# Republic of Iraq Ministry of Higher Education and Scientific Research University of Mosul, College of Veterinary Medicine

# Iraqi Journal of Veterinary Sciences

A national, scientific and refereed journal
Published by the College of Veterinary Medicine
University of Mosul

ISSN: 1607-3894



Vol. 33 No.2 2019



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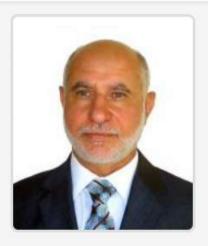
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h-index: 5 🗹

Volume & Issue: Volume 36, Issue 4, October 2022, Page 833-1132

Number of Articles: 40

#### Relationship between the leptin, progesterone, body weight, and onset of puberty in ewe lambs

Mohammed Q. Al-Ali; Mohammed A. Rahawy

Page 833-837

10.33899/ijvs.2022.131232.1932

Show Article PDF (631.51 K)

#### Estimation of gestational age in Shami goats based on transabdominal ultrasonographic measurements of fetal parameters

Rozh S. Muhammad; Dhafer M. Aziz

Page 839-846

10.33899/ijvs.2022.131845.2011

Show Article PDF 974.75 K

#### Impact of parity, stage of lactation, and subclinical mastitis on the concentration of vitamin c in Shami camel milk

Razan Semsmia; Tarek Abed AL-Rahim; Moatasem Bellah Al-Daker

Page 847-851

10.33899/ijvs.2022.132279.2078

Show Article PDF 612.59 K

# The moderating effect of Panax ginseng roots on the male reproductive system and heat shock protein 70 in heat-stressed Japanese quails

Suha A. Rasheed; Rana A. Asim; Heba M. Jasim

Page 853-859

10.33899/ijvs.2022.132356.2084

Show Article PDF 688.02 K

#### The role of DMSO and MSM in treatment of tendinopathies affection in equine: A comparative study

Hamid Akbar; Fiaz Ahmad; Muhammad Abid Hayat; Muhammad Arif Khan; Muhammad Yasin Tipu; Muhammad Talha Sajjad; Hafiz Manzoor Ahmad; Fawad Khalil

Page 861-868

10.33899/ijvs.2022.132428.2088

Show Article





#### The impact of various antioxidant supplementation on ram's sperm quality, fertilization, and early embryo development, in vitro

Saif O. Al-Hafedh; Fatin Cedden

Page 869-876

10.33899/ijvs.2022.132426.2092

Show Article





### Effect of garlic oil nanoemulsion against multidrug resistant Pseudomonas aeruginosa isolated from broiler

Amal S. El-Oksh; Dalia M. Elmasry; Ghada A. Ibrahim

Page 877-888

10.33899/ijvs.2022.132430.2094

Show Article PDF 813.02 K





#### Isolation and molecular detection of some virulence associated genes in avian pathogenic E. coli

Majid H. Hasan; Sameer M. Abdulla; Amjed H. Ulaiwi

Page 889-894

10.33899/ijvs.2022.132476.2095

Show Article



PDF 919.43 K

# Phylogenetic tree constructed of Salmonella enterica subspecies enterica isolated from animals and humans in Basrah and Baghdad governorates, Iraq

Maitham S. Sadig; Rasha M. Othman

Page 895-903

10.33899/ijvs.2022.132478.2096



#### Molecular description of melatonin receptor 1A gene in Iraqi buffalo

Hassan N. Habib; Khalaf A. Al-Rishdy; Murthda F. AL-Hellou

Page 905-912

10.33899/ijvs.2022.132532.2103

Show Article PDF 136 M





#### Histomorphometrical and histochemical study of the pancreas on the local dogs (Canis lupus familiaris)

Samyan L. Mostafa; Yahya Ahmed Mohammed

Page 913-922

10.33899/ijvs.2022.132567.2105





#### Clinical and molecular detection of Sarcoptes scabiei in the Iraqi camels

Mohammad H. Al-Hasnawy; Hamed A. Al-Jabory; Lina S. Waheed

Page 923-930

10.33899/ijvs.2022.132573.2106

Show Article





# Pregabalin potentiates the analgesic effect of tramadol, diclofenac and paracetamol in chicks: Isobolographic analysis

Qutaiba M. Mohammed; Yasser M. Albadrany

Page 931-937

10.33899/ijvs.2022.132586.2108

Show Article





# Molecular detection of mecA gene in methicillin-resistant Staphylococcus aureus isolated from dairy mastitis in Nineveh governorate, Iraq

Omar H. Sheet

Page 939-943

10.33899/ijvs.2022.132643.2115

Show Article PDF 492.39 K





# Multi-drug resistant phenotypes of extended-spectrum β-lactamase (ESBL)-producing E. coli from layer chickens

Adewale Olopade; Asinamai A. Bitrus; Asabe H. Halimat Momoh-Zekeri; Pwaveno H. Bamaiyi

Page 945-951

10.33899/ijvs.2022.132655.2117





# Molecular identification of virulence genes of Pseudomonas aeruginosa isolated from fish (Cyprinus carpio) in Mosul city

