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Printed and Published by Dr. Anjum V. Sherasiya on behalf of Veterinary World. Printed and Published at Star, Gulshan Park, N.H. 8A, Chandrapur Road, Wankaner-363621, Dist. Morbi, Gujarat, India. Editor-in-Chief: Dr. Anjum V. Sherasiya

Volume - 15

No. 8

August-2022



Veterinary World is indexed in Academic Journals Database, AGORA, AGRICOLA, AGRIS, CABI, CAS, Clarivate (ESCI), DOAJ, EBSCO, Gale, Google Scholar, HINARI, Index Scholar, Indian Animal Science Abstracts, Indian Science Abstracts, JournalSeek, Open J-gate, ProQuest, PubMed, PubMed Central, SCOPUS, TEEAL

Veterinary World



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Veterinary World, Star, Gulshan Park, NH-8A, Chandrapur Road, Wankaner - 363621, Dist. Morbi, Gujarat, India Website: www.veterinaryworld.org E-mail: editorveterinaryworld@gmail.com editor@veterinaryworld.org

ISSN: 0972-8988 EISSN: 2231-0916

Scopus: Citescore-3.0, SJR-0.457, SNIP-1.121



Veterinary World

ISSN: 0972-8988, EISSN: 2231-0916, www.veterinaryworld.org

Volume-15

No.8

August-2022

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Research (Published online: 06-08-2022) 1. Potency of bacterial sialidase Clostridium perfringens as antiviral of Newcastle disease infections using embryonated chicken egg in ovo model Ryan Septa Kurnia, Simson Tarigan, Christian Marco Hadi Nugroho, Otto Sahat Martua Silaen, Lily Natalia, Fera Ibrahim, and Pratiwi Pudjilestari Sudarmono Veterinary World, 15(8): 1896-1905 Review (Published online: 11-08-2022) 2. A review of horses as a source of spreading livestock-associated methicillin-resistant Staphylococcus aureus to human health Aswin Rafif Khairullah, Sri Agus Sudjarwo, Mustofa Helmi Effendi, Sancaka Chasyer Ramandinianto, Agus Widodo, and Katty Hendriana Priscilia Riwu Veterinary World, 15(8): 1906-1915 Research (Published online: 15-08-2022) 3. Oxidative stress, biochemical, and histopathological changes associated with acute lumpy skin disease in cattle Ahmed Kamr, Hany Hassan, Ramiro Toribio, Anis Anis, Mohamed Nayel, and Ali Arbaga Veterinary World, 15(8): 1916-1923

Research (Published online: 16-08-2022) 4 Risk-associated factors associated with the bovine

4. Risk-associated factors associated with the bovine viral diarrhea virus in dromedary camels, sheep, and goats in abattoir surveillance and semi-closed herd system Abdullah I. A. Al-Mubarak, Jamal Hussen, Mahmoud Kandeel, Anwar A. G. Al-Kubati, Baraa Falemban, Abdullah Skeikh, and Maged Gomaa Hemida Veterinary World, 15(8): 1924-1931

Research (Published online: 17-08-2022) 5. Ultrasonographic diagnosis of clinical and subclinical bovine respiratory disease in Holstein calves Ahmed E. Mahmoud, Ahmed Fathy, Eman Abdelhakim Ahmed, Asmaa O. Ali, Ahmed M. Abdelaal, and Mamdouh M. El-Maghraby Veterinary World, 15(8): 1932-1942

Research (Published online: 17-08-2022) 6. Prevalence and tick loads in Nguni cattle reared in different environmental conditions across four provinces of South Ntanganedzeni O. Mapholi, C. Banga, K. Dzama, O. Matika, V. Riggio, N. Nyangiwe, and A. Maiwashe Veterinary World, 15(8): 1943-1953

Research (Published online: 18-08-2022)

7. Factors associated with total coliform and total viable bacterial count in camel milk from Isiolo County, Kenya George Karuoya Gitau, Peter Kimeli, Davis Ikiror, Willy Mwangi, Douglas Machuchu, Moses Irungu Gakuru, and Genevieve Owuor

Veterinary World, 15(8): 1954-1960

Research (Published online: 18-08-2022) 8. Diversity of mosquito species and potential arbovirus transmission in long-tailed macaque (Macaca fascicularis) breeding facilities Dimas Novianto, Upik Kesumawati Hadi, Susi Soviana, Supriyono Supriyono, Lis Rosmanah, and Huda Shalahudin Darusman Veterinary World, 15(8): 1961-1968

Research (Published online: 19-08-2022) 9. Changes in rumen fermentation and bacterial profiles after administering Lactiplantibacillus plantarum as a probiotic Wulansih Dwi Astuti, Roni Ridwan, Rusli Fidriyanto, Rohmatussolihat Rohmatussolihat, Nurul Fitri Sari, Ki Ageng Sarwono, Ainissya Fitri, and Yantyati Widyastuti Veterinary World, 15(8): 1969-1974

