most participant in the common group (42.2%; p=0.007; Table 2).

Progression-Free Survival

PFS could be observed in 11 and 82 participants of the uncommon and common group, respectively. The

average PFS of participant common groups was longer in the uncommon group (Table 3).

Overall Survival

OS could be observed in 19 participant in the uncommon group and 82 out of 121 participant in the common group. The average OS of participant common groups was longer in the uncommon group (Table 3).

Variables	Uncommon (n=19)	Common (n=102)	р
Gender (%)			
Male	15 (77.8)	41 (40.2)	
Female	4 (22.2)	61 (59.8)	0.007*
Smoking status (%)			
Non-smoker	7 (36.8)	62 (60.8)	0.002
Smoker	12 (63.2)	40 (39.2)	0.092
Initial PS (%)			
0-1	11 (57.9)	94 (92.2)	0.001
≥ 2	8 (42.1)	8 (7.8)	0.001
Lung cancer stage (%)			
IIIA	1 (5.3)	5 (4.9)	
IIIB	3 (15.8)	16 (15.7)	0.951
IV	15 (78.9)	81 (79.4)	
Types of anatomic pathology (%)			
Adenocarcinoma	18 (94.7)	100 (98.0)	
Adenosquamous	1 (5.3)	1 (1.0)	0.674
Squamous cell carcinoma	0 (0.0)	1 (1.0)	
Samples of anatomic pathology (%)			
Lung parenchym	15 (78.9)	81 (79.4)	
Pleural effusion	3 (15.8)	17 (16.7)	0.890
Cervical lymph nodes	1 (5.3)	4 (3.9)	
Sampling technique (%)			
Bronchoscopy	0 (0.0)	11 (10.8)	
FNAB	15 (78.9)	72 (70.6)	
Core biopsy	1 (5.3)	1 (1.0)	0.728
Surgical specimen	0 (0.0)	1 (1.0)	
Pleural cytology	3 (15.8)	17 (16.7)	

Table 1. Characteristics of Participants

EGFR mutation (%) Exon 19 deletion Exon 21 L858R Exon 21 L861Q Exon 18 G719X Exon 18 deletion (delE709_T710insD)	0 (0.0) 0 (0.0) 10 (52.6) 7 (36.8) 2 (10.5)	66 (64.7) 36 (35.3) 0 (0.0) 0 (0.0) 0 (0.0)	0.000**
EGFR-TKI (%) Gefitinib Erlotinib	14 (73.7) 5 (26.3)	79 (77.5) 23 (22.5)	0.769

Cont... Table 1. Characteristics of Participants

Abbreviations: PS=performance status; FNAB=fine-needle aspiration biopsy; EGFR=epidermal growth factor receptor; TKI=tyrosine kinase inhibitor; *significant p<0.05; **significant p<0.001.

Table 2. Comparison of RECIST EuroQol EQ-5D, Body weight, and PS in the Common and Uncommon Mutation Groups

Varibles	Uncommon (n=19)	Common (n=102)	р
EuroQol EQ-5D (%) Decrease	5 (26.3)	23 (22.5)	
Constant Increase	9 (47.4) 5 (26.3)	57 (55.9) 22 (21.6)	0.956
PS (%) Worsen Constant Improved	2 (10.5) 14 (73.7) 3 (15.8)	10 (9.8) 64 (62.7) 28 (27.5)	0.367
Body weight (%) Decrease Constant Increase	7 (36.8) 8 (42.1) 4 (21.1)	32 (31.4) 25 (24.5) 45 (44.1)	0.165
RECIST (%) Progressive disease Stable disease Partial response Complete response	9 (47.4) 8 (42.1) 2 (10.5) 0 (0.0)	26 (25.5) 32 (31.4) 43 (42.2) 1 (1.0)	0.007*

Abbreviations: PS=performance status; RECIST=response evaluation criteria in solid tumors; *significant p<0.05

Variables	Uncommon	Common	р
Age	56.0 (39.0-73.0)	55.5 (22.0-85.0)	0.392
PFS	4.0 (2.0-6.0)	7.0 (2.0-21.0)	0.001*
OS	4.00 ± 1.71	10.00 ± 6.94	0.000*

Table 3. Comparison of Age, PFS, and OS in the Common and Uncommon Groups

Abbreviations: PFS=progression-free survival; OS=overall survival; *significant p<0.05

Variables	n	Median (range)	р
PFS			
Exon 21 L861Q	5	4.0 (3.0-5.0)	
Exon 18 G719X	4	4.0 (3.0-6.0)	
Exon 18 delE709	2	3.0 (2.0-4.0)	0.029*
Exon 19 deletion	53	6.0 (2.0-21.0)	
Exon 21 L858R	29	8.0 (2.0-16.0)	
OS			
Exon 21 L861Q	10	4.00 ± 1.76	
Exon 18 G719X	7	4.00 ± 1.98	
Exon 18 delE709	2	4.50 ± 0.70	0.000**
Exon 19 deletion	47	11.00 ± 7.73	
Exon 21 L858R	26	9.50 ± 5.13	

Fable 4. Comparison of	f PFS and	OS in each	EGFR Mutation
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Abbreviations: PFS=progression-free survival; OS=overall survival; *significant p<0.05; **significant p<0.001.