Asmaa J. Altaee; Sumaya Y. Aldabbagh

Page 953-958

10.33899/ijvs.2022.132660.2119

Show Article





# Morphometric characterization of purebred Arabian horses for galop racing (Born and raised in Algeria)

Ahmed R. Benia; Sidi M. Selles; Naceur Benamor

Page 959-966

10.33899/ijvs.2022.132670.2120

Show Article PDF 701.16 K





# Assessment of ova collection with or without centrifugation after ovarian slicing for In vitro fertilization of slaughterhouse specimens of Iraqi Awassi ewes

Faten F. Mustafa; Uday T. Naoman

Page 967-972

10.33899/ijvs.2022.132707.2122

Show Article PDF 717.77 K





# Comparing efficacy of the platelet rich plasma and advanced platelet rich fibrin on tibial bone defect regeneration in dogs

Sarah A. El-shafey; Abd El-mageed F. El-Mezyen; Ahmed S. Behery; Mustafa Abd El Raouf

Page 973-980

10.33899/ijvs.2022.132765.2129





# Morphohistopathological alteration in the gills and central nervous system in Cyprinus carpio exposed to lethal concentration of copper sulfate

Adeeb F. Saied; Shahbaa K. Al-Taee; Nidhal T. Al-Taee

Page 981-989

10.33899/ijvs.2022.132781.2131

Show Article PDF 101M





#### Clinicopathological and imaging features of hypertrophic osteopathy in dogs

Shimaa A. Ezzeldein; Yasmin Bayoumi; Eslam F. Eisa; Mohamed Metwally; Noura E. Attia; Mustafa Abd El Raouf

Page 991-997

10.33899/ijvs.2022.132804.2133

Show Article PDF 897.03 K





# Copper chitosan nanocomposite as antiviral and immune-modulating effect in broiler experimentally infected with chicken anemia virus

Dalia M. Elmasry; Mai A. Fadel; Farida H. Mohamed; Asmaa M. Badawy; Hanaa H. Elsamadony

Page 999-1009

10.33899/ijvs.2022.132826.2135

Show Article PDF 986.2 K





#### Interaction of meloxicam and phenylbutazone on the level of cyclooxygenase-2 in mice

Yaareb J. Mousa; Khalil A. Khalil; Mahmood B. Mahmood

Page 1011-1016

10.33899/ijvs.2022.132859.2140

Show Article PDF 667.48 K





### Genetic variants of the bone morphogenetic protein gene and its association with estrogen and progesterone levels with litter size in Awassi ewes

Marwa A. Ali; Alaa H. Kadhim; Tahreer M. Al-Thuwaini

Page 1017-1022

10.33899/ijvs.2022.132903.2143

Show Article PDF 931.46 K







#### The protective impacts of lipoic acid on diclofenac-induced hepatorenal toxicity in broiler chicks

Marwa R. Abdul-Ghani; Ahmed S. Naser

Page 1023-1027

10.33899/ijvs.2022.132915.2148

Show Article PDF 641.71 K





# Multivariable binary logistic regression model to predict risk factors of peste des petits ruminants in goat and sheep

Abdelrahman A. Sobeih; Khiry M. El-Bayoumi; Mahmoud S. El-Tarabany; Ahmed A. Abuel-Atta; Sherif A. Moawed

Page 1029-1034

10.33899/iivs.2022.132934.2151

Show Article PDF 599 53 K





Impact of sodium butyrate on stimulating of some host defense peptides and body performance in broiler vaccinated with different avian influenza (H9N2) vaccines

Mohanad B. Ghanim; Fanar A. Isihak

Page 1035-1040

10.33899/ijvs.2022.132960.2153

Show Article PDF 62725 K





#### Molecular analysis of Cryptosporidium species in domestic goat in central Iraq

Akeel M. Al-Musawi; Abdul Hussein H. Awad; Mansoor J. Alkhaled

Page 1041-1045

10.33899/ijvs.2022.132974.2155

Show Article PDF 780 27 K



# Coprological detection of Toxocariosis in domicile and stray dogs and cats in Sulaimani province, Iraq

Zana M. Rashid; Sadat A. Aziz; Othman J. Ali; Nawroz K. Kakarash; Hardi F. Fattah Marif

Page 1047-1051

10.33899/ijvs.2022.132976.2157

Show Article





#### Assessment of multiplex PCR for detection of FMDV, BVDV, BTV, and possible coinfection with Pasteurella multocida in cattle

Gawhara J. Abdelmonem; Ali M. Amer; Elsayed A. Hussein; Zeinab R. Aboezz; Ahmed R. Habashi; Saad S. Sharawi

Page 1053-1059

10.33899/ijvs.2022.132983.2158

Show Article PDF 770.82 K





#### Protective effect of propolis on liver and kidney injury caused by methotrexate in chicks

Maab A. Fadel; Manahel A. Abdullah; Saevan S. Al-Mahmood; Imad A. Thanoon

Page 1067-1061

10.33899/ijvs.2022.133021.2162

Show Article





#### The histological and histochemical features of the esophagus in local breed dogs (Canis familiaris)

Mohammed S. Dawood; Dhyaa A. Abood; Aseel Y. Hameza

Page 1069-1074

10.33899/ijvs.2022.133034.2164

Show Article





# The potential of Kebar grass extract on histopathological changes in kidneys of mice offspring from the parent exposed to carbofuran during the lactation period