Research (Published online: 19-08-2022) 10. Models of spatial analysis for vector-borne diseases studies: A systematic review Licet Paola Molina-Guzmán, Lina A. Gutiérrez-Builes, and Leonardo A. Ríos-Osorio Veterinary World, 15(8): 1975-1989

Research (Published online: 20-08-2022) 11. No evidence of Rift Valley fever antibodies in veterinarians and sheep in Northern Palestine Ibrahim Alzuheir, Belal Abu Helal, Mohammad Abu Helal, Adnan Fayyad, and Nasr Jalboush Veterinary World, 15(8): 1990-1995

Research (Published online: 20-08-2022) 12. Detecting common allergens in dogs with atopic dermatitis in South Korean Provinces using a serological immunoglobulin E-specific allergen test Gareeballah Osman Adam, Yang-Gyu Park, Jeong-Hwi Cho, Jinyoung Choi, and Hong-Geun Oh Veterinary World, 15(8): 1996-2003

Research (Published online: 22-08-2022)

13. The first study of genetic diversity and population structure of Indo- Pacific bottlenose dolphin (Tursiops aduncus) and pantropical spotted dolphin (Stenella attenuata) in the Thai Andaman Sea based on ISSR Promporn Piboon, Anocha Poommouang, Kittisak Buddhachat, Patcharaporn Kaewmong, Kongkiat Kittiwattanawong, and Korakot Nganvongpanit Veterinary World, 15(8): 2004-2011

Research (Published online: 22-08-2022)

14. Long-term intake of Lilium lancifolium mitigated osteoarthritic effects by suppressing inflammatory cytokines in a dog model Jeong-Hwi Cho, Yang-Gyu Park, Jinyoung Choi, Gareeballah Osman Adam, Eun-Myeong Ju, Ho Park, and Hong-Geun Oh

Veterinary World, 15(8): 2012-2020

Research (Published online: 23-08-2022) 15. Prevalence and antibiotic resistance of Stanbylococcus aureus and F

15. Prevalence and antibiotic resistance of Staphylococcus aureus and Escherichia coli isolated from raw milk in East Java, Indonesia

Wiwiek Tyasningsih, Sancaka Chasyer Ramandinianto, Ribby Ansharieta, Adiana Mutamsari Witaningrum, Dian Ayu Permatasari, Dhandy Koesoemo Wardhana, Mustofa Helmi Effendi, and Emmanuel Nnabuike Ugbo Veterinary World, 15(8): 2021-2028

Research (Published online: 23-08-2022)

16. A first attempt at determining the antibody-specific pattern of Platynosomum fastosum crude antigen and identification of immunoreactive proteins for immunodiagnosis of feline platynosomiasis Babi Kyi Soe, Poom Adisakwattana, Onrapak Reamtong, Panat Anuracpreeda, and Woraporn Sukhumavasi Veterinary World, 15(8): 2029-2038

Research (Published online: 23-08-2022)

17. Broad lytic spectrum of novel Salmonella phages on ciprofloxacin-resistant Salmonella contaminated in the broiler production chain

Wattana Pelyuntha, Arsooth Sanguankiat, Attawit Kovitvadhi, and Kitiya Vongkamjan Veterinary World, 15(8): 2039-2045

Research (Published online: 24-08-2022) 18. Associations between ubiquitin, follicle-stimulating hormone, and sex steroid hormones in the failed to conceive female dromedary camels raised in hot climates Yousef Mesfer Alharbi Veterinary World, 15(8): 2046-2051

Research (Published online: 24-08-2022) 19. The first study on the occurrence of bovine herpesviruses in the wild fauna of the Moscow region, Russia Svetlana P. Yatsentyuk, Alexander V. Pchelnikov, Elizaveta R. Safina, and Maria S. Krasnikova Veterinary World, 15(8): 2052-2058

Research (Published online: 25-08-2022) 20. Effectiveness of gel formulation of capa leaf (Blumea balsamifera L.) on wound healing in white rats Masyudi Masyudi, Muhammad Hanafiah, Said Usman, and Marlina Marlina Veterinary World, 15(8): 2059-2066

Research (Published online: 26-08-2022) 21. Optimization of polymerase chain reaction for the identification of Roe deer, Saiga, and Siberian stag living in Kazakhstan Kanatbek Mukantayev, Darkhan Kanayev, Sholpan Zhumabekova, Alexander Shevtsov, Kanat Tursunov, Kasim Mukanov, and Yerlan Ramankulov Veterinary World, 15(8): 2067-2071

