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Literary Studies

Materials Sciences

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July 2021

Issue of [Journal of Basic and Clinical Physiology and Pharmacology](#)

CONTENTS

JOURNAL OVERVIEW

Publicly Available June 25, 2021

Frontmatter

Page range: i-ii

[Cite this](#)

[Download PDF](#)

Original Articles

Unlicensed June 25, 2021

Cost of illness of diabetes mellitus in Indonesia: a systematic review

Yohana Febriani Putri Peu Patty, Mufarrihah, Yunita Nita

Page range: 285-295

[More ▼](#)

[Cite this](#)

Unlicensed June 25, 2021

Social media health interventions to improve diabetes mellitus patient outcome: a systematic review

Riza Alfian, Umi Athiyah, Yunita Nita

Page range: 297-304

[More ▼](#)

[Cite this](#)

🔒 Unlicensed June 25, 2021

Developing pharmacokinetics–pharmacodynamics model of valproic acid syrup based on prediction of population pharmacokinetics parameter and seizure frequency in Indonesian pediatric epilepsy outpatients

I Komang Prawira Nata Nugraha, Anita Purnamayanti, I Gusti Ngurah Made Suwarba, Nani Parfati

Page range: 305-311

[More ▼](#)

[Cite this](#)

🔒 Unlicensed June 25, 2021

Acetylcholinesterase inhibitory activity of extract and fractions from the root of *Rauvolfia serpentina*(L.) Bth.ex Kurz

Suciati, Debora Poerwantoro, Aty Widyawaruyanti, Kornkanok Ingkaninan

Page range: 313-317

[More ▼](#)

[Cite this](#)

🔒 Unlicensed June 25, 2021

Green tea and its active compound epigallocatechin-3-gallate (EGCG) inhibit neuronal apoptosis in a middle cerebral artery occlusion (MCAO) model

Abdulloh Machin, Imam Susilo, Djoko A. Purwanto

Page range: 319-325

[More ▼](#)

[Cite this](#)

🔒 Unlicensed June 25, 2021

The effects of quercetin on nicotine-induced reward effects in mice

Mahardian Rahmadi, Dian Suasana, Silvy Restuning Lailis, Dinda Monika Nusantara Ratri, Chrismawan Ardianto

Page range: 327-333

[More ▼](#)

[Cite this](#)

Unlicensed June 25, 2021

Resveratrol ameliorates physical and psychological stress-induced depressive-like behavior

Chrismawan Ardianto, Aniek Setiya Budiatin, I Nengah Budi Sumartha, Nurrahmi Nurrahmi, Mahardian Rahmadi, Junaidi Khotib

Page range: 335-340

More ▼

Cite this

Unlicensed June 25, 2021

Translation and cross-cultural adaption of an instrument measuring patient's well-being under treatment for schizophrenia

Julaeha Julaeha, Umi Athiyah, Margarita Maria Maramis, Agus Sugianto, Andi Hermansyah

Page range: 341-347

More ▼

Cite this

Unlicensed June 25, 2021

Quercetin promotes behavioral recovery and biomolecular changes of melanocortin-4 receptor in mice with ischemic stroke

Tuhfatul Ulya, Chrismawan Ardianto, Putri Anggreini, Aniek Setiya Budiatin, Dwi Setyawan, Junaidi Khotib

Page range: 349-355

More ▼

Cite this

Unlicensed June 25, 2021

Knowledge and attitudes of healthcare professionals on prescribing errors

Desak Ketut Ernawati, Ida Ayu Alit Widhiartini, Endang Budiarti

Page range: 357-362

More ▼

Cite this

Unlicensed June 25, 2021

Inhibition of Ras and STAT3 activity of 4-(tert-butyl)-N-carbamoylbenzamide as antiproliferative agent in HER2-expressing breast cancer cells

Aguslina Kirtishanti, Siswandono Siswodihardjo, I Ketut Sudiana, Desak G. A. Suprabawati, Aristika Dinaryanti

Page range: 363-371

More ▼

Cite this

Unlicensed June 25, 2021

Predicting the molecular mechanism of glucosamine in accelerating bone defect repair by stimulating osteogenic proteins

Maria Apriliani Gani, Ahmad Dzulfikri Nurhan, Aniek Setiya Budiati, Siswandono Siswodihardjo, Junaidi Khotib

Page range: 373-377

More ▼

Cite this

Unlicensed June 25, 2021

Larvicidal toxicity and parasporal inclusion of native *Bacillus thuringiensis* BK5.2 against *Aedes aegypti*

Salamun, Fatimah, Ahmad Fauzi, Seling N. Praduwana, Ni'matuzahroh

Page range: 379-384

More ▼

Cite this

Unlicensed June 25, 2021

Synthesis, ADMET predictions, molecular docking studies, and *in-vitro* anticancer activity of some benzoxazines against A549 human lung cancer cells

Melanny Ika Sulistyowaty, Retno Widyowati, Galih Satrio Putra, Tutuk Budiati, Katsuyoshi Matsunami

Page range: 385-392

More ▼

Cite this

Unlicensed June 25, 2021

Thymoquinone and its derivatives against breast cancer with HER2 positive: *in silico* studies of ADMET, docking and QSPR

Adinda Adelia Wulandari, Achmad Aziz Choiri, Fitria, Tri Widiandani

Page range: 393-401

More ▼

Cite this

🔒 Unlicensed June 25, 2021

Assessment of patient understanding of their conventional cardiac medicines and herbal prepared/derived products: preliminary survey and interviews with selected community-dwelling elderly patients in the Philippines

Jay P. Jazul, Trisha Michaela G. Arciga, Mary Angelie C. Ante, Danavin Gwyneth B. Berlin, Loise Francoise L. Ravana, Samantha A. Reyes, Jashanjit Singh

Page range: 403-413

More ▼

Cite this

🔒 Unlicensed June 25, 2021

The development and validation of the health belief model questionnaire for measuring factors affecting adherence in the elderly with hypertension

Rodhiyatul Fithri, Umi Athiyah, Elida Zairina

Page range: 415-419

More ▼

Cite this

🔒 Unlicensed June 25, 2021

Analysis of the side effect of QTc interval prolongation in the bedaquiline regimen in drug resistant tuberculosis patients

Denny Ardhiyanto, Suharjono, Soedarsono, Umi Fatmawati

Page range: 421-427

More ▼

Cite this

🔒 Unlicensed June 25, 2021

Shallot skin profiling, computational evaluation of physicochemical properties, ADMET, and molecular docking of its components against P2Y12 receptor

Juni Ekowati, Kholidah Febriani, Itsna N. A. Yaqin, Adinda A. Wulandari, Indra H. Mulya, Kholis A. Nofianti, Achmad Syahrani

Page range: 429-437

More ▼

Cite this

🔒 Unlicensed June 25, 2021

Analysis of HMGB-1 level before and after providing atorvastatin standard therapy in coronary artery disease patients with type-2

diabetes mellitus compared to without type-2 diabetes mellitus*Widya Handayani, Suharjono, Mohammad Yogiarto**Page range: 439-446*[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