Epy Muhammad Lugman; Ernestine Sisca Priyatna; Maslichah Mafruchati; Hani Plumeriastuti; Widjiati Widjiati; Viski Fitri Hendrawan

Page 1075-1082

10.33899/ijvs.2022.133065.2170

Show Article PDF 102 M





#### Molecular Identification of Pseudomonas aeruginosa in meat at Mosul city retails using PCR technique

Ibrahim M. Jawher; Muntaha G. Hasan

Page 1083-1087

10.33899/ijvs.2022.133086.2173

Show Article PDF 472.27 K





Anticonvulsant and antioxidant activities of crude flavonoid extract of Matricaria chamomilla L. against convulsions induced by pentylenetetrazole in chicks

Suleiman D. Suleiman; Jian S. Hassan

Page 1089-1095

10.33899/ijvs.2022.133120.2176

Show Article PDF 659.62 K





#### Immunohistochemical expression of proliferation markers in canine osteosarcoma

Waseem H. Al-Jameel; Hadil B. Al-Sabaawy; Firas M. Abed; Saevan S. Al-Mahmood

Page 1097-1102

10.33899/ijvs.2022.133138.2177

Show Article PDF 692 63 K





# Histomorphological and carbohydrate histochemical study of the pancreas in native ducks (Anas Platyrhynchos)

Saffanah K. Mahmood; Naziha S. Ahmed; Ghada A. Sultan; Mowaffak I. Yousif

Page 1103-1110

10.33899/ijvs.2022.133156.2183

Show Article





### The histologic effects of high doses of botulinum toxin a on the rabbit's salivary gland

Luma I. Khalel; Jawnaa Khalid Mammdoh; Abdullah A. Ahmed

Page 1111-1117

10.33899/ijvs.2022.133149.2184

Show Article





#### Acute toxicity events of ivermectin in chicks' model

Tamara K. Al-Najmawi; Muna H. Al-Zubaidy

Page 1119-1124

10.33899/ijvs.2022.133188.2188





# Effect of exogenous oxytocin on the expression of oxytocin receptor gene and uterine involution in local Iraqi cows

Barra D. Al-Watar; Khawla A. Hussein

Page 1125-1132

10.33899/ijvs.2022.133212.2190

Show Article







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# The potential of Kebar grass extract on histopathological changes in kidneys of mice offspring from the parent exposed to carbofuran during the lactation period

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#### **Article information**

#### Article history:

Received February 18, 2022 Accepted June 11, 2022 Available online June 12, 2022

#### Keywords:

Carbofuran Lactation Kidney Kebar grass extract Pesticide stress

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#### Abstract

This research aims to know the potential of kebar grass extract (*Biophytum petersianum*) in reducing the impact of kidney damage in mice offspring during the lactation period from parents exposed to carbofuran. Carbofuran, kebar grass extract, and vitamin C are exposed orally postnatal day 1<sup>st</sup> until the 14<sup>th</sup> postnatal day after delivery. Forty-two mice adults in the lactation period were randomly into seven groups. This group consisted of K (aquadest control), P1 (carbofuran  $^{1}$ 4 LD<sub>50</sub> 0.0125 mg/day), P2 (carbofuran 1/8 LD<sub>50</sub> 0.00625 mg/day), P3 (kebar grass extract 3.375 mg + carbofuran  $^{1}$ 4 LD<sub>50</sub>), P4 (kebar grass extract 3.375 mg + carbofuran 1/8 LD<sub>50</sub>), P5 (vitamin C 0.2 cc + carbofuran  $^{1}$ 4 LD<sub>50</sub>), and P6 (vitamin C 0.2 cc + carbofuran 1/8 LD<sub>50</sub>). On the 15<sup>th</sup> day of experimental, offspring were randomly selected and dissected, and the kidney was taken to make a histopathology sample. This study shows that carbofuran caused increased tubular degeneration, necrosis, and inflammation. Kebar grass extract could decrease tubular degeneration, necrosis, and inflammation. Kebar grass extract was more effective than vitamin C in reducing kidney damage in mice offspring during the lactation period from parents exposed to carbofuran.

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#### Introduction

Insecticides in agriculture are used to increase the quality and productivity of agricultural products. Using insecticides as a pest control has side effects on the environment (1). WHO estimates that there are 1-5 million cases of poisoning each year in agricultural work. In 2012 it was found that 700 farmers in Magelang District, Indonesia, were poisoned (0.8% severe; 8.1% moderate; 66.9% mild; and 24.28% normal). Carbofuran is often used and causes poisoning in humans and animals. Carbofuran was accumulated and found in meat, milk, fat tissue, placenta, agricultural products, fetuses, and umbilicus (2). In Blora Indonesia showed that the residual carbofuran in meat samples reached

