



# Source details

## Systematic Reviews in Pharmacy

Scopus coverage years: from 2010 to 2021

(coverage discontinued in Scopus)

Publisher: EManuscript Technologies

ISSN: 0975-8453 E-ISSN: 0976-2779

Subject area: Pharmacology, Toxicology and Pharmaceutics: Pharmaceutical Science

Source type: Journal

CiteScore 2019

3.9



SJR 2019

0.424



SNIP 2021

0.562



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$$3.9 = \frac{463 \text{ Citations 2016 - 2019}}{119 \text{ Documents 2016 - 2019}}$$

Calculated on 06 May, 2020

## CiteScore rank 2019 ⓘ

| Category                                   | Rank    | Percentile |
|--|---------|------------|
| Pharmacology, Toxicology and Pharmaceutics | #53/169 | 68th       |
| Pharmaceutical Science                     |         |            |

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# Systematic Reviews in Pharmacy

Discontinued in Scopus as of 2020

### COUNTRY

India



Universities and research  
institutions in India

### SUBJECT AREA AND CATEGORY

Pharmacology,  
Toxicology and  
Pharmaceutics  
Pharmaceutical  
Science

### PUBLISHER

EManuscript  
Technologies

### H-INDEX

28

### PUBLICATION TYPE

Journals

### ISSN

09758453,  
09762779

### COVERAGE

2010-2021

### INFORMATION

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this journal](#)


[editor@sysrevpharm  
.org](mailto:editor@sysrevpharm.org)





sc  
The  
tim  
agr  
sys  
pro

to Pharmacy subjects including some of the allied subjects. Articles with given more preference. This journal also publishes manuscripts related to all aspects of crop and animal physiology, modelling of crop and animal husbandry, animal welfare and behaviour, soil science, plant and animal husbandry solutions, decision support systems, land use, environmental impacts of agriculture and forestry, impacts of climate change, rural biodiversity, experimental design and statistical analysis, and the application of new analytical and study methods (including genetic diversity and molecular biology approaches).


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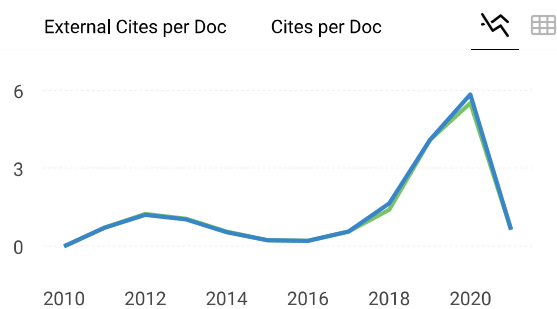
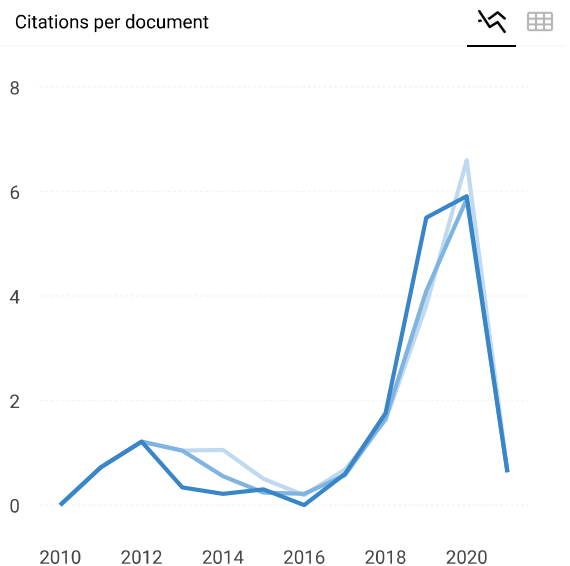
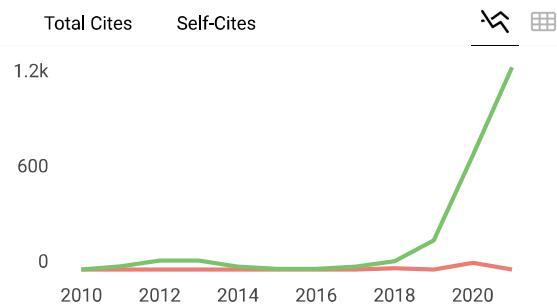
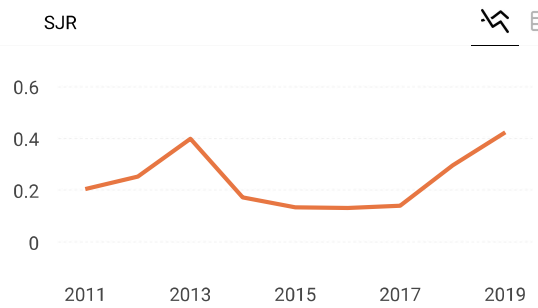
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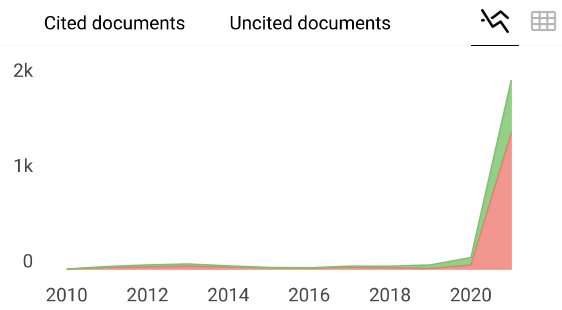
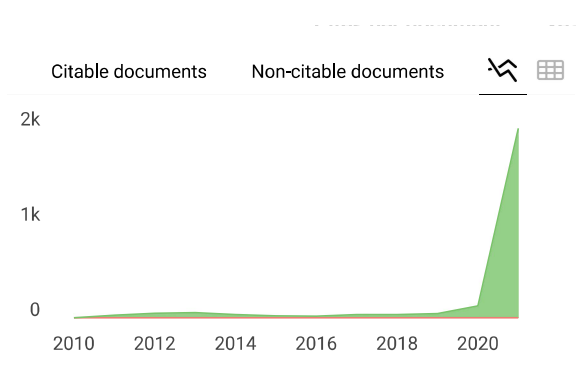