Research (Published online: 27-08-2022) 22. Evaluation of the association between electrocardiogram parameters and left cardiac remodeling in dogs with myxomatous mitral valve disease Mizuki Ogawa, Haruka Ogi, Hirosumi Miyakawa, Huai-Hsun Hsu, Yuichi Miyagawa, and Naoyuki Takemura Veterinary World, 15(8): 2072-2083

Research (Published online: 27-08-2022) 23. Occurrence and biodiversity of Eimeria spp. (Apicomplexa: Eimeriidae) in Madura cattle reared on Kamal Subdistrict, Madura Island, Indonesia Poedji Hastutiek, Nunuk Dyah Retno Lastuti, Lucia Tri Suwanti, Agus Sunarso, Dyah Ayu Kurniawati, and Aditya Yudhana Veterinary World, 15(8): 2084-2088

Research (Published online: 28-08-2022) 24. First study on molecular detection of hemopathogens in tabanid flies (Diptera: Tabanidae) and cattle in Southern Thailand Narin Sontigun, Worakan Boonhoh, Yotsapat Phetcharat, and Tuempong Wongtawan Veterinary World, 15(8): 2089-2094

Research (Published online: 30-08-2022) 25. Prognostic factors associated with survival and hospitalization time in pediatric canine patients diagnosed with presumptive acute viral gastroenteritis Tomás Rodrigues Magalhães, Hugo Gregório, João Araújo, Lénio Ribeiro, Maria João Dourado, Sofia Batista, and Felisbina Luisa Queiroga Veterinary World, 15(8): 2095-2101

Research (Published online: 31-08-2022) 26. Brucellosis in livestock: First study on seroepidemiology, risk factors, and preventive strategies to manage the disease in Famenin, Iran Maryam Adabi, Salman Khazaiee, Ali Sadeghi-Nasab, Saeed Alamian, Mohammad Reza Arabestani, Zahra Valiei, and Jamal Gharekhani Veterinary World, 15(8): 2102-2110

Prevalence and antibiotic resistance of *Staphylococcus aureus* and *Escherichia coli* isolated from raw milk in East Java, Indonesia

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Received: 13-04-2022, Accepted: 11-07-2022, Published online: 23-08-2022

doi: www.doi.org/10.14202/vetworld.2022.2021-2028 **How to cite this article:** Tyasningsih W, Ramandinianto SC, Ansharieta R, Witaningrum AM, Permatasari DA, Wardhana DK, Effendi MH, and Ugbo EN (2022) Prevalence and antibiotic resistance of *Staphylococcus aureus* and *Escherichia coli* isolated from raw milk in East Java, Indonesia, *Veterinary World*, 15(8): 2021–2028.

Abstract

Background and Aim: Raw milk can be a source of food-borne disease transmission and a medium for spreading antibioticresistant bacteria. *Staphylococcus aureus* and *Escherichia coli* are bacteria that have the pathogenic ability to attack host cells and are capable of harboring antibiotic-resistant genes. This study estimated the prevalence and antibiotic resistance of *S. aureus* and *E. coli* isolated from raw milk in East Java, Indonesia.

Materials and Methods: Two hundred and fifty raw milk samples were collected from five dairy farms in East Java. *S. aureus* and *E. coli* were isolated using their respective selective media, whereas antibiotic susceptibility testing was performed using the Kirby–Bauer disk diffusion method. The methicillin-resistant *S. aureus* (MRSA) was confirmed using the oxacillin resistance screen agar test, and extended-spectrum beta-lactamase (ESBL)-producing *E. coli* was determined using the double-disk synergy test. The presence of *mecA* and *bla*TEM genes were screened by the polymerase chain reaction method.

Results: Results indicated that the prevalence of *S. aureus* was 138 (55.2%) and that *E. coli* was 176 (70.4%). Of the 138 *S. aureus* isolated, 27 (19.6%) were MRSA, and among the 176 *E. coli* isolates identified, 3 (1.7%) were ESBL producers. The *mec*A gene was observed in 2 (7.4%) MRSA and all 3 (100%) ESBL-producing *E. coli* isolated harbored *bla*TEM genes.

Conclusion: The presence of MRSA and ESBL-producing *E. coli* in raw milk is a serious public health threat, and public awareness should be raised about the dangers posed by these pathogenic organisms.

Keywords: *Escherichia coli*, extended-spectrum beta-lactamase, methicillin-resistant *Staphylococcus aureus*, public health, raw milk, *Staphylococcus aureus*.