Analysis of matrix metalloproteinase-9 levels among acute heart failure patients with ACE inhibitor therapy (Dr. Soetomo Regional General Hospital, Surabaya)*Ira Purbosari, Bambang Zubakti Zulkarnain, Muh Aminuddin, Umi Fatmawati**Page range: 447-451*[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

The correlation between self-related adherence, asthma-related quality of life and control of asthma in adult patients*Elida Zairina, Gesnita Nugraheni, Gusti Noorrizka Veronika Achmad, Arie Sulistyarini, Yunita Nita, Arief Bakhtiar, Muhammad Amin**Page range: 453-458*[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

Providing counseling through home pharmacy care (HPC) for hemodialysis patients with hypertension in lowering blood pressure*Rahmiyati Daud, Bambang Subakti Zulkarnain, Ivan Virnanda Amu**Page range: 459-465*[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

Community knowledge and attitude in recognizing asthma symptoms and using medication for asthma attacks: a cross-sectional study*Arina Dery Puspitasari, Bindaria Mutmaina Prabawati, Alfian Nur Rosyid**Page range: 467-472*[More ▼](#)[Cite this](#)

🔒 Unlicensed June 25, 2021

A study of anticoagulant therapy in patients with coronary artery disease

Arina D. Puspitasari, Daniel Dwi Christiananta Salean, Didik Hasmono, Rudy Hartono, Meity Ardiana

Page range: 473-478

More ▼

Cite this

🔒 Unlicensed June 25, 2021

The association of FKBP5 polymorphism with asthma susceptibility in asthmatic patients

Sura F. Alsaffar, Haider Abdulhameed Alqaraghuli, Jabbar H. Yenzeel, Haider F. Ghazi

Page range: 479-484

More ▼

Cite this

🔒 Unlicensed June 25, 2021

Gastroprotective effect of fluvoxamine and ondansetron on stress-induced gastric ulcers in mice

Mahardian Rahmadi, Nily Su'aida, Pratiwi Yustisari, Wahyu Agung Dewaandika, Elma Oktavia Hanaratri, Mareta Rindang Andarsari, Sumarno, Toetik Aryani

Page range: 485-490

More ▼

Cite this

🔒 Unlicensed June 25, 2021

Osteoblast iron genes: real time PCR and microarray hybridization approach under hyperoxia

Prihartini Widiyanti, Hartmut Kuehn, Soetjipto Soetjipto

Page range: 491-496

More ▼

Cite this

🔒 Unlicensed June 25, 2021

Attenuation of hyperplasia in lung parenchymal and colonic epithelial cells in DMBA-induced cancer by administering *Andrographis paniculata* Nees extract using animal model

Aniek Setiya Budiadin, Ilham Bagus Sagitaras, Ika Putri Nurhayati, Nismatun Khairah, Khoirotin Nisak, Imam Susilo, Junaidi Khotib

Page range: 497-504

More ▼

Cite this

Unlicensed June 25, 2021

N-nitrosodiethylamine induces inflammation of liver in mice

Devy Maulidya Cahyani, Andang Miatmoko, Berlian Sarasitha Hariawan, Kusuma Eko Purwantari, Retno Sari

Page range: 505-510

More ▼

Cite this

Unlicensed June 25, 2021

AST/ALT levels, MDA, and liver histopathology of *Echinometra mathaei* ethanol extract on paracetamol-induced hepatotoxicity in rats

Angelica Kresnamurti, Dita Nurlita Rakhma, Amitasari Damayanti, Septiyan Dwi Santoso, Enggar Restryarto, Wifqi Hadinata, Iwan Sahrial Hamid

Page range: 511-516

More ▼

Cite this

Unlicensed June 25, 2021

Development, characterization, molecular docking, and *in vivo* skin penetration of coenzyme Q10 nanostructured lipid carriers using tristearin and stearyl alcohol for dermal delivery

Ni Luh Dewi Aryani, Siswandono Siswodihardjo, Widji Soeratri, Nadia Fitria Indah Sari

Page range: 517-525

More ▼

Cite this

Unlicensed June 25, 2021

The effect of *Camellia sinensis* (green tea) with its active compound EGCG on neuronal cell necroptosis in *Rattus norvegicus* middle cerebral artery occlusion (MCAO) model

Abdulloh Machin, Ramidha Syaharani, Imam Susilo, Muhammad Hamdan, Dyah Fauziah, Djoko Agus Purwanto

Page range: 527-531

More ▼

Cite this

Unlicensed June 25, 2021

Hepatoprotective effect of ethanolic extract of sugarcane (*Saccharum officinarum* Linn.) leaves

Ika P. Dewi, Rifdah B. Kwintana, Jihan U. Ulinnuha, Fadhillah Rachman, Fransiska M. Christianty, Diana Holiday

Page range: 533-540

More ▾

Cite this

Unlicensed June 25, 2021

Correlation between the exposure time to mobile devices and the prevalence of evaporative dry eyes as one of the symptoms of computer vision syndrome among Senior High School students in East Java, Indonesia

Rozalina Loebis, Bambang Subakti Zulkarnain, Nadhifa Zahra

Page range: 541-545

More ▾

Cite this

Unlicensed June 25, 2021

The effect of various high-fat diet on liver histology in the development of NAFLD models in mice

Mahardian Rahmadi, Ahmad Dzulfikri Nurhan, Eka Dewi Pratiwi, Devita Ardina Prameswari, Sisca Melani Panggono, Khoirotin Nisak, Junaidi Khotib

Page range: 547-553

More ▾

Cite this

Unlicensed June 25, 2021

Fabrication and characterization of bovine hydroxyapatite-gelatin-alendronate scaffold cross-linked by glutaraldehyde for bone regeneration

Samirah, Aniek Setiya Budiadin, Ferdiansyah Mahyudin, Junaidi Khotib

Page range: 555-560

More ▾

Cite this

Unlicensed June 25, 2021

Health related quality of life among postmenopausal woman with hormone responsive HER2- breast cancer in Indonesia

Ria Etikasari, Tri Murti Andayani, Dwi Endarti, Kartika Widayati Taroeno-Hariadi

Page range: 561-565

[More ▼](#)

[Cite this](#)

 Unlicensed June 25, 2021

Gender differences in the blood glucose type 2 diabetes patients with combination rapid and long acting insulin therapy

Dinda M. N. Ratri, Arina D. Puspitasari, Cahyo W. Nugroho, Budi Suprpti, Suharjono, Christoper P. Alderman

Page range: 567-570

[More ▼](#)

[Cite this](#)

 Unlicensed June 25, 2021

Correlation of dietary iron intake and serum iron with thyroid stimulating hormone (TSH) and free thyroxine (FT4) levels in adult hyperthyroid patients

Utami Harjantini, Yulia Lanti Retno Dewi, Diffah Hanim, Ida Nurwati

Page range: 571-576

[More ▼](#)

[Cite this](#)

 Unlicensed June 25, 2021

The effect of pillbox use and education by pharmacist toward medication adherence in diabetes mellitus patients in a Primary Health Care Center in Mataram

Mahacita Andanalusia, Yunita Nita, Umi Athiyah

Page range: 577-582

[More ▼](#)

[Cite this](#)

 Unlicensed June 25, 2021

Variation concentration effect of propyleneglycol, glycerin, and polyethyleneglycol 400 to physical properties and dissolution rate of loratadine liquisolid tablet