169.17 ppb and 349.17 ppb in beef serum; the result exceeds the maximum residual limit (BMR) value (3). Improper use of carbofuran causes damage and malfunctions of body organs. Chronic poisoning disorders are found in the kidneys, liver, heart, and central nervous system. Other research shows that the damage in the kidneys of mice, such as tubular degeneration, tubular necrosis, and inflammatory cell infiltration, has similarly increased with the increase of the dose of carbofuran exposed the parent during lactation (4). Damage to the renal tubules of mice is related to the reaction of carbofuran compounds in the parent milk, the chemicals in the parent body will enter the capillaries, enter the milk, and be sucked by the child (5). Changes in the kidneys' structure are caused by the process of reabsorption

and excretion of these chemicals. Cell damage due to exposure to carbofuran is related to the formation of free radicals in the form of Reactive Oxygen Species (ROS) (1). ROS in particular (OH\*) can cause damage to DNA, lipids, and proteins. Excess ROS in tissue can cause oxidative stress (6). The ROS increase was marked by an increase in malondialdehyde (MDA) in the adult rat brain. Increased ROS can also decrease the brain's superoxide dismutase (SOD) and catalase (CAT) activity (7,8). Decreased catalase activity can reduce protection against free radicals in response to carbofuran (8). Damage from excess free radicals in the body requires external antioxidants to neutralize free radicals. Antioxidants are chemical compounds that can inhibit damage caused by the oxidation process (8). Flavonoids are a group of phenolic compounds which are good antioxidants and can be found in fruits and vegetables (9). Phenolic compounds as antioxidants have mechanisms as reducers, free radical scavengers, and metal binders and prevent the formation of singlet oxygen (9). One of the plants that contain flavonoids is Kebar grass (Biophytum petersianum). Kebar grass is an herbal plant that wildly grows in Papua, Indonesia (10). Other compounds contained in the Kebar grass are vitamin A and vitamin E, which works to destroy ROS compounds. Vitamin E is a fat-soluble antioxidant that can reduce lipid free radicals faster than oxygen (10).

The content of Kebar grass is expected to prevent damage due to exposure to carbofuran. Research on giving Kebar grass extract to the histopathological picture of the kidneys of mice needs to be done considering that kidney damage occurs such as degeneration, necrosis, and inflammatory cell infiltration due to the parent being exposed to carbofuran. This study aimed to determine the potential of the Kebar grass extract to decrease the histopathological picture of the kidneys of mice (*Mus musculus*) whose parents were given carbofuran during the lactation period orally. This research is expected to provide information on the potential of the Kebar grass extract on the histopathological picture of mice kidneys during lactation that was exposed to carbofuran in the mice parent.

#### Materials and methods

This study used a Completely Randomized Design (CRD) with seven treatments and six repetitions. The experimental animals consist of mice mother and offspring (*Mus musculus*) lactating aged 0-14 days. The study was carried out in the Animal Cage and Department of Veterinary Pathology of the Faculty of Veterinary Medicine for making kidney histology preparations.

#### **Ethical approve**

All experimental procedures were performed according to the guidelines for the care and use of animals as established by the Animal Welfare and Experimentation Ethics Committee, Faculty of Veterinary Medicine, Universitas Airlangga, with register number: 1.KE.107.06.2019 (June 27 2019).

#### Research materials and tools

The materials used in this study: mother mice (Mus musculus), Kebar grass (Biophytum petersianum Klotzsch), CMC Na, 70% ethanol, carbofuran (2,3-Dihydro-2,2dimethyl1-7-benzofuranol N-methylcarbamate 98%) from Aldrich Chemistry with Bellsatin Registry number 1428746, Product of USA. Pellet feed for mice, aqua dest as a carbofuran solvent, vitamin C, drinking water, husk as a base of the cage, ether, 10% formalin, and alcohol. The apparatus used in this study consists of plastic cages, wire mesh for experimental animal cages, drinking containers, sonde needles, test tubes, and a syringe of 3 ml. The tools used for the termination of mice are the anesthetic jar, surgical scissors, scalpel, tweezer, and small pot bottles. Equipment for kidney histology preparations includes object glass, cover glass, automatic tissue processor, water bath, hot plate, microtome, and blade kidney histology examination using Olympus® CX-41.

#### **Preparation of materials**

This research uses dried Kebar grass. The extract of Kebar grass was made at the Pharmacognosy and Phytochemical Laboratory of the Faculty of Pharmacy, Airlangga University. The dried grass is boiled in distilled water. Three hundred fifty grams of Simplicia of Kebar grass mashed are macerated in a tube for 3x24 hours with 70% ethanol solvent ratio 1:10, then filtered, and the dregs are macerated two times again with the same treatment. A rotary evaporator evaporates the macerate at a temperature of 30-40°C to form a thick extract. The extract was put in a bottle and stored in the refrigerator (11).

#### Methods

The pregnant mice were divided into seven groups, namely C, P1, P2, P3, P4, P5, and P6. The experimental animals were placed in plastic cages covered with wire and given husks as a base. Mice were fed pellets and drank equates through ad libitum every day during the study. Determination of the dosage of Kebar grass used in this study (11). Kebar grass provides an effective antioxidant effect to prevent oxidative stress by  $0.135 \, \text{mg/g}$  BW/day. With an average body weight of 25 grams of mice, the dosage used is  $0.135 \, \text{mg} \times 25 \, \text{g} = 3.375 \, \text{mg/25g/day}$ .

