

ABSTRACT**EFFECT OF BECOMING-A-MOTHER LACTATION METHOD ON THE SUCCESS OF EARLY BREASTFEEDING INITIATION, BREASTFEEDING TECHNIQUE AND BREASTMILK DISCHARGE AT RUMAH SAKIT IBU ANAK KENDANGSARI SURABAYA****A Pre-Experimental Study****By:****Aben Bahagia Yuyoster Harsi Romana**

Early breastfeeding initiation (EBI) is the capability of infants to suckle immediately after birth, within the first 60 minutes or 1 hour after being born, and skin contact occurs between newborn and the mother. The success of lactation is also affected by the mother's preparedness and appropriate breastfeeding technique. Immediate and frequent breastmilk provision after birth has been proved to increase breastmilk production. In nursing theory of maternal role attainment - Becoming-a-Mother, developed by Ramona T. Mercer, the main focus is the process in achieving maternal role and the process to become a mother. The objective of this study was to identify the effect of becoming-a-mother lactation method on the success of early breastfeeding initiation, breastfeeding technique, and breastmilk discharge at Rumah Sakit Ibu Anak Kendangsari Surabaya.

This study was a pre-experimental study using post test only control group design. Samples were collected using non-probability sampling by means of consecutive sampling. Samples were pregnant women undergoing lactation class, comprising 28 respondents who met the inclusion criteria. Statistical data analysis was performed using Uji Wilcoxon signed ranks test and Mann Whitney test.

Results revealed there was no difference in husband support between both groups after the provision of becoming-a-mother lactation module ($p = 0.06$). There was no difference in mothers' knowledge in both groups after the provision of becoming-a-mother lactation module ($p = 0.324$), no difference in EBI time in both groups after the provision of becoming-a-mother lactation module ($p = 0.549$), no difference in breastfeeding technique in both groups after the provision of becoming-a-mother lactation module ($p = 0.979$), and there was no difference in breastmilk discharge in both groups after the provision of becoming-a-mother lactation module ($p = 0.453$).

In conclusion: Lactation module becoming-a-mother has no impact for successful initiation of early breastfeeding, breastfeeding technique and breastmilk discharge.

Keywords: success of early breastfeeding initiation, breastfeeding technique, breastmilk discharge, becoming-a-mother lactation model