Mikhania Christiningtyas Eryani, Esti Hendradi, Siswandono

Page range: 583-587

[More ▼](#)

[Cite this](#)

Unlicensed June 25, 2021

Role of *Centella asiatica* and ceramide in skin barrier improvement: a double blind clinical trial of Indonesian batik workers

Sylvia Anggraeni, Menul Ayu Umborowati, Damayanti Damayanti, Anang Endaryanto, Cita Rosita Sigit Prakoeswa

Page range: 589-593

More ▼

Cite this

Unlicensed June 25, 2021

Secondary metabolite and antipyretic effects of Maja (*Crescentia cujete* L.) in fever-induced mice

Teodhora, Munawarohthus Sholikha, Asniatul Ania, Ika Maruya Kusuma

Page range: 595-601

More ▼

Cite this

Unlicensed June 25, 2021

Hydration effect on kidney function and serum electrolyte in children with tumor lysis syndrome (TLS) and risk of TLS

Yulistiani, Claudia Tiffany, I. Dewa Gede Ugrasena, Mariyatul Qibtiyah

Page range: 603-609

More ▼

Cite this

Unlicensed June 25, 2021

Drug utilization study and cost analysis of adult β -thalassemia major patient therapy at Dr. Soetomo General Hospital Surabaya

Hasna Qatrunnada, Suharjono, Siprianus Ugroseno Yudho Bintoro, Siti Wahyuni

Page range: 611-616

More ▼

Cite this

Unlicensed June 25, 2021

The role of hyperbaric oxygen to platelet aggregation in noninsulin-dependent diabetes mellitus (NIDDM)

Prihartini Widiyanti, Purnomo Suryohudoyo

Page range: 617-621

More ▼

Cite this

Unlicensed June 25, 2021

Cocrystal formation of loratadine-succinic acid and its improved solubility

Dwi Setyawan, Firdaus Rendra Adyaksa, Hanny Lystia Sari, Diajeng Putri Paramita, Retno Sari

Page range: 623-630

More ▾

Cite this

Unlicensed June 25, 2021

The role of chondroitin sulfate to bone healing indicators and compressive strength

Herry Wibowo, Prihartini Widiyanti, Syaifullah Asmiragani

Page range: 631-635

More ▾

Cite this

Unlicensed June 25, 2021

The effects of quercetin on the expression of SREBP-1c mRNA in high-fat diet-induced NAFLD in mice

Jamal Nasser Saleh Al-maamari, Mahardian Rahmadi, Sisca Melani Panggono, Devita Ardina Prameswari, Eka Dewi Pratiwi, Chrismawan Ardianto, Santhra Segaran Balan, Budi Suprapti

Page range: 637-644

More ▾

Cite this

Unlicensed June 25, 2021

Analysis of stress ulcer prophylaxis drug regimentation in surgical patients

Dhani Wijaya, Suharjono, Fendy Matulatan, Elfri Padolo

Page range: 645-649

More ▾

Cite this

Unlicensed June 25, 2021

The stability and irritability study of the chitosan-Aloe vera spray gel as wound healing

Dini Retnowati, Retno Sari, Esti Hendradi, Septiani Septiani

Page range: 651-656

[More ▼](#)[Cite this](#)

🔒 Unlicensed June 25, 2021

Effectiveness of citicoline in pediatric patients with refractive amblyopia in Surabaya, East Java, Indonesia

Rozalina Loebis, Bambang Subakti Zulkarnain, Fitri Amalia Siswanto

Page range: 657-661

[More ▼](#)[Cite this](#)

🔒 Unlicensed June 25, 2021

The thermodynamic study of *p*-methoxycinnamic acid inclusion complex formation, using β -cyclodextrin and hydroxypropyl- β -cyclodextrin

Dewi Isadiartuti, Noorma Rosita, Juni Ekowati, Achmad Syahrani, Toetik Ariyani, M. Ainur Rifqi

Page range: 663-667

[More ▼](#)[Cite this](#)

🔒 Unlicensed June 25, 2021

The effect of chitosan type and drug-chitosan ratio on physical characteristics and release profile of ketoprofen microparticles prepared by spray drying

Muhammad A. S. Rijal, Hanah Masitah, Fanny Purvitasari, Retno Sari

Page range: 669-673

[More ▼](#)[Cite this](#)

🔒 Unlicensed June 25, 2021

The maximum dose and duration in the therapy single use methotrexate to achieve remission by rheumatoid arthritis patients through disease activity score 28 (DAS28)

Anisyah Achmad, Tika Yasmin Rahmayanti, Bagus Putu Putra Suryana

Page range: 675-680

[More ▼](#)[Cite this](#)

🔒 Publicly Available June 25, 2021

Knowledge, attitudes, and practices (KAP) towards COVID-19 among university students in Pakistan: a cross-sectional study

Shah Faisal, Junaidi Khotib, Elida Zairina

Page range: 681-686

[More ▼](#)

[Cite this](#)

[Download PDF](#)

 Unlicensed June 25, 2021

The impact of glutaraldehyde on the characteristics of bovine hydroxyapatite-gelatin based bone scaffold as gentamicin delivery system

Aniek Setiya Budiadin, Maria Apriliani Gani, Chrismawan Ardianto, Samirah, Sahrati Yudiaprijah Daeng Pattah, Fitroh Mubarokah, Junaidi Khotib

Page range: 687-691

[More ▼](#)

[Cite this](#)

 Unlicensed June 25, 2021

Analysis of the use of antibiotics profile and factors of surgical site infections study on digestive and oncology surgeries

Lisa Narulita, Suharjono, Kuntaman, Mohammad Akram

Page range: 693-700

[More ▼](#)

[Cite this](#)

 Unlicensed June 25, 2021

Second internal transcribed spacer (ITS-2) as genetic marker for molecular characterization of *Sarcoptes scabiei* in rabbits from several areas of East Java, Indonesia

Nunuk Dyah Retno Lastuti, Nur Rusdiana, Poedji Hastutiek

Page range: 701-705

[More ▼](#)

[Cite this](#)

 Unlicensed June 25, 2021

Design of gossypetin derivatives based on naturally occurring flavonoid in *Hibiscus sabdariffa* and the molecular docking as antibacterial agents

Nuzul W. Diyah, Isnaeni, Shabrina W. Hidayati, Bambang T. Purwanto, Siswandono

Page range: 707-714

[More ▼](#)

[Cite this](#)

Unlicensed June 25, 2021

Discovery of new targeting agents against GAPDH receptor for antituberculosis drug delivery

Muhammad Amirul Asyraf Noh, Siti Sarah Fazalul Rahiman, Habibah A Wahab, Amirah Mohd Gazzali

Page range: 715-722

More ▼

Cite this

Unlicensed June 25, 2021

The effect of red passion fruit (*Passiflora edulis* Sims.) fermentation time on its activity against Extended Strain Methicillin-Resistant (ESBL) *Escherichia coli* and Methicillin-Resistant *Staphylococcus aureus* (MRSA)