The carbofuran dose used the LD50 fraction for 14 days, namely ½ LD 50 (0.0125 mg/25g mice/day) and 1/8 LD50 (0.00625 mg/25mg mice/day) (7). Mice were given oral treatment during the lactation period from the first to the 14<sup>th</sup> day with Kebar grass, vitamin C, and carbofuran using 1 ml tuberculin. The treatments were described as follows: C in

the control group, P1 given carbofuran 1/4 LD50 (0.0125 mg/day), P2 was given carbofuran 1/8 LD50 (0.00625 mg/day), P3 was given Kebar grass extract 3,375 mg + carbofuran 1/4 LD50 (0.0125 mg/day), P4 was given Kebar grass extract 3,375 mg + carbofuran 1/8 LD50 (0.00625 mg/day), P5 was given vitamin C 5mg + carbofuran 1/4 LD50 (0.0125 mg/day), P6 was given vitamin C 5mg + carbofuran 1/8 LD50 (0.00625 mg/day). On the 15th day of treatment, the researcher performed surgery for kidney retrieval and made histological preparations. The kidneys were put into a pot containing a 10% buffered formalin solution. Then histopathology was made using HE staining.

The observation of the kidneys using a light microscope with a magnification of 100x and 400x in the kidney tubules with five different fields of view. Furthermore, the assessment is carried out by scoring the changes in the kidneys. Changes during practical include degeneration, tubular cell necrosis, and inflammatory cell infiltration (Table 1) (12).

#### Statistical analysis

The scoring changes in kidney preparations are analyzed with the SPSS version 23 using the Kruskall Wallis test followed by the Mann Whitney test at P<0.05.

Table 1: Scoring kidney histopathology

| Score | Tubular cell degeneration   |
|-------|---|
| 0     | There is no tubular cell degeneration                                 |
| 1     | There was tubular cell degeneration <25% of all fields view           |
| 3     | There was tubular cell degeneration in 26-50% of all fields view      |
| 5     | There was tubular cell degeneration >50% of all fields view           |
| Score | Tubular cell necrosis   |
| 0     | There is no tubular cell necrosis                                     |
| 1     | There was tubular cell necrosis <25% of all fields view               |
| 3     | There was tubular cell necrosis in 26-50% of all fields view          |
| 5     | There was tubular cell necrosis >50% of all fields view               |
| Score | Inflammatory cell infiltration  |
| 0     | There is no inflammatory cell infiltration                            |
| 1     | There was inflammatory cell infiltration <25% of all fields view      |
| 3     | There was inflammatory cell infiltration in 26-50% of all fields view |
| 5     | There was inflammatory cell infiltration >50% of all fields view      |

#### Results

#### **Degeneration**

The researcher made observations regarding microscopic degeneration of the kidney preparations of the mice with HE staining. Degeneration is characterized by cell cytoplasm swelling and cloudiness due to vacuoles. The results of degeneration observations can be seen in Table 2. The statistical analysis results based on Table 2 showed a

significant difference between the K treatment group and the P1, P2, P3, P4, P5, and P6 groups. There was a significant difference between the P1 treatment and the P2, P3, P4, P5, and the P6 treatments. In addition to a significant difference between P2 and P3, P4, P5, and P6. There is a significant difference between P3 and P4, P5, and P6. There is a significant difference between the P4, P5, and P6 groups, and there was a significant difference between P5 and P6 (Figure 1).

Table 2: Scoring results in kidney damage in mice offspring

| Treatment   | Degeneration          | Necrosis            | Inflammatory Infiltration |
|---|-----------------------|---------------------|---------------------------|
| C (control)   | $0.00^{a}\pm0.00$     | $0.00^{a}\pm0.00$   | $0.00^{a}\pm0.00$         |
| T1 (carbofuran 1/4 LD <sub>50</sub> )                               | $4.73^{g}\pm0.23$     | $4.73^{g}\pm0.46$   | $4.60^{g} \pm 0.00$       |
| T2 (carbofuran 1/8 LD <sub>50</sub> )                               | $3.93^{f} \pm 0.23$   | $3.80^{f}\pm0.00$   | $3.66^{\circ}\pm0.23$     |
| T3 (carbofuran 1/4 LD <sub>50</sub> + Kebar grass extract 3.375 mg) | $1.40^{\circ}\pm0.00$ | $1.33^{c}\pm0.11$   | $1.33^{\circ} \pm 0.11$   |
| T4 (carbofuran 1/8 LD <sub>50</sub> + Kebar grass extract 3.375 mg) | $0.80^{b}\pm0.20$     | $0.86^{b}\pm0.11$   | $0.86^{b}\pm0.11$         |
| T5 (carbofuran 1/4 LD <sub>50</sub> + vitamin C)                    | $2.86^{e}\pm0.23$     | $3.00^{e} \pm 0.40$ | $3.00^{e}\pm0.00$         |
| T6 (carbofuran 1/8 LD <sub>50</sub> + vitamin C)                    | $2.06^{d}\pm0.23$     | $2.06^{d}\pm0.23$   | $1.93^{d} \pm 0.23$       |

