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Re: Prof. John Meletis
To: Ιωάννης Μελέτης

18 March 2021 22:37

Dear Prof John Meletis,
Editor-in Chief of ARCHIVES OF HELLENIC MEDICINE

We would like to re-submit our revised manuscript (No. 4247) entitled "Vitamin D level and early cow's milk protein exposure in type 1 diabetes mellitus"

We read the suggestions and concerns from Editor-in Chief and we have addressed all of them carefully. We tried to modify and revise our manuscript.

We would like to thank you for invaluable comments and suggestions from Editor-in Chief. Details responses of the authors related to questions, comments and suggestions of Editor-in-Chief are given below.

1. Please write ALL REFERENCES ACCORDING TO INSTRUCTIONS.
Response: We've already written all references according to the instructions.

We hope editors are satisfied with our revision and our manuscript could be considered for publication in Archives of Hellenic Medicine.

Sincerely yours,

Nur Rochmah, MD



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IM **Ιωάννης Μελέτης**
Prof. John Melletis
To: nur rochmah

21 September 2021 15.32



ATTENTION: GALLEY PROOFS

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Yours sincerely



John Meletis
Editor-in-Chief, Journal Archives of Hellenic Medicine
1st Department of Hematology
Laiko General Hospital
Athens 115 27, Greece.

—
Γιάννης Μελέτης
Ομότιμος Καθηγητής Παθολογίας-Αιματολογίας
Ιατρική Σχολή, Εθνικού και Καποδιστριακού Πανεπιστημίου Αθηνών

John Meletis MD, PhD
Emeritus Professor of Internal Medicine and Hematology,
National and Kapodistrian University of Athens,
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ORIGINAL PAPER ΕΡΕΥΝΗΤΙΚΗ ΕΡΓΑΣΙΑ

Vitamin D level and early cow's milk protein exposure in type 1 diabetes mellitus

OBJECTIVE To analyze the association of vitamin D levels and cow's milk exposure in children with type 1 diabetes mellitus (T1DM). METHOD This is a case control study of children with T1DM aged 4-18 years and healthy control subjects. The children were grouped by level of vitamin D according to the 2011 guidelines of the Task Force: deficiency (<=20 ng/mL), insufficiency (>20-30 ng/mL), and sufficiency (>30 ng/mL). The children's history of cow's milk exposure was obtained. Statistical analysis was performed using the independent t-test, Mann-Whitney test, and logistic regression, with significance set at p<0.05. RESULTS The study sample included 31 children with T1DM and 24 healthy control subjects. Vitamin D deficiency was detected in 4/31 children with T1DM, and none of the control subjects (p<0.001). Vitamin D deficiency and insufficiency were detected in 77.41% of the children with T1DM and 25% of the control subjects (p<0.001), and vitamin D deficiency and insufficiency were predictors of T1DM (odds ratio [OR]=3.09; p<0.001). The proportion of children exposed to cow's milk in the first 3 months was 51.16% in the T1DM group and 50% in the control subjects (p=1.000). Logistic regression analysis showed that the vitamin D level was significantly correlated with T1DM (p=0.001). CONCLUSIONS Low vitamin D levels were shown to be correlated with T1DM, whereas early exposure to cow's milk was not. Vitamin D supplementation is essential since it has an immunomodulatory effect. It is recommended to be given to T1DM children.

Type 1 diabetes mellitus (T1DM) is mediated mainly by an autoimmune process. Based on the data of the International Diabetes Federation (IDF), in 2017, the number of children with T1DM worldwide was 1,106,500, with 132,600 newly diagnosed cases each year globally. The mortality rate for T1DM is 3-18 times higher than that of healthy children of the same age.

Furthermore, the autoimmune process induces beta cell apoptosis in T1DM. Studies on the associations between vitamin D, early cow's milk exposure, and T1DM provide conflicting results. This study aimed to analyze vitamin D levels and cow's milk exposure in children with T1DM.

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ARCHIVES OF HELLENIC MEDICINE 2021, 36: 14-4 ΑΡΧΙΒΙΑ ΓΑΛΛΙΚΗΣ ΙΑΤΡΙΚΗΣ 2021, 36: 14-4

N. Rochmah, M. Faizi, I.W. Triastuti, G. Wicaksono, A. Endaryanto, Soetjipto

Post-Graduate Program, Faculty of Medicine, Airlangga University, Prof Dr Moestopo 6-8, Surabaya Department of Child Health, Faculty of Medicine, Airlangga University, Prof Dr Moestopo 6-8, Surabaya Department of Biochemistry, Faculty of Medicine, Airlangga University, Prof Dr Moestopo 6-8, Surabaya, Indonesia

Επίπεδα βιταμίνης D και πρόωγη έκθεση στο αγελαδινό γάλα σε σακχαρώδη διαβήτη τύπου 1

Key words

Children Cow's milk Risk factors Type 1 diabetes mellitus Vitamin D

Submitted 28.2.2021 Accepted 18.7.2021



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Department of Child Health, Faculty of Medicine, Airlangga University, Prof Dr Moestopo 6–8, Surabaya
Department of Biochemistry, Faculty of Medicine, Airlangga University, Prof Dr Moestopo 6–8, Surabaya, Indonesia

Επίπεδα βιταμίνης D και πρόωξη έκθεση στο αγελαδινό γάλα σε σακχαρώδη διαβήτη τύπου 1

Παράθεση στο τέλος του άρθρου

Key words
 Children
 Cow's milk
 Risk factors
 Type 1 diabetes mellitus
 Vitamin D

Submitted 28.2.2021
 Accepted 16.7.2021

Type 1 diabetes mellitus (T1DM) is mediated mainly by an autoimmune process. Based on the data of the International Diabetes Federation (IDF), in 2017, the number of children with T1DM worldwide was 1,106,500, with 132,600 newly diagnosed cases each year globally.¹ The mortality rate for T1DM is 3–18 times higher than that of healthy children of the same age.²

Furthermore, the autoimmune process induces beta cell apoptosis in T1DM.^{3,4} Studies on the associations between vitamin D, early cow's milk exposure, and T1DM provide conflicting results.^{5,6} This study aimed to analyze vitamin D levels and cow's milk exposure in children with T1DM.

MATERIAL AND METHOD

This case-control study was conducted at the Dr Soetomo General Hospital, Surabaya, Indonesia, from March to May 2019, and was approved by the Ethics Committee of Health Research, Dr Soetomo General Hospital (Ethics no 1020/KEPK/02/2019). The participants in this study were children aged <18 years with T1DM (diagnosis based on the International Society for Pediatric and Adolescent Diabetes protocol) and healthy control subjects of



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I am pleased to inform you that your paper entitled: "Vitamin D level and early cow's milk protein exposure in type 1 diabetes mellitus " has been reviewed by members of the Editorial Board and corrections and comments have been made in the text with track changes in your article and comments on the proposed corrections have been made. CORRECTED TEXT ATTACHED!

Please take note of them and respond to comments within your text so that corrections can be monitored.

PLEASE SEND ME A LETTER WITH THE CORRECTIONS MADE

Thank you for your collaboration and for your interest in Journal.

Sincerely yours,



Prof. John Meletis

Editor-in Chief

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John Meletis MD, PhD
Emeritus Professor of Internal Medicine and Hematology,
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School of Medicine
Athens, Greece