Iif Hanifa Nurrosyidah, Ni Made Mertaniasih, Isnaeni

Page range: 723-727

More ▼

Cite this

Unlicensed June 25, 2021

Antibiotic use on acute respiratory tract infection nonpneumonia and nonspecific diarrhea in Primary Health Care Centre in Banjarbaru City, South Kalimantan, Indonesia

Rizky Liestya Wardani, Suharjono, Kuntaman, Agus Widjaja

Page range: 729-735

More ▼

Cite this

Unlicensed June 25, 2021

Screening of anti-HIV activities in ethanol extract and fractions from *Ficus fistulosa* leaves

Siti Qamariyah Khairunisa, Dwi Wahyu Indriati, Lidya Tumewu, Aty Widyawaruyanti, Nasronudin Nasronudin

Page range: 737-742

More ▼

Cite this

Unlicensed June 25, 2021

The characteristics of lactic acid bacteria isolated from fermented food as potential probiotics

Victoria Yulita Fitriani, Budi Suprapti, Muhammad Amin

Page range: 743-749

More ▼

Cite this

Unlicensed June 25, 2021

Profile of *gyrA* gene mutation in clinical isolate of levofloxacin resistant *Escherichia coli*

Alifia Risma Fahmi, Suharjono, Kuntaman

Page range: 751-754

More ▼

Cite this

Unlicensed June 25, 2021

Antimicrobial activity of *Centella asiatica* and *Gigantochloa apus* *Siti Mudaliana*

Page range: 755-759

More ▼

Cite this

Unlicensed June 25, 2021

Drug-related problems of antibiotic use in gastroenteritis related to patient therapy outcomes at Universitas Gadjah Mada Hospital

Fivy Kurniawati, Nanang Munif Yasin, Farida Aulia, Gidfrie Vinanda Krisha

Page range: 761-766

More ▼

Cite this

Unlicensed June 25, 2021

The impact of suitability of empirical antibiotics use on therapeutic outcome of respiratory tract infection patients at inpatient wards of Universitas Gadjah Mada Academic Hospital

Fivy Kurniawati, Nanang Munif Yasin, Safina Nur Azizah, Silvia Ayu

Purbaningtyas

Page range: 767-771

More ▼

Cite this

Unlicensed June 25, 2021

Genetic profile mutation *rpoB* in clinical isolate of rifampicin-resistant *Staphylococcus aureus*

Risa Zulfiana, Suharjono, Kuntaman

Page range: 773-776

[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

Hematological side effect analysis of linezolid in MDR-TB patients with individual therapy

Novan Yusuf Indra Pratama, Bambang Subakti Zulkarnain, Soedarsono, Umi Fatmawati

Page range: 777-781

[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

Adverse drug reaction and its management in tuberculosis patients with multidrug resistance: a retrospective study

Wenny Putri Nilamsari, Muhammad Fajar Rizqi, Natasya Olga Regina, Prastuti Asta Wulaningrum, Umi Fatmawati

Page range: 783-787

[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

Analysis of prophylactic antibiotic use and risk factor of postoperative infection in urological surgery patients

Ratri Rokhani, Suharjono, Kuntaman, Mohammad Akram

Page range: 789-794

[More ▼](#)[Cite this](#)

Unlicensed June 25, 2021

Molecular docking studies of *Nigella sativa* L and *Curcuma xanthorrhiza* Roxb secondary metabolites against histamine N-methyltransferase with their ADMET prediction

Ahmad Dzulfikri Nurhan, Maria Apriliani Gani, Aniek Setiya Budiadin, Siswandono Siswodihardjo, Junaidi Khotib

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Agnis P.R. Aditama, Burhan Ma'arif, Hening Laswati, Mangestuti Agil

Page range: 881-887

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Page range: 889-894

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History

Industrial Chemistry

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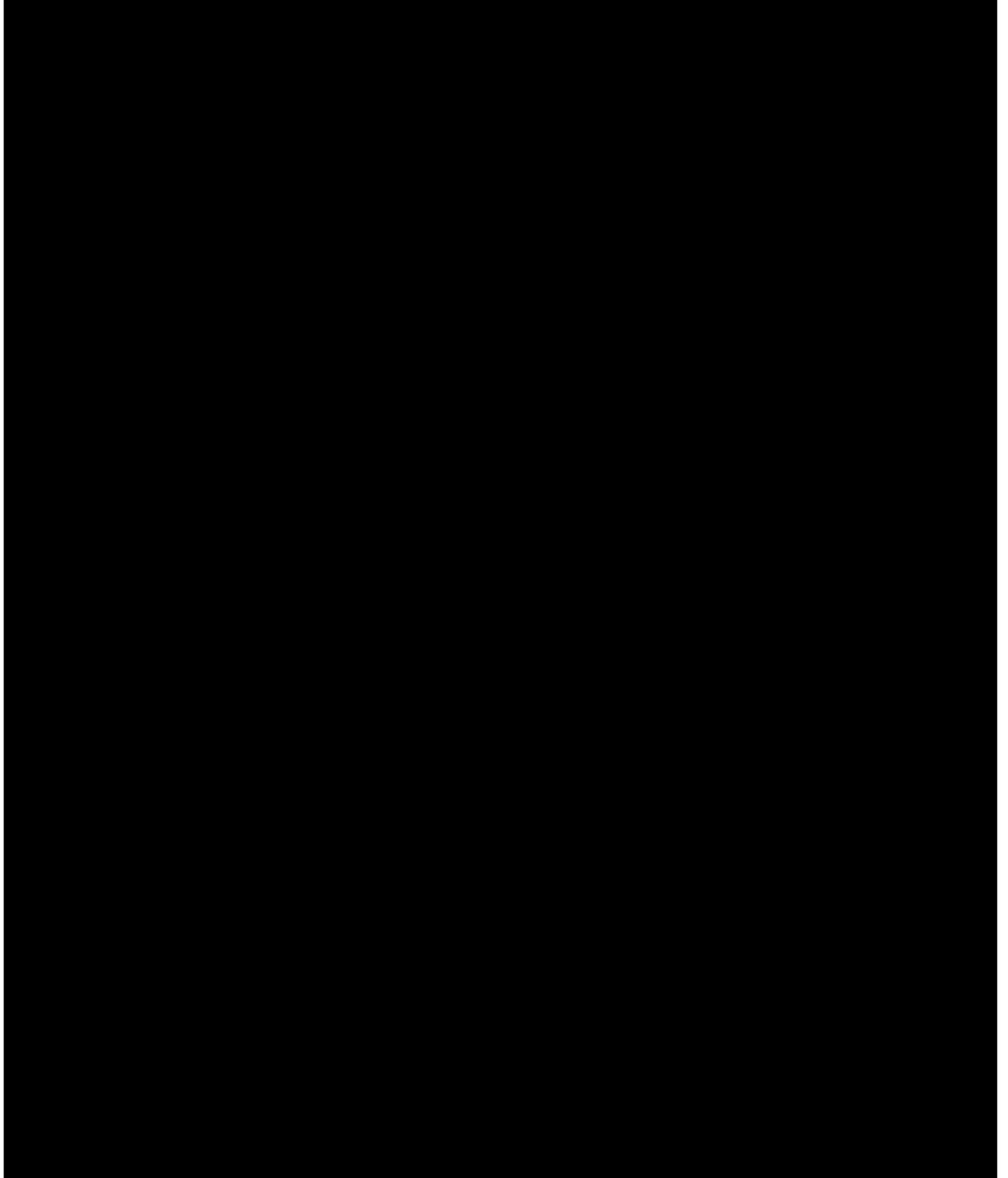
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Gastroprotective effect of fluvoxamine and ondansetron on stress-induced gastric ulcers in mice

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Abstract

Objectives: The association between stress and gastric ulcers has been well reported. This study is divided into two parts: the first part of this study is consisted of analyzing the effect of fluvoxamine administration by intracerebroventricular (ICV) and intraperitoneal (IP) injections on stress-induced gastric ulcers. The second part investigates the effect of ondansetron in influencing the protection of the gastric mucous by giving fluvoxamine to the mice before being induced with stress.

