

## APPENDIX 1

### ***PERSONALITY TEST-2***

***(A Psychometric Testing by Philip Carter & Ken Russell, 2004)***

***Cara Pengisian (Direction to Answer) :***

Pilihlah salah satu dari dua alternatif yang diberikan berikut ini yang menurut Anda paling sesuai dengan diri Anda. *(Choose one of the following two alternatives that the most appropriate with your personality).*

1. (Cara berpikir tentang sesuatu)
  - a. Sensitivity = Subyektif
  - b. Detached = Obyektif
2. (Cara bersikap)
  - a. Softhearted = Lembut
  - b. Reserved = Kasar
3. (Sifat)
  - a. Sympathetic = Perhatian
  - b. Discreet = Bijaksana
4. (Menanggapi masalah)
  - a. Passionate = Menggebu-gebu
  - b. Judicious = Bijaksana
5. (Pelaksanaan tindakan)
  - a. Responsive = Cekatan
  - b. Prudent = Berpikir dua kali
6. (Nilai individu)
  - a. Susceptible = Rentan
  - b. Dependable = Dapat diandalkan
7. (Nilai individu)
  - a. Impressionable = Mudah tergoda
  - b. Staunch = Setia

8. (Pengambilan keputusan)
- a. Instinctive = Menurut kata hati
  - b. Reflective = Berdasarkan hasil renungan
9. (Nilai individu)
- a. Receptive = Menerima apa adanya
  - b. Calculating = Perhitungan
10. (Pelaksanaan keputusan)
- a. Perceptive = Sesuai gambaran
  - b. Leisury = Seenaknya
11. (Gaya berbicara)
- a. Vulnerable = Mudah kena serang
  - b. Deliberate = Tenang, berhati-hati
12. (Bahasa tubuh)
- a. Touchy = Luwes
  - b. Formal = Kaku
13. (Tanggapan langsung terhadap sesuatu yang baru)
- a. Volatile = Berubah pendirian
  - b. Casual = Biasa
14. (Tujuan hidup)
- a. Erratic = Tak menentu
  - b. Restrained = Terkendali
15. (Sikap)
- a. Whimsical = Lincih tak terarah
  - b. Diffident = Pemalu
16. (Cara bertindak)
- a. Careless = Ceroboh
  - b. Conventional = Pada umumnya
17. (Pergaulan)
- a. Outgoing = Supel
  - b. Reticent = Pendiam
18. (Sifat)
- a. Zany = Humoris
  - b. Withdrawn = Penyendiri

19. (Sifat)
- a. Changeable = Terbuka
  - b. Secretive = Suka berahasia
20. (Sikap)
- a. Impetuous = Tidak sabaran
  - b. Modest = Rendah hati
21. (Terhadap hal-hal baru)
- a. Hurried = Tergesa-gesa / langsung terpengaruh
  - b. Unaffected = Tidak terpengaruh
22. (Bertindak)
- a. Impulsive = Menurut kata hati
  - b. Practical = Praktis
23. (Cara berbicara)
- a. Poignant = Tajam, to the point
  - b. Logical = Logis
24. (Tindakan)
- a. Expressive = Menyatakan perasaan
  - b. Analytical = Menyatakan pemikiran
25. (Sikap)
- a. Demonstrative = Menunjukkan kebolehan
  - b. Subtle = Menunjukkan kelembutan

### **Scoring and Grouping:**

Here are the groups of scoring for the personality test to asses the emotional level:

1. Score 40-50
  - Group : Unemotional at all
  - Keywords : Stable, confidence, carefull
  - Discussion :

**You are extremely stable person and always take care of your mind even though you are in a critical situation, which other people start to loose control. This is good/nice thing as long as your emotion is not under depress, because it might put your health condition is in danger.**

**2. Score 24-39**

- **Group : Average degree of emotional**
- **Keywords : Good balance, patient, neutral**
- **Discussion:**

**You are rarely to feel worry, sometimes show strange emotional attitude, but it is not a habit.**

**3. Score <24**

- **Group : High emotional**
- **Keywords : In hurry, passionate, sentimental, easily in worry, anxious**
- **Discussion:**

**You might be feeling depress in your life. This make you easily influenced by both the positive or negative things, and sometimes you are very much influenced by tragedies and excitements. You are so unstable, because you don't have balance in giving reaction to those events that happen in your life. On the other hand, the way you express your emotion, make your family or colleagues respect you as sensitive and delightful person.**

The term “emotion” is commonly used as the synonym of feeling. Three main reactions from emotion are anger, love, and fear, which may happen as result from the external events and also the indirect process such as memory. Those reactions may be reflected in individual’s heart beat increasing/decreasing, the changing of body temperature, and also the increasing/decreasing of certain hormone.

