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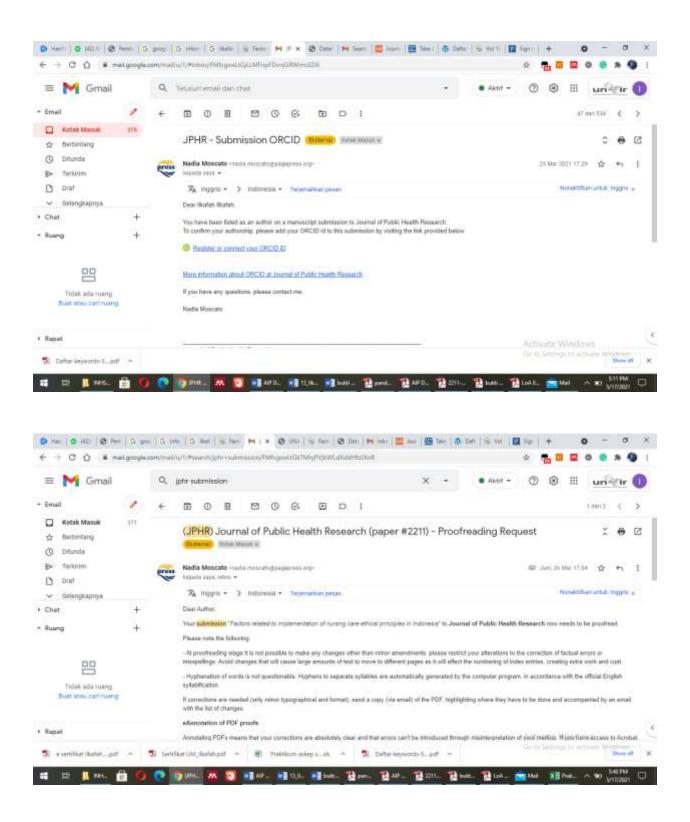
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1	Original Article
2	
3	Factors Related to Implementation of Nursing Care Ethical Principles in Indonesia
4	
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9	Running title: Caring, ethical principles, nurses, nursing care
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Contributions: All authors contributed equally to this article. 18 Conflict of interests: The author declares authors declared no potential conflict of interest. 19 Funding: This study was financially supported by Faculty of Vocational Studies, Universitas Airlangga, Surabaya 20 21 Clinical trials: This study has been approved by health research ethics committee of Faculty of 22 Nursing, Universitas Airlangga, Surabaya (No. 2063-KEPK) 23 Conference presentation: Part of this paper study was presented at the 1st International Nursing 24 and Health Sciences Symposium, 2020-on November 13-15, 2020, Malang, Jawa Timur, 25 Indonesia 26 27 Significance for public health: Nurses are health workers who are at the side of the patient 24 hours in the caring for 28 29 patients all day. The implementation of nursing services should provide goods nursing care and 30 always make provisions for good care, uphold the nursing code of ethics and ethics, apply the 31 ethical principles of nursing while providing principles, and other related services. There are 32 seven ethical principles of nursing; namely autonomy, non-maleficence, beneficence, justice, veracity, fidelity, and confidentiality. The implementation of nursing ethics depends on on, the 33 34 personal nurse itself nurse, and other factors that can serve as an influence. This paper describes 35 study discusses, the factors related to implementation of nursing care ethical principles principles. in Indonesia. 36 37 38 Abstract 39 Background: The implementation of ethical principles in nurses is crucial in carrying out nursing 40

care because care, since it is one part of the 12 basics competencies basic competencies, that must should be possessed by a nurse. Many factors influence In line with the nurse's behavior in acting

by ethical principles, many factors were observed to influence nurses' behaviours. This study aims

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to analyze the factors associated with the implementation of <u>nurses'</u> ethical <u>principles by</u> <u>nurses.principles.</u>

Design and Methods:

This study used a quantitative research design design, with a cross-sectional approach. The study participants consisted of 389 nurses, working in the medical wards ward of hospitals the hospitals, in Indonesia. The questionnaire from the New Zealand Nurse Association was adopted and developed developed, based on the Indonesian nursing ethics code and performed code, while also performing a reliability test, with the Cronbach's alpha value of on 30 respondents was at 0.887. Questionnaire of earing The questionnaire was adopted from Watson Watson, with the lowest validity and reliability 0.710 of 0.710, and the highest 0.970 so that at 0.970, in a bid to validate all question items are validitems. The dependent variable is the implementation of ethical principles, while that of the independent variable is are, age, gender, education, length of work, marital status, position, and caring behavior-behaviour. Bivariate Furthermore, the bivariate analysis of ethical behavior-behaviour with the demographic factors was carried out, by using t-test and anova testmethod. The Also, the relationship between caring and ethical behaviour was carried out, using Pearson test pearson and multiple linear regression test.

Results:

There were no significant relationships between the demographic factors and the ethical behaviour. There <u>were was a relationship between caring behavior behaviour and the application of ethical principles (p = 0.000-000, and a correlation coefficient of 0.602).</u>

Conclusion:

Nurse ethical behavior can be improved behaviour was improved, by increasing nurse their caring behaviorattitude.

Introduction

The ethical aspect of nursing is <u>very</u> important for nurses in health services. Most of the issue of <u>nursing ethics medical ethics</u>, occurs in the implementation of nursing <u>care care</u>, whether <u>on purposel accidental</u> or <u>accidental by nurses not</u>. Complaints The complaints from <u>patients are patients</u>, are about the indifference of <u>nurses nurses</u>, to <u>patients them</u>, and <u>their families</u>. The The number of <u>cases of ethical case</u> violations that <u>occur occurred</u> in <u>Indonesia Indonesia</u>, such as the <u>as</u>, the <u>blistered baby was blistered because abandoned by the nurse left himnurse</u>, the wrong injection, <u>patients fall mishandling of patients</u>, <u>and</u> the neglect of the patient so that it is late in getting <u>treatment carly treatment</u>, proves that the services <u>provided by nurses do provided</u>, does not <u>pay attention to meet the</u> ethical principles.

