

ABSTRAK

Annisa Devi Natalia, 110710170, Hubungan antara *Self-Efficacy* dengan Kesiapan Belajar Mandiri (*Self-Directed Learning Readiness*) untuk Memasuki Jenjang Pendidikan Tinggi pada Siswa SMA, Skripsi, Fakultas Psikologi Universitas Airlangga, Surabaya, 2012.

xix + 151 halaman, 13 lampiran.

Penelitian ini bertujuan untuk mengetahui apakah ada hubungan antara tingkat self-efficacy dengan tingkat kesiapan belajar mandiri (self-directed learning readiness) untuk memasuki jenjang pendidikan tinggi pada siswa SMA. Self-efficacy yang dimaksud adalah suatu keyakinan seseorang akan kemampuannya melakukan suatu perilaku, bahkan ketika dihadapkan pada berbagai situasi penghalang (stressful situation). Kesiapan belajar mandiri adalah tingkatan dimana individu merasa dirinya bisa untuk memiliki sikap dan ketrampilan yang dibutuhkan untuk menjadi pembelajar yang dapat mengarahkan dirinya sendiri secara efektif (effective self-directed learner).

Penelitian dilakukan pada siswa kelas XII dari SMA Negeri Tempeh, SMA Negeri 2 Lumajang, dan SMA Negeri 1 Lumajang, dengan jumlah sampel sebanyak 222 orang. Alat pengumpul data yang digunakan berupa kuisioner skala self-efficacy yang terdiri dari 33 aitem dan skala kesiapan belajar mandiri yang terdiri dari 30 aitem. Validitas aitem skala self-efficacy dan kesiapan belajar mandiri berasal dari professional judgment. Reliabilitas skala self-efficacy sebesar 0,906. Reliabilitas skala kesiapan belajar mandiri sebesar 0,898.

Berdasarkan hasil penelitian dan analisis data yang dilakukan dengan teknik statistik korelasi Product Moment dengan bantuan SPSS 16.0 for windows diperoleh nilai korelasi antara tingkat self-efficacy dengan tingkat kesiapan belajar mandiri untuk memasuki jenjang pendidikan tinggi sebesar 0,593 dengan p sebesar 0,000. Dari hasil tersebut disimpulkan bahwa ada hubungan antara tingkat self-efficacy dengan tingkat kesiapan belajar mandiri untuk memasuki jenjang pendidikan tinggi. Arah hubungan kedua variabel adalah positif dengan kekuatan hubungan yang besar.

Kata Kunci: *self-efficacy*, kesiapan belajar mandiri (*self-directing learning readiness*), pendidikan tinggi, siswa SMA.

Daftar Pustaka, 35 (1977-2011)

ABSTRACT

Annisa Devi Natalia, 110710170, Correlation between Self-Efficacy with Self-Directed Learning Readiness Entering Higher Education on Senior High School Student, Undergraduate Thesis, Faculty of Psychology Airlangga University Surabaya, 2012.

xix + 151 page, 13 appendix.

The purpose of this study is to determine whether there is a correlation between level of self-efficacy with level of self-directed learning readiness to entering higher education on senior high school student. Self-efficacy is a person belief about the ability to perform certain behavior, even when faced stressful situation. Self-directed learning readiness is the degree to which individuals feel themselves about the ability to have attitude and skills that needed to become a learner who can directed himself effectively or become self-directed learner.

The study was conducted on class XII student of SMA Negeri Tempeh, SMA negeri 1 Lumajang, and SMA negeri 2 Lumajang on 222 of sample of students. Data collection used form of self-efficacy scale questionnaire consisting of 33 item and self-directed learning readiness scale consisting 30 item derived from professional judgement. Reliability score of self-efficacy scale is 0,906. Reliability score of self-directed learning readiness scale is 0,898.

The result of research based on data analysis performed Product Moment correlation with SPSS 16.0 for windows obtained by the correlation between level of self-efficacy with level of self-directed learning readiness entering higher education on senior high school student is at 0,593 with p 0,000. From the result it is concluded that there is a correlation between level of self-efficacy with level of self-directed learning readiness entering higher education on senior high school student. Direction of correlation between the two variables is positive with the great power of correlation.

Key word: *sel-efficacy, self-directed learning readiness, higher education, senior high school student.*

Bibliography, 35 (1977-2011)