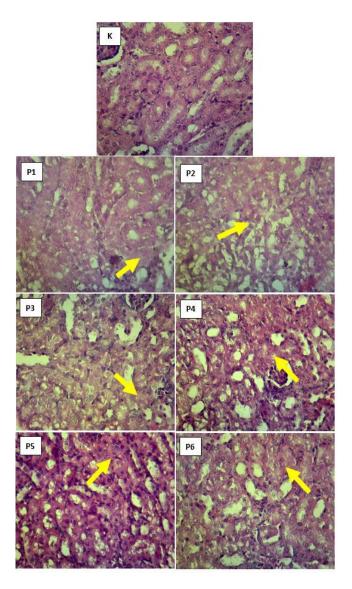


Figure 1: Microscopic picture of tubular degeneration in the kidney mice. Arrows indicate degeneration (arrow). HE staining (scale bar =  $40 \mu$  m).

#### **Necrosis**

Assessment of necrosis was carried out by microscopic observation of the kidney preparations of the mice (*Mus musculus*) stained with HE staining. Observations were made using a 400x magnification microscope. There is necrosis in the presence of pyknosis, karyorrhexis, and karyolysis. The results of necrosis observations can be seen in table 2. The statistical analysis results based on table 2 showed a significant difference between the C treatment group and the P1, P2, P3, P4, P5, and P6 groups. There was a significant difference between the P1 treatment and the P2, P3, P4, P5, and P6 treatments. There is a significant difference between P2 and P3, P4, P5, and P6. There is a significant difference

between P3 and P4, P5, and P6. There was a significant difference between the P4 and P5, and P6 groups, and there was a significant difference between P5 and P6 (Figure 2).

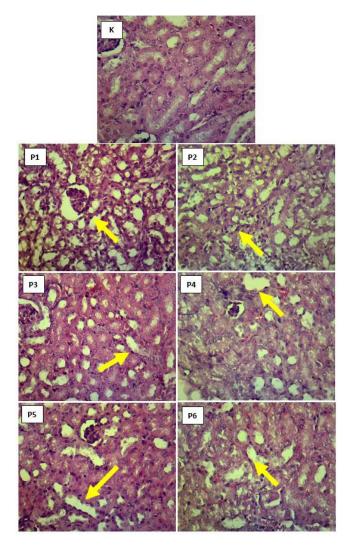


Figure 2: Microscopic picture of tubular necrosis in the kidney mice. Arrows indicate necrosis (arrow). HE staining (scale bar =  $40~\mu$  m).

#### Inflammatory cell infiltration

The assessment of inflammatory cell infiltration was carried out by microscopic observation of the kidney preparations of the mice (*Mus musculus*) stained with HE staining. Observations were made using a microscope with a magnification of 400x in the interstitial renal tubules. The presence of inflammatory cell infiltration is seen in the interstitial renal tubules. The results of inflammatory cell infiltration observations can be seen in table 2. The statistical analysis results based on table 2 showed a significant difference between the C treatment group and the P1, P2, P3,

P4, P5, and P6 groups. There was a significant difference between the P1 treatment and the P2, P3, P4, P5, and P6 treatments. There is a significant difference between P2 and P3, P4, P5, and P6. There is a significant difference between P3 and P4, P5, and P6. There was a significant difference between the P4 and P5, and P6 groups, and there was a significant difference between P5 and P6 (Figure 3).

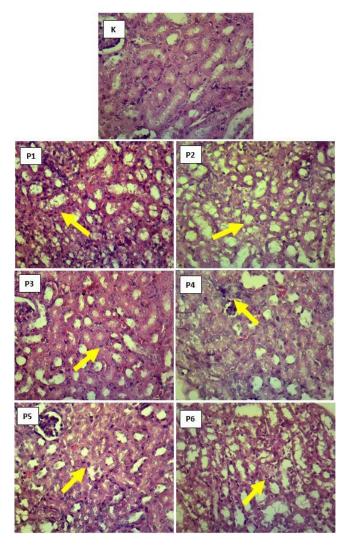


Figure 3: Microscopic picture of inflammatory cell infiltration in the kidney mice. Arrows indicate inflammatory cell infiltration (arrow). HE staining (scale bar =  $40 \mu$  m).

#### Discussion

Carbofuran is metabolized in the body by cytochrome P450 to produce a systemic 3-hydroxy carbofuran which causes an increase in the toxic activity (13). Toxic manifestations are attributed to the carbamate group resulting in the presence of ROS and the formation of free radicals

(14). ROS increase can decrease superoxide dismutase (SOD) and catalase (CAT) activity in the brain. Decreased catalase activity can reduce protection against free radicals in response to carbofuran (8). Excess ROS in tissues can cause oxidative stress due to ROS imbalance with antioxidant compounds in the body (6). Research by Luqman et al. (7) shows that exposure to carbofuran to the parent during lactation causes an increase in the MDA levels in the brains of breastfed mice. Carbofuran is a broad-spectrum insecticide with lipophilic characteristics and can enter parent breast milk (15). The lipophilic nature of carbofuran will form lipid peroxidation in the kidneys after binding with lipids from membra kidney cells. Phospholipids, the main elements of the plasma membrane, are subject to lipid peroxidation, increase free radical production, and cause oxidative stress and cell membrane damage (16). Damage to the cell membrane causes a shift in cell load, changes in osmotic pressure, the appearance of swelling, and cell death. The kidneys are a critical target for xenobiotic compounds in the body, thus becoming a chemical excretion pathway and allowing for nephrotoxic effects (17).

