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Telah melaksanakan penelitian pada tahun 2022 dengan judul sebagai berikut:

Growth of Bacillus sp. and Flavobacterium sp. in Culture Media with the Addition of Liquid Whey tofu Waste.

Adapun penelitian ini sudah mengacu pada prosedur pertimbangan etik dari American Fisheries Society (AFS, 2014) yang berjudul Guidelines for the Use of Fishes in Research dan Canadian Council on Animal Care (CCAC, 2005) yang berjudul Guidelines on the Care and Use of Fish in Research. teaching and Testing. Sehingga penelitian tersebut tidak perlu dilakukan Uji Ethical Clearence karena penelitiannya menggunakan mikroorganisme bakteri, tidak termasuk Vertebrata dan Cephalopoda, melainkan Avertebrata (CCAC, 2014: Guideline-1, hal 14).

Artikel ini sudah published dan menghasilkan output yang sangat baik.

Demikian surat keterangan ini kami buat untuk dapat dipergunakan sebagai persyaratan pengusulan Jabatan Fungsional Lektor Kepala atas nama Dr. Woro Hastuti Satyantini, Ir. M.Si.

Surabaya, 19 Juni 2023

Dekan

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# **Guidelines for the Use of Fishes** in Research

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### **Table of Contents**

Use of Fishes in Research Committee, 2014	vii
Preface	ix
Acknowledgments	xi
Statement of Purpose	xiii.
1. Introduction	1
2. General Considerations	3
2.1 Approval of Research Plans by IACUCs	3
2.2 Project Quality Assurance Plans and Standard Operating Procedures	4
2.3 Statistical Design	5
2.4 Mortality as an Experimental Endpoint	6
2.5 Fish Health Management: Control of Pathogens and Parasites	6
3. Statutory Requirements and Regulatory Bodies	9
3.1 International Regulations and Guidelines	9
3.2 Biosecurity	11
3.3 Federal, State, and Local Regulations	12
3.4 Permits and Certificates	14
4. Animal Welfare Considerations	17
4.1 General Considerations	17
4.2 Stress	17
4.2.1 Stages of Stress	18
4.2.2 Measuring and Avoiding Stress	18
4.3 Nociception and Pain	20
5. Field Activities	23
5.1 Habitat and Population Considerations	23
5.2 Field Collections	
5.2.1 Permits	23
5.2.2 Natural History Collections	24

7.10 Dangerous Species and Specimens in Captivity	51
7.11 Restraint of Fishes: Sedatives and Related Chemicals	52
7.12 Surgical Procedures	
7.13 Administration of Drugs, Biologics, and Other Chemicals	55
7.13.1 Drugs	55
7.13.2 Biologics and Other Chemicals	
7.13.3 Chemical Facility Anti-Terrorism Standards (CFATS)	56
8. Final Disposition of Experimental Animals	59
8.1 Euthanasia	59
8.2 Storage or Return to Aquatic Habitat	60
9. Future Revisions	61
10. Literature Cited	63
Appendix	85
Brief Checklist for IACUC Readiness	85
List of Low Regulatory Priority Drugs and Consideration for Their Use	86
Appendix Table 1. Low regulatory priority aquaculture drugs, indications, and doses	87
Appendix Table 2. OIE-notifiable causative disease agents for fish and amphibians	88
Index of Terms and Acronyms	89
Note on Additional Readings	90

### 4. Animal Welfare Considerations

### 4.1 General Considerations

Research involving living animals, including fishes, must be based on experimental designs and animal care practices that can lead to scientifically valid results. Fishes are acutely sensitive to stress (e.g., Barton and Iwama 1991), and responses may include changes in behavior (e.g., Martins et al. 2012), reduced growth, changes in osmotic status, suppressed immune systems (with consequent disease onset), and altered reproductive capacity (Iwama et al. 2006; Schreck et al. 2001; Schreck 2010). Accordingly, unless the experimental objectives require actions or conditions designed to test responses to stress, fishes should be maintained, handled, and tested under conditions that will not create such responses. The Guidelines addresses the conduct of scientific research and focuses on established facts and the processes through which knowledge is developed. Research plans submitted to IACUCs should address animal care considerations, in addition to the details of research goals, objectives, and procedures. The extent to which IACUCs incorporate personal values concerning animal welfare into their institutional guidelines is determined within each institution.