In many easesstudies, it appears that cases showed that, the services provided by nurses are not following the established nursing code of ethicsestablished ethic codes. Nurses want to be said are expected to be professional but in the process of implementation professionals, however, they are still when this is not appropriate and violate appropriately implemented, it results in the violation of the established eode of ethicsethic codes. Many medical errors occur in the scope of nursing practice. Medical errors occur not, because of nurses' inabilities to meet the incompetence of nurses, but of not fulfilling basic human needs.² In the East Java region, ethical violations violations carried out by nurses still nurses often occurinclude, among others; nurse camera selfies in the operating room, sexual abuse, and, neglect of babies, etc. Based Also, based on student practice reports, it was observed that, there are still many nurses who that yell at patients, do not care, and often take nursing actions without informed consent. The results of the study show that showed that, nurses still have difficulty making ethical decisions difficulties in making decisions, and their application so that they try to teach seven applying the ethical principles to health workersnursing care.³

It is important to apply ethical principles so as not to cause harm principles to patients, without causing no harm. This loss can The ignorance to these ethical principles, cause physical

and emotional injury injuries, such as feelings of dissatisfaction, disability, and even death, and patient with patients safety will never to be realized. Besides, it will cause patient Furthermore, patients' dissatisfaction which caused by these ignorant attitudes, ultimately hurts-tarnish the image of the nurse-nurses and hospital reduce the hospital's income, the patient is not satisfied, as patients become unhappy with the services provided, so they will not go which in turn stops them from going back to that place because they feel dissatisfied with the services provided for treatment. Another impact that appears on Another case observed about nurses is that nurses are seen as disrespectful and a bad image of nurses that, they are being portrayed by patients as being disrespectful, so that patients do not trust and doubt which leads to loss of trust, in the skills potentials of nurses their medical skills. Nurses who see that observe ethical principles principles, and apply them them in nursing services to patients will provide patient care provides, adequate satisfaction, and maintain good relationships between nurses, patients, between the patients and other health workers so that clients feel confident workers, in a bid to build clients' confidence in the health services. Patients feel safer and Therefore, patients feel safer with the level of quality health services provided.

There are seven ethical principles of seven nursing; ethical principles namely, autonomy, non-maleficence, beneficence, justice, veracity, fidelity, and confidentiality. Nursing ethics Nursing and health ethics until now ethics, have become become much of an interest issues issue to discuss. Every day Everyday, nurses are dealing with the ethical issue so that their application issues, as applying them is still needs needed to be studied further.

Nurses are health workers who are at the side of the patient 24 hours in the The implementation of nursing services care, should provide goods nursing care and always make provisions for good care, uphold the nursing code of ethics and ethics, apply the ethical principles of nursing while providing medicating, and other related services. The nursing code of ethics is one-part of our the guidelines as nurses for nurses, to prevent misunderstandings and conflicts prevent the misconceptions that occur, between the health workers and patients. This is following This followed the results of a research that found observed, a significant relationship between

nurses' knowledge of ethics codes and ethic codes, job satisfaction satisfaction, and complaint of ethical performance.⁷

The application of nursing ethics depends on the personal nurse itself and other factors that can influencenurses, including and other influential factors, which includes their caring behaviors of a nurse behaviours. Caring behaviors Furthermore, caring behaviours are earing behaviors for patients that must that, needs to be owned watched over by nurses. Research The study on nurse ethics and ethics, caring behaviors behaviours, and influencing influential factors have not been studied, so yet, making it is necessary to conduct factor analysis research related to the application of of nurses' ethical behavior of nurses behaviour, in implementing nursing care to patients.

Design and Methods

Analytic survey with a cross-sectional study was eonducted conducted, to identify factors related to the application of ethical principles by nurses nurses, in providing nursing care to patients and the factors that influence its application influential factors. Paticipants included in this study were those who study, were nurse nurses with length of working minimal worklength of one years and willing to participate year. The selected participants were recruited recruited, by using simple random sampling. Thus Therefore, a total of 39 samples were included in this study study, from four hospitals in Indonesia. The research ethic approval approval, was obtained from the Institutional Review Board of Faculty of Nursing, Universitas Airlangga. Participants were explained briefed about the study aims study, aims, and procedures procedures, before signing the informed consent.

principles by nurses. The caring questionnaire <u>used</u>, was adopted from Watson's 10 carative factors⁸ and the application of ethical principles questionnaire with 36 questions consists of 31 favorable questions and five unfavorable questions. The questionnaire while those used to determine the application of ethical principles by <u>nurses</u>, was adopted from the New

The questionnaire used is was on caring behavior behaviour, and the application of ethical

Field Code Changed

Zealand Nurse Association Association, and developed by researchers. The questionnaire used to determine the the application of ethical principles consisted of, 31 favourable and 5 unfavourable questions.

Frequencies The frequencies (n) and percentages (%)—), were calculated for demographic charateristics, while the-mean (M) and standard deviation (SD)—), were analyzed for ethical behaviour scores. Data-The data obtained were analysed-analysed, using anova and t-test method, while using Pearson and anova and t-test method, while using Pearson to know how the determine the regression test. The significant level was set at 0.05.

Results

Almost all (The result of the study showed that, 83%)—% of the respondents are—were female, most (59.1%) of the respondent's education level is—% were professional nurses, most (66.8%) of respondents are—% were married, almost all (85.6%)—% of them held the position of the respondent is associate nurses therapists, and the majority (56%) of % were on the career path of being the first clinical nurse (Table 1).

Furthermore, Table 2 shows that showed that, there is no relationship between age and length worklength of work of respondents respondents, with the application of ethical principles. The mean age of the respondents was 31.37 years 37 years, with the youngest being a nurse being 22 years old 22 years old, while the oldest being 59 years was 59 years old. Young The young and old age do of the respondents, does not influence them in applying ethical principles to patients. There are The result further showed that 83% of the nurses were female. If seen, which when observed, showed that the average value of the application of ethical principles between men and women is only 0.2, and higher for women

Between diploma nurses and professional nurses therapists, there is was an average difference of 0.28-28, which was higher for nurses with diploma nurses those that are diplomatic.

This means that interpreted that, the average score of implementing ethical principles principles,

is the same for diploma nurses and professional nurses. Between Furthermore, between professional nurses and magister nurses nurses, there is a difference in score of 5.24. It shows that although This showed that, even though the difference is not significant, there is still a slight difference divergence in the average value of the implementation of ethical principles implementation, among professional nurses with and magister nurses.

Furthermore, Table 3 shows showed that the mean value of nurses' caring behavior behaviour is 163.07. The, while the standard deviation value sum is 20.069. The Therefore, the result of interval estimation can be concluded that that, 95% is believed that the average implementation of nurse caring behavior behaviour is between 161.07-07, and 165.07. The highest mean value in the sub variable development of a helping - trusting trusting, is 17.21.

Discussion

Professional nursing services <u>should</u> be able to <u>provide to-make provision for individuals</u>, families, and <u>communities based on nursing communities</u>, with <u>medical knowledge and tips</u> that <u>integrate help integrates</u>, intellectual, technical, interpersonal, <u>ethical</u>, and <u>ethical and legal competencies to help otherscompetencies</u>. <u>Also, both sick and healthy. Cognitive cognitive</u> abilities <u>provide intellectuals enable intellects</u>, to prioritize critical thinking in every <u>form of</u> decision making. Technical competence <u>relates is also related</u> to <u>the multiple skills in performing nursing actions actions</u>, following the standard <u>procedure operational procedure</u>. <u>Meanwhile Furthermore</u>, ethical and legal competencies <u>can appear when are shown when</u>, nurses act <u>morally independently morally, independently,</u> and are fully responsible for carrying out nursing care professionally.