Introduction

Milk is an excellent medium for bacterial growth and can be a means for spreading bacteria harmful to human health. Besides the benefits and all the nutritional values contained in it, the possibility of using milk as a medium for transmitting disease infections is quite common and often occurs in cases [1, 2]. Microorganism contamination can be found in milk if the handling does not consider hygiene aspects [3]. Efforts to fulfill the availability of milk must be accompanied by enhancing the quality and safety of dairy products because no matter how high the nutritional value of a food ingredient is, it will be useless if the food is harmful to human health [4]. Diseases

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transmitted from animals to humans through food are generally caused by bacterial contamination. Bacterial contamination in milk can come from poor cage management, maintenance, and unhygienic milking processes. Poor milking can cause milk to be contaminated with environmental microorganisms; thus, milk quality reduces [5]. The process of microbial contamination in milk begins when dairy cattle milk is milked; bacteria in the environment and around the udder can be carried away during the milking process if good sanitation and hygiene practices are not performed. Other contaminating milk sources include cow skins, udders, water, soil, dust, humans, and milking equipment [3].

In dairy farming in East Java, the lack of production quantity is also offset by the potential for low quality, where the feeding system, milking management, high temperature, and humidity contribute significantly to the contamination of pathogenic bacteria, such as *Staphylococcus aureus* and *Escherichia coli* [6, 7]. In line with this, Kupradit *et al.* [8] reported that in milking management, the teats of cows or the Milker's hands have a significant effect on bacterial milk contamination. Such contamination can also occur with the movement through the intermediaries of workers, water, and production equipment [9, 10].

The milk-borne disease is a fundamental problem in the public health sector. It does affect not only human health but also the economic sector [11]. Cases of the food-borne disease have been found due to raw milk consumption [8], contamination with *S. aureus*, and *E. coli* bacteria that can come from raw milk. Thus, this study aimed to estimate the prevalence of *S. aureus* and *E. coli* from raw milk and the presence of crucial antimicrobial-resistant gene encodings such as the *mecA* gene in *S. aureus* and the *bla*TEM gene in *E. coli* are expected to provide a clear picture of the findings of the distribution of antimicrobial resistance (AMR) isolated from raw milk in East Java Province, Indonesia.

Materials and Methods

Ethical approval

Raw milk was used in this study; hence, ethical approval was not necessary. Raw milk samples were collected from five dairy farms in East Java Province, Indonesia.

Study period and location

The study was conducted from December 2019 to March 2020. Samples were collected from 5 dairy farms in East Java Province;, Kertajaya Farm, Argopuro Farm, Suka Makmur Farm, Harapan Jaya Farm, and Semen Farm. Samples were processed at the Laboratory of the Department of Veterinary Public Health, Faculty of Veterinary Medicine, Universitas Airlangga.

Sampling

Two hundred and fifty milk samples (25 mL each of raw milk) were obtained and 50 raw milk each from five dairy farms in East Java [12]. The samples were collected in a sterile screw-capped bottle and transported to the laboratory in an icebox within 2 h and analyzed.

Isolation and identification of S. aureus and E. coli

The isolation of *S. aureus* and *E. coli* was done through enrichment in buffered peptone water (pH 7.0) and cultured in mannitol salt agar (Merck, Germany) and eosin methylene blue media (Merck), respectively [13, 14]. Distinct colonies of *S. aureus* were found and verified using Gram staining, catalase, and coagulase test. Distinct colonies of *E. coli* were identified and verified by growth on triple sugar iron agar and lysine iron agar, fermentative glucose degradation, citrate usage, urease production, indole fermentation, tryptophan degradation, glucose degradation, and motility.

Antibiotic susceptibility testing of isolates

The isolates of *S. aureus* and *E. coli* were subjected to antibiotic susceptibility testing using the Kirby–Bauer disk diffusion technique as per the

Veterinary World, EISSN: 2231-0916

recommendation of the Clinical and Laboratory Standards Institute (CLSI) [15]. Briefly, Mueller-Hinton agar (Merck) was prepared according to the manufacturer's instructions and allowed to cool to 45-50°C before pouring into plates. After the agar had solidified, plates were allowed to dry before use. An 18-24-h-old broth culture of S. aureus and E. coli isolates was standardized by diluting to 0.5 McFarland's standard. A sterile swab stick was inserted into the standardized S. aureus and E. coli inoculum, drained to eliminate excess inoculum load, and inoculated by spreading on the surface of prepared Mueller-Hinton agar plates. After this, the inoculated Mueller-Hinton agar (Merck) plate was allowed to dry for a few minutes at room temperature (29°C) with the lid closed. After the agar surface has dried for a few minutes, antibiotic-impregnated disks of known concentrations (Oxoid, UK), oxacillin (30 µg), cefoxitin (30 µg), tetracycline (30 µg), erythromycin (15 µg), and gentamicin (10 µg) for S. aureus, and tetracycline (30 µg), streptomycin (10 µg), chloramphenicol (30 µg), trimethoprim (5 μ g), and aztreonam (30 μ g) for *E. coli*, were carefully applied on the inoculated Mueller-Hinton agar (Merck) plates using sterile forceps. The plates were then incubated at 37°C for 18-24 h, and the diameters of the inhibition zones were measured using a ruler to the nearest millimeter. Results were recorded and interpreted according to the CLSI [15].

