

UNDERGRADUATE THESIS
THE IMPACT OF DYSFUNCTIONAL FAMILY TOWARDS ALEX'S
BEHAVIOUR IN JACK CHENG'S *SEE YOU IN THE COSMOS*



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ENGLISH DEPARTMENT
FACULTY OF HUMANITIES
UNIVERSITAS AIRLANGGA
SURABAYA
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**Submitted in Partial Fulfilment of the Requirements for the Sarjana Degree
of English Department Faculty of Humanities Universitas Airlangga**

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2022

DECLARATION

I declare that this undergraduate thesis submitted in partial fulfillment of the degree of Sarjana Humaniora (S.Hum) of the English Department Faculty of Humanities Universitas Airlangga is entirely my own work and has been solely the result of my own original research. Hereby, I confirm that:

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July 7th, 2022

Arienanda Candraningtyas

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This thesis is dedicated to Allah SWT, all my family, and friends. It is only because of their endless love and encouragement that i am able to complete my undergraduate thesis.

APPROVAL SHEET

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Surabaya, July 7th 2022

Arienanda Candraningtyas

*“I might not be able to decide whether the road is easy or not,
but whether I walk it is entirely up to me.”*

— Crimson Rain Sought Flower, 天官赐福.

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ABSTRACT

This study explores the issue of the dysfunctional family depicted in *See You in the Cosmos*, a fiction novel written by Jack Cheng. In a dysfunctional family, children are the most affected party because they still require affection from both parents. Hence, this study attempts to analyze Alex Petroski's characteristics, his defense mechanisms to cope with his family condition, and attachment to his dog triggered by one of his defense mechanisms. This study uses the theory of psychoanalysis by Sigmund Freud as the main theory, along with the dysfunctional family theory by Al-Ubaidi, and the theory of attachment by John Bowlby and Mary Ainsworth to support the analysis. In analyzing the issue, the writer employs descriptive qualitative and library research method. This study finds that Alex's psychological state as the child of a dysfunctional family is illustrated by his super responsibility trait and positive defense mechanism in the form of affiliation, which causes him to develop an attachment style to his dog.

Keywords: *attachment, behavior, dysfunctional family, personality.*

ABSTRAK

Penelitian ini mengeksplorasi isu keluarga disfungsional yang digambarkan dalam *See You in the Cosmos*, sebuah novel fiksi karya Jack Cheng. Dalam keluarga yang disfungsional, anak merupakan pihak yang paling dirugikan karena masih membutuhkan kasih sayang dari kedua orang tuanya. Oleh karena itu, penelitian ini mencoba untuk menganalisis karakteristik Alex Petroski, mekanisme pertahanannya untuk mengatasi kondisi keluarganya, dan keterikatan dengan anjingnya yang dipicu oleh salah satu mekanisme pertahanannya. Penelitian ini menggunakan teori psikoanalisis Sigmund Freud sebagai teori utama, bersama dengan teori keluarga disfungsional oleh Al-Ubaidi, dan teori keterikatan oleh John Bowlby dan Mary Ainsworth untuk mendukung analisis. Dalam menganalisis, penulis menggunakan metode deskriptif kualitatif dan penelitian kepustakaan. Analisis menemukan bahwa kondisi psikologis Alex sebagai anak dari keluarga yang disfungsional digambarkan dengan tanggung jawab yang super dan mekanisme pertahanan yang matang dalam bentuk afiliasi, yang menyebabkan dia semakin kuat membangun keterikatan pada anjingnya.

Kata kunci: keterikatan, perilaku, keluarga disfungsional, kepribadian.