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- Cites / Doc. (4 years)
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**SJR 2021**

0

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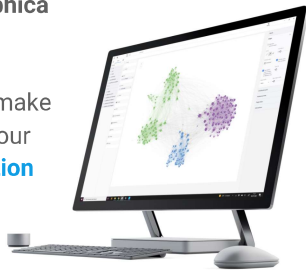
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R **raphli** 12 months ago

Dear team,

Why the SJR score for this journal is 0 for this year, we have a paper published in this journal last year, at that time it was Q2 journal, however, the score has changed into 0. many thanks

reply



**Melanie Ortiz** 12 months ago

SCImago Team

Dear Raphli, thank you very much for your participation.

Our data come from Scopus/Elsevier, which offers an annual copy of their database. We understand that, since the date indicated by Scopus/Elsevier, the journal is no longer indexed in its database and no data were sent to SCImago to calculate the scientometric indicators.

Best Regards, SCImago Team

N **nova** 12 months ago

This journal is the COVERAGE 2010-2020? its right?

reply



**Melanie Ortiz** 12 months ago

SCImago Team

Dear Nova, thank you very much for your comment. We suggest you consult the Scopus database directly. Keep in mind that the SJR is a static image (the update is made one time per year) of a database (Scopus) which is changing every day.

Best Regards, SCImago Team

D **Dr Ehab kamal Ali** 1 year ago

I'm asking about the magazine is in scopus in March 2020 or not and what about its cite score in this date.

reply



**Melanie Ortiz** 1 year ago

SCImago Team

Dear Dr Ehab, thank you very much for your comment. We suggest you consult the Scopus database directly. Keep in mind that the SJR is a static image (the update is made one time per year) of a database (Scopus) which is changing every day.

Best Regards, SCImago Team

A **Asim Ahmed** 1 year ago

Why the Journal systematic reviews in pharmacy (SRP) is discontinued in SCOPUS  
Will this decision be revised again and when

reply



**Melanie Ortiz** 1 year ago

SCImago Team

Dear Asim,  
thank you very much for your comment, unfortunately we cannot help you with your request. We suggest you contact Scopus support:  
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Best Regards, SCImago Team

A **Asim Ahme** 1 year ago

Discontinued in Scopus as of 2020.....is this written by scimago at the website here or it is scam

reply

A **abd nasir** 1 year ago

I have received information that this journal has been active since May 15, 2021, is this true

reply



**Melanie Ortiz** 1 year ago

SCImago Team

Dear Abd Nasir,  
Thank you for contacting us. Could you please expand a little bit on your comment?  
Best Regards, SCImago Team

M **MIK** 2 years ago

Dear Sir this Journal SRP is out of scoups please up date your data because the researchers is dependent on SJR in World and SJR is one of best.

reply





**Melanie Ortiz** 2 years ago

Dear Sir/Madam,

Thank you very much for your comment.

All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11 June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day.

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Best Regards, SCImago Team

J

**Juliaans Marantika** 2 years ago

Dear SCImago Team,

Would you please write some reason why my Article Politeness in Foreign Language Teaching and Learning Process has been published in this Journal? I need it to provide an explanation regarding the relevance of the journal to my field of specialization, namely language

reply



**Melanie Ortiz** 2 years ago

Dear Juliaans,

thank you for contacting us.

We are sorry to tell you that SCImago Journal & Country Rank is not a journal. SJR is a portal with scientometric indicators of journals indexed in Elsevier/Scopus.