Confirmation test for methicillin-resistant *S. aureus* (MRSA), DNA extraction, and *mec*A gene detection

S. aureus isolates were tested for MRSA using oxacillin resistance screen agar (ORSA) (Merck) [16]. ORSA was inoculated directly with an isolated colony of S. aureus prepared as a liquid suspension approximately equivalent to 0.5 McFarland turbidity standards. The medium was prepared according to the manufacturer's instructions before inoculation. The inoculated plates were incubated for 18-24 h at 37°C. The colonies showing blue indicators were recorded as MRSA, and colonies with white on the agar were recorded as methicillin-susceptible S. aureus after 24 h of incubation. All the MRSA verified by the ORSA were tested using a polymerase chain reaction (PCR) to detect the presence of the mecA gene [17]. The DNA extraction process was performed according to the QIAamp DNA Mini Kit (Promega, USA) protocol (51304 and 51306) [17]. The PCR method and primers were used as described by Ramandinianto et al. [18], as shown in Table-1 [18]. Positive control was S. aureus ATCC BAA 1026, and negative control was S. aureus ATCC 25923.

Confirmation test for extended-spectrum beta-lactamase (ESBL)-producing *E. coli*, DNA extraction, and *bla*TEM gene detection

E. coli isolates were studied for the presence of ESBL using the double-disk synergy test (DDST). The antibiotic disks used for DDST were amoxicillin-clavulanate ($20/10 \mu g$), cefotaxime ($30 \mu g$), and ceftazidime ($30 \mu g$) [19]. The ESBL-producing

E. coli detected was further examined at a molecular level. Bacterial DNA was extracted using the QIAamp DNA Mini Kit (Promega) protocol according to Kristianingtyas *et al.* [19], and the *bla*TEM gene was detected using the PCR method as described by Putra *et al.* [20] and Ansharieta *et al.* [21] as indicated in Table-1. After the amplification, products were visualized by exposure of the gel to ultraviolet light and subsequently photographed and documented using agel documentation system (Promega). Positive control was *E. coli* ATCC 35218, and negative control was *E. coli* ATCC 25922.

Results

Prevalence and antibiotic resistance of S. aureus

This study indicated that of 250 milk samples taken from five dairy farms in East Java, Indonesia, 138 (55.2%) were positive for *S. aureus* isolates (Table-2).

The results of the antibiotic sensitivity test of S. aureus isolates in Table-2 show that different S. aureus isolates were found to be resistant to all the antibiotics tested. One hundred and thirty-eight S. aureus isolates were detected; 38 (27.5%) S. aureus isolates were oxacillin resistant, whereas 22 (15.9%) S. aureus isolates were cefoxitin resistant. In the test of tetracycline, 70 (50.7%) S. aureus isolates were resistant, 15 (10.9%) isolates of S. aureus were erythromycin resistant, and only 3 (2.2%) were gentamicin resistant. The phenotypic MRSA confirmation test was continued using the ORSA test with a blue culture indicator indicating positive confirmation results. By contrast, the white results were negative confirmation results (Figure-1). ORSA test indicated that 27 (19.6%) S. aureus isolates were positively confirmed MRSA, as shown in Table-2. Isolates verified as MRSA phenotypically using the ORSA method were further tested genotypically using the PCR method to detect the presence of the mecA gene

Table-1: Details of primers used in this study.

in the isolates. Twenty-seven MRSA isolates verified by ORSA were tested using the PCR method, and two isolates (7.4% of the tested isolates) were detected to harbor the *mecA* gene (Figure-2).

Prevalence and antibiotic resistance of E. coli

Of the 250 raw milk samples collected from different dairy farms, 176 samples (70.4%) were positive for *E. coli*. *E. coli* isolates were found to exhibit resistance to antibiotics such as tetracycline 30 (17.05%), streptomycin 25 (14.2%), trimethoprim 17 (9.7%), chloramphenicol 14 (7.9%), and aztreonam 3 (1.7%) isolates. The AMR profiles of the bacterial isolates are summarized in Table-3.

Three (1.7%) ESBL-producing *E. coli* isolates were found among 176 (70.4%) *E. coli* isolated from raw milk, and the "keyhole" effect in DDST testing is shown in Figure-3. The three isolates were tested using the PCR method to discover the encoded ESBL gene. The three positive ESBL-producing *E. coli* was observed to harbor the *bla*TEM gene (Figure-4).