### 4.2 Stress

The study of stress has focused on how animals have evolved physiological and behavioral mechanisms to address the challenges of changing environmental conditions and then to permit them to maintain homeostasis, or self-sustaining balance. The set of environmental variables (conditions) best suited for the well-being of each species typically encompasses a specific range for each factor and species (see section 5.7 Facilities for Temporary Holding and Maintenance), as stress responses are species-specific (Schreck 2010). Accordingly, when fishes are maintained within these ranges, a state of homeostatic balance is expected. Deviations from homeostasis characterize a stress response. While many definitions for stress have been proposed, we employ the definition of Schreck (2000) and Schreck et al. (2001): "a physiological cascade of events that occurs when the organism is attempting to resist death or reestablish homeostatic norms in the face of insult." When stressed, fish generally attempt to reestablish homeostasis via a process known as "allostasis regulation in which they adjust their physiological function to re-establish a dynamic balance" (Sterling and Eyer 1988). While allostasis is generally adaptive because it helps keep animals alive in the face of a short-term stressor(s), it can be maladaptive over the long term and have negative consequences on growth, reproduction, and immunological health (Schreck 2010). Accordingly, investigators need to understand those factors that might cause stress in their experimental animal(s), the potential consequences, and how stress might be avoided by optimizing experimental conditions.

Each investigator and the IACUC should understand the conditions that minimize stress for the species in question. Extrapolation between taxa, however, must be avoided because differences exist among species (Schreck 2010). The factors and range of conditions appropriate for fishes typically will deviate substantially from those used for mammals. Assumptions and perceptions based on experiences with mammals, especially primates, must not be extrapolated to fishes; however, investigators should be aware of APHIS policy (i.e., Policy 11, USDA 2011, http://www.aphis.usda.gov/animal\_welfare/policy.php?policy=11).

### 4.2.1 Stages of Stress

Stress responses are elicited after a fish detects a threat. Recognizing and understanding the three stages of stress is important. Each warrants consideration in the design of animal care protocols:

- Stage 1. Primary stress responses vary among species but are characterized by immediate neuroendocrine responses including catecholamine and corticosteroid release and can be quantified by measuring blood hormones. Sometimes behavioral changes accompany these endocrine responses that help the animal cope with the stressor and, in and of themselves, have few consequences to health.
- Stage 2. The secondary stage of a stress response is characterized by changes in blood and tissue function evoked by the primary response. Secondary stress typically occurs within minutes of the primary response and is characterized by increased blood glucose and heart rate, diuresis, alteration of leukocyte count, altered osmolyte balance, and behavioral changes (see section 5.6 Handling and Transport). Although these responses can have short-term positive effects, many also are negative, so they should be avoided when possible. They can be evaluated through the study of extracted blood (see section 5.9 Collection of Blood and Other Tissues).
- Stage 3. Tertiary stress responses are associated with long-term exposure and negatively affect the well-being of the organism. Effects associated with tertiary stress include decreased growth, propensity to contract disease, and decreased reproductive function (Selye 1976; Schreck et al. 2001; Iwama et al. 2006; see sections 5.8 Field Acclimation and 7.3 Acclimation to Laboratory Conditions). The best way to avoid a tertiary stress response is to care for animals so as to minimize stress responses.

## 4.2.2 Measuring and Avoiding Stress

While the nature of stress is insidious, it also tends to be polymorphic, changing with time and taking different forms in different species at different stages in their lives. It is rarely feasible to measure changes in blood hormones to assess primary or secondary stress; therefore, investigators are advised to design experiments that avoid stress unless the purposes of the research require measurements of stress indicators. Important indicators of a lack of stress are persistence of normal behavioral activity and propensity to feed and grow. Careful experimental design and planning can ensure study results that are not confounded by unrecognized or

unmeasured stress. Unless the aim of the research is to establish optimal conditions for holding particular species of fish in captivity, such as captive propagation of endangered species, it is generally advisable for investigators to select species for experiments whose optimal holding conditions are known and can be recreated in the laboratory. Specific factors to consider include (1) choice of species, (2) history of the animals under study, (3) water chemistry, (4) water flow, (5) water temperature, (6) light conditions and cycles, (7) bottom substrate, (8) noise and other physical stimuli, (9) shelter, (10) stocking density, and (11) size of tank relative to body size and activity rate. Other variables, such as fish density or the presence or absence of tank covers, may be important. Species that are known as reliable laboratory models (e.g., Zebrafish or Japanese Medaka) or that are commonly used in fish culture (e.g., Channel Catfish *Ictalurus punctatus* or Rainbow Trout *Oncorhynchus mykiss*) might be selected whenever such a choice is compatible with research objectives.

In addition to the aforementioned factors that are associated with long-term maintenance, additional considerations apply when fishes are handled or subjected to various experimental manipulations.

