	JURNAL NASIONAL TERAKREDITASI SINTA 2		
JUDUL ARTIKEL	Diabetes Duration and Tyroid Stimulating Hormone Levels in Children With Type 1 Diabetes Melitus		
JURNAL	Paediatrica Indonesia; Indonesian Pediatric Society		
PENULIS	Nur Rochmah ; Muhammad Faizi		
No	Perihal		
1	Bukti Submit		
2	BUkti Copy Editing		
3	Bukti Review		
4	Bukti respon dari author		

Surabaya, 7 Agustus 2023

Dr. NUR ROCHMAH dr., Sp.A(K)



Fwd: [PI] Submission Acknowledgement

1 pesan

nur rochmah <drnurrochmah@gmail.com> Kepada: endokrin ilmiah PPDS <endokrin.ilmiah@gmail.com> 6 Agustus 2023 pukul 14.34

------ Forwarded message ------Dari: <enquiry@paediatricaindonesiana.org> Date: Sel, 9 Jan 2018 14.06 Subject: [PI] Submission Acknowledgement To: nur rochmah <drnurrochmah@gmail.com>

nur rochmah:

Thank you for submitting the manuscript, "Association Between Diabetes Duration and Thyroid Stimulating Hormone in Type 1 Diabetes Mellitus Children" to Paediatrica Indonesiana. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

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If you have any questions, please contact me. Thank you for considering this journal as a venue for your work.

Anna Dewiyana Paediatrica Indonesiana

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Your cooperation is very much appreciated.

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Regards, Anna Dewiyana

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If you are unable to undertake this work at this time or have any questions, please contact me. Thank you for your contribution to this journal.

Partini Pudjiastuti Trihono Department of Child Health, University of Indonesia Medical School/Dr. Cipto Mangunkusumo, Jakarta partinipt@yahoo.com

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Fwd: [PI] Editor Decision - Revision Required "1760"

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nur rochmah:

We have reached a decision regarding your submission to Paediatrica Indonesiana, "Association Between Diabetes Duration and Thyroid Stimulating Hormone in Type 1 Diabetes Mellitus Children".

Please revise the manuscript based on editor's comment that you can find on REVIEW page/EDITOR DECISION section/EDITOR VERSION, dated today February 26, 2018. Kindly do the revision on the file as we did language editing on it.

The revised version should be uploaded as AUTHOR VERSION on REVIEW page/EDITOR DECISION, or emailed to enquiry@paediatricaindonesiana.org, before March 5, 2018.

Your cooperation is very much appreciated.

Thank you.

Regards,

Partini Pudjiastuti Trihono Department of Child Health, University of Indonesia Medical School/Dr. Cipto Mangunkusumo, Jakarta partinipt@yahoo.com

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assalamualaikum mohon diterima revisi kami terima kasih

On Feb 27, 2018, at 7:22 AM, Paediatrica Indonesiana <enquiry@paediatricaindonesiana.org> wrote:

Dear Dr. Nur,

Dok mohon paragraf pertama Discussion berikut disusun ulang kalimatnya karena kurang dapat dipahami:

The mean TSH concentration in our subjects was 3.76 (SD 8.48) mIU/L. The International Society for Pediatrics and Adolescent Diabetes Mellitus recommends that screening of thyroid function by measuring thyroid stimulating hormone (TSH) and anti-thyroid peroxidase antibodies at the time of diabetes diagnosis and, thereafter, every second year in asymptomatic individuals without goiter, or in the absence of thyroid autoantibodies. More frequent assessment is indicated otherwise.¹³ Autoimmune thyroiditis reported in 2.9-3.4%,^{14,15} Greek 4.6%.¹⁶ Subclinical hypothyroidism was found in 7-20%[A1] ^{5,7} compared to adults with rates of 1-10%,^{7,8} and 2-6% in the general population of children.⁹

[A1]7-20% dari apa?

Untuk kalimat dalam hihgliht hijau, maksudnya bagaimana? Autoimmune thyroiditis reported in 2.9-3.4%, ^{14,15} Greek 4.6%.¹⁶

trimakasih, Anna

On 26/02/2018 14:30, nur rochmah wrote:

assalamualaikum mohon diterima revisi naskah jurnal kami atas perhatiannya kami sampaikan terima kasih wassalam - -

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Diabetes duration and thyroid stimulating hormone levels in children with type 1 diabetes mellitus

Nur Rochmah, Muhammad Faizi

Abstract

Background Children with type 1 diabetes mellitus (T1DM) are at risk of thyroid dysfunction. An association between diabetes duration and thyroid stimulating hormone level remains inconclusive.

