

ABSTRACT

Tsushima Shuuji was born in Aomori prefecture, Kitatsugaru district on June 19th 1909. His father a member of parliament in those prefecture. Born in worth family did not make Dazai have a blissfull live. When he was in high school he attempted his first suicide. In 1933 *Ressha*, his first work was published and it won the literature competition in *Too Nippo* newspaper. He used Dazai Osamu as pseudonym in this competition and continued to use it until he died on June 1948. *Ningen Shikkaku* is his last novel before he commited suicide with his lover, Tomie. *Ningen Shikkaku* is known as his autobiography work because the story is similiar with Dazai's real life story.

In that novel there is a lot of conflict between Yozo (the main character name) and him self. Yozo always said that he was scared of society and those kind of fear is known as SAD (Social Anxiety Disorder). The purpose of this paper is to show alternative way of understanding Yozo's conflict and the solution.

Keyword : Yozo, *ningen shikkaku*, *ningen ga nigate*, *id*, *ego*, *super ego*, *anxiety*.