# Judul: Effect of Home-Based Exercise Training on Plasma Vascular Endothelial Growth Factor and Ankle-Brachial Index in Patients with Mild Peripheral Artery Disease: A Pilot Study

# **Submission**

4/23/22, 6:44 PM

Email Airlangga University - Submission Confirmation for VDM19021R1



nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id>

# Submission Confirmation for VDM19021R1

2 pesar

Vascular Disease Management <em@editorialmanager.com> Balas Ke: Vascular Disease Management <llebano@naccme.com> Kepada: Johanes Nugroho <j.nugroho.eko@fk.unair.ac.id> 26 Juli 2019 07.48

Ref.: Ms. No. VDM19021R1

Effect of Home-Based Exercise Training on Plasma Vascular Endothelial Growth Factor and Ankle-Brachial Index in Patients with Mild Peripheral Artery Disease: A Pilot Study

Dear Dr Nugroho,

Vascular Disease Management has received your revised submission.

You may check the status of your manuscript by logging onto Editorial Manager at (https://www.editorialmanager.com/vdm/).

Kind regards,

In compliance with data protection regulations, you may request that we remove your personal registration details at any time. (Use the following URL: https://www.editorialmanager.com/vdm/login.asp?a=r). Please contact the publication office if you have any questions.

nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id> Kepada: nugicardio1@yahoo.com 26 Juli 2019 18.16

[Kutipan teks disembunyikan]

## Review

4/23/22, 6:45 PM

Email Airlangga University - PDF of VDM article for review



nugroho eko putranto J. 引.nugroho.eko@fk.unair.ao.id>

## PDF of VDM article for review

3 pesan

Lauren LeBano < liebano@naccme.com>

19 November 2019 04.21

Kepada: "nugroho eko putranto J." <j.nugroho.eko@fk.unair.ac.id>

Dear Dr. Nugroho,

I've attached a PDF of your research article, "Effect of Home-Based Exercise Training on Plasma Vascular Endothellal Growth Factor and Ankie-Brachial Index in Patients With Mild Peripheral Artery Disease: A Pilot Study," which is scheduled to be published in VDM in December. Please review the PDF and let me know if there are any edits/changes by Friday, 11/22.

Thank you!

Lauren

Lauren LeBano

MANAGING EDITOR Vascular Disease Management

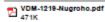
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nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id>

Kepada: Lauren LeBano «llebano@naccme.com»

30 November 2019 07.56

4/23/22, 6:45 PM

Email Airlangga University - PDF of VDM article for review

Dear Mr. LeBano,

We've reviewed the manuscript. We've confirmed that there is no any edits/changes . Thank you

Best regards. Johanes Nugroho

[Kutipan teks disembunyikan]

Lauren LeBano <lebano@naccme.com>

2 Desember 2019 21.37

Kepada: "nugroho eko putranto J." <j.nugroho.eko@fk.unair.ac.id>

Thank you, Dr. Nugroho. We'll be publishing the article this week. We've enjoyed working with you and invite you to submit again in the future.

Kind regards.

(Kutipan teks disemburyikan)



nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id>

## Decision Letter for Your Submission

3 pesan

Vascular Disease Management <em@editorialmanager.com> Balas Ke: Vascular Disease Management < llebano@naccme.com> Kepada: Johanes Nugroho < j.nugroho.eko@fk.unair.ac.id>

2 Agustus 2019 21.44

Ref.: Ms. No. VDM19021R1

Effect of Home-Based Exercise Training on Plasma Vascular Endothelial Growth Factor and Ankle-Brachial Index in Patients with Mild Peripheral Artery Disease: A Pilot Study

Vascular Disease Management

Dear Dr Nugroho,

I am pleased to tell you that your work has now been accepted for publication in Vascular Disease Management.

We will be in touch with copyright/disclosure paperwork to complete prior to publication, and we will have a PDF for you to review prior to publication as well.

Thank you for submitting your work to this journal, and feel free to reach out to me with any questions.

With kind regards

Lauren LeBano Managing Editor Vascular Disease Management

With kind regards

Lauren LeBano Managing Editor Vascular Disease Management

Comments from the Editors and Reviewers(if any):

In compliance with data protection regulations, you may request that we remove your personal registration details at any time. (Use the following URL: https://www.editorialmanager.com/vdm/login.asp?a=r). Please contact the publication office if you have any questions.

nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id> Kepada: nugicardio1@yahoo.com

3 Agustus 2019 05.16

[Kutipan teks disembunyikan]

nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id> Kepada: nugicardio1@yahoo.com

6 Desember 2020 18.10

LOA VDM

Forwarded message -

Dari: Vascular Disease Management <em@editorialmanager.com>

Date: Jum, 2 Agu 2019 pukul 21.43 Subject: Decision Letter for Your Submission

To: Johanes Nugroho <j.nugroho.eko@fk.unair.ac.id>



nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id>

# VDM article paperwork to complete before publication

Lauren LeBano < llebano@hmpglobal.com> Kepada: "j.nugroho.eko@fk.unair.ac.id" <j.nugroho.eko@fk.unair.ac.id> 8 November 2019 03.57

Dear Dr. Nugroho,

Thank you again for the article you submitted to VDM, entitled "Effect of Home-Based Exercise Training on Plasma Vascular Endothelial Growth Factor and Ankle-Brachial Index in Patients with Mild Peripheral Artery Disease: A Pilot Study."