Methods: Water immersion restraint stress (WIRS) was used to induce stress. Fluvoxamine 50 and 100 mg/kg by IP injection, fluvoxamine 9.3 µg, and 18.6 µg by ICV injection 30 min before the induction of stress. Meanwhile, single drug and in combination administered to the mice, ondansetron 3 mg/kg was given by IP at 60 min, and fluvoxamine 50, 100 mg/kg orally at 30 min before stress induction.

Results: The obtained results show fluvoxamine 50 and 100 mg/kg by IP, and fluvoxamine 18.6 µg by ICV had significantly reduced ulcer index with $p < 0.005$, $p < 0.001$, and $p < 0.005$ while fluvoxamine 9.3 µg showed the insignificant result. Fluvoxamine 50 mg/kg, fluvoxamine 100 mg/kg, and ondansetron 3 mg/kg monotherapy have a significant reduction in ulcers with $p < 0.005$, $p < 0.001$, and $p < 0.05$, while the combination drugs showed an insignificant reduction in ulcers.

Conclusions: Fluvoxamine with different administration routes and ondansetron monotherapy before stress reduce the occurrence of gastric ulcers, while the combination

drugs did not increase the protective effect of the gastric mucosa.

Keywords: fluvoxamine; gastric ulcers; health risk; ondansetron; stress.

Introduction

Ulcers are described as open sores cut through the thickness of gastrointestinal mucosal [1]. Peptic ulcer is a disorder in the digestive tract characterized by mucosal damage that extends to the submucosa or muscularis propria due to the secretion of pepsin and stomach acid. Peptic ulcer occurs most often in proximal duodenum (duodenal ulcers) and in the stomach (gastric ulcers), and rarely occurs in distal duodenum, jejunum, and in the lower esophagus [2, 3], approximately four million gastric ulcers cases recorded in the world per year [4].

The pathophysiology of gastric ulcers is characterized as an imbalance between aggressive factors (e.g., leukotriene, stomach acid, pepsin, and *Reactive Oxygen Species* [ROS]) with defensive factors (e.g., prostaglandins [PG], mucosal perfusion, and bicarbonates) [5, 6]. *Helicobacter pylori* and prolonged use of nonsteroidal anti inflammatory drug (NSAID) are commonly known as associated with gastric ulcers [7]. Apart from *H. pylori* infection and the use of NSAIDs, gastric ulcers also occur due to stress [8].

Physiological stress triggers the *Hypothalamus–Pituitary–Adrenal* (HPA) axis activation and leads to secrete *Corticotropin-Releasing Factor* (CRF) and affects the secretion of *Adrenocorticotrophic Hormone* (ACTH), which stimulates cortisol secretion [9]. Cortisol inhibit phospholipase A2 and lead to a reduction of prostaglandin synthesis [10] and decrease blood flow to the gastric mucosa due to vasoconstriction on the vessels [11].

It has been well documented that the *Selective Serotonin Reuptake Inhibitor* (SSRI) such as fluvoxamine has a mechanism to inhibit the formation of ulcers in the stomach as indicated by a decrease in the value of the *Bax/Bcl-2* ratio in gastric tissue, escalate the expression of Hsp70 protein (one of the markers of gastric defends), reduction of

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ulcer index scores and intraluminal bleeding scores [4, 12–14]. Administration of fluvoxamine increases serotonin levels and activates its receptors, for instance, 5-HT₁-5-HT₇. Activation of the 5-HT₃ receptor increase gastric acid secretion and affect ulcer formation [15, 16]. The mechanism of the anti ulcer effect of SSRIs may influence by its effect on the brain, so it is necessary to research to see the effect of the direct route of SSRI on the brain by intracerebroventricular (ICV) and compare it with the systemic route by intraperitoneal (IP) and whether the administration of 5-HT₃ receptor antagonist (ondansetron) affect the gastric mucosa protection by SSRIs on stress-induced gastric ulcers.

Materials and methods

Materials

The materials used were fluvoxamine maleate 5 g (Wako Pure Chemical Industries, Osaka, Japan), ondansetron, normal saline 0.9% (PT. Widarta Bhakti, Pandaan, Pasuruan, Indonesia), tween 80 (Wako Pure Chemical Industries, Osaka, Japan). 1% tween were freshly prepared for solutions and drug suspensions.

Experimental animals and treatments

Male 6–8 week-old mice were used in the experiments. All mice were maintained under the same treatment and freely accessed water and standard chow, and subjected to a 12/12 h light-dark cycle. Experiments were performed under “The Guiding Principles for the Care and Use of Animal Research of Universitas Airlangga No. 683-KE”.

After an adaptation period of 2 weeks, 71 mice were randomly divided into two main groups: 36 mice into the comparative groups where fluvoxamine 50 & 100 mg/kg given by IP, and fluvoxamine 9.3 and 18.6 µg given by ICV 30 min before the induction of stress. A total of 35 mice divided into seven groups were treated with a single drug (monotherapy), and in combination, drugs are given to the mice, ondansetron 3 mg/kg given by IP at 60 min and fluvoxamine 50, 100 mg/kg orally at 30 min before stress induction.

Gastric ulcers induction

Induction of stress was conducted following the method of Ji et al. [17]. Stress induction was started 30 min after treated with fluvoxamine or 60 min after treated with ondansetron. All mice were immobilized in a restraint tube and immersed in a water bath to the depth of the xiphoid process at 23 °C for 6 h.

Assessment of gastric mucosal injury

Immediately after 6 h of stress induction, all mice were sacrificed, and the stomachs were removed, opened along the greater curve, and washed with the normal saline. The stomachs were assessed for the

severity of intraluminal bleeding, as explained by the following arbitrary scale described by Chiu et al. [18]. Ulcer index (UI) was indicated in terms of gastric mucosal lesions. Gastric tissues were pinned out flat on a corkboard and photographed for lesion assessment. The area with lesion was calculated in square millimeters, and the accumulative area of all sores assessed out of the severity of ulcers [17].

Statistical analysis

All results obtained are expressed as the mean ± standard error of the mean (SEM). One-way ANOVA followed by *Tukey's post-hoc* tests for UI and *Kruskal-Wallis* method followed by *Dunn's post-hoc* test for intraluminal bleeding score were used to evaluate the difference between the treated and control group. *p*-value <0.05 was claimed statistically significant.