Discussion

In this study, 250 samples of raw milk were assessed; 138 (55.2%) were contaminated by *S. aureus* and 176 (70.4%) by *E. coli* isolates. The presence of bacterial contaminants in raw milk as found in this study is almost similar to a study in North India, which stated that differences could influence the differences in the number of isolates found in the study design, such as population and geographic distribution of samples, types of antibiotics used, and infection control practices [22–24]. The high level of *S. aureus* contamination of raw milk found conforms to the observation of Swetha *et al.* [25], who isolated 57.0% of staphylococci strains, of which 73.6% were *S. aureus* in dairy farms that have low milking hygiene.

In this study, *S. aureus* and *E. coli* recorded the highest antibiotic resistance to tetracycline (50.7%)

Primers	Sequences (5' to 3')	Target gene	Amplicons size	Reference	
mecA-F	GAA ATG GAA CGT CCG ATA A	mecA	310 bp	[18]	
mecA-R	CCA ATT CCA CAT TGT TTC CTA A				
TEM-F	ATA AAA TTC TTG AAG ACG AAA	bla	1086 bp	[20, 21]	
TEM-R	GAC AGT TAC CAA TGC TTA ATC	1 LM		_ , _	

Table-2: Prevalence and antimicrobial resistance profile of S. aureus collected from raw milk in East Java.

Location	Sample size	Confirmed <i>S. aureus</i>		Res	sistant	to	ORSA test	mecA gene	
			TE	ох	FOX	Е	CN	—	
Kertajaya Farm	50	20	14	6	4	0	2	6	0
Argopuro Farm	50	30	25	10	8	5	0	8	0
Suka Makmur Farm	50	24	12	6	3	1	0	1	0
Harapan Jaya Farm	50	38	11	8	6	3	1	6	2
Semen Farm	50	26	8	8	1	6	0	6	0
Total	250	138	70	38	22	15	3	27	2
Percentage (%)	100	138/250 (55.2)	50.7	27.5	15.9	10.9	2.2	27/138 (19.6)	2/27 (7.4)

TE=Tetracycline (30 μg), FOX=Cefoxitin (30 μg), OX=Oxacillin (30 μg), E=Erythromycin (15 μg), CN=Gentamicin (10 μg), ORSA=Oxacillin resistance screen agar test, *S. aureus=Staphylococcus aureus*

and 17.05%), respectively. Tetracyclines have the highest antibiotic resistance because they are often used in veterinary medicine, and other antibiotics used in this study such as beta-lactams such as oxacillin (27.5%) and cefoxitin (15.9%), macrolides such as erythromycin (10.9%), and aminoglycosides such as gentamicin (2.2%). The use of broad-spectrum antibiotics such as tetracyclines and beta-lactams is more common in cases of clinical mastitis in dairy cattle because of their effective treatment results.



Figure-1: Results of oxacillin resistance screen agar test on methicillin-resistant *Staphylococcus aureus* (MRSA) isolates. Note: Positive results of MRSA are indicated by a blue indicator (aniline blue), while negative results are indicated by white/pale color indicators.

Twenty-seven (19.6%) MRSA isolates were validated using ORSA, and the highest percentage was detected in Argopuro farms, as indicated in Table-2. The presence and detection of MRSA in raw milk, as observed using the ORSA test, is in agreement with the study by Ramandinianto *et al.* [18] and Yunita *et al.* [26], where the presence of MRSA was observed by the ORSA test. It was also deduced that the blue culture indicator showed positive confirmed results, whereas white is negative confirmed results [26].

Handling unclean and unhygienic food during the production process, packaging, and distribution plays an important role in food poisoning [27]. Other researchers have stated that cow milk can transmit different pathogens, including strains of staphylococci [28]. Research on antimicrobial drug resistance of S. aureus reports that dairy product-related contamination is widespread globally. Some researchers report that bacterial outbreaks in milk and dairy products in countries are approximately 2-6% [29]. MRSA is resistant to all beta-lactam antibiotics. including cephalosporins and monobactams, an essential group of antibiotics for treating staphylococcal infections [22] and agreed with the results of this study. MRSA infection causes therapeutic problems and facilitates its spread, necessitating rapid and early diagnosis and accurate MRSA identification [30]. In this study, of S. aureus isolates, 27.5% were found to be resistant to oxacillin and 15.9% to cefoxitin in the disk diffusion method.



Figure-2: *mecA* gene on polymerase chain reaction results with positive bands at 310 bp from Harapan Jaya Farm. M line: 100 bp molecular weight markers, line C+: methicillin-resistant *Staphylococcus aureus* ATCC BAA 1026 (positive control), line C-: *Staphylococcus aureus* ATCC 25923 (negative control), lines 1 and 4: Positive isolate for *mecA* from Harapan Jaya Farm, and lines 2, 3, 5, and 6: Negative isolate for *mecA* gene.