- Handling should be minimized. Merely catching fish in nets can induce release of stress
  hormones, such as cortisol, within one minute. Fishes should be given time to recover
  from handling prior to use in experiments. The amount of recovery time needed may
  vary with species and conditions; therefore, preliminary tests would help to establish the
  appropriate recovery period.
- Effects of stressors can be reduced through the use of sedatives or by adding
   environmental salts to the holding water to reduce osmotic and related stress. (Note that
   marine fishes, due to their osmoregulatory requirements, can be an exception.) The
   specific salts and concentrations will vary depending on each fish species and
   environmental conditions. Sedatives themselves, however, can evoke physiological
   stress responses (Trushenski et al. 2012a), so they should be employed cautiously and in
   accordance with established guidelines.
- Environmental conditions from which fish originated, or are held, should not be changed rapidly. This is especially true for temperature conditions. An instantaneous change of 2°C in water temperature generally is not lethal, but it can cause detectable stress responses. Tolerable changes depend on the species, the life history stage, previous thermal history, and the initial holding conditions. Effects due to previous thermal history have been detected for as long as a month posttreatment. Rapid, substantial changes in water quality also should be avoided (see section 7.7 Water Quality).
- Fish densities should be appropriate. Fish which live in shoals should be kept as groups but not in such large groups that they are crowded and compete for food and space or degrade water quality.

# **Canadian Council on Animal Care**



# guidelines on: the care and use of fish in research, teaching and testing

This document, the CCAC guidelines on: the care and use of fish in research, teaching and testing, has been developed by the *ad loc* subcommittee on fish of the Canadian Council on Animal Care (CCAC) Guidelines Committee.

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# **TABLE OF CONTENTS**

A.	PRI	EFACE1		3.5 Redundancy in aquatic life support systems26
32	INT  1.  2.	ARY OF THE GUIDELINES O IN THIS DOCUMENT		4. Types of Systems       .26         4.1 Flow-through systems       .27         4.2 Recirculation systems       .27         4.3 Static systems       .27         4.4 Mesocosms       .28         5. Fish Housing       .28         5.1 Fish well-being       .28         5.2 Tank/enclosure design       .28
		3.1 Principles of the Three Rs		FACILITY MANAGEMENT, OPERATION AND MAINTENANCE
C.	<b>AC</b>	4.1 Responsibilities of livestigators         4.2 Responsibilities of the animal care committee		1. Security and Access       .31         2. General Maintenance of the Facility       .31         3. Environmental Monitoring and Control       .32         3.1 Management of water quality       .33         3.2 Temperature       .33         3.3 Oxygen       .34         3.4 Supersaturation       .34         3.5 pH       .35         3.6 Nitrogen compounds       .35         3.7 Carbon dioxide       .36         3.8 Salinity       .36         3.9 Toxic agents       .37
		Engineering and Design	E.	CAPTURE, ACQUISITION, TRANSPORTATION AND QUARANTINE

	4.	Acqu	uisition of Hatchery Fish39		3.3	Anesthesia
	5.	Trans	sportation39		3.4	Surgical equipment54
	6.		rantine and Acclimation		3.5	Incisions
		6.1	Quarantine		3.6	Suture materials and techniques54
		6.2	Acclimation		3.7	Pathophysiology of surgery and wound healing in fishes55
F.	H	JSB/	ANDRY		3.8	Postoperative care55
	1.		ord-keeping and Documentation42	4.		ministration of Compounds  1 Devices by Various Routes56
			Standard Operating Procedures42 General checklists		4.1	Branchial diffusion ("inhalation")
		1.3	Assessment of fish well-being 42		4.2	Oral56
	2.		sity and Carrying Capacity42		4.3	Injection
	3.	Food	d, Feeding and Nutrition43		4.4	Implants, windows
		3.1				and bioreactors57
		3.2	Food and feeding	5.	Tag	gging and Marking57
		3.3	Feed quality and storage43		5.1	Tissue marking58
			Larval weaning45		5.2	Tagging58
			Use of medicated feeds 45	6.	Co	llection of Body Fluids58
	4.		odstock and Breeding	7.	Tu	e of Infectious Disease Agents, morigenic or Mutagenic Agents, d Toxic and Noxious Compounds59
G.	н	EAL	TH AND DISEASE	8		dpoints and Criteria for Early
			ROL47		Eu	thanasia
	1.		Health Program47		8.1	Recognition of "pain", "distress" and "stress"
		1.1	Disease prevention		8.2	Choosing an appropriate
		1.2	Disease diagnosis and			endpoint60
н.			identification of pathogens	9	. M	onitoring62
		1.3	Injuries and other disorders 48	1	0. No	egative Reinforcement Modalities62
				1	1. Ex	ercise to Exhaustion
	E	EXPERIMENTAL PROCEDURES50		1	2. Er	vironmental Extremes62
	1.		ndling and Restraint50	1	3. G	enetically Modified Fish62
		1.1	Restraint of dangerous species51			
	2.	Res	tricted Environments51	I. E	EUT	HANASIA64
	3. Surgery51		2011			
			Surgical preparation and			POSITION OF FIGUR
			skin disinfection			POSITION OF FISH
		32	Water quality during surgery53		AFI	ER STUDY