Unfortunately, we cannot help you with your request, we suggest you contact the journal's editorial staff, so they could inform you more deeply.

Best Regards, SCImago Team

E

**Emilio** 2 years ago

Dear Researchers

This Journal is discontinued from Scopus.

reply



**Melanie Ortiz** 2 years ago

Dear Emilio,

Thank you very much for your comment.

All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11

June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day.  
For further information, please contact Scopus support:  
[https://service.elsevier.com/app/answers/detail/a\\_id/14883/kw/scimago/supporthub/scopus/](https://service.elsevier.com/app/answers/detail/a_id/14883/kw/scimago/supporthub/scopus/)  
Best Regards, SCImago Team

R **RAF** 2 years ago

Dear researchers. I have contacted Scopus and Scopus inform me that this journal will be released on the next "discontinued list from scopus". Please be careful.

This journal is published 1500 articles in one year, that most of them not suitable for their "pharmacy scope". This journal also published a social science article. Its weird, isnt it?

reply

A **Arif** 2 years ago

Yes, This journal is not indexed by Scopus in 2021. I have asked Scopus last week



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Sir/Madam, thanks for your participation! Best Regards, SCImago Team

N **رزان** 2 years ago

هل المجلة ضمن سكوبي ام لا .. ارجو الرد

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Sir/Madam, thank you very much for your comment. We suggest you consult the Scopus database directly. Keep in mind that the SJR is a static image (the update is made one time per year) of a database (Scopus) which is changing every day.  
Best Regards, SCImago Team

F **Farah Nargis** 2 years ago

This journal publishes articles only in three days!

What the hell!

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Farah,  
thank you very much for your comment.  
We suggest you contact Scopus regarding this matter here:  
[https://service.elsevier.com/app/answers/detail/a\\_id/14883/kw/scimago/supporthub/scopus/](https://service.elsevier.com/app/answers/detail/a_id/14883/kw/scimago/supporthub/scopus/)  
Best Regards, SCImago Team

**Yasser Fakri Mustafa** 2 years ago

Dear Sir  
Is this journal still active in Scopus?

I am waiting for your reply,

Best regards

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Yasser,  
Thank you very much for your comment.  
All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11 June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day.  
Best Regards, SCImago Team

**Iqbal** 2 years ago

I have excellent experience with this journal, they are highly professional in their dealing.  
@ have you make payment through publishing agent or direct to journal.

reply

**Phuong** 2 years ago

This journal have to remove out the scopus journal list as poor contents and no review process (just accept and pay APC). Number of papers is dramatically increase from 2019-2020 vs 2018.  
Poor journal!!!

reply

A **Asim elnour** 2 years ago

Dear Phuong

Can you tell me solid facts.

The Journal is very respected in the content of the research type.

If u say poor be scientific in defining and supporting your comments by facts findings  
...generalization is not accepted in academia publication.

I find the Journal having all aspects of good Journal, from content, scientific merits, peer review and cite score of the articles (3.9).

Scopus does not deal with any Journals not at the criteria stated in Scopus.

R **Researcher** 2 years ago

I am not agree with you. This journal is highly professional in term of publishing good research

P **Phuong** 2 years ago

Please analysis the numbers of papers2017- 2018 vs 2019-2020. Also not only the review papers as scope but also the research articles. The doi is not provide for most of papers. It is a Predatory Journal without peer review process, Just focus on the APC! Please check!



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Phuong,

thank you for your comment.

Our data source is Scopus, SCImago doesn't participate in the journal's selection.

SCImago has no authority to include or exclude SJR journals. We just show the data provided in the latest update by Scopus. Please contact Scopus Support regarding this matter here:

[https://service.elsevier.com/app/answers/detail/a\\_id/14883/kw/scimago/supporthub/scopus/](https://service.elsevier.com/app/answers/detail/a_id/14883/kw/scimago/supporthub/scopus/)

Best Regards, SCImago Team



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Phuong, thanks for your participation! Could you please tell us the source of that information?

Best Regards, SCImago Team

B **boy** 2 years ago

I'm having a hard time, can you help?  
is the journal listed on Scopus?

reply

A **Ahmad** 2 years ago

Yes dear, its listed in Scopus Q2, and recommended journal for publication



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Sir/Madam,

Thank you very much for your comment.

All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11 June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day.

For further information, please contact Scopus support:

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Best Regards, SCImago Team

B **boy** 2 years ago

is this journal still listed on Scopus?  
still active in Scopus?

I am waiting for your reply,

Best regards

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Sir/Madam,

Thank you very much for your comment.

All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11 June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day.

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Best Regards, SCImago Team

J **jasmine** 2 years ago

hi.i have a review article about the spinal cord injury in children so this can be publish in your journal ?

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Jasmine,

thank you for contacting us.