Location	Sample size	Confirmed E. coli		Res	istan	t to	DDST	blaTEM gene	
			TE	S	w	С	ΑΤΜ		
Kertajaya Farm	50	35	7	5	1	4	0	0	0
Argopuro Farm	50	36	3	2	3	2	0	0	0
Suka Makmur Farm	50	30	7	5	8	1	1	1	1
Harapan Jaya Farm	50	37	9	5	1	1	0	0	0
Semen Farm	50	38	4	8	4	6	2	2	2
Total	250	176	30	25	17	14	3	3	3
Percentage (%)	100	176/250 (70.4)	17.0	14.2	9.7	7.9	1.7	3/176 (1.7)	3/3 (100)

TE=Tetracycline, S=Streptomycin, W=Trimethoprim, C=Chloramphenicol, ATM=Aztreonam, DDST=Double disk synergy test, *E. coli=Escherichia coli*

Presumptive MRSA can be made using oxacillin and cefoxitin. Brown and Walpole [31] stated that MRSA detection using phenotypic methods still does not indicate optimal results, and mecA genotype testing remains the major recommendation even though it cannot be applied to routine testing. To identify accurate MRSA, fast and cost-effective, a phenotypic technique with the ORSA test can be used [32]. Cefoxitin and oxacillin disk diffusion have the same sensitivity level of 100%. In specificity, cefoxitin disk diffusion was 92.59%, whereas oxacillin disk diffusion was 74.07% [22]. A study conducted by Boubaker et al. [33] indicated that the cefoxitin disk method has a better sensitivity level than the oxacillin disk technique in detecting MRSA. Therefore, the oxacillin disk technique still has a false-positive rate.

All ORSA-positive isolates were genotypically tested using PCR to detect the presence of the *mecA* gene, the gold standard for detecting MRSA. Two (7.4%) *S. aureus* isolates from the Harapan Jaya Farm were discovered to have the *mecA* gene. Cefoxitin is an excellent inducer to express the presence of the *mecA* gene because it can increase the expression of penicillin-binding protein 2a, encoded by the *mecA* gene [18]. The results of this study show that milk contamination by MRSA can be caused by different



Figure-3: Extended-spectrum beta-lactamase-producing *E. coli* by double-disk synergy test (DDST)-positive result (red arrows showed positive synergy or keyhole effect). Note: Antibiotics disks used for DDST were amoxicillin-clavulanate ($20/10 \ \mu$ g), cefotaxime ($30 \ \mu$ g), and ceftazidime ($30 \ \mu$ g).

factors, one of which is low milking hygiene. MRSA contamination is hazardous to public health; it increases the potential for the spread of difficult-to-treat staphylococcal infections. It needs the ability to accurately, quickly, and cost-effectively identify MRSA contamination in transmission media such as food of animal origin. Genotypic detection using PCR to detect the presence of the mecA gene is the gold standard for MRSA detection; however, there are still numerous laboratories that cannot conduct molecular testing; cefoxitin diffusion can be used as a marker for MRSA detection. This is based on the cefoxitin disk diffusion test's ability to detect the expression of the mecA gene so that it can be a solution as a more effective and efficient MRSA screening instrument in terms of cost and technical applications.

The results also indicated that the prevalence of E. coli found in milk was 70.4%. These data show the poor sanitation practices of farmers during the milking process [34]. This figure is similar to that reported by Chey et al. [35], stating that the prevalence of E. coli was highest (72.2%) in raw milk. In line with other developing countries, namely Bangladesh, as much as 75% of the milk samples studied contained E. coli [36]. Tetracyclines have the highest antibiotic resistance of 17.0% because they are commonly used in veterinary medicine, and other antibiotics used in this study, such as aminoglycosides such as streptomycin (14.2%), sulfonamides such as trimethoprim (9.6%), and macrolides such as chloramphenicol (7.9%). Broad-spectrum antibiotics such as tetracyclines and beta-lactams are more common in cases of clinical mastitis in dairy cattle in Indonesia because of their effective treatment results. The tetracycline and aminoglycoside groups are the first-choice antibiotics for respiratory and digestive tract problems. By contrast, the second choice is the macrolide and sulfonamide-trimethoprim drug combinations, which significantly affect rumen microbial activity. The last choice is the third- and fourth-generation antibiotics from cephalosporins. By contrast, the combination of sulfonamide-trimethoprim drugs significantly affects the rumen microbial activity, and the last resort is the third-generation cephalosporins [37]. Three ESBLproducing E. coli (1.7%) isolates were identified from raw milk. The discovery of ESBL Enterobacteriaceae



Figure-4: *bla*TEM gene on polymerase chain reaction results with positive bands at 1086 bp. Lane 1: Suka Makmur Farm, 2: Semen Farm, 3: Semen Farm, C-: Negative control (ATCC 25922), C+: Positive control for *bla*TEM gene (ATCC 35218), and M: Marker.