Nursing performance is a guideline and standard standard, in nursing medicating services.

Nursing performance of implementing ethical principles in implementing nursing care is a standard of nursing practice practice, listed and stated in article 24-24, section 2-2, of Law No. 36 of 2009 consists of 2009, also consisting both competency standards and standards of nursing practice fostering.

The results <u>further</u> showed <u>that that</u>, <u>even though</u> most of the perceptions <u>of as regards</u> the application of <u>ethics nurses ethic principles</u> in implementing nursing care were good, <u>but the results outcome</u> of observations and interviews with several patients <u>found that explained that</u>, there were still <u>patients who complained that complains about</u> some <u>nurses did not respond to complaints</u>, <u>nurses sometimes did not ask for approval before taking action, the nurse said information is less clear, differentiates status, does not keep promises, nurses are not fair in doing nursing actions, do not provide comfort to patients, sometimes the nurse's room is too noisy which causes patients can not rest, and nurses do not provide information about the patient's conditiontherapists' incompetence.</u>

According to the results of this research, to be able to apply a code of ethics applying ethic codes and ethical behavior by nurses, behaviours requires a leader is needed who can exemplify and teach the application of good and correct ethics with exemplifying abilities, in carrying out nursing care to patients.¹¹

Most nurses feel that the ethical dilemma they experience experience, is often related to the act of nursing. The ethical dilemma that nurses experience and not resolved to make nurses experience fatiguewithout solutions makes them fatigued, helplessnesshelpless, and even want to stop being nurses lose interest in work. 12

Ethical behavior in nurses according to demographic factors

Based on the results, there is—was no significant relationship between the demographic characteristics of nurses and the performance of nurses nurses, in applying ethical principles in to nursing care. —The results of the bivariate analysis showed that that, there was no difference between the gender, length of work work, and age age, with the ethical principles behaviour. There are had been very few findings or previous research that states researches stating that, there is no relationship between gender and nurse performance.¹³ In—During short interviews with several nurses during the studynurses, each nurse most of them often discussed all the problems they had have with the patient patients. The research was conducted in an with quality of care was

care, as nurses applied ethical behavior as this became behaviour, which is a standard practice in the hospital. The implementation of a code of ethics ethic codes and principles must principles, should always be carried b.y out by health workers in hospitals hospitals, based on the Regulation regulation of the Minister of Health-Health, 2018.¹⁴

In Indonesia Indonesia, there are career path (clinical nurse) and that nurses having no significant relationship with ethical principles behaviour. From the statistical results, there is no difference difference was recorded, but from as the average score, the highest is the nurses who that do not have a functional position (pre-pre-clinical nurse) although nurses), was recorded for the average score, even though it is was not significant. The nurse is nurses are doing her their best to be able to move up to attain the height of a functional position of (first clinic nurse), in the hospital. The another Another study reported that that nurses' demographic variables, did not have a significant effect on their ethical reasoning ability. 13 There are many factor factors related to ehical principles behaviour in nurses nurses, such as as, individual character and character, responsibility, communication challenges, organizational preconditions, support systems, educational educational, and cultural development. Awareness of professional ethics could ethics, help nurses and healthcare professionals provide in providing better services for patients. 15 How organizational or individual antecedents and ethical Furthermore, leadership can induce nurses to engage in service behaviour and ethical climmate. Leadership plays a significant role in developing developing, and maintaining nursing ethics. Ethical nurse leaders create work environments that that, impact employee choices, behaviors, and values. 16,17 Nurse manager have to support staff_staff, in conducting ethically sound care for ethical reflection. 18

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The relationship between caring attitude and the application of ethical principles

Although The results of this study showed that, even though the application of ethics has no relationship at all with the characteristics of the respondent, it turns out that the application administration of ethics is related to the application that of nurse caring behavior behaviour is observed. Nurses who that have a good caring attitude attitude, automatically carry out ethical

principles principles, in providing nursing care to patients. If seen When observed from the relationship between sub variable caring variables, the those most related sub variables are are, the development of a helping-trusting, instillation of faith with hope, and assistance of human needs.

Caring is a central or core concept for nursing but earing cannot be nursing, yet not considered as a unique paradigm for the nursing profession medical profession, because other health professions also specializations consider earing it as an integral part of their abilities consists abilities, which consist of knowledge and skillsskill. Watson defines defined caring as a science, the with its perspective of earing is based on a relationship ontology ontology, in which all those involved are in a relationship, uniteinvolved, and have a relationship an agreement with one another. Caring behavior behaviour, according to Watson, is a process carried out by nurses that include knowledgenurses, action, and is described discussed as part of the ten factors used in nursing practice practice, in several different clinical settings. 19

The impact of caring behavior that is behaviour felt by nurses nurses, is expected to generate be a source of motivation to work for nurses them to work, optimize their performance, including applying and apply the ethical principles of nursing in nursing care. Not many research results have been conducted and published published, regarding the relationship between caring behavior behaviour, and the ethical application of nurses.

Nurses who that have a sense of respect for human existence will see clients as unique individuals individuals, and assume that elients they are entitled to treatment treatment, by their dignity as humans so that nurses humans. Nurses provide care nursing by applying ethical principles principles, such as as, respecting client choices, not differentiating between elientspatients, allowing elients-Ill people to participate in their eare-care, and otherso much more. Caring relationship that formed between the client and the nurse nurse, helps the nurse therapist to get to know the elient-patient as a unique individual so that the nurse can determine individual, while determining appropriate and effective nursing actions for the elientill personality. 21

Caring behavior behaviour is an interaction between nurse and elient that client, which is continuous in providing nursing care²². The aspect that is considered by the patient as nurse caring behavior behaviour is that that, the nurse knows therapistnurse should know what is being doneconducted, what the patient wants wanted, have the nurse can ability to answer the client's questions clearly, and can provide the information the client needs needed, in a language that the client can is easily understand understood. The act of caring also means means, respecting the differences and uniqueness of the client client, as an individual. Respecting patient spiritual believes beliefs, culture diversity diversity, and social issues issues, are the key points to provide ethical nursing care. In addition Furthermore, moral considerations and delivery of compassionate care to patients patients, are the reasons that motivate motivate, and encourage sick people people, to engage them in reliving of patient discomfort and that are activities relating to caring behaviour. 25,26

Ethichal-Ethical behaviour ean be done is conducted by nurses if the nurse has nurses, when they possess knowledge about humans, aspects of growth and development, a response to a changing environment, limitations, and strengths, and human needs. Nurses who that know humans will see much about human feelings, observe clients as humanistic beings who must beings, that should be treated according to elient their rights.

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Conclusion

In general Generally, the application of ethical principles by nurses has been terrific, there are only a few things objectives that have not been done by nurses carried out, due to the nurse's their ignorance and lack of information information, regarding what can-should be done to apply ethical principles in nursing care.