Objective To assess for a possible association between diabetes duration and thyroid stimulating hormone levels in children with T1DM.

Methods We conducted a cross-sectional study from January to June 2017 in the Pediatric Endocrine Outpatient Clinic at Dr. Soetomo Hospital. Subjects were children with T1DM aged 7 to <18 years. Exclusion criteria were children with diabetic ketoacidosis, previously diagnosed thyroid problems, and hospitalization in the PICU.

Results From the 55 regular patients in our <u>outpatient clinic</u>, 34 patients were included in the study. Nineteen (54.3%) subjects were male, and the overall mean age was 11.3 years. Subjects' mean duration of diabetes was 3 years and their mean thyroid stimulating hormone concentration was 3.76mIU/L. Pearson's correlation test revealed no significant association between duration of diabetes and thyroid stimulating hormone level (r_s =-0.068; P=0.703).

Conclusion There was no significant association between duration of diabetes and thyroid stimulating hormone levels in children with T1DM.

Keywords: diabetes duration, thyroid stimulating hormone, type 1 diabetes mellitus children

From the Department of Child Health, Airlangga University Medical School/Dr. Soetomo Hospital, Surabaya, East Java, Indonesia.

Reprint requests to: Nur Rochmah, Department of Child Health, Airlangga University Medical School/Dr. Soetomo Hospital. <u>Il Prof Dr Moestopo 6-8. Surabaya. Phone 031-5501748. Email:</u> <u>drnurrochmah@gmail.com</u>ADDRESS. PHONE NUMBER. EMAIL

Comment [A1]: Tambahkan alamat, no telp, email

According to the World Health Organization and the International Diabetes Federation, the prevalence of diabetes is on the rise ^{1,2} Data from the Pediatric Endocrine Working Group showed that 1,153 patients suffered from T1DM until April 2016 REF? Thyroid dysfunction is reportedly higher among T1DM patients.⁴³⁻⁹⁸ Among diabetic adult populations, 15-30% reported autoimmune thyroiditis compared to 5-22% in children.⁴⁷ In the non-diabetic population, 2-10% adults and 1-4% children reportedly have the condition.^{9,10,11} To date, serum thyroid stimulating hormone levels in T1DM patients have rarely been studied in Indonesia. Therefore, the objective of this study was to assess for a possible association between diabetes duration and thyroid stimulating hormone concentration in children with type 1 diabetes mellitus.

Comment [A2]: 'until April 2016' maksudnya yg terdiagnosis sampai bulan April 2016? Mulai dari kapan? ..ini data UKK yang belum dipublikasi..dari data registri Data ini utk daerah mana? ...Data nasional secara umum dari teaching hospital di Indonesia..kami cross cek lagi ke UKK Tambahkan referensi Formatted: Superscript

Methods

This cross-sectional study was carried out from January - June 2017 in the Pediatric Endocrine Outpatient Clinic at Dr Soetomo Hospital. Subjects were children with T1DM aged 7 to <18 years. Exclusion criteria were diabetic ketoacidosis, previously diagnosed thyroid problems, and hospitalization in the PICU. Blood specimens were processed by an ADVIA Centaur immunoassay system, using an electrochemilluminescence immunoassay (ECLIA) method to measure TSH levels. Statistical analysis was done with Pearson's correlation test. Results with P values <0.05 were considered to be statistically significant. FT4 levels were obtained for subjects with abnormal TSH levels.

The normal limits for FT4 were 1.0-2.1 ng/dL in 2 to 7-year-olds and 0.8-1.9 ng/dL in 8 to 20-year-olds. The normal TSH limits were 0.7-5.7 mIU/L in 2 to 7-year-olds and 0.7-5.7 mIU/L in 8 to 20-year-olds. The diagnosis of primary hypothyroidism was made in those with low FT4 and high TSH. Subclinical hypothyroidism was diagnosed in those with high TSH and normal FT4; hyperthyroidism in those with low TSH and high T3 and T4; and subclinical hyperthyroidism in those with normal TSH and high T3 and T4; 2007

Results

There were 55 T1DM patients who regularly visited our OPC. Thirty-four patients met the inclusion criteria and were included in the study.