(E. coli) originating from milk shows the presence of environmental pollution and a lack of environmental sanitation when milking is performed [38]. E. coli is a bacterium that can be a reservoir of different antibiotic resistance genes [39], including beta-lactam antibiotic resistance genes, which make E. coli capable of producing beta-lactamase enzymes [40]. ESBL enzymes are produced by many strains belonging to the Enterobacteriaceae family. These bacteria can hydrolyze penicillins and third-generation cephalosporins, monobactam, and other antibiotics, except for carbapenems [41]. These enzymes are mainly encoded by many specific genes, namely, the blaSHV, blaCTX-M, and blaTEM genes [42]. Sanitation of the cage, the bottom of the cage, and the drainage of the cage need to be considered by farmers to prevent contamination of milk by suspected ESBL-producing bacteria. The occurrence of antibiotic resistance originates from bacterial plasmids that can accommodate resistance genes and spread them to other bacteria [43]. Different resistance genes can accumulate in bacterial plasmids, usually in the R (resistance) plasmid, which is the reason for finding bacterial isolates that are resistant to different antibiotics and can create new gene sequences [44].

The prevalence of the *bla*TEM genes in ESBLproducing E. coli was 3 (1.7%). This finding is in line with the research conducted by Ansharieta et al. [21], who stated that E. coli contamination found in milk from dairy farms tends to encode the *bla*TEM gene in ESBL-producing E. coli bacteria. These results show that pathogenic E. coli originating from food of animal origin are also exposed to antibiotics and can transfer these genes to other pathogenic bacteria under certain conditions [45]. Therefore, the presence of ESBL bacteria in raw milk is quite dangerous. ESBL-producing E. coli strains obtained from raw milk samples are of particular concern because these pathogens can affect human and calf consumers and cause the spread of this antibiotic-resistant pathogen to humans and animals [46]. During lactation, ESBL-producing E. coli can also be found in raw milk with or without mastitis symptoms. This shows that the cleanliness of the cage that contaminates the milk cage is also a risk factor for ESBL-producing organisms, which can contaminate raw milk products [47, 48].

Therefore, genetic evidence encoding MRSA and ESBL-producing *E. coli* can be used to confirm interactions at the microbial level in humans and animals, especially between commensal and pathogenic bacteria, facultative and obligate bacteria in the same environment, and horizontal gene transfer of the bacteria making the distribution. An integrative approach such as "One Health" is needed to understand and identify the possibility of preventing the spread of MRSA and ESBL-coding genes and infection in humans [49]. The application of the concept of One Health integration is assumed to accelerate disease prevention and prediction to control these bacteria [50]. Food-borne disease is a significant concern worldwide. This is a leading problem in developing countries that lack high sanitation management during collecting and processing cow's milk. As seen in this study, *S. aureus* and *E. coli* contamination found in raw milk can be caused by cross-contamination of milk with feces or by a lack of hygienic measures during milk collection and processing [9]. According to Ukah *et al.* [51], a factor causing antibiotic resistance in humans is consuming food of animal origin in raw or undercooked form. A multisectoral approach to medical treatment in veterinary medicine and animal food production can realize global cooperation in controlling the ecological development of antibiotic resistance for public health [52].

Conclusion

The presence of MRSA and ESBL-producing *E. coli* in raw milk is a serious public health threat, and public awareness should be raised about the dangers posed by these pathogenic organisms. Evidence by molecular identification indicated the presence of *mecA* and *bla*TEM genes in *S. aureus* and *E. coli* found in raw milk obtained from five dairy farms in East Java, Indonesia. Although the results indicated that MRSA and ESBL-producing *E. coli* from raw milk had a relatively low prevalence at the molecular level, MRSA and ESBL-producing *E. coli* in the food chain is a potential threat if not controlled since it can spread from animals to humans.

Authors' Contributions

MHE and WT: Conceptualization and supervision of the study and drafted the manuscript. MHE, SCR, and RA: Data curation. WT and AMW: Formal analysis. AMW, DAP, and DKW: Investigation. MHE and AMW: Methodology. DAP, DKW, and AMW: Project administration. MHE, SCR, and RA: Resources. MHE, WT, and ENU: Validation. SCR, RA, and AMW: Visualization. MHE and ENU: Review and editing. All authors have read and approved the final manuscript.

Acknowledgments

This study was supported in part with the Penelitian Hibah Mandat funding from Universitas Airlangga, Indonesia, in the fiscal year 2020, with grant number 368/UN3.14/PT/2020.

Competing Interests

The authors declare that they have no competing interests.

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