

## ABSTRACT

### **THE EFFECT OF SPIRITUAL GUIDING (QUR'AN THERAPY) TOWARD DISRUPTIVE BEHAVIOUR IN 3<sup>TH</sup> CLASS JUNIOR HIGH SCHOOL MUHAMMADIYAH 5 NGORO, MOJOKERTO**

**Quasy experimental research**

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Disruptive behaviour is unsuitable behaviour with common rules. Social study showed that disruptive behaviour can called Juvenile delinquency. The impact of it's appear of uncontrol which head for crime and can decrease achievement of study in school. Many causes of its but much of psikologis problem (mental disorder) on their mind. This behaviour can appear from their wish to find short cut to get good score in school without know the effect of its.

This study was aimed to know effect from spiritual guiding (Qur'an therapy) toward disruptive behaviour in junior high school.

This reseach methode use quasy experimental. The subject of the study were 26 responden taken according to inclusion criteria.

Result sowed that in group that no treatment had correlation with disruptive behaviour in Quesioner ( $p=0,656$ ) and in observation ( $p=0,124$ ), but in treatment group did have correlation with disruptive behaviour in Quesioner ( $p=0,001$ ) and in observation ( $p=0,001$ ). The effect of spiritual guiding (Qur'an therapy) have correlation with disruptive behaviour in Quesioner ( $p=0,018$ ) and in observation ( $p=0,001$ ).

It can be concluded that spiritual guiding (Qur'an therapy) with praying, inspect murottal and nasyid has correlation with their disruptive behaviour .spiritual guiding (Qur'an therapy) as autodigesty that create peacefulness and it can stimulate the amygdala as a emotional in our brain center to produce positif emotional and finally make better behaviour in their life.

**Keyword: spiritual guiding (Qur'an therapy), praying, inspect murottal, nasyid, disruptive behaviour**