Results

Effect of fluvoxamine given by ICV and IP on stress-induced gastric ulcers

The treatment of mice with *Water Immersion Restraint Stress* (WIRS) model to induce stress on mice produced gastric lesions. The ulcer index in treated groups of fluvoxamine 50, 100 mg/kg (IP) and 18.6 µg (ICV) showed significantly prevented the gastric ulcers as compared to the stress group (Figure 1A). The results for the severity of intraluminal bleeding show only fluvoxamine 100 mg/kg (IP) significantly decreased intraluminal bleeding as compared to the control group (Figure 1B). Meanwhile, the representative photograph of the stomach in both fluvoxamine (IP and ICV) shows that both administrations' route can reduce the occurrence of gastric ulcers. The lesions in the gastric lumen were depicted by the dark spots on the representative photograph (Figure 2). Fluvoxamine given by IP has slightly lesser dark spots' appearance than fluvoxamine given by ICV.

Effect of fluvoxamine and ondansetron on stress-induced gastric ulcers

The ulcer index in treated groups of fluvoxamine 50, 100 mg/kg and ondansetron 3 mg/kg (monotherapy) and in combination (fluvoxamine 50 mg/kg + ondansetron 3 mg/kg; fluvoxamine 100 mg/kg + ondansetron 3 mg/kg) showed significantly decreased as compared to the stress group (Figure 3A). Pretreatment mice with high dose of fluvoxamine 100 mg/kg monotherapy and in combination with ondansetron 3 mg/kg significantly reduced the

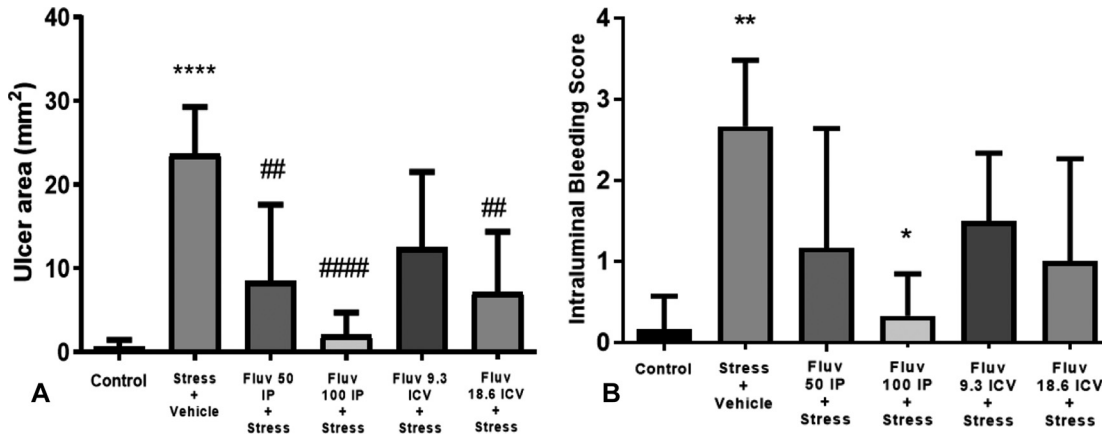


Figure 1: Effect of fluvoxamine given by ICV and IP on stress-induced gastric ulcers.

Effect of fluvoxamine given by ICV and IP decrease gastric ulcers. Ulcer index (A), stress group + vehicle vs. control group; stress group + fluvoxamine 50 mg/kg (IP); stress group + fluvoxamine 100 mg/kg (IP); stress + fluvoxamine 18.6 μ g (ICV) group; **** p <0.0001; ## p <0.005; #### p <0.0001; ## p <0.005 vs. stress group + vehicle. Intraluminal bleeding score (B), stress group + vehicle vs. control group, stress group + fluvoxamine IP 100 mg/kg; ** p <0.005; * p <0.05 vs. stress group + vehicle. Each column represents mean \pm SEM of six mice.

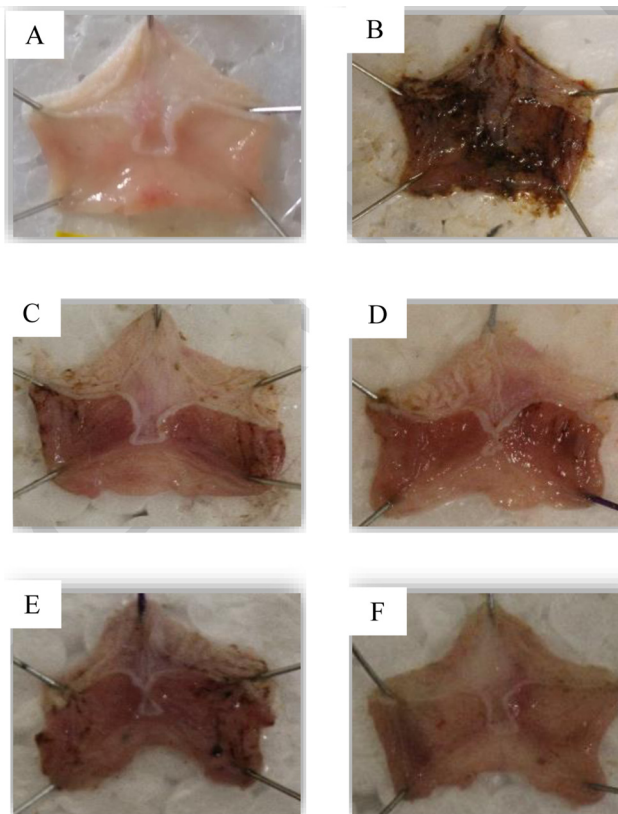


Figure 2: Representative photograph of the gastric lumen of mice. Control group (A), stress + vehicle group (B), fluvoxamine 50 mg/kg (IP) group (C), fluvoxamine 100 mg/kg (IP) group (D), fluvoxamine 9.3 μ g ICV group (E), and fluvoxamine 18.6 μ g ICV group (F). The blue line indicates the position of the ulcer.

intraluminal bleeding score as compared to the stress group (Figure 3B). The representative photograph of the stomach in both groups of fluvoxamine (monotherapy and combination) reduced the presence of dark spots in the lumen (Figure 4). A high dose of fluvoxamine with and without combination with ondansetron has lesser dark spots' appearance than fluvoxamine low dose and ondansetron monotherapy.

