

## DAFTAR PUSTAKA

- Abejuela, H. R., and Osser, D. N., 2013. *Psychopharmacology Algorithm for Management of Generalized Anxiety Disorder*. Diakses dari <http://www.harvardsouthshorepsychiatry.org/wp-content/uploads/2014/05/Revised-Poster-GAD-Algorithm-04-28-14.pdf>, pada tanggal 13 Desember 2013.
- Allgulander, Christer. 2012. Generalized Anxiety Disorder: a review of recent findings. *Journal of Experimental and Clinical Medicine*. Vol. 4 No. 2, p. 88 – 91.
- Anderson, L.A., Stewart, J., Thornton, P., and Wilson, K. (Eds.), 2009. *Clobazam Monograph for Professionals*. Diakses dari <http://www.drugs.com/monograph/clobazam.html>, pada tanggal 24 Juni 2015.
- American Psychiatric Association (APA). 2014. *Anxiety Disorders*. Diakses dari <http://www.psychiatry.org/anxiety-disorders>, pada tanggal 22 November 2014.
- American Psychiatric Association (APA). 2000. *Diagnostic and Statistical Manual of Mental Disorders*. 4<sup>th</sup> ed. Text Revision. Washington, DC: American Psychiatric Association. p. 472 – 476.
- Anxiety and Depression Association of America (ADAA). 2014. *Facts and Statistics*. Diakses dari <http://www.adaa.org/about-adaa/press-room/facts-statistics>, pada tanggal 22 November 2014.
- Anxiety and Depression Association of America (ADAA). 2015. *Facts*. Diakses dari <http://www.adaa.org/living-with-anxiety/women/facts> pada tanggal 1 Juli 2015.
- Badan Penelitian dan Pengembangan Kesehatan. 2013. *Riset Kesehatan Dasar*. Jakarta: Kementerian Kesehatan RI.

- Bandelow, B., Boerner, J.R., Kasper, S., Linden, M., Wittchen, H.U., and Möller, H.J., 2013. The diagnosis and treatment of generalized anxiety disorder. *Deutsches Ärzteblatt International*. Vol. 110 No. 17, p. 300 – 309.
- Barker, R.A., Cicchetti, F., and Neal, M.J., 2012. *Neuroanatomy and Neuroscience at a Glance*. 4<sup>th</sup> ed. England: John Wiley & Sons, Ltd. p. 128 – 129.
- Baxter, K., 2010. *Stockley's Drugs Interaction*. 9<sup>th</sup> ed. London: Pharmaceutical Press. p. 838 – 868.
- Beesdo, K., Pine, D.S., Lieb, R., and Wittchen, H.U., 2010. Incidence and risk patterns of anxiety and depressive disorders and categorization of generalized anxiety disorder. *Archive of General Psychiatry*. Vol. 67, p. 47 – 57.
- Brandish, E.K., and Baldwin, D.S., 2012. Anxiety Disorders. *Medicine*. Vol. 40 No. 11, p. 599 – 606.
- Brunoni, A.R., Nunes, M.A., Figueiredo, R., Barreto, S.M., da Fonseciae, Mde J., Paulo A. Lotufo, P.A., and Benseñor, I.M., 2013. Patterns of benzodiazepine and antidepressant use among middle-aged adults. The Brazilian longitudinal study of adult health (ELSA-Brasil). *Journal of Affective Disorders*. Vol. 151, p. 71 – 77.
- Budavari, S. (Ed.), 2001. *The Merck Index*. 13<sup>th</sup> ed. USA: Merck & Co., Inc.
- Buschmann, H., Díaz, J.L., Holenz, J., Párraga, A., Torrens, A., and Vela, J.M., (Eds.), 2007. *Antidepressants, Antipsychotics, Anxiolytics*. Weinheim: WILEY-VCH Verlag GmbH & Co. KGaA. p. 51 – 110.
- Carney, C.E., and Edinger, J.D., 2010. *Insomnia and Anxiety*. New York: Springer. p. 35 – 37.
- Cipolle, R.J., Strand, R.M., and Morley, P.C., 2010. *Pharmaceutical Care Practice: The Clinician's Guide*. 3<sup>nd</sup> ed. New York: McGraw Hill Companies, Inc. p. 141 – 182.