	1. Consumption of Fish65	APPENDIX B
	2. Release of Fish to Wild65	ZOONOTIC DISEASE-
	3. Fish as Pets	TRANSMISSION OF FISH
	4. Transfer of Fish Between Facilities 65	DISEASES TO MAN
	5. Disposal of Dead Fish65	
K.	REFERENCES66	APPENDIX C GUIDELINES FOR CONTAINMENT
L.	GLOSSARY73	FACILITIES (FOR PATHOGEN STUDIES)79
М.	ABBREVIATIONS	APPENDIX D WATER QUALITY CRITERIA FOR
AP	PENDIX A	OPTIMUM FISH HEALTH - FOR
	RELEVANT GUIDELINES	COLDWATER, WARMWATER AND
	AND ORGANIZATIONS76	MARINE SPECIES OF FISH 84

physiological and hormonal responses to stressors (including noxious stimuli) which can be detrimental to their well-being. These CCAC guidelines both support the leadership role that Canadians play in fish research, and ensure that the welfare of fishes is carefully considered during the use of fishes for research, teaching and testing, recognizing that better welfare will result in better science.

### 3. Ethical Overview

### Guideline 1:

Fishes used in research, teaching and testing must be treated with the respect accorded to other vertebrate species.

The CCAC's surveillance system for animals used in research, teaching and testing is based on the principles of humane science, i.e. the Three Rs of Russell and Burch (Russell & Burch, 1959) - Reduction, Replacement and Refinement. For the CCAC, these principles are laid out in its policy statement on: ethics of animal investigation (CCAC, 1989). The ethics of animal investigation applies to all species covered by the CCAC system, i.e. all vertebrates and cephalopods.

In addition, the CCAC system takes a "moral stewardship" approach to the use of animals in science as explained in the CCAC Experimental Animal User Training Core Topics - Module 2, Ethics in Animal Experimentation (http://www.ccac.ca/en/CCAC\_Programs/ETCC/Module02/toc.html).

The first guideline statement in the CCAC guidelines on: institutional animal user training (CCAC, 1999a) states, "Institutions must strive through their training programs to sustain an institutional culture of respect for animal life".

### 3.1 Principles of the Three Rs

According to the CCAC policy statement on: ethics of animal investigation (CCAC, 1989), it is the responsibility of the local animal care committee (ACC) to ensure that fishes are used only if the investigator's best efforts to find a non-animal model have failed.

As for any other species covered by the CCAC system, investigators using fishes are required to use the most humane methods on the smallest

number of animals necessary to obtain valid information. This requires the use of a sound research strategy, including: identification of key experiments that determine whether a particular line of enquiry is worth pursuing; use of pilot studies; staging of in vitro to in vivo experiments where possible; and implementation of staged increase in test stimuli where possible (Balls et al., 1995). The numbers and species of animals required depend on the questions to be explored. Field studies, aquaculture studies and laboratory studies require different statistical designs; field studies and aquaculture production typically require the use of larger numbers of animals. The life stage of the fishes used in each study will also affect the numbers of animals needed. Studies of early life stages typically require large numbers of individuals. In all cases, studies should be designed to use the fewest animals necessary. Heffner et al. (1996) and Festing et al. (2002) provide discussions on the appropriate treatment of samples and experimental units. Investigators are encouraged to consult with a statistician to develop study designs that have the appropriate statistical power to accomplish the research objectives (Nickum et al., 2004).

The CCAC policy statement on: ethics of animal investigation (CCAC, 1989) also requires adherence to the following principles:

- animals must be maintained in a manner that provides for their optimal health and wellbeing, consistent with the demands imposed by the experimental protocol;
- animals must not be subjected to pain and/ or distress that is avoidable and that is not required by the nature of the relevent protocol;
- expert opinion must attest to the potential value of studies with all animals, including fishes (e.g., scientific merit for research, see CCAC policy statement on: the importance of independent scientific merit of animal based research projects [CCAC, 2000a]; pedagogical value for teaching; and the appropriateness of the method to provide data for testing according to current regulatory requirements);
- · if pain or distress is a justified component of