Discussion

The preventive effect of fluvoxamine was analyzing in mice using the WIRS model to induced stress. In the present study, the obtained results show administration by IP and ICV injection can reduce the occurrence of gastric ulcers. The ICV route's administration goal is to bypass the *Blood-Brain Barrier* (BBB) and other mechanisms that restrict the distribution of drugs to the brain [18]. The IP administration route is included as a parenteral route. However, the pharmacokinetics of drugs that are given by IP is comparable to the oral administration due to the primary route of absorption towards the mesenteric vessels, depleted within the portal vein, and traversed the liver [19]. Our previous study showed fluvoxamine 50 and 100 mg/kg have a protective effect against the gastric mucosa [4, 14]. Based on previous research conducted by Schreiber et al. [20], it was found that the IP dose of 50 mg/kg was equivalent to a dose of 9.3 μ g given by ICV, and

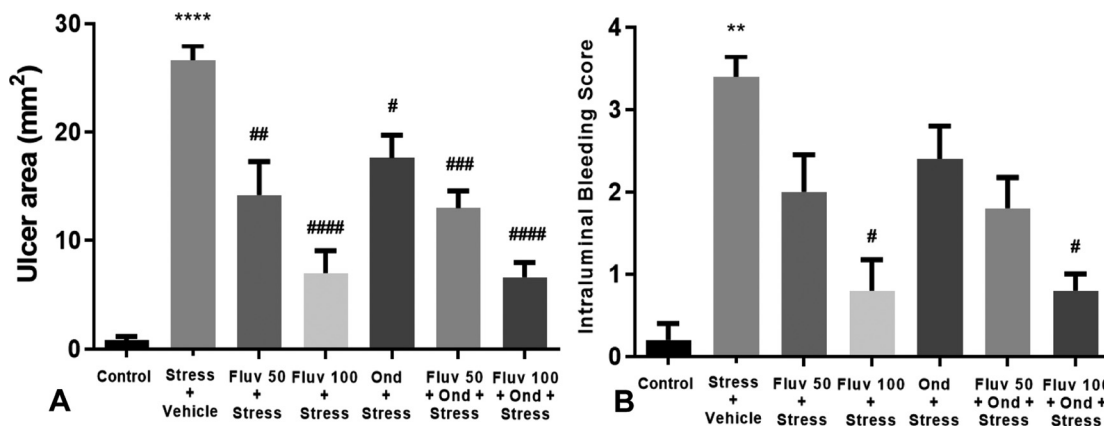


Figure 3: Effect of fluvoxamine and ondansetron on stress-induced gastric ulcers.

Effect fluvoxamine and ondansetron decrease gastric ulcers. Ulcer index (A) stress + vehicle, stress + fluvoxamine 50 mg/kg, stress + fluvoxamine 100 mg/kg, stress + ondansetron 3 mg/kg, stress + fluvoxamine 50 mg/kg + ondansetron 3 mg/kg, stress + fluvoxamine 100 mg/kg + ondansetron 3 mg/kg; **** $p < 0.0001$ vs. the control group; #### $p < 0.0001$, ### $p < 0.0005$, ## $p < 0.005$, # $p < 0.05$ vs. stress group. Intraluminal bleeding score (B) ** $p < 0.005$ vs. control group; # $p < 0.05$ vs. stress group. Each column represents the mean \pm SEM of five mice.

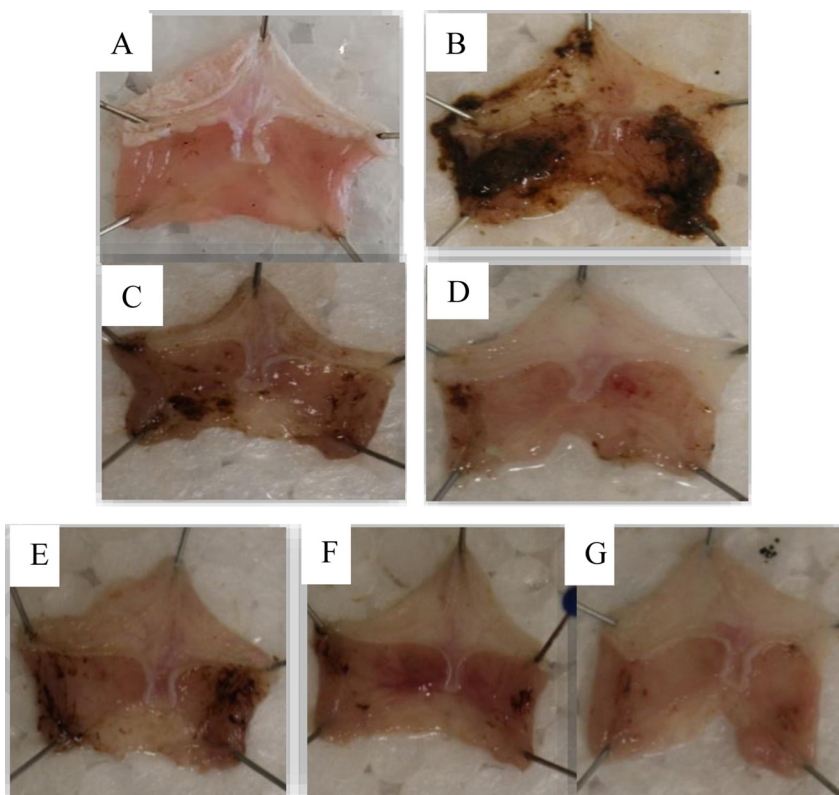


Figure 4: Representative photograph of the gastric lumen of mice.

Control group (A), stress + vehicle group (B), fluvoxamine 50 mg/kg group (C), fluvoxamine 100 mg/kg group (D), ondansetron 3 mg/kg group (E), fluvoxamine group 50 mg/kg + ondansetron 3 mg/kg group (F), and fluvoxamine group 100 mg/kg + ondansetron 3 mg/kg (G).

100 mg/kg IP was equivalent to 18.6 μ g ICV. The results in present study showed the IP administration greater than ICV. This can be due to serotonin levels in the gastrointestinal (GI) tract higher than in the brain. Serotonin is found about 80% in the GI track and the remnant being divided between the central nervous system (CNS) and the platelets [21].

Fluvoxamine works by blocking the reuptake of serotonin transporter (SERT), subsequently increase extracellular serotonin (5-HT) levels [22]. Serotonin administration has pharmacological effects, which inhibit gastric acid secretion, stimulate mucus discharge, stimulate the intestinal secretion, and stimulate ionic and mucus secretion [23, 24]. Serotonin on the brain may play a role in activating

the vagus nerve, and releasing serotonin in the brain due to stress increase gastric acid secretion, leading to an increased risk of gastric ulcers. Serotonin causes activation of 5-HT₃ receptors, which increase the activity of the vagus nerve [25]. The vagus nerve is a nerve that allocates a two-way affinity between the stomach and brain, consisting of afferent nerve fibers that send messages from the stomach to the CNS, and laden efferent that convey motor information from the dorsal motor nucleus to the stomach muscles [26].

The second part of this research examines the effect of 5-HT₃ receptor antagonist (ondansetron) in influencing the protection of the gastric mucous by giving fluvoxamine to the mice before being induced with stress. 5-HT₃ receptor antagonist prevent serotonin to bind with 5-HT₃ receptor on GI vagus nerves and the chemoreceptor trigger zone (CTZ) on the brain [27]. The administration of fluvoxamine (monotherapy) at a dose of 50 and 100 mg/kg protect the gastric mucosa marked by reducing intraluminal bleeding score and UI. The results support the previous studies [4, 14–16]. Administration of ondansetron 3 mg/kg monotherapy to stress-induced gastric ulcers in a representation shows a reduction in the occurrence of ulcers. Monotherapy of ondansetron provides this gastroprotective effect according to the results of previous studies [28, 29]. Ondansetron reduce gastric ulcers in several gastric ulcer induction methods, and it is thought that through several mechanisms. Ondansetron reduce gastric acid secretion, reduce total acidity, and increase mucus secretion [28].