Kebar grass, as an antioxidant, contains flavonoids which are useful for preventing cell damage due to oxidative stress. Flavonoids have a direct or indirect mechanism of action as antioxidants. Antioxidants directly donating hydrogen ions can neutralize the toxic effects of free radicals. Flavonoids as antioxidants can indirectly increase endogenous antioxidant gene expression. One of the increases in gene expression is the activation of nuclear factor erythroid two related factor 2 (Nrf2), which then increases genes that function in the synthesis of endogenous antioxidant enzymes, such as the SOD gene (18). The vitamin A and vitamin E content in Kebar grass also function actively as antioxidants. Vitamin A reacts with free radicals and makes free radicals stable (15). Vitamin E can inhibit oxidation reactions by binding to vitamin E radicals due to breaking free radicals into free vitamin E, which can function again as antioxidants (19).

One kidney damage caused by toxic compounds is to show a picture in the form of degeneration in tubular cells. Degeneration is when cells lose their standard structure due to influences inside and outside the cell. Metabolic disorders characterize degeneration. Carbofuran can disrupt metabolic reactions resulting in ATP reduction, energy for cells, and changes in cell membranes. This affects the cation pump, increasing water and ions permeability (20). At the cell membrane level, cells will release metabolic energy to pump sodium ions out of the cell to maintain a stable internal environment. Toxic compounds that disrupt the energy in cells or cell membranes result in cells being unable to pump sodium ions. There is an increase in sodium concentration ions in the cell, followed by the entry of water into the cell, and there is swelling of the cell, and the cytoplasm looks cloudy. In this study, there is an increase in degeneration in line with the increase in carbofuran dose presented. The P1 and P2 groups showed a significant difference (P<0.05). Cell swelling or degeneration is a reversible injury and the first manifestation that occurs due to the inability of cells to maintain ion and fluid homeostasis. If the toxic compounds are removed, cells can return to normal. These changes are a mild disturbance from normal conditions (21).

In the P3 and P4 groups, giving the Kebar grass extract before the parent was exposed to carbofuran decreased the picture of renal tubular degeneration. The antioxidant content in flavonoids and vitamin E in the extract of Kebar grass can reduce kidney damage because it can prevent and inhibit the toxic effects of carbofuran on the kidneys. This result is also consistent with the research conducted by Rabiah et al. (22), giving vitamin E as an antioxidant can maintain the integrity of cell membranes and provide protection against cell damage in the kidneys. Vitamin E can be a hydrogen ion donor that can convert peroxyl radicals into less effective tocopherol radicals so that the fatty acid chains cannot be broken. The content of flavonoids can also increase the regeneration process, provide a competitive substrate for unsaturated lipids, and repair damaged cell membranes faster decrease degeneration. Giving vitamin C to groups P5 and P6 reduced renal degeneration due to exposure to carbofuran. Vitamin C is an antioxidant that can reduce free radicals by inhibiting lipid peroxidation and preventing cell damage from occurring (23).

Necrosis is a continuation of degeneration that has passed the point of no return and irreversible damage due to the failure of cells to maintain their balance. Damaged cell membranes result in a shift in cell load, changes in osmotic pressure, swelling, and cell death. The toxic activity due to carbofuran due to ROS can induce oxidative damage by increasing lipid peroxidation. Increased ROS is one of the free radicals that result in toxicity and cell death. The levels of antioxidants in the body are not sufficient to compensate for free radicals. The cells will experience necrosis (24).

High concentrations of toxic compounds in the body can cause reactions with all cell components, thereby suppressing cell function, resulting in cell death and organ damage. Damage in cells is because of the toxic coagulation of proteins in the protoplasm and nucleus. The microscopic image shows a change in the nucleus that loses chromatin, becomes wrinkled, no longer vascular, the nucleus becomes solid, dark in color, divided into fragments, and the core is no longer colored. Groups P1 and P2 showed an increase in necrosis due to exposure to carbofuran. Necrosis increased with increasing carbofuran dose. The necrosis in the tubules is due to the toxic carbofuran compound in the bloodstream. Carbofuran is absorbed by the glomerulus and then goes to the tubule. After arriving at the tubule, it will be metabolized into the water more efficiently, then it is easier to enter the cell and affects the metabolism of mitochondria. The longer the kidneys are exposed to toxic compounds, the greater the amount of kidney tissue experiencing necrosis.