Discussions

Previous studies have revealed lesser responses in uncommon mutations compared to common mutations³. In this study, most participants in the common group experienced partial response (PR), while most participant in the uncommon group experienced progressive disease (PD). The discovery that affinity of the first generation TKI to the uncommon EGFR mutation protein was lower than the affinity to common EGFR mutation of protein might play a role in this response. Up to 6-14 times higher concentrations of gefitinib are needed to inhibit the growth of cells expressing mutations G719X and L861Q, respectively when compared to cells expressing L858R⁸. Another comparable study found that a higher concentration of first-generation TKI was needed to cause a 50% inhibition in uncommon mutations compared to common mutations⁹.

In the common group, a superior response rate was seen in exon 19 deletion compared to exon 21 L858R. This finding is consistent with the results of a meta-analysis of earlier studies¹⁰. Evidence that exon 19 deletion has higher autophosphorylation rates and higher sensitivity to first-generation TKI compared to exon 21 L858R mutations¹¹ might clarify the distinction in response rate between the two common mutations. RECIST of other uncommon mutation subtypes are dominated by progressive disease (PD), akin to the findings of previous studies where the response rate of the uncommon mutation subtype is remarkably low^{10,12}. However, on the other hand, a subtype of uncommon mutation that showed a better response rate than other mutation subtypes in this study were L861Q.

Participants in the uncommon group had a shorter PFS and OS median compared to the common group. PS and smoking status are independent predictors of OS in lung cancer. In the uncommon group, the proportion of patients with good PS was less and the extent of patients with smoking history was greater than the uncommon group. This characteristics explain the shorter survival rate seen in patients with uncommon mutations¹³.

HRQOL, a patient-reported outcome (PRO), was also a significant endpoint in numerous NSCLC-related studies^{5,14} besides response rate and survival. A large portion of the patients in both groups showed the constant EQ-5D score, indicating no HRQOL difference was found between the two groups. These conditions may be influenced by several factors, for example, employment, education, marital status, and other comorbid diseases^{15,16}.

In contrast to cytotoxic chemotherapy, EGFR-TKI can be given to patients with any PS with fairly good therapeutic outcomes¹⁷. In this study, the extent of patients with initial poor PS was more noteworthy in the uncommon group than the common group. However, the evaluation of the PS of the two groups did not show significant improvement after TKI therapy. The presence of confounding variables, for example, other comorbid diseases and presence of TKI adverse effects, may likewise influence the subsequent PS. Weight loss is said to be a prognostic factor of diminished survival, decreased quality of life and more symptoms in lung cancer patients^{18,19}.

The limitations of this study were the small number of patients in the uncommon mutation group and the retrospective character of the study. Some baseline characteristics, such as current smoking status, duration of smoking, body mass index, presence of comorbid diseases and adverse effects of TKI, could not be fully obtained from the medical records. Further research for uncommon mutations is expected to analyze good therapeutic modalities for each subtype.

Conclusions

Advanced NSCLC patients with common and uncommon EGFR mutations demonstrated no significant difference in HRQOL value after receiving first-generation TKI, as observed from the EQ-5D score, PS and body weight in the two groups. However, the response rate and survival of common mutations were significantly better compared to uncommon EGFR mutations on first-generation TKI therapy.

Ethical Approval: Ethical approval for the research was attained at the ethics committee of hospital (1007/KEPK/III/2019).

Conflict of Interest: The authors declare that they have no conflict of interest.

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KOMITE ETIK PENELITIAN KESEHATAN RSUD Dr. SOETOMO SURABAYA

KETERANGAN KELAIKAN ETIK (" ETHICAL CLEARANCE ")

1007/KEPK/III/2019

KOMITE ETIK RSUD Dr. SOETOMO SURABAYA TELAH MEMPELAJARI SECARA SEKSAMA RANCANGAÑ PENELITIAN YANG DIUSULKAN, MAKA DENGAN INI MENYATAKAN BAHWA PENELITIAN DENGAN JUDUL :

** PERBANDINGAN RESPONS TERAPI PENGGUNAAN EPIDERMAL GROWTH FACTOR RECEPTOR-TYROSINE KINASE INHIBITOR (EGFR-TKI) GENERASI PERTAMA PADA PENDERITA KANKER PARU KARSINOMA BUKAN SEL KECIL (KPKBSK) DENGAN MUTASI EGFR COMMON DAN UNCOMMON **

PENELITI UTAMA : Dr. Laksmi Wulandari, dr., Sp.P (K) PENELITI LAIN : 1. Rena Arusita Maranatha, dr UNIT / LEMBAGA / TEMPAT PENELITIAN : RSUD Dr. Soetomo

DINYATAKAN LAIK ETIK

Berlaku dari : 06/03/2019 s.d 06/03/2020 Surabaya, 6 March 2019 KETUA 68 anindito, dr., Sp.An, KIC,KAP) MIP 19511007 197903 1 002

*) Sertifikat ini dinyatakan sah apabila telah mendapatkan stempel asli dari Komite Etik Penelitian Kesehatan