**APPENDIX 2**

**F - TABLE**

$\alpha = 0.05$

		Degrees of Freedom for Numerator (k - 1)								
		1	2	3	4	5	6	7	8	~
Degrees of Freedom for Denominator (n - k)	1	161,45	199,50	215,71	224,58	230,16	233,99	236,77	238,88	254,31
	2	18,51	19,00	19,16	19,25	19,30	19,33	19,35	19,37	19,50
	3	10,13	9,55	9,28	9,12	9,01	8,94	8,89	8,85	8,53
	4	7,71	6,94	6,59	6,39	6,26	6,16	6,09	6,04	5,63
	5	6,61	5,79	5,41	5,19	5,05	4,95	4,88	4,82	4,36
	6	5,99	5,14	4,76	4,53	4,39	4,28	4,21	4,15	3,67
	7	5,59	4,74	4,35	4,12	3,97	3,87	3,79	3,73	3,23
	8	5,32	4,46	4,07	3,84	3,69	3,58	3,50	3,44	2,93
	9	5,12	4,26	3,86	3,63	3,48	3,37	3,29	3,23	2,71
	10	4,96	4,10	3,71	3,48	3,33	3,22	3,14	3,07	2,54
	11	4,84	3,98	3,59	3,36	3,20	3,09	3,01	2,95	2,40
	12	4,75	3,89	3,49	3,26	3,11	3,00	2,91	2,85	2,30
	13	4,67	3,81	3,41	3,18	3,03	2,92	2,83	2,77	2,21
	14	4,60	3,74	3,34	3,11	2,96	2,85	2,76	2,70	2,13
	15	4,54	3,68	3,29	3,06	2,90	2,79	2,71	2,64	2,07
	16	4,49	3,63	3,24	3,01	2,85	2,74	2,66	2,59	2,01
	17	4,45	3,59	3,20	2,96	2,81	2,70	2,61	2,55	1,96
	18	4,41	3,55	3,16	2,93	2,77	2,66	2,58	2,51	1,92
	19	4,38	3,52	3,13	2,90	2,74	2,63	2,54	2,48	1,88
	20	4,35	3,49	3,10	2,87	2,71	2,60	2,51	2,45	1,84
	21	4,32	3,47	3,07	2,84	2,68	2,57	2,49	2,42	1,81
	22	4,30	3,44	3,05	2,82	2,66	2,55	2,46	2,40	1,78
	23	4,28	3,42	3,03	2,80	2,64	2,53	2,44	2,37	1,76
	24	4,26	3,40	3,01	2,78	2,62	2,51	2,42	2,36	1,73
	25	4,24	3,39	2,99	2,76	2,60	2,49	2,40	2,34	1,71
	26	4,23	3,37	2,98	2,74	2,59	2,47	2,39	2,32	1,69
	27	4,21	3,35	2,96	2,73	2,57	2,46	2,37	2,31	1,67
	28	4,20	3,34	2,95	2,71	2,56	2,45	2,36	2,29	1,65
	29	4,18	3,33	2,93	2,70	2,55	2,43	2,35	2,28	1,64
	30	4,17	3,32	2,92	2,69	2,53	2,42	2,33	2,27	1,62
40	4,08	3,23	2,84	2,61	2,45	2,34	2,25	2,18	1,51	
60	4,00	3,15	2,76	2,53	2,37	2,25	2,17	2,10	1,39	
120	3,92	3,07	2,68	2,45	2,29	2,18	2,09	2,02	1,25	
~	3,84	3,00	2,60	2,37	2,21	2,10	2,01	1,94	1,00	