The extract of the Kebar grass given to the P3 and P4 groups gave a decrease in renal necrosis in mice. The decrease in necrosis in the P3 group was smaller than that of the P4 group. This is because the dose of carbofuran exposed at P4 was less than the P3 group. The decrease in kidney necrosis is due to the antioxidant content present in the extract of Kebar grass, such as flavonoids, vitamin A and vitamin E. Vitamin E as an antioxidant can break the chains in the membrane, which can prevent cell damage due to lipid peroxidation and inhibit the occurrence of free radicals (25). Flavonoids also have the potential to prevent lipid peroxidation at the initiation stage with the radical scavenger, and the propagation reaction is prevented by the peroxyradical scavenger (26). Giving vitamin C to groups P5 and P6 showed decreased renal necrosis in mice and significantly differed. Ascorbic acid is an exogenous antioxidant that can reduce free radicals, inhibit lipid peroxidation, and prevent cell damage (23).

Groups P1 and P2 showed an increase in inflammatory cell infiltration in the interstitial lumen of the renal tubules of mice in proportion to the dose of carbofuran exposure given to the parent. Inflammatory cells are the body's response to tissue damage caused by pathogenic agents, dead cells, irritants, foreign bodies, physical injuries, burns, radiation, or toxic compounds. Inflammatory cells are avascular reactions in the delivery of fluids, solutes, and cells from the blood circulation to the interstitial tissue in injury or necrosis. Necrosis stimulates an inflammatory response by secreting inflammatory cytokines IL-6 to activate NFKB, p38, and MAPK (27).

Groups P3 and P4 gave a significant difference and decreased the infiltration of inflammatory cells in the interstitial lumen of the renal tubules of mice. The P4 group had a more significant decrease in inflammatory cell infiltration than the P3 group because the carbofuran dose given to P4 was less than P3. The content of Kebar grass can also repair damaged kidney cells so that inflammatory cells have decreased. Antioxidants in Kebar grass, such as flavonoids, can bind Cu and Fe metal ions to form ROS (25). Binding metal ions can reduce oxidative damage to cells and prevent inflammatory cell infiltration. Groups P5 and P6 with vitamin C administration decreased inflammatory cell infiltration and gave a significant difference. The provision of vitamin C as an antioxidant can neutralize and protect from the effects of free radicals and improve cells' functional structure due to exposure to free radicals (26).

#### Conclusion

The administration of Kebar grass extract on mice during the lactation period which was exposed carbofuran orally to the parent, could reduce the histopathology of the mice offspring's kidneys. Giving Kebar grass extract can have a better effect than giving vitamin C in reducing kidney damage in mice offspring, such as degeneration, necrosis, and inflammatory cell infiltration.

#### Acknowledgments

The authors express sincere thanks to the Ministry of Research, Technology and Higher Education of the Republic of Indonesia for funding research and the Dean Faculty of Veterinary Medicine for providing all necessary facilities and funds for conducting research work.

#### Conflict of interest

The authors declare that there are no conflicts of interest regarding the publication of this manuscript.

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تاثير مستخلص عشب الكبار على التغيرات النسيجية المرضية في كلية صغار الفئران من خلال الامهات التي تعرضت للكاربوفيوران خلال فترة الرضاعة

ارنستین سیسکا برایاتنا ، ماسلشاح مفروکاتی ، هانی بلومیریاستوتی ، وجاتی وجاتی ، فیسکی فتری هندراوان ، ابی محمد لقمان '

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#### الخلاصة

يهدف هذا البحث إلى معرفة إمكانات مستخلص عشب الكبار (Biophytum petersianum) في الحد من تأثير تلف الكلى في صغار

الفئران خلال فترة الرضاعة في الامهات المعرضات للكاربوفيوران. الكاربوفيوران، ومستخلص عشب الكبار، وفيتامين س استخدمت عن طريق الفم من اليوم الأول بعد الولادة وحتى اليوم الرابع عشر بعد الولادة. تم تقسيم ٤٢ فأرًا بالغًا في فترة الرضاعة بشكل عشوائي إلى سبع مجموعات. تضمنت المجموعات ما يلي، K (مجموعة السيطرة) ، P1 (كاربوفيوران 1/4 LD50 0.0125 ملغم / يوم) ، P2 (كاربوفيوران ١/١ LD50 0.00625 ملغم / يوم) ، P3 (مستخلص عشب الكبار CD50 0.00625 ملغم + كاربوفيوران 1⁄4 LD50 ) ، P4 (كبار مستخلص العشب ٣,٣٧٥ ملغم + كاربوفيوران ٨/١ LD50 مل + وفيتامين س ٠,٢ مل + كاربوفيوران 1/4 LD50 ) ، P6 (فيتامين س ٠,٢ مل + كاربوفيوران ١/٨ LD50). في اليوم الخامس عشر من التجربة ، تم اختيار صغار الفئر ان بشكل عشو ائي وتم تشريحها ، وأخذت الكلية لعمل عينات الفحص النسجى. اظهر هذه الدراسة أن الكاربوفيوران تسبب في زيادة التنكس الأنبوبي والنخر والالتهاب. وأن عشب الكبار من الممكن ان يقلل من التنكس الأنبوبي والنخر والالتهاب. ايضا كان مستخلص عشب الكبر أكثر فعالية من فيتامين س في الحد من تلف الكلى في صغار الفئران خلال فترة الرضاعة من الامهات التي تعرضت للكاربوفيوران.