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Table 1. The characteristics of participants (n=389)

Characteristics	Frequency	%	
Gender			
Male	66	17	
Female	323	83	
Education			
D3	156	40,1	
S1/Ners	231	59.4	
S2	2	0,5	
Marital Status			
Married	260	66,8	
Single	129	33,2	
Position			
Primary nurse	56	14,4	
Associate nurse	333	85,6	
Career path			
Pra Clinical Nurse	24	6,2	
Clinical Nurse I	218	56,0	
Clinical Nurse II	123	31,6	
Clinical Nurse III	23	5,9	
Clinical Nurse IV	1	0,3	
Clinical Nurse V	0	0	

Characteristic Mean Median Modus Min-Max SD CI 95% Age 31,37 30,0 30 22-59 5,86 30,78-31,95 Length of work (year) 7,07 1-32 5,53 6,52-7,62

Tabel 2. Ethical behavior according to demographic factors

Independent Variable	Mean	SD	SE	<i>P</i> -value (sig.)	N
Gender:					
Male	123,70	10,689	1,316	0.772*	66
Female	123,90	10,867	0,605	0,773*	323
Eucation					
Diploma in nursing	124,02	11,248	0,901		156
BSN-PN	123,74	10,608	0,699	0,920**	231
Magister nursing	128,50	3,536	2,500		2
Marital status					
Married	123,70	10,911	0,677	0.422*	260
Single	124,22	10,678	0,940	0,433*	129
Position					
Primary	123,32	10,558	1,415	0,673*	56
nurse	123,96	10,875	0,596	0,073**	333
Asosiate nurse					
Career path					
Pra Clinical Nurse	126,62	9,230	1,884		24
Clinical Nurse I	123,98	10,949	0,742		218
Clinical Nurse II	123,50	11,034	0,995	0,648**	123
Clinical Nurse III	122,17	10,299	2,147	0,040	23
Clinical Nurse IV	119,00	-	-		1
Clinical Nurse V	0	0	0		0

³⁸⁴ Dependent variable: : ethical behaviour

^{385 *}Independent T-Test

^{386 **}ANOVA test

Tabel 3. Relationship between caring behavior and ethical behavior

Independent Variable	Coefisien correlation	P-Value
Caring Behaviour	0,602	0,000*
Subvariabel		
Humanistic-Altruistic Values	0,285	0,317**
Instillation of faith-hope	0,900	0,001**
Cultivation of sensitivity to oneself and others	-0,039	0,912**
Development of a helping-trusting	0,935	0,000**
Promotion and acceptance of the expression of positive and negative feelings	0,356	0,287**
Systematic use of the scientific, problem solving method of decision-making	-0,272	0,322**
Promotion of interpersonal teaching	0,394	0,252**
Provision for a supportive, protective environment	0,777	0,720**
Assistance with gratification of human needs	0,957	0,002**
Allowance for existential-phenomenological forces	-0,155	0,545**

Dependent variable: : ethical behaviour *Pearson Test

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**Multiple Regression Linear Test

1	Original Article
2	
3	Factors Related to Implementation of Nursing Care Ethical Principles in Indonesia
4	
5	Ilkafah Ilkafah,¹ Anestesia Pangestu Mei Tyas,¹ Joni Haryanto ²
6	
7	¹ Nursing Program, Faculty of Vocational Studies, Universitas Airlangga, Surabaya
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10	Running title: Implementation of nursing care ethical principles
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17	Keywords: caring; ethical principles; nurses; nursing care

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- 23 Nursing, Universitas Airlangga, Surabaya (No. 2063-KEPK)
- **Conference presentation:** Part of this study was presented at the 1st International Nursing and
- 25 Health Sciences Symposium, on November 13-15, 2020, Malang, Jawa Timur, Indonesia

Significance for public health

Nurses are health workers caring for patients all day. The implementation of nursing services should always make provisions for good care, uphold the code of ethics, apply ethical principles, and other related services. There are seven ethical principles of nursing, namely autonomy, non-maleficence, beneficence, justice, veracity, fidelity, and confidentiality. The implementation of nursing ethics depends on, the personal nurse, and other factors that serve as an influence. This study discusses, the factors related to implementation of nursing care ethical principles, in Indonesia.

Abstract

Background: The implementation of ethical principles is crucial in carrying out nursing care, since it is part of the 12 basic competencies, that should be possessed by a nurse. In line with the ethical principles, many factors were observed to influence nurses' behaviours. This study aims to analyze the factors associated with the implementation of nurses' ethical principles.

Design and Methods: This study used a quantitative research design, with a cross-sectional approach. The participants consisted of 389 nurses, working in the medical ward of the hospitals, in Indonesia. The questionnaire from the New Zealand Nurse Association was adopted and developed, based on the Indonesian nursing ethics code, while also performing a reliability test, with the Cronbach's alpha value on 30 respondents at 0.887. The questionnaire was adopted from

Watson, with the lowest validity and reliability of 0.710, and the highest at 0.970, in a bid to validate all question items. The dependent variable is the implementation of ethical principles, while that of the independent are, age, gender, education, length of work, marital status, position, and caring behaviour. Furthermore, the bivariate analysis of ethical behaviour with the demographic factors was carried out, by using t-test and anova method. Also, the relationship between caring and ethical behaviour was carried out, using pearson and multiple linear regression test.

Results: There were no significant relationships between the demographic factors and the ethical behaviour. There was a relationship between caring behaviour and the application of ethical principles (p = 0.000, and a correlation coefficient of 0.602).

Conclusion: Nurse ethical behaviour was improved, by increasing their caring attitude.

Introduction

The ethical aspect of nursing is very important for nurses in health services. Most of the issue of medical ethics, occurs in the implementation of nursing care, whether accidental or not. The complaints from patients, are about the indifference of nurses, to them, and their families. The number of ethical case violations that occurred in Indonesia, such as, the blistered baby abandoned by the nurse, the wrong injection, mishandling of patients, and the neglect in getting early treatment, proves that the services provided, does not meet the ethical principles.