- Corrigan, P.W., and Watson, A.C. 2002. Understanding the impact of stigma on people with mental illness. *World Psychiatry*. Vol. 1 No. 1, p. 16 – 20.
- Cumming, J.L., and Trimble, M.R., 2002. Concise Guide to Neuropsychiatry and Behavioral Neurology. 2<sup>nd</sup> ed. Washington, DC: American Psychiatric Publishing, Inc. p. 19 – 34.
- Davidson, J.R.T., Feltner, D.E., and Dugar, A., 2010. Management of Generalized Anxiety Disorders in Primary Care: Identifying the Challenges and Unmet Needs. *Primary Care Companion Journal of Clinical Psychiatry*. Vol 12 No. 2, p. 1 – 16.
- Davidson, J.R.T., Zhang, W., Connor, K.M., Ji, J., Jobson, K., Lecrubier, Y., McFarlane, A.C., Newport, A.C., Nutt, D.J., Osser, D.N., Stein, D.J., Stowe, Z.N., Tajima, O., and Versiani, M., 2010. A psychopharmacological treatment algorithm for generalized anxiety disorder (GAD). *Journal of Psychopharmacology*. Vol 24 No. 1, p. 3 – 26.
- Demeytenaere, K., Bonnewyn, A., Bruffaerts, R., De Girolamo, G., Gasquet, I., Kovess, V., Haro, J.M., and Alonso, J., 2008. Clinical factors influencing the prescription of antidepressants and benzodiazepines: Results from the European study of the epidemiology of mental disorders (ESEMeD). *Journal of Affective Disorders*. Vol. 110 No. 1-2, p. 84 – 93.
- Dunlop, B.W., and Davis, P.G., 2008. Combination Treatment With Benzodiazepines and SSRIs for Comorbid Anxiety and Depression: A Review. *Primary Care Companion to The Journal of Clinical Psychiatry*. Vol. 10 No.3. p.222 – 228.
- Durand, V.M., and Barlow, D.H., 2015. *Abnormal Psychology: An Integrative Approach*. 7<sup>th</sup> ed. Canada: Cengage Learning. p. 129 – 133.
- Gottesmann, C., 2002. GABA mechanisms and sleep. *Neuroscience*. Vol. 111 Issue 2. p. 231 – 239.

- Grohol, J.M., 2012. *What's the Purpose of the Fight or Flight Response?* Diakses dari <http://psychcentral.com/blog/archives/2012/12/04/whats-the-purpose-of-the-fight-or-flight-response/>, pada tanggal 11 Juli 2015.
- Guthrie, S.K., and Bostwick, J.R., 2013. Anxiety Disorders. In: Alldredge, B.K., Corelli, R.L., Ernst, M.E., Guglielmo, B.J., Jacobson, P.A., Kradjan, W.A., and Williams, B.R. (Eds.), 2013. *Koda – Kimble and Young's Applied Therapeutics : The Clinical Use of Drugs*. 10<sup>th</sup> ed. Philadelphia: Lippincott Williams & Wilkins. p. 1863 – 1899.
- Hadley, S.J., Mandel, F.S., and Schweizer, E., 2012. Switching from long-term benzodiazepine therapy to pregabalin in patients with generalized anxiety disorder: a double-blind, placebo-controlled trial. *Journal of Psychopharmacology*. Vol. 26 No. 4, p. 461 – 470.
- Hamel, E., 2007. Serotonin and Migraine: biology and clinical implications. *Cephalgia*. Vol. 27 No. 11, p. 1293 – 1300.
- Hasan, M.I., 2002. *Pokok – Pokok Materi Metodologi Penelitian dan Aplikasinya*. Bandung: Ghalia Indonesia.
- Heeringen, K. V., 2001. *Understanding Suicidal Behaviour: The Suicidal Process Approach to Research, Treatment, and Prevention*. England: John Wiley & Sons, Ltd. p. 106; 260.
- Hettema, J.M., Prescott, C.A., and Kendler, K.S., 2001. A population-based twin study of generalized anxiety disorder in men and women. *Journal of Nervous Mental Disease*. Vol. 189 No. 7, p. 413 – 420.
- Hettema, J.M., Sun, C., Chen, X., and Kendler K.S., 2013. Genetic association study between RGS2 and anxiety – related phenotypes. *Psychiatric Genetic*. Vol. 23 Issue 2. p. 92.
- Hibbert, A., Godwin, A., and Dear, F., 2009. *Rujukan Cepat Psikiatri*. Diterjemahkan oleh Cendika, R. Jakarta: Penerbit Buku Kedokteran EGC. Hal. 23; 70.

