

## ABSTRACT

**EFFECT OF COMBINATION OF THERAPEUTIC GROUP THERAPY AND SUPPORTIVE ON SELF-EFFICACY AND DEVIANT BEHAVIOR IN ADOLESCENTS****Oleh : Winda Kusumawardani**

**Introduction:** The problem of deviations in adolescents is a major problem in society. This can occur because adolescents have low self-efficacy, infuriating adolescents with apathy and pessimism. **Aims:** the objective of this study was to determine the effect of a combination therapeutic group therapy and supportive on self-efficacy and deviant behaviour in adolescents. **Methods:** The design of this study was quasi-experiment (pre-post test with control group design). Population based on the inclusion criteria was male adolescents aged 15-19 years at High School in Surabaya and exclusion criteria were adolescents with physical disabilities, mental disorders and illness. sample of 62 respondents (31/31) used purposive sampling. The independent variable is a combination therapeutic group therapy and supportive, dependent variable is self-efficacy and deviant behaviour. Intervention are given 4 times for 4 weeks and the control group was given a standard intervention. Data were collected using a self-efficacy and deviant behaviour questionnaire. Analysis using kolmogorov smirnov, wilcoxon sign rank, Paired t test, Man Whitney and MANOVA. **Results:** In the intervention and control groups there were significant differences between self efficacy and deviant behavior in adolescents before and after the intervention with a value of 0,000 ( $p < 0.05$ ). Increased self-efficacy in the intervention group is seen from magnitude sub-variable and the variable deviant behavior can decrease in the social deviant sub-variable **Conclusion:** The increase in the self-efficacy intervention group was due to the presence of facilities that helped students find information and explore their potential. While the decrease in deviant behavior variables due to increased knowledge and positive support from peer group.

**Keyword:** Therapeutic Group Therapy, Supportive Group Therapy, Adolescents, Self Efficacy, Deviant behavior