In many studies, cases showed that, the services provided by nurses are not following the established ethic codes. Nurses are expected to be professionals, however, when this is not appropriately implemented, it results in the violation of the established ethic codes. Many medical errors occur in the scope of nursing practice, because of nurses' inabilities to meet the basic human needs.² In the East Java region, ethical violations carried out by nurses often include, camera selfies in the operating room, sexual abuse, neglect of babies, etc. Also, based on student practice reports, it was observed that, there are many nurses that yell at patients, do not care, and often

take nursing actions without informed consent. The results of the study showed that, nurses have difficulties in making decisions, and applying the ethical principles to nursing care.³ It is important to apply ethical principles to patients, without causing no harm. The ignorance to these ethical principles, cause physical and emotional injuries, such as feelings of dissatisfaction, disability, and even death, with patients safety never to be realized. Furthermore, patients' dissatisfaction caused by these ignorant attitudes, ultimately tarnish the image of nurses and reduce the hospital's income, as patients become unhappy with the services provided, which in turn stops them from going back for treatment. Another case observed about nurses is that, they are being portrayed by patients as being disrespectful, which leads to loss of trust, in the potentials of their medical skills. Nurses that observe ethical principles, and apply them in nursing care provides, adequate satisfaction, and maintain good relationships between the patients and other health workers, in a bid to build clients' confidence in the health services. Therefore, patients feel safer with the level of quality health services provided.4 There are seven nursing ethical principles namely, autonomy, non-maleficence, beneficence, justice, veracity, fidelity, and confidentiality.⁵ Nursing and health ethics, have become much of an interest issue to discuss. Everyday, nurses are dealing with the ethical issues, as applying them is still needed to be studied further.6 The implementation of nursing care, should always make provisions for good care, uphold the code of ethics, apply ethical principles of medicating, and other related services. The nursing code of ethics is part of the guidelines for nurses, to prevent the misconceptions that occur, between the health workers and patients. This followed the results of a research that observed, a significant relationship between nurses' knowledge of ethic codes, job satisfaction, and complaint of ethical

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The application of nursing ethics depend on the personal nurses, and other influential factors, which includes their caring behaviours. Furthermore, caring behaviours are for patients that, needs to be watched over by nurses. The study on nurse ethics, caring behaviours, and influential factors have not been studied yet, making it necessary to conduct factor analysis research related to the application of nurses' ethical behaviour, in implementing nursing care to patients.

Design and Methods

Analytic survey with a cross-sectional study was conducted, to identify factors related to the application of ethical principles by nurses, in providing nursing care to patients and the influential factors. Paticipants included in this study, were nurses with minimal worklength of one year. The selected participants were recruited, by using simple random sampling. Therefore, a total of 39 samples were included in this study, from four hospitals in Indonesia. The research ethic approval, was obtained from the Institutional Review Board of Faculty of Nursing, Universitas Airlangga. Participants were briefed about the study, aims, and procedures, before signing the informed consent.

The questionnaire used was on caring behaviour, and the application of ethical principles by nurses. The caring questionnaire used, was adopted from Watson's 10 carative factors, while those used to determine application of ethical principles by nurses, was from the New Zealand Nurse Association, and developed by researchers. The questionnaire used to determine the the application of ethical principles consisted of, 31 favourable and 5 unfavourable questions.

The frequencies (n) and percentages (%), were calculated for demographic charateristics, while the mean (M) and standard deviation (SD), were analyzed for ethical behaviour scores. The data obtained were analysed, using anova and t-test method, while using Pearson and multiple linear regression to determine the relationship between caring and ethical behaviour. The significant level was set at 0.05.

126 127 **Results and Discussions** 128 The result of the study showed that, 83% of the respondents were female, 59.1% were 129 professional nurses, 66.8% were married, 85.6% of them held the position of associate therapists, 130 and 56% were on the career path of being the first clinical nurse (Table 1). 131 132 Furthermore, Table 2 showed that, there is no relationship between age and worklength of 133 respondents, with the application of ethical principles. The mean age of the respondents was 134 31.37 years, with the youngest being 22 years old, while the oldest was 59 years old. The young 135 and old age of the respondents, does not influence them in applying ethical principles to patients. 136 The result further showed that 83% of the nurses were female, which when observed, showed that 137 the average value of the application of ethical principles between men and women is only 0.2, 138 and higher for women 139 140 Between diploma nurses and professional therapists, there was an average difference of 0.28, 141 which was higher for those that are diplomatic. This interpreted that, the average score of 142 implementing ethical principles, is the same for diploma and professional nurses. Furthermore, 143 between professional and magister nurses, there is a difference in score of 5.24. This showed that, 144 even though the difference is not significant, there is still a slight divergence in the average value 145 of ethical principles implementation, among professional and magister nurses. 146 147 Furthermore, Table 3 showed that the mean value of nurses' caring behaviour is 163.07, while the 148 standard deviation sum is 20.069. Therefore, the result of interval estimation concluded that, 95%149 believed that the average implementation of nurse caring behaviour is between 161.07, and 150 165.07. The highest mean value in the sub variable development of helping - trusting, is 17.21. 151 152

Professional nursing services should be able to make provision for individuals, families, and communities, with medical knowledge that help integrates, intellectual, technical, interpersonal, ethical, and legal competencies. Also, cognitive abilities enable intellects, to prioritize critical thinking in every form of decision making. Technical competence is also related to the multiple skills in performing nursing actions, following the standard operational procedure. Furthermore, ethical and legal competencies are shown when, nurses act morally, independently, and are fully responsible for carrying out nursing care professionally. Nursing performance is a guideline and standard, in medicating services. Nursing performance is a standard practice, listed and stated in article 24, section 2, of Law No. 36 of 2009, also consisting both competency and fostering. The results further showed that, even though most of the perceptions as regards the application of ethic principles in implementing nursing care were good, the outcome of observations and interviews with several patients explained that, there were still complains about some therapists' incompetence. According to the results of this research, applying ethic codes and behaviours requires a leader with exemplifying abilities, in carrying out nursing care to patients.¹¹ Most nurses feel that the ethical dilemma they experience, is often related to the act of nursing. The ethical dilemma that nurses experience without solutions makes them fatigued, helpless, and lose interest in work.12 Ethical behavior in nurses according to demographic factors Based on the results, there was no significant relationship between the demographic characteristics and performance of nurses, in applying ethical principles to nursing care. The

results of the bivariate analysis showed that, there was no difference between the gender, length

of work, and age, with the ethical principles behaviour. There had been very few researches

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stating that, there is no relationship between gender and nurse performance.¹³ During short interviews with several nurses, most of them often discussed the problems they have with the patients. The research was conducted with quality care, as nurses applied ethical behaviour, which is a standard practice in the hospital. The implementation of ethic codes and principles, should always be carried out by health workers in hospitals, based on the regulation of the Minister of Health, 2018.¹⁴

In Indonesia, there are clinical nurses having no significant relationship with ethical principles behaviour. From the statistical results, no difference was recorded, as the highest that do not have a functional position (pre-clinical nurses), was recorded for the average score, even though it was not significant. The nurses are doing their best to be able to attain the height of a functional position (first clinic nurse), in the hospital. Another study reported that, nurses' demographic variables, did not have a significant effect on their ethical reasoning ability. There are many factors related to ehical principles behaviour in nurses, such as, individual character, responsibility, communication challenges, organizational preconditions, support systems, educational, and cultural development. Awareness of professional ethics, help nurses and healthcare professionals in providing better services for patients. Furthermore, leadership plays a significant role in developing, and maintaining nursing ethics. Ethical nurse leaders create work environments that, impact employee choices, behaviors, and values. Nurse manager have to support staff, in conducting ethically sound care for ethical reflection.