- Hidalgo, R.B., Tupler, L.A., and Davidson, J.R.T., 2007. An effect-size analysis of pharmacologic treatments for generalized anxiety disorder. *Journal of Psychopharmacology*. Vol. 21 No. 8, p. 864 – 872.
- International Psychopharmacology Algorithm Project (IPAP). 2008. *GAD Algorithm Flowchart*. Diakses dari <http://www.ipap.org/gad/index.php>, pada 13 Desember 2014.
- Kendler, K. S., and Prescott, C. A., 2006. *Genes, Environment, and Psychopathology: Understanding The Causes of Psychiatric and Substances Use Disorders*. New York: The Guilford Press. p. 52; 63.
- Kessler, R.C., Demler, O., Frank, R.G., Olfson, M., Pincus, H.A., Walters, E.E., Wang, P.H., Wells, K.B., and Zaslavsky, A.M., 2005. Prevalence and Treatment of Mental Disorders, 1990 to 2003. *The New England Journal of Medicine*. Vol. 352 No. 24, p. 2515 – 2523.
- Khanderia, S. (Ed.), 2014. *British National Formulary*. 68<sup>th</sup> ed. London: BMJ Group and Pharmaceutical Press. p. 699.
- Kirkwood, C.K., and Melton, S.T., 2008. Anxiety Disorders I: Generalized Anxiety, Panic, and Social Anxiety Disorders. In: Dipiro, J.T., Talbert, R.L., Yee, G.C., Matzke, G.R., Wells, B.G., and Posey, L.M., (Eds). *Pharmacotherapy: A Pathophysiologic Approach*. 7<sup>th</sup> Ed.. New York: Mc Graw Hill Companies, Inc. p. 1161 – 1178.
- Lagnaoui, R., Depont, F., Fourrier, A., Abouelfath, A., Bégaud, B., Verdou, H., and Moore, N., 2004. Patterns and correlates of benzodiazepine use in the French general population. *European Journal of Clinical Pharmacology*. Vol. 60 No.7, p. 523 – 529.
- Lederbogen, F., Kirsch, P., Haddad, L., Streit, F., Tost, H., Schuch, P., Wüst, S., Pruessner, J.C., Rietschel, M., Deuschle, M., and Meyer-Lindenberg, A., 2011. City living and urban upbringing affect neural social stress processing in humans. *Nature*. Vol. 474 Issue 7352. p. 498 – 501.

- Lorenz, R.A., Jackson, C.W., and Saitz, M., 2010. Adjunctive use of atypical antipsychotics for treatment – resistant generalized anxiety disorder. *Pharmacotherapy*. Vol. 30 No. 9. p. 942 – 951.
- Mahajudin, M.S., Yuwana, T.A., Margono, H.M., Daeng, B.H., Mawardi, H., Hidayat, S.S., Yitnamurti, S., Maramis, M.M., Kurnen, I., Gunadi, I.G.N., Budiono, D.A., Haniman, F., Warsiki, E., Basuki, L., Yuniar, S., dan Agung, N.M., 2004. *Pedoman Diagnosis dan Terapi Bagian/SMF Ilmu Kedokteran Jiwa RSUD Dr.Soetomo Surabaya*. Surabaya: Rumah Sakit Dr. Soetomo.
- Manthey, L., van Veen, T., Giltay, E.J., Stoop, J.E., Neven, A.K., Penninx, B.W., and Zitman, F.G., 2011. Correlates of (inappropriate) benzodiazepine use: the Netherlands Study of Depression and Anxiety (NESDA). *British Journal of Clinical Pharmacology*. Vol. 71, p. 263–272.
- Maslim, Rusdi. 2013. *Diagnosis Gangguan Jiwa, Rujukan Ringkas PPDGJ – III dan DSM – 5*. Jakarta: Bagian Ilmu Kedokteran Jiwa FK Unika Atma Jaya. Hal 70 – 87; 246.
- Maslim, Rusdi. 2014. *Panduan Praktis, Penggunaan Klinis Obat Psikotropik*. Jakarta: Bagian Ilmu Kedokteran Jiwa FK Unika Atma Jaya. Hal 40 – 45.
- McEvoy, G.K. (Ed.), 2011. *AHFS Drug Information Essentials*. Bethesda: American Society of Health – System Pharmacists, Ltd.
- Neal, M.J., 2012. *Medical Pharmacology at a Glance*. 7<sup>th</sup> Ed. England: John Wiley & Sons, Ltd. p. 54 – 55.
- Nutt, D., Argyropoulos, S., Hood, S., and Potokar, J., 2006. Generalized anxiety disorder: A comorbid disease. *European Neuropsychopharmacology*. Vol. 16, p. S109 – S118.
- Pharmaceutical Care Network Europe, 2010. *Classification for Drug related problems*. Pharmaceutical Care Network Europe Fondation. V 6.2. p. 2 – 9.