We are sorry to tell you that SCImago Journal & Country Rank is not a journal. SJR is a portal with scientometric indicators of journals indexed in Elsevier/Scopus.

Unfortunately, we cannot help you with your request, we suggest you visit the journal's homepage (See scope and submission/author guidelines) or contact the journal's editorial staff , so they could inform you more deeply.

Best Regards, SCImago Team

A **Amel Dawod kamel** 2 years ago

this journal will contentious in Scopus because the most of Indian journal discontinuous

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Amel,

Thank you very much for your comment.

All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11 June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day.

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Best Regards, SCImago Team

N **Nabil** 2 years ago

محتاج الايميل ومحتاج اعرف تكلفه نشر الرسائل والابحاث وهل المجله تبع سكوباس

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Nabil,  
Thank you very much for your comment.  
All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11 June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day. For further information about this journal, please visit the journal's website.  
Best Regards, SCImago Team

R **R.T.AH** 2 years ago

I would like to ask about the index of this journal, is it indexed in Scopus for 2020??  
Thank you in advance

reply



**Melanie Ortiz** 2 years ago

SCImago Team

Dear Sir/Madam,  
Thank you very much for your comment.  
All the metadata have been provided by Scopus /Elsevier in their last update sent to SCImago, including the Coverage's period data. The SJR for 2019 was released on 11 June 2020. We suggest you consult the Scopus database directly to see the current index status as SJR is a static image of Scopus, which is changing every day.  
Best Regards, SCImago Team

S **Supriyono** 2 years ago

Thank's to your informations

reply

M **Manal mohamed ahmed** 2 years ago

كم سعر النشر في هذه المجلة وهل يجوز نشر بحث تخصص تمريض اطفال في هذه المجلة

reply

D **Dr. Raad A. Alharmoosh** 2 years ago

الست منال المحترمة: تفاصيل اجور هذه المجلة موجودة في موقعها الالكتروني كانت سابقاً \$700 أما الان الاجور اصبحت \$850  
ولا أعلم سبب زيادة الاجور



**Melanie Ortiz** 2 years ago

Dear Manal,  
thank you for contacting us.  
Unfortunately, we cannot help you with your request, we suggest you visit the journal's homepage or contact the journal's editorial staff , so they could inform you more deeply.  
Best Regards, SCImago Team

**D** **Dr. Fouad Al-Qaim** 2 years ago

Dear Sir/Madam  
As I know this journal is publishing review articles but in some cases I have found research articles. May I know why this conflict?  
Thank you  
  
reply



**Melanie Ortiz** 2 years ago

Dear Dr. Fouad,  
thank you for contacting us.  
We are sorry to tell you that SCImago Journal & Country Rank is not a journal. SJR is a portal with scientometric indicators of journals indexed in Elsevier/Scopus.  
Unfortunately, we cannot help you with your request, we suggest you contact the journal's editorial staff , so they could inform you more deeply.  
Best Regards, SCImago Team

**Y** **Yogesh Zambare** 3 years ago

Please send me any processing charges  
  
reply



**Melanie Ortiz** 3 years ago

Dear user,  
  
thank you for contacting us.  
Sorry to tell you that SCImago Journal & Country Rank is not a journal. SJR is a portal with scientometric indicators of journals indexed in Elsevier/Scopus.  
Unfortunately, we cannot help you with your request, we suggest you to go to the journal's homepage or contact the journal's editorial staff , so they could inform you more deeply.  
Best Regards, SCImago Team



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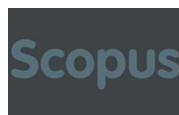
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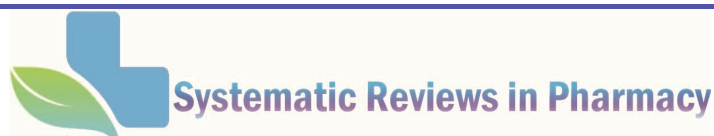


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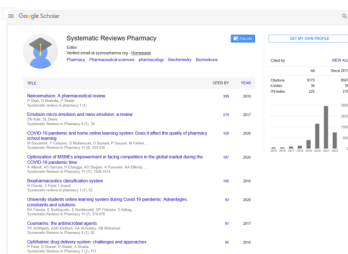
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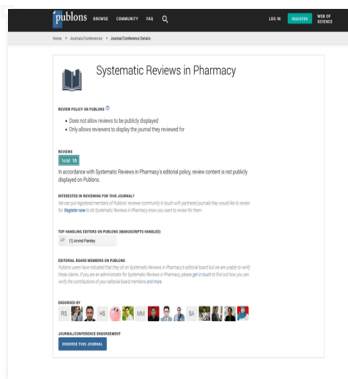
Dental Development between Assisted Reproductive Therapy (Art) and Natural Conceived Children: A Comparative Pilot Study Norzaiti Mohd Kenali, Naimah Hasanah Mohd Fathil, Norbasyirah Bohari, Ahmad Faisal Ismail, Roszaman Ramli SRP. 2020; 11(1): 01-06 » doi: 10.5530/srp.2020.1.01