The relationship between caring attitude and the application of ethical principles

The results of this study showed that, even though the application of ethics has no relationship at all with the characteristics of the respondent, the administration of ethics related to that of nurse caring behaviour is observed. Nurses that have a good caring attitude, automatically carry out ethical principles, in providing nursing care to patients. When observed from the

relationship between sub variables, those most related are, the development of a helpingtrusting, instillation of faith with hope, and assistance of human needs. Caring is a central or core concept for nursing, yet not considered as a unique paradigm for medical profession, because other health specializations consider it as an integral part of their abilities, which consist of knowledge and skill. Watson defined caring as a science, with its perspective based on relationship ontology, in which all those involved, have an agreement with one another. Caring behaviour, according to Watson, is a process carried out by nurses, and is discussed as part of the ten factors used in nursing practice, in several different clinical settings.19 The impact of caring behaviour felt by nurses, is expected to be a source of motivation for them to work, optimize performance, and apply the ethical principles in nursing care. Not many research results have been conducted and published, regarding the relationship between caring behaviour, and the ethical application of nurses. Nurses that have a sense of respect for human existence see clients as unique individuals, and assume that they are entitled to treatment, by their dignity as humans. Nurses provide care by applying ethical principles, such as, respecting client choices, not differentiating between patients, allowing III people to participate in their care, and so much more.²⁰ Caring relationship formed between the client and the nurse, helps the therapist to know the patient as a unique individual, while determining appropriate and effective nursing actions for the ill personality.²¹ Caring behaviour is an interaction between nurse and client, which is continuous in providing nursing care²². The aspect considered by the patient as nurse caring behaviour is that, the therapistnurse should know what is being conducted, what is wanted, have the ability to answer

questions clearly, and provide information needed, in a language that is easily understood. The

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233 act of caring also means, respecting the differences and uniqueness of the client, as an 234 individual.^{23,24} Respecting patient spiritual beliefs, culture diversity, and social issues, are the key 235 points to provide ethical nursing care. Furthermore, moral considerations and delivery of 236 compassionate care to patients, are the reasons that motivate, and encourage sick people, to engage them in activities relating to caring behaviour. 25,26 237 238 239 Ethical behaviour is conducted by nurses, when they possess knowledge about humans, aspects of growth and development, a response to a changing environment, limitations, strengths, and 240 241 human needs. Nurses that know much about human feelings, observe clients as humanistic beings, 242 that should be treated according to their rights. 243 244 Conclusion 245 Generally, the application of ethical principles by nurses has been terrific, there are only a few 246 objectives that have not been carried out, due to their ignorance and lack of information, regarding 247 what should be done to apply ethical principles in nursing care. 248 References

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Table 1. The characteristics of participants (n=389)

Cha	racteristics			F	requency	%
Gender						
Male					66	17
Female					323	83
Education						
D3					156	40,1
S1/Ners					231	59.4
S2					2	0,5
Marital Status						
Married					260	66,8
Single					129	33,2
Position						
Primary nurse					56	14,4
Associate nurse					333	85,6
Career path						
Pra Clinical Nurse					24	6,2
Clinical Nurse I					218	56,0
Clinical Nurse II					123	31,6
Clinical Nurse III					23	5,9
Clinical Nurse IV					1	0,3
Clinical Nurse V					0	0
Characteristic	Mean	Median	Modus	Min-Max	SD	CI 95%
Age	31,37	30,0	30	22-59	5,86	30,78-31,95

Length of work (year) 7,07 1-32 5,53 6,52-7,62

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Tabel 2. Ethical behavior according to demographic factors

Independent Variable	Mean	SD	SE	<i>P</i> -value (sig.)	N
Gender:					
Male	123,70	10,689	1,316	0.772*	66
Female	123,90	10,867	0,605	0,773*	323
Eucation					
Diploma in nursing	124,02	11,248	0,901		156
BSN-PN	123,74	10,608	0,699	0,920**	231
Magister nursing	128,50	3,536	2,500		2
Marital status					
Married	123,70	10,911	0,677	0.422*	260
Single	124,22	10,678	0,940	0,433*	129
Position					
Primary	123,32	10,558	1,415	0.672*	56
nurse	123,96	10,875	0,596	0,673*	333
Asosiate nurse					
Career path					
Pra Clinical Nurse	126,62	9,230	1,884		24
Clinical Nurse I	123,98	10,949	0,742		218
Clinical Nurse II	123,50	11,034	0,995	0,648**	123
Clinical Nurse III	122,17	10,299	2,147	0,048***	23
Clinical Nurse IV	119,00	-	-		1
Clinical Nurse V	0	0	0		0

³²¹ Dependent variable: : ethical behaviour

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³²² *Independent T-Test

³²³ **ANOVA test

Tabel 3. Relationship between caring behavior and ethical behavior

Independent Variable	Coefisien correlation	P-Value
Caring Behaviour	0,602	0,000*
Subvariabel		
Humanistic-Altruistic Values	0,285	0,317**
Instillation of faith-hope	0,900	0,001**
Cultivation of sensitivity to oneself and others	-0,039	0,912**
Development of a helping-trusting	0,935	0,000**
Promotion and acceptance of the expression of positive and negative feelings	0,356	0,287**
Systematic use of the scientific, problem solving method of decision-making	-0,272	0,322**
Promotion of interpersonal teaching	0,394	0,252**
Provision for a supportive, protective environment	0,777	0,720**
Assistance with gratification of human needs	0,957	0,002**
Allowance for existential-phenomenological forces	-0,155	0,545**

Dependent variable: : ethical behaviour *Pearson Test

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**Multiple Regression Linear Test

Factors Related to Implementation of Nursing Care Ethical Principles in Indonesia

Ilkafah Ilkafah, Anestesia Pangestu, Joni Haryanto Nursing Study Program, Faculty of Vocational Studies Universitas Airlangga, Surabaya

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Abstract

Background: The implementation of ethical principles in nurses is crucial in carrying out nursing care because it is one of the 12 basics competencies that must be possessed by a nurse. Many factors influence the nurse's behavior in acting by ethical principles, Aims: This study aims to analyze the factors associated with the implementation of ethical principles by nurses. Methods: This study used a quantitative research design with a cross-sectional approach. The total sample of respondents was 389 nurses collected from hospitals in Indonesia. The questionnaire from the New Zealand Nurse Association was adopted and developed based on the Indonesian nursing ethics code and performed a reliability test, the Cronbach's alpha value of 30 respondents was 0.887. Questionnaire of caring adopted from Watson with the lowest validity and reliability 0.710 and highest 0.970 so that all question items are valid. The dependent variable is the implementation of ethical principles, while the independent variable is age, gender, education, length of work, marital status, position, and caring behavior. Bivariate analysis of ethical behavior with demographic factors using t-test and anova test. The relationship between caring and ethical behaviour was using Pearson test and multiple linear regression test. Results: There is no relationship between the demographic factors and the ethical behaviour. There is a relationship between caring behavior and the application of ethical principles (p = 0.000 and a correlation coefficient of 0.602). Conclusion: Nurse ethical behavior can be improved by increasing nurse caring behavior.