- Phillips, A.C., Batty, G.D., Gale, C.R., Lord, J.M., Arlt, W., and Carroll, D., 2011. Major depressive disorder, generalised anxiety disorder, and their comorbidity: Associations with cortisol in the Vietnam Experience Study. *Psychoneuroendocrinology*. Vol. 36, p. 682 — 690.
- Portman, M.E., 2009. *Generalized Anxiety Disorder Across the Lifespan: An Integrative Approach*. USA: Springer. p. 1 – 14.
- Posmontier, B., and Breiter, D., 2012. Managing Generalized Anxiety Disorder in Primary Care. *The Journal of Nurse Practitioners*. Vol 8 No. 4, p. 268 – 274.
- Reus, V.I., 2012. Mental Disorder. In: Longo, D.L., Kasper, D.L., Jameson, J.L., Fauci, A.S., Hauser S.L., and Loscalzo, J., (Eds). *Harrison's Principles of Internal Medicine*. 18<sup>th</sup> ed. New York: Mc Graw Hill Companies, Inc. p. 3529 – 3545.
- Romadhon, Y.A., 2002. Gambaran klinik dan psikofarmaka pada penderita gangguan cemas. *Cermin Dunia Kedokteran*. No. 135, hal 24 – 26.
- Rosenberg, D.R., Davanzo, P.A., and Gershon, S., 2002. *Pharmacotherapy For Child And Adolescent Psychiatric Disorders*. 2<sup>nd</sup> ed. USA: Marcel Dekker, Inc.
- Rüsch, N., Angermeyer, M.C., and Corrigan, P.W., 2005. Mental illness stigma: concepts, consequences, and initiatives to reduce stigma. *European Psychiatry*. Vol. 20 No. 8, p. 529 – 39
- Sadock, B.J., Sadock, V.A., and Ruiz, P., 2009. *Kaplan & Sadock's Comprehensive Textbook of Psychiatry*. 9<sup>th</sup> ed. Philadelphia: Lippincott William & Wilkins. p. 1840 – 1926; 3044 – 3056; 3060 – 3065.
- Sadock, B.J., and Sadock, V.A., 2010. *Kaplan & Sadock's Concise Textbook of Clinical Psychiatry*. 2<sup>nd</sup> ed. Philadelphia: Lippincott William & Wilkins. p. 259 – 267; 477 – 483.
- Schneider, R. K., and Levenson, J.L., (Eds.), 2007. *Psychiatry Essentials for Primary Care*. 1<sup>st</sup> ed. USA: American College of Physicians. p. 114.

- Setiadji, V.S., 2012. *Neurotransmitter: Reseptor dan Cara Kerja*. Jakarta: Badan Penerbit Fakultas Kedokteran Universitas Indonesia. Hal. 15 – 19; 24 – 26.
- Shann, Frank. 2014. *Drug Doses*. 16<sup>th</sup> ed. Australia: Collective P/L.
- Stahl, S.M., 2014. *Stahl's Essential Psychopharmacology Prescriber's Guide*. 5<sup>th</sup> ed. USA: Cambridge University Press.
- Tatro, D.S., 2003. *A to Z Drug Facts and Comparisons*. New York: Mc Graw Hill Companies, Inc.
- Tatro, D.S., 2009. *Drug Interaction Facts*. Philadelphia: Lippincott Williams & Wilkins.
- Thomson, F., and Craighead, M., 2008. Innovative approaches for the treatment of depression: targeting the HPA axis. *Neurochemical Research*. Vol. 33 No. 4, p. 691 — 707.
- Toufexis, D., and Hammack, S.E., 2006. *Anti – Anxiety Drugs*. USA: Chelsea House. p. 66 – 76.
- Trevor, A.J., and Way, W.L., 2012. Sedative – Hypnotic Drugs. In: Katzung, B., Masters, S.B., and Trevor, A.J., (Eds). *Basic & Clinical Pharmacology*. 12<sup>th</sup> ed. New York: Mc Graw Hill Companies, Inc. p. 373 – 385.
- Wittchen, H.U., Kessler, R.C., Beesdo, K., Krause, P., Höfler, M., and Hoyer, J., 2002. Generalized anxiety and depression in primary care: prevalence, recognition, and management. *Journal of Clinical Psychiatry*. Vol. 63, Suppl 8, p. 24 – 34.
- Videbeck, S.L., 2008. *Buku Ajar Keperawatan Jiwa*. Diterjemahkan oleh Karyuni, P.E. Jakarta: Penerbit Buku Kedokteran EGC. Hal. 307.
- Zainuddin, Muhammad, 2011. *Metodologi Penelitian*. Surabaya: Airlangga University Press. Hal 75 – 85.
- Zhang, X., Norton, J., Carrière, I., Ritchