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ABSTRACTS

This study was a part of research on geriatric nursing, focusing on elderly and family as subjects for study. Elderly are susceptible to psychological problems. One of these problems is depression. Elderly with depression need more support system from the family they live with However, depression in elderly and the importance of support from their family remain less understood

This study used cross sectional design with total sample of 62 respondents, who were taken by means of purposive sampling method. Variables measured were family support as independent variable, presented as statements of 5 family's duties in health, which had been developed according to theoretical concept. The dependent variable was depression in elderly, presented their response to statements in Geriatric Depression Scale. Data were collected by using structured interview to elderly and their family in the working area of Puskesmas I, South Denpasar. Data were analyzed using chi square test with p=0,05.

Data collected revealed general data on the characteristics of the respondents as follow among the elderly,41,9% were between 65-69 years old,and 54,8% of the family were between 40-50 years old. Most of the elderly(53,2%) had no formal education, and most of the family(45,2%) was educated at high school. Working elderly and working family were respectively 80,6% and 96,8%. Majority of the elderly (54,8%) were female and head of the family (93,5%) were male. The elderly and the family were mostly (83,9%) Hindu.

The rate of family support was good (75,8%), and the level of depression in the elderly was 61,3% indicating no depression. Result of analysis of correlation between family support and level of depression in elderly using chi square test revealed p=0,000.

In conclusion, family support has significant influence on level of depression in elderly who live with the family.

Keywords: Elderly, Family Support, Depression

BAB I

PENDAHULUAN