Keywords: Caring, ethical principles, nurses, nursing care

Background

The ethical aspect of nursing is important for nurses in the ministry. Most of the issue of nursing ethics occurs in the implementation of nursing care whether intentional or accidental by nurses. Complaints from patients are the indifference of nurses to patients and families the number of cases of ethical violations that occur in Indonesia such as the baby was blistered because the nurse left him, the wrong injection, patients fall, the neglect of the patient so that it is late in getting treatment proves that the services provided by nurses do not pay attention to ethical principles.

In many cases, it appears that the services provided by nurses are not following the established nursing code of ethics. Nurses want to be said to be professional but in the process of implementation, they are still not appropriate and violate the established code of ethics. In the East Java region, ethical violations by nurses still often occur, among others; nurse selfies in the operating room, sexual abuse, and neglect of babies. Based on student practice reports, there are still many nurses who yell at patients, do not care, and often take nursing actions without informed consent. The results of the study show that nurses still have difficulty making ethical decisions and their application so that they try to teach seven ethical principles to health workers².

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It is important to apply ethical principles so as not to cause harm to patients. This loss can cause physical and emotional injury such as feelings of dissatisfaction, disability, and even death, and patient safety will never be realized. Besides, it will cause patient dissatisfaction which ultimately hurts the image of the nurse and hospital income, the patient is not satisfied with the services provided, so they will not go back to that place because they feel dissatisfied with the services provided. Another impact that appears on nurses is that nurses are seen as disrespectful and a bad image of nurses by patients, so that patients do not trust and doubt the skills of nurses. Nurses who see ethical principles and apply them in nursing services to patients will provide patient satisfaction, maintain relationships between nurses, patients, and other health workers so that clients feel confident in the health services. Patients feel safer and feel the quality health services provided³.

There are seven ethical principles of nursing; autonomy, non-maleficence, beneficence, justice, veracity, fidelity, and confidentiality⁴. Nursing ethics and health ethics until now have become interest issues to discuss. Every day nurses are dealing with the ethical issue so that their application still needs to be studied further⁵.

Nurses are health workers who are at the side of the patient 24 hours in the implementation of nursing services should provide goods nursing care and always uphold the nursing code of ethics and apply the ethical principles of nursing while providing services. The nursing code of ethics is one of our guidelines as nurses to prevent misunderstandings and conflicts that occur.

The application of nursing ethics depends on the from the personal nurse itself and other factors that can influence, including other caring behaviors of a nurse. Caring behaviors are caring behaviors for patients that must be owned by nurses. Research on nurse ethics and caring behaviors and influencing factors have not been studied, so it is necessary to conduct factor analysis research related to the application of ethical behavior of nurses in implementing nursing care to patients.

Methods

Analytic survey with a cross-sectional study was conducted to identify factors related to the application of ethical principles by nurses in providing nursing care to patients and the factors that influence its application. Paticipants included in this study were those who were nurse with length of working minimal one years and willing to participate. The selected participants were recruited using simple random sampling. Thus, a total of 39 samples were included in this study from four hospitals in Indonesia. The research ethic approval was obtained from the Institutional Review Board of Faculty of Nursing, Universitas Airlangga. Participants were explained about the study aims and procedures before signing the informed consent.

The questionnaire used is caring behavior and the application of ethical principles by nurses. The caring questionnaire was adopted from Watson's 10 carative factors⁶ and the application of ethical principles questionnaire with 36 questions consists of 31 favorable questions and five unfavorable questions. The questionnaire used to determine the application of ethical principles by nurses was adopted from New Zealand Nurse Association and developed by researchers.

Frequencies (n) and percentages (%) were calculated for demographic charateristics, while mean (M) and standard deviation (SD) were analyzed for ethical behaviour scores. Data obtained were analysed using t-test and anova test and to know how the relationship between caring and ethical behaviour was using Pearson test and multiple linear regression test. The significant level was set at 0.05.

Results

Table 1. The characteristics of participants (n=389)

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Ch	aracteristics			F	Frequency	
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Male					66	17
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Clinical Nurse V					0	0
Characteristic	Mean	Median	Modus	Min-Max	SD	CI 95%
Age	31,37	30,0	30	22-59	5,86	30,78-31,95
Length of work (year)	7,07	6,0	2	1-32	5,53	6,52-7,62

Table 1 shows that almost all (83%) of the respondents are female, most (59.1%) of the respondent's education level is professional nurses, most (66.8%) of respondents are married, almost all (85.6%)) the position of the respondent is associate nurses, and the majority (56%) of the career path of the first clinical nurse.

Tabel 2. Ethical behavior according to demographic factors

Independent Variable	Mean	SD	SE	P-value (sig.)	N
Gender:					
Male	123,70	10,689	1,316	0.772*	66
Female	123,90	10,867	0,605	0,773*	323
Eucation					
Diploma in nursing	124,02	11,248	0,901		156
BSN-PN	123,74	10,608	0,699	0,920**	231
Magister nursing	128,50	3,536	2,500		2
Marital status					
Married	123,70	10,911	0,677	0.433*	260
Single	124,22	10,678	0,940	0,433*	129
Position					
Primary	123,32	10,558	1,415	0.672*	56
nurse	123,96	10,875	0,596	0,673*	333
Asosiate nurse					

Career path					
Pra Clinical Nurse	126,62	9,230	1,884		24
Clinical Nurse I	123,98	10,949	0,742		218
Clinical Nurse II	123,50	11,034	0,995	0,648**	123
Clinical Nurse III	122,17	10,299	2,147	0,048***	23
Clinical Nurse IV	119,00	-	-		1
Clinical Nurse V	0	0	0		0

Dependent variable: : ethical behaviour

Bivariate analysis using the Pearson test shows that there is no relationship between age and length of work of respondents with the application of ethical principles. The mean age of the respondents was 31.37 years, with the youngest being a nurse being 22 years old while the oldest being 59 years old. Young and old age do not influence them in applying ethical principles to patients. There are showed that 83% of the nurses were female. If seen, the average value of the application of ethical principles between men and women is only 0.2, higher for women

Between diploma nurses and professional nurses there is an average difference of 0.28 higher for nurses with diploma nurses. This means that the average score of implementing ethical principles is the same for diploma nurses and professional nurses. Between professional nurses and magister nurses there is a difference in score of 5.24. It shows that although the difference is not significant, there is still a slight difference in the average value of the implementation of ethical principles among professional nurses with magister nurses.

