
[ABM] Editor Decision: Revisions Required

Prof. Maurizio Vanelli <noreply@mattioli1885journals.com>

16 Januari 2023 pukul 21.47

Kepada: Nur Aisyah Widjaja <nurilwidjaja69@yahoo.com>, Felisia <claudia_felisia@yahoo.com>, Eva <evaardianah1983@gmail.com>

Nur Aisyah Widjaja, Felisia, Eva:

We have reached a decision regarding your submission to Acta Biomedica Atenei Parmensis, "Sleep Duration and Insulin Resistance in Obese Adolescents with Metabolic Syndrome: Is There a Correlation? Sleep Duration and Insulin Resistance in Obese Adolescents with Metabolic Syndrome".

Submission URL: <https://mattioli1885journals.com/index.php/actabiomedica/authorDashboard/submission/14142>

Our decision is: An extensive revisions is Required

When revising your manuscript, please show corrections by using track changes or highlighting them in red color. Be sure to respond to all reviewer comments including also a letter with your comments about. You should upload two files: 1) Revised manuscript file with changes highlighted or in red colour. 2) File containing response to reviewers.

The files must be uploaded in the "Revisions" section of the website. **Please, enclosed also the Journal Editor in the Discussion/Communication**

DEADLINES

- **Accept after minor modification:** The paper is in principle accepted after revision based on the reviewer's comments. Authors have 15 days to revise and resubmit. If all points have been sufficiently addressed by the authors, the paper may be accepted.

- **Reconsider after Major Revisions:** The acceptance of the manuscript would depend on the revisions. The author needs to provide a point by point response or provide a rebuttal if some of the reviewer's comments cannot be revised. Usually, only one round of major revisions is allowed. Authors will be asked to resubmit the revised paper within 30 days and the revised version will be returned to the reviewer for further comments.

Thanks for your collaboration

Kind regards,

[THIS IS AN AUTOMATED MESSAGE - PLEASE DO NOT REPLY DIRECTLY TO THIS EMAIL]

Professor Maurizio Vanelli, MD Editor-in-chief, Acta Biomedica, University of Parma Phone +39 0521 033556 Mobile: +39 335 348878 maurizio.vanelli@unipr.it

Reviewer:

The authors present a study on the correlation between sleep duration and insulin resistance.

The topic is interesting and controversial.

The study presents several critical issues.

In particular the methods are not described in sufficient detail. In fact, it is necessary to provide details on the methods used to measure the dosages of the elements used and not limit oneself to a simple listing. Furthermore, the food recall that appears in the results was not even mentioned.

The results are also presented in a very superficial and sometimes confusing way.

The age is given in months and then the population is broken down on the basis of years. I think it's better to standardize the unit of measurement to make it easier to read.

Weight and height are indicated in absolute values, but it would be advisable to also indicate the din SDS value or at least in percentiles.

The food recall data (not described in the methods) are totally unreliable. A person weighing more than 80 kg cannot feed on just over 1400 kcal unless the laws of thermodynamics are questioned! Please delete this data.

The discussion must be much improved and deepened, in particular more details must be provided on the role of sleep deprivation and relations with the metabolism, here only hinted at and partly also erroneously mentioned

Acta Biomedica Atenei Parmensis

Editorial Office

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[ABM] Editor Decision: Accept Submission

Prof. Maurizio Vanelli <noreply@mattioli1885journals.com>

30 Januari 2023 pukul 02.10

Kepada: Nur Aisyah Widjaja <nurilwidjaja69@yahoo.com>, Felisia <claudia_felisia@yahoo.com>, Eva <evaardianah1983@gmail.com>

Dear Nur Aisyah Widjaja, Felisia, Eva:

I am pleased to inform you that your REVISED paper to Acta Biomedica Atenei Parmensis, "Sleep Duration and Insulin Resistance in Obese Adolescents with Metabolic Syndrome: Is There a Correlation? Sleep Duration and Insulin Resistance in Obese Adolescents with Metabolic Syndrome" has received positive comments from both the referees and the editorial board and therefore **has been accepted for publication in ABM.**

It will be published in one of the next issues. We will send you the galley proofs for corrections as soon as available and before the publication of the article

I thank you for this important contribution and I hope to receive further papers from your Group.

Sincerely

Maurizio Vanelli
Editor in chief

Submission URL: <https://mattioli1885journals.com/index.php/actabiomedica/authorDashboard/submission/14142>

Publisher's note - Please pay attention to these instructions:

We remember to Authors that the Journal has changed its policy and the publication fee has been added. The **fee due for the articles submitted starting from the 1st January 2021** should be paid after the acceptance of the article and before the publication. The corresponding authors are responsible for making the payment or arranging it through their institutions. **Only after receiving the payment we will proceed with the publication in the next available issue.** We have a lot of accepted articles and now the next available issue is the vol. 2/2023 (April 2023 issue). (Letters to the Editor as well as all articles requested by the Editor in Chief and Section Editors as reviews, editorial papers, will be published free of charge).

The fee (400 euro - VAT included) can be paid by paypal/credit card at [Publication Fee-Acta Biomedica](#)

(The special price of 150 € (VAT included) is reserved to italian doctor in training. See at [APC-Acta Biomedica-reduced](#) | For Authors asking for "fast publication" the APC is 500,00 € (VAT included). The article will be published in the next publishing issue. See at [APC-Acta Biomedica-fast](#))

For info: <https://www.mattioli1885journals.com/index.php/actabiomedica/publicationfee>

With many thanks for your cooperation and kind regards,

Editorial Office Acta Biomedica

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