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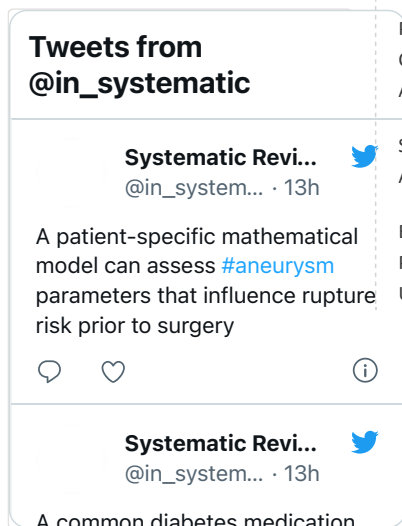


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Opole University, Oleska street no 48, 45-052 Opole, Poland

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Opole University, Oleska street no 48, 45-052 Opole, Poland

Jacek Jędrzejewski  
Faculty of Medicine, Department of Family Medicine and Public Health  
Opole University, Oleska street no 48, 45-052 Opole, Poland

Luciano Benedini  
Universidad Nacional del Sur (National University of South-UNS), Bahía Blanca 8000, Argentina

Paula Messina  
Departamento de Biología  
Universidad Nacional del Sur (National University of South-UNS), Bioquímica y Farmacia, Bahía Blanca 8000, Argentina

Michael Walsh  
Washington State University, College of Pharmacy and Pharmaceutical Sciences (CPPS), USA

Prof. Dr. Kittisak Jermittiparsert  
Henan University, China

Amel Dawod Kamel Gudia, PhD  
Faculty of nursing  
Cairo University, Egypt

Arif Nur Muhammad Ansori  
Airlangga University, Scopus Author ID: 57195995342,  
<https://orcid.org/0000-0002-1279-3904>, Indonesia

Mohammed Nader Shalaby  
Suez Canal University, Associate Professor of Biological Sciences and Sports Health, Egypt

Dr. Faten Abo-Aziza Mohamed, PhD  
Associate Professor, Clinical Pathology and Stem Cell Research  
National Research Centre, Manager of Veterinary Division Central Lab (605),  
33 El-Behoos St, Dokki, Cairo, Egypt

Professor Asim Ahmed Elnour Ahmed  
College of Pharmacy  
Al-Ain University of Science and Technology, UAE

S. Parasuraman, M.Pharm., Ph.D  
AIMST University, Malaysia

Ebenezer Wiafe, PhD  
Pharmacy  
University of Kwazulu-Natal, South Africa

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# Clinical Outcomes of Stem Cell Metabolites Formula Derived from Placenta for Skin Regeneration

Purwati<sup>1,\*</sup>, Afif Nurul H.<sup>2</sup>, M. Yulianto Listiawan<sup>2</sup>, Ernawati<sup>3</sup>, Fedik A. Rantam<sup>1,4</sup>, Medhi Denisa A.<sup>2</sup>, Novianti Risky R.<sup>2</sup>, Ardhiyah Iswanda P.<sup>2</sup>, Imam Susilo<sup>5</sup>, Diah Puspita R.<sup>6</sup>, Afriyanti Sandhi<sup>7</sup>, Prasasta Adhistana<sup>7</sup>

<sup>1</sup>Stem Cell Research and Development Center, Universitas Airlangga, Surabaya, Indonesia

<sup>2</sup>Department of Dermatology and Venereology, Faculty of Medicine, Universitas Airlangga, Surabaya, Indonesia

<sup>3</sup>Department of Obstetrics and Gynecology, Faculty of Medicine, Universitas Airlangga, Surabaya, Indonesia

<sup>4</sup>Department of Veterinary Microbiology, Faculty of Veterinary, Universitas Airlangga, Surabaya, Indonesia

<sup>5</sup>Department Anatomic Pathology, Faculty of Medicine, Universitas Airlangga, Surabaya, Indonesia

<sup>6</sup>Department of Clinical Pathology, Faculty of Medicine, Universitas Airlangga, Surabaya, Indonesia

<sup>7</sup>Department of Plastic Surgery, YARSI General Hospital, Jakarta, Indonesia

**Corresponding Author:** Dr. Purwati dr., Sp.PD. K-PTI, FINASIM

Chairman of Stem Cell Research and Development Center, Universitas Airlangga, Surabaya, Indonesia

Email: [purwati@fk.unair.ac.id](mailto:purwati@fk.unair.ac.id)

## ABSTRACT

**Background:** Previous research focused on in vitro and animal study of stem cell metabolites formula derived from the placenta for skin regeneration.