We are in the process of preparing the article for publication and would appreciate if you could complete the following:

- (1) The copyright transfer form. Please have all authors sign.
- (2) The ICJME conflict of interest form. Note that we require a form for each author regardless of whether there are any disclosures.

Could you return the above items by Tuesday, November 12th?

Additionally, please note that we will also be sending a final PDF for your review once layout is complete with our art department. We look forward to sharing your work with VDM readers!

Thank you!

Kind regards,

Lauren

Lauren LeBano

MANAGING EDITOR Vascular Disease Management

IO Learning

NACCME | An HMP Company 104 Windsor Center Drive, Suite 200

East Windsor, NJ 08520

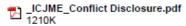
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## 2 lampiran





nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id> Kepada: Lauren LeBano < llebano@hmpglobal.com>

12 November 2019 10.24

Dear Mr. LeBano,

Please find requested documents in attachment.

Best regards, Johanes Nugroho [Kutipan teks disembunyikan]

# 3 lampiran





ICJME\_Conflict Disclosure Risa Titis Wijayanti.pdf 1225K

Lauren LeBano <llebano@hmpglobal.com> Kepada: "nugroho eko putranto J." <j.nugroho.eko@fk.unair.ac.id> 12 November 2019 21.17

Thank you, Dr. Nugroho.

[Kutipan teks disembunyikan] [Kutipan teks disembunyikan]



nugroho eko putranto J. <j.nugroho.eko@fk.unair.ac.id>

# VDM19021 - Decision Letter

2 pesan

Vascular Disease Management <em@editorialmanager.com> Balas Ke: Vascular Disease Management < llebano@naccme.com> Kepada: Johanes Nugroho < j.nugroho.eko@fk.unair.ac.id>

16 Juli 2019 04.06

Ref.: Ms. No. VDM19021

Effect of Home-Based Exercise Training on Plasma Vascular Endothelial Growth Factor and Ankle-Brachial Index in Patients with Peripheral Artery Disease Vascular Disease Management

Dear Dr Nugroho,

The reviewers and our clinical editor have completed their review of your manuscript, and they have provided suggestions for minor revisions. For your guidance, reviewers' comments are appended below.

To submit a revision, go to https://www.editorialmanager.com/vdm/ and log in as an Author. You will see a menu item call Submission Needing Revision, and you will find your submission record there. If you have any questions, feel free to reach out to me at llebano@naccme.com.

Thank you! Kind regards,

Lauren LeBano Managing Editor Vascular Disease Management

Reviewers' comments (if any):

Reviewer 1: I would like to commend your efforts to addressing the never-ending question regarding the levels VGEF and exercise. To my surprise was the rapid change in ABI over the course of 8-10 weeks.

Overall good initial start, but I would have liked a more detailed description of your you exercise routine in the methodology. Obviously, a larger sample size and reproducibility of the data would have a substantial impact. Also, the level of the arterial disease state and/or prior revascularization status should have been included (Iliac, fem-popliteal, or infrapopliteal disease).

Reviewer 2: Really small study where relatively young individuals with mild PAD (based on baseline mean ABI 0.85-0.86) who underwent rather \*intensively\* titrated (Vo2 Max 40% --> >60% in 6 weeks), rigorous (average 40-50 minutes of metro non-based exercise daily), short-term (4 weeks), closely "monitored" (4 visits during 8 weeks, yet) exercise program.

--> Strongly CONSIDER changing the title to more accurately reflect the study. Consider something like: << Effect of Home-Based Exercise Training on Plasma Vascular Endothelial Growth Factor and Ankle-Brachial Index in Patients with Mild Peripheral Artery Disease: A Pilot Study>>

Please provide the following information about the participants: Definition of claudication (classic versus atypical), previous intervention. These factors (along with and PAD in the contralateral leg are independently predictive of PAD progression).

Plesae indicate the method you followed to calculate the ABI: The higher of DP and PT SBP in each side devided by the higher SBP of the brachial arteries (versus average of DP and PT SBP devided by brachial SBP)

How many times was the ABI obtained in each session (once and recorded, 2 or more values and the average recorded)

Was the tech performing the ABI blinded to the patient being in this study?

Please add the ABI and VEGF levels at abseline and at end of study for the 4 individuals who had bilateral leg disease https://mail.google.com/mail/u/0/?ik=2031267375&view=pt&search=all&permthid=thread-f%3A1639159916705884725&simpl=msg-f%3A1639159916... 1/2