Tabel 3. Relationship between caring behavior and ethical behavior

Independent Variable	Coefisien correlation	P-Value
Caring Behaviour	0,602	0,000*
Subvariabel		
Humanistic-Altruistic Values	0,285	0,317**
Instillation of faith-hope	0,900	0,001**
Cultivation of sensitivity to oneself and others	-0,039	0,912**
Development of a helping-trusting	0,935	0,000**
Promotion and acceptance of the expression of positive and negative feelings	0,356	0,287**
Systematic use of the scientific, problem solving method of decision-making	-0,272	0,322**
Promotion of interpersonal teaching	0,394	0,252**
Provision for a supportive, protective environment	0,777	0,720**
Assistance with gratification of human needs	0,957	0,002**
Allowance for existential-phenomenological forces	-0,155	0,545**

Dependent variable: : ethical behaviour

^{*}Independent T-Test

^{**}ANOVA test

*Pearson Test

**Multiple Regression Linear Test

Table 3 shows that the mean value of nurses' caring behavior is 163.07. The standard deviation value is 20.069. The result of interval estimation can be concluded that 95% is believed that the average implementation of nurse caring behavior is between 161.07 and 165.07. The highest mean value in the sub variable development of a helping - trusting is 17.21.

Discussion

Professional nursing services be able to provide to individuals, families, and communities based on nursing knowledge and tips that integrate intellectual, technical, interpersonal, and ethical and legal competencies to help others, both sick and healthy. Cognitive abilities provide intellectuals to prioritize critical thinking in every decision making. Technical competence relates to skills in performing nursing actions following the standard procedure operational. Meanwhile, ethical and legal competencies can appear when nurses act morally independently and are fully responsible for carrying out nursing care professionally.

Nursing performance is a guideline and standard in nursing services. Nursing performance of implementing ethical principles in implementing nursing care is a standard of nursing practice listed stated in article 24 section 2 of Law No. 36 of 2009 consists of competency standards and standards of nursing practice.

The results showed that most of the perceptions of the application of ethics nurses in implementing nursing care were good, but the results of observations and interviews with several patients found that there were still patients who complained that some nurses did not respond to complaints, nurses sometimes did not ask for approval before taking action, the nurse said information is less clear, differentiates status, does not keep promises, nurses are not fair in doing nursing actions, do not provide comfort to patients, sometimes the nurse's room is too noisy which causes patients can not rest, and nurses do not provide information about the patient's condition.

According to the results of research, to be able to apply a code of ethics and ethical behavior by nurses, a leader is needed who can exemplify and teach the application of good and correct ethics in carrying out nursing care to patients⁷.

Most nurses feel that the ethical dilemma they experience is often related to the act of nursing. The ethical dilemma that nurses experience and not resolved to make nurses experience fatigue, helplessness, and even want to stop being nurses⁸.

Ethical behavior according to demographic factors

Based on the results of data analysis, there is no significant relationship between the demographic characteristics of nurses and the performance of nurses in applying ethical principles in nursing care. As you get older, a person's ability to make decisions, rational think, and behave well by the norms of others will increase, as well as nurses at a young age who still maintain their ideal so that they try to comply with the standards applicable in their workplace. It can explain the results of the study that there is no relationship between age and the application of nurse ethics in nursing care.

There is no relationship between the length of work and the application of ethical principles. The average length of work for nurses is seven years. Most of the nurses have worked for two years. The application of ethical principles is not influenced by the length of work because by the researcher there is a mentoring system in the two research sites. Newly accepted nurses must attend an internship process for at least three months and

then a period of observation and mentoring for two years by a senior nurse. It is what will make there is no difference in the application of ethical principles to junior and senior nurses

. The results of the bivariate analysis showed that there was no difference between the sexes with the application of ethical principles. There are very few findings or previous research that states there is no relationship between gender and nurse performance. In short interviews with several nurses during the study, each nurse often discussed all the problems they had with the patient.

The research was conducted in an accredited hospital so that both male and female nurses applied ethical behavior as this became standard practice in the hospital. The implementation of a code of ethics and principles must be carried b.y health workers in hospitals based on the Regulation of the Minister of Health 2015

There is no difference in the implementation of ethical principles between nurses who are married or unmarried. Even though the application of ethical principles sometimes involves emotions, its application has been regulated in the laws related to health workers so that marital status does not affect nurses' behavior. At work, nurses put their emotions aside. The nurse's focus is on healing the patient.

The functional position of a nurse also does not affect the implementation of ethical principles. From the statistical results, there is no difference, but from the average score, the highest is the nurses who do not have a functional position (pre clinical nurse) although it is not significant. The nurse is doing her best to be able to move up to the functional position of first clinic nurse.

The relationship between caring attitude and the application of ethical principles

Although the application of ethics has no relationship at all with the characteristics of the respondent, it turns out that the application of ethics is related to the application of nurse caring behavior. Nurses who have a good caring attitude automatically carry out ethical principles in providing nursing care to patients. If seen from the relationship between sub variable caring, the most related sub-variables are the development of a helping-trusting, instillation of faith hope, and assistance of human needs.

Caring is a central or core concept for nursing but caring cannot be considered as a unique paradigm for the nursing profession because other health professions also consider caring as an integral part of their abilities consists of knowledge and skills. Watson defines caring as a science, the perspective of caring is based on a relationship ontology in which all those involved are in a relationship, unite, and have a relationship with one another. Caring behavior, according to Watson, is a process carried out by nurses that include knowledge, action, and is described as ten factors used in nursing practice in several different clinical settings⁹.

The impact of caring behavior that is felt by nurses is expected to generate motivation to work for nurses to optimize their performance, including applying the ethical principles of nursing in nursing care. Not many research results have been conducted and published regarding the relationship between caring behavior and the ethical application of nurses.

Nurses who have a sense of respect for human existence will see clients as unique individuals and assume that clients are entitled to treatment by their dignity as humans so that nurses provide care nursing by applying ethical principles such as respecting client choices, not differentiating between clients, allowing clients to participate in their care

and others¹⁰. Caring relationship that formed between the client and the nurse helps the nurse to get to know the client as a unique individual so that the nurse can determine appropriate and effective nursing actions for the client¹¹.

Caring behavior is an interaction between nurse and client that is continuous in providing nursing care¹². The aspect that is considered by the patient as nurse caring behavior is that the nurse knows what is being done, what the patient wants, the nurse can answer the client's questions clearly, and can provide the information the client needs in a language that the client can easily understand. The act of caring also means respecting the differences and uniqueness of the client as an individual^{13,14}.

This can be done by nurses if the nurse has knowledge about humans, aspects of growth and development, a response to a changing environment, limitations, and strengths, and human needs. Nurses who know humans will see clients as humanistic beings who must be treated according to client rights.

Conclusion

In general, the application of ethical principles by nurses has been terrific, there are only a few things that have not been done by nurses due to the nurse's ignorance and lack of information regarding what can be done to apply ethical principles in nursing care.

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