The combination drug by adding ondansetron 3 mg/kg showed mucosa's protection against the stress group. The protection was characterized by a substantial reduction in the ulcer index and a significant reduction in intraluminal. However, these results show less significant protection when compared with the fluvoxamine monotherapy group. This can emerge from 5-HT receptor competition. Based on previous study showed co administration of ondansetron with SSRI significantly increase levels of extracellular 5-HT and partially blocked the suppressant effect on dorsal raphe nucleus [30]. SSRI decrease the potentiation of 5-HT₃ receptor via pharmacodynamic competition. This combination increase the potential accumulation of 5-HT because of receptors competition [31].

Previous studies have shown a pro ulcerogenic effect via 5-HT₃ serotonin receptors while an anti ulcerogenic effect via 5-HT₄ serotonin receptors [30]. In this study, the results show that blocking or inhibiting the 5-HT₃ serotonin receptor with ondansetron can act as an anti ulcer. It supports the results of previous studies, which state that the 5-HT₃ receptor is a pro ulcer. However, since the actual

mechanism of SSRI's antidepressant effect on stress-induced gastric ulcers is not known to involve serotonin and its receptors or it may have other mechanisms, it is necessary to carry out further research to examine with other receptors besides 5-HT₃ to determine the antidepressant effect of SSRIs on stress-induced gastric ulcers.

Conclusions

The SSRI (fluvoxamine) with different administration routes and 5-HT receptor antagonist (ondansetron) as monotherapy before stress can reduce the occurrence of gastric ulcers, while the combination drugs did not increase the protective effect of the gastric mucosa. Moreover, further research on the actual mechanism of SSRI's antidepressant effect on stress-induced gastric involving serotonin and its receptors is needed.

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Author contributions: All authors have accepted responsibility for the entire content of this manuscript and approved its submission.

Competing interests: The authors declare no conflict of interest.

Ethical approval: All experiments were conducted at the Animal Research Laboratory of Faculty of Pharmacy, Universitas Airlangga, Surabaya, Indonesia, in accordance with the Guidelines for the Care and Use of Laboratory Animal issued by approved by by National Institutes of Health revised in 1985. The Ethics Committee of Faculty of Veterinary Medicine, Universitas Airlangga, Surabaya, Indonesia, approved the study protocol.

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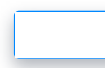
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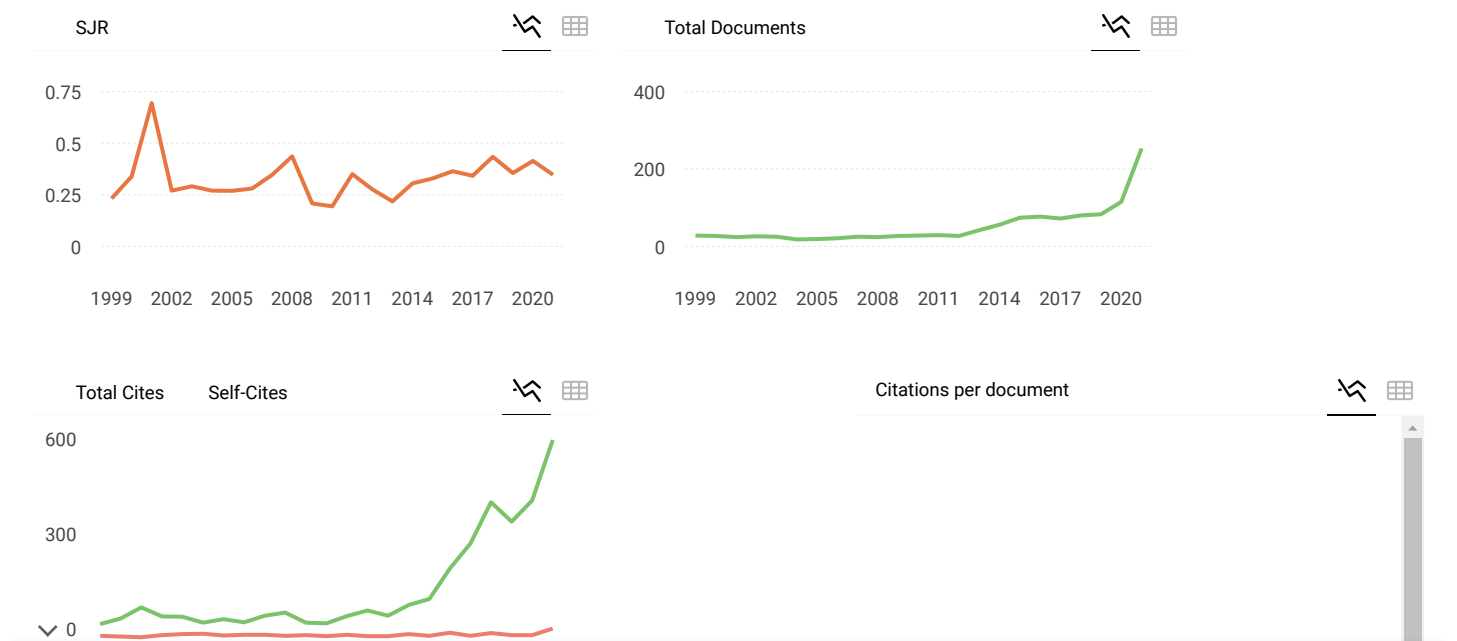
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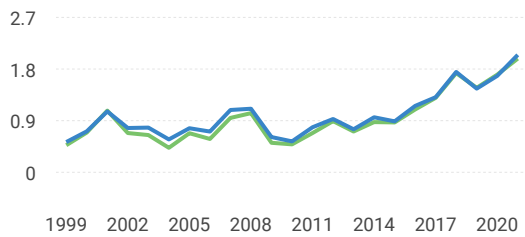
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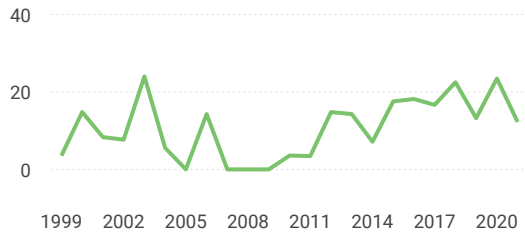


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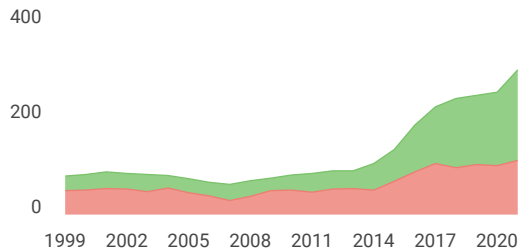
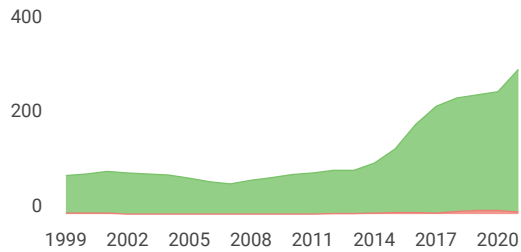
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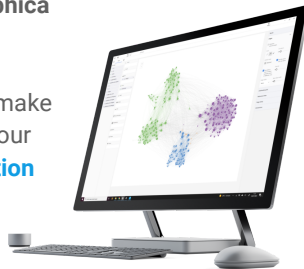
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