2

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Table 1. Baseline characteristics of subjects

			(SD)" ke dalam Table 1
Characteristics	(N=34)		
<mark>Male sex</mark> , n (%)	19 (5 <u>5.9</u> 4.3)	 	Comment [A5]: 19/34=55.9%, r
Mean body weight <u>(SD)</u> , kg	33.34 (12.6)		ulang
Mean height (SD), cm	136.6 (16.63)		
Mean body mass index (SD), Z-score	-0.68 (1.58)		
Mean age (SD), years	11.3 (3.5)		
Mean duration of diabetes mellitus (SD), years	3 (1.98)		
Mean TSH (SD), mIU/L	3,76(8,48)		

There were 2 male patients with high TSH levels, 25 and 45 mIU/L, respectively. These patients were subsequently found to have normal FT4 levels, hence, they were diagnosed with subclinical hypothyroidism. Mean TSH was 3.76 (SD 8.48) mIU/L, ranging from 0.033 to 45 mIU/L. Pearson's correlation test revealed no significant association between duration of diabetes and thyroid stimulating hormone concentration (r_s =-0.068; P=0.703).

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Comment [A4]: Tambahkan 'Mean TSH (SD)" ke dalam Table 1

There were 2 patients with high TSH, one with duration of illness 1 year with TSH 25 mIU/L and one patient 2 years 45 mIU/L (figure1).

Discussion

The <u>m</u>mean TSH concentration in our subjects was 3.76 (SD 8.48) mIU/L. The International Society for Pediatrics and Adolescent Diabetes Mellitus recommends that screening of thyroid function by measuring thyroid stimulating hormone (TSH) and anti-thyroid peroxidase antibodies at the time of diabetes diagnosis and, thereafter, every second year in asymptomatic individuals without goiter, or in the absence of thyroid autoantibodies. More frequent assessment is indicated otherwise.^[1+3] Kabelitz (2003) and Loviselli (2001) reported the prevalence of autoimmune thyroiditis in population was 2.9-3.4%,^{14,15} while Kalaoumenou (2007) reported 4.6% in Greek population.¹⁶ Autoimmune thyroiditis reported in 2.9.3.4%,^{14,152,13} Greek 4.6%.¹⁶ ⁵ Subclinical hypothyroid ism was found in 7-20%⁵² compared to adults with rates of 1-10%,^{7,8} and 2-6% in the general population of children.⁹

In our study, subjects' mean duration of diabetes was 3 years and mean age was 11.3 years, in which in the periode of puberty. Thyroid dysfunction apparent at diabetes onset^{10,124} or years thereafter,^{10,142,145}–Peak of autoimmune thyroiditis incidence in the early until mid puberty.¹⁷⁴/₁₈

Two of our male patients were diagnosed with subclinical hypothyroidism. Females have been reported to be at risk for autoimmune thyroiditis.^{419,20,5,46} Sharifi *et al.* and Araujo *et al.* stated that gender predisposition of patients suffered from thyroid dysfunction was varied varies between genders.^{20,21}^{17,18} Subclinical hypothyroidism is

frequently observed in T1DM.^{131,21-2719}

We found no significant association between duration of diabetes and TSH levels in children with T1DM. Past studies have shown that the longer the duration of diabetes, the higher the prevalence of autoimmune thyroiditis.^{22,0-262} A previous study reported that prevalence of autoimmune thyroiditis in T1DM patients increased postpuberty.²²³ Another study stated that the peak prevalence of thyroid antibody was observed after the age of 15 years or a duration of diabetes of 3.5 years²⁶⁴

Thyroid stimulating hormone is a sensitive method to detect thyroid dysfunction. Normal TSH has a high negative predictive value to exclude thyroid

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disease and TSH changes can be detected earlier than FT4 changes. Ramasamy *et al.* stated that TSH >2.2mIU/L was predictor of hypothyroidism in T1DM, with 83% sensitivity and 72% specificity However, TSH is of limited value for diagnosing hypothyroidism in central hypothyroidism and acute illness. The TSH needs to be rechecked after the acute illness to distinguish between non-thyroidal illness syndrome and actual hypothyroidism.²²⁶ In addition, the TSH examination is less expensive than the thyroid antibody test. Screening once every 2 years is safe, effective, cost-efficient, as well as useful for avoiding the trauma of unnecessarily frequent blood sampling.¹³

In conclusion, there was no significant association between duration of diabetes and thyroid stimulating hormone in children with T1DM.

Acknowledgement

We would like to thank all the medical staff <u>of the Pediatric Endocrine Outpatient Clinic</u> at Dr. Soetomo Hospital for their assistance in our study.

Conflict of Interest

None declared.

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