**Objective:** This further study is a clinical trial to evaluate the effectiveness of stem cell metabolites formula in skin regeneration.

**Methods:** Priorly, subjects' facial conditions were examined and recorded using Janus skin analyzer to observe marks and blemishes present on their skin. Stem cell metabolites were applied on the face twice a day, day and night, with single-use doses of three pumps. We evaluated before and after stem cell metabolites application using Janus over the period six months, with three times repeated evaluation every two months. The Janus evaluation results are Spot, Pore, Roughness, Wrinkle, UV Acne, UV Spot, and UV Moisture.

**Results:** The percentage of spot, pore, roughness, wrinkle, UV acne, and UV spots were noticeably reduced. Meanwhile, the percentage of UV moisture increased in almost all subjects who were evaluated for six months. From a qualitative aspect, 90% of subjects are satisfied with the results of the application of stem cell metabolites. The subjects felt that facial wrinkles had reduced, the face was smoother and supple, and reduction in dark pigmentation.

**Conclusion:** It can be concluded that stem cell metabolites are useful in face skin regeneration.

**Keywords:** clinical outcomes, formula, placenta, skin regeneration, stem cell metabolites

## Correspondence:

Dr. Purwati dr., Sp.PD. K-PTI, FINASIM<sup>1</sup>

Chairman of Stem Cell Research and Development Center, Universitas Airlangga, Surabaya, Indonesia

Email: [purwati@fk.unair.ac.id](mailto:purwati@fk.unair.ac.id)

## INTRODUCTION

Aging in humans is a gradual and continuous process of natural change, a slowly receding process in the ability of the tissue to replace and maintain its normal functions.[1,2] In adults, individuals experience many changes, both physical and mental, especially reduction in efficiency of various bodily functions and abilities. The decrease is related to various gradual systemic changes in the body such as decreased memory, muscle weakness, hearing, vision, feelings and changing physical appearance and other biological functions.[3,4]

Skin aging is a normal process in which the process of renewing skin cells production goes down, in line with the decreasing of the natural protective layer of the skin and the internal support structure. The deterioration of the skin renewal process, together with the lifestyle and environmental factors, such as drink alcohol and eat junk food, smoking, lack of sleep, and pollution, can cause signs of aging to appear earlier.[5] Basically, premature aging often occurs in someone who has a dry skin type because sebum which is an oily secretion to protect the skin from pollution and moisturizes the skin is low among those with dry skin type. There are several anti-aging therapies that are widely used to take care of aging, include cosmetological treatments such as protective cosmetics from UVA and UVB; Topical agents such as tretinoin to stimulate the synthesis of type I collagen and vitamin C for antioxidants; Systemic agents which include vitamins C and E, glutathione, polyphenols, melatonin and selenium; and Procedural Therapy which offers

services such as physician-performed or device-driven procedures such as laser therapy.[6,7]

Stem cell therapy was initially carried out to treat degenerative diseases. The role of stem cell metabolites in skin aging is to repair injured tissue or replace other cells in programmed cell death. Stem cell metabolites have many kinds of growth factors such as cytokines interleukin 4 (IL-4), interleukin 10 (IL-10), Epidermal Growth Factor (EGF), Granulocyte-Macrophage Colony-Stimulating Factor (GM-CSF), and Tumor Necrosis Factor-beta (TGF- $\beta$ ). These cytokines can go through the skin layer to encourage the growth of the new cells and enhance nutrition, stimulate skin metabolism to inhibit premature aging, and also accelerate the cell skin to produce new proteins, collagen, and elastin fibers, while also assist in reducing dark pigments and induces basal cells to proliferate resulting in the growth of epidermal keratinocytes.[8-11] In this way, stem cells keep the skin healthy and prevent premature aging. These stem cells act like our own microscopic dermatology doctor forces.[12,13]

In this research, stem cell metabolite formula is derived from the human placenta containing more mesenchymal precursor cells and hematopoietic stem cell populations than adult blood or bone marrow. Prior to conduct the study, stem cell metabolites must be validated their purity, plasticity, and contamination. Cells must be free of infectious diseases such as Bovine Spongiform Encephalopathy (BSE), Gonorrhoea, Hepatitis, Herpes, HIV/AIDS, and cancer cells. Moreover, the level of cell

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viability and cell phenotype must also be in accordance with the desired target.[14]

Previous research focused on in vitro and animal study of stem cell metabolites formula derived from the placenta for skin regeneration. We have done in vitro study include cytotoxicity test, cytokine detection, and apoptosis assay. From the study results, stem cell metabolites are not toxic with a percentage of cell viability exceeds 50%, did not cause any systemic immune response to the tissues by decreasing of cytokine release levels, and did not induce apoptosis by increasing percentage of expression of Hsp70 (anti-apoptotic gene) and decreasing percentage of expression of p53 and caspase-3 (pro-apoptotic gene) in the treatment samples compared to controls.[15]

This further study is a clinical trial to evaluate the effectiveness of stem cell metabolites formula in skin regeneration.

### **METHODS**

This clinical study received ethical clearance No. 101/KEH/2019 from the law and medical research ethics committees of Universitas Airlangga Hospital, Surabaya, Indonesia, following the regulatory guidelines. The study analyzed data from 19 men and 11 women in various aged between 40-70. The inclusion and exclusion criteria were used in selecting the subjects. The inclusion criteria for the subjects are men or women, aged 40 or above, having no infectious diseases, having no allergic diseases,

willing to be donors, as evidenced by the signing of informed consent. Exclusion criteria are using other skincare during the study and not willing to sign an informed consent.

Prior to application, facial conditions of all subjects were examined and recorded using a Janus skin analyzer to observe marks and blemishes present on their skin. Stem cell metabolites were applied on the face twice a day, at day and night, with single-use doses of three pumps. We evaluated before and after stem cell metabolites application using Janus over the period six months, with three times repeated evaluation every two months. The results of the Janus evaluation are Spot, Pore, Roughness, Wrinkle, UV Acne, UV Spot, and UV Moisture.

SPSS Statistics were used to perform data analysis. Data are expressed in mean, standard deviation, frequency distribution, and percent on descriptive analysis and frequency. Significance limit is that if  $p < 0.05$  with 95% confidence interval.[16]

### **RESULTS**

We performed statistical data analysis to evaluate the differences in the subject's skin condition, including Spot, Pore, Roughness, Wrinkle, UV Acne, UV Spot, and UV Moisture before and after treatment with metabolite stem cell formula in six weeks Evaluation conducted three times every two months. Data are presented in Table 1.

**Table 1.** The average of subject's skin condition before and after treatment with metabolites stem cell

| Group  | $\bar{x} \pm SD$ (%)       |                           |                           |                            |                            |                            |                           |
|--------|----------------------------|---------------------------|---------------------------|----------------------------|----------------------------|----------------------------|---------------------------|
|        | Spot                       | Pore                      | Roughness                 | Wrinkle                    | UV Acne                    | UV Spot                    | UV Moisture               |
| Pre    | 68,16 <sup>a</sup> ± 20,67 | 97,53 <sup>a</sup> ± 0,97 | 96,73 <sup>a</sup> ± 1,59 | 73,30 <sup>a</sup> ± 17,82 | 45,96 <sup>a</sup> ± 9,30  | 75,70 <sup>a</sup> ± 19,83 | 70,53 <sup>a</sup> ± 7,17 |
| Post 1 | 57,96 <sup>b</sup> ± 25,81 | 95,56 <sup>b</sup> ± 1,92 | 96,10 <sup>b</sup> ± 1,47 | 65,63 <sup>b</sup> ± 22,42 | 35,30 <sup>b</sup> ± 9,89  | 70,46 <sup>b</sup> ± 21,84 | 86,66 <sup>b</sup> ± 8,57 |
| Post 2 | 54,16 <sup>c</sup> ± 26,04 | 90,53 <sup>c</sup> ± 1,92 | 91,00 <sup>c</sup> ± 1,59 | 61,16 <sup>c</sup> ± 22,50 | 33,93 <sup>c</sup> ± 13,72 | 66,20 <sup>c</sup> ± 21,65 | 90,56 <sup>c</sup> ± 7,13 |
| Post 3 | 49,73 <sup>d</sup> ± 24,69 | 85,86 <sup>d</sup> ± 2,77 | 86,20 <sup>d</sup> ± 2,29 | 56,26 <sup>d</sup> ± 22,69 | 30,66 <sup>d</sup> ± 13,13 | 62,23 <sup>d</sup> ± 21,85 | 94,00 <sup>d</sup> ± 5,81 |

a,b,c,d indicates data between pre treatment and 3x post treatment are statistically significant difference

### **DISCUSSION**

As we know, stem cells have an outstanding potential to develop into many types of cells in the body during early life and growth, so that way, rejuvenation occurs. Metabolite products are produced using stem cells. In the process, the cell will produce metabolite materials that are rich in growth factors. This process can be repeated several times for collecting the supernatant. This metabolite is then used as the main ingredient in topical preparations. Gradually, stem cell metabolites reduce dull skin and wrinkle, which occurs due to a decrease in collagen production by the degenerative process. Some practitioners claim that stem cell metabolites will promote more skin elasticity and reduce pigmentation so that the appearance is enhanced and more appealing.<sup>8</sup>

In this study, stem cell metabolites are taken from the human placenta which contains more mesenchymal precursor cells and hematopoietic stem cell populations when compared to adult blood or bone marrow. Stem cell metabolites have many kinds of growth factors such as cytokines interleukin 4 (IL-4), interleukin 10 (IL-10), Epidermal Growth Factor (EGF), Granulocyte-Macrophage Colony-Stimulating Factor (GM-CSF), and

Tumor Necrosis Factor-beta (TGF-β). These growth factors help the skin produce protein and elastic fibers and new proteins, so that skin returns to its former elasticity, reduced black pigmentation and induces basal cells to proliferate resulting in the growth of epidermal keratinocytes.[9-11]

This clinical study is conducted in 30 patients who met the inclusion and exclusion criteria, as mentioned in the methods section, to be applied with stem cell metabolites on their face. We evaluated before and after stem cell metabolites application using Janus over the period six months, with three times repeated evaluation every two months. After analysis, subjects will know their specific skin problems, determine the severity, analyze each representative of the indicator, and recommend a suitable course of treatment. There are seven skin issues: spot, pore, roughness, and wrinkle (for surface); as well as UV acne, UV spot, and UV moisture (for deep skin issues). The percentage represents the degree of skin problem. The higher the number is, the worse the skin condition will be, except for UV moisture.[16]

In surface skin issues, normal value of red, green, and blue (**RGB**) Spot is in 30%, indicating that the spots of



surface skin are in a normal state; if within the range of 30%-70%, indicate that it is ranging between medium to serious; if over 70%, it indicates that the skin is in a serious state, and requires freckles removal treatment urgently. For **RGB Pore**, the normal value is in 80%. This value is a little special, as everyone has pores, so the value is high. We detect the degree of clogged pores. 80%-90% indicates that it is in a medium state; over 90% indicates it is in a serious state. **RGB Roughness** is relative with Pore, so the value indication is similar to pore. 80%-90% is a medium state Over 90% is a serious state. At the same time, it is closely related to lifestyle habits and level of dehydration. Generally, **RGB Wrinkle** within 30% is fine lines. Hence, there is no need for further attention. As adults, every facial movement will contribute to having fine lines. Over 40%, the quantity of the fine lines is increased. When the blue points on detection are pictured together into a line, this is genuine wrinkling of the facial skin, a value of over 70% means it is in a serious state and requires anti-aging treatment.[16] In deep skin problems, the normal value of **UV Acne** is in 30%. 30%-70% is said to be in a medium state, but requires regular moisturizing and frequent deep cleansing treatment. A value of over 70% indicates that it is in a serious state and warrants reminding the customers do regular moisturizing, oxygen therapy, as well as deep cleansing treatment. For **UV Spot**, the normal value is in 30%. 30%-70% is in a medium state, but requires regular use of products that promote metabolism. If it is over 70%, it indicates that the problem is in a serious state and need immediate attention along with regular use of products that promote metabolism. The value of **UV Moisture** is a little special. The normal value is 80%, as everyone's face needs large amounts of moisture, so everyone faces a lack of moisture problems. 80%-90% is said to be in a medium state, over 90% is considered as a serious state, and requires moisturizing treatment urgently.[17]

From the study results, we can see that stem cell metabolites formula is effective in overcoming aging, as evidenced by the decrease of percentage in spot, pore, roughness, wrinkle, UV acne, and UV spots, while the increase happens in the percentage of UV moisture. These results were experienced by almost all subjects who were evaluated for a period of 6 months. In qualitative, almost 90% of subjects are subjectively satisfied with applied stem cell metabolites on their face. The subjects felt that facial wrinkles were reduced, the face was smoother and supple, and pigmentation was reduced.

## CONCLUSION

We can conclude that stem cell metabolites are effective in overcoming aging as evidenced by the decrease of percentage in spot, pore, roughness, wrinkle, UV acne and UV spots, and the increase of percentage in UV moisture. The subjects felt that facial wrinkles were reduced, the face was smoother and supple, and pigmentation was reduced.

## Declarations

### Ethics approval

This clinical study received ethical clearance No. 101/KEH/2019 from the law and medical research ethics committees of Universitas Airlangga Hospital, Surabaya, Indonesia, following the regulatory guidelines of the country.

### Competing interests

The authors have no conflicts of interest with this study.

### Funding

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### Authors' contributions

Purwati: stem cell metabolites preparation, manuscript preparation  
Afif Nurul H: data analysis, discussion  
M. Yulianto Listiawan: clinician, study literature, discussion  
Ernawati: data analysis, discussion  
Fedik A. Rantam: stem cell metabolites preparation  
Medhi Denisa Alinda: clinician, data analysis, discussion  
Novianti Risky Reza: clinician, data analysis, discussion  
Ardhiah Iswanda P: clinician, study literature, manuscript preparation  
Imam Susilo: stem cell metabolites validation  
Diah Puspita Rini: stem cell metabolites validation  
Afriyanti Sandhi: clinician, data analysis, discussion  
Prasasta Adhistana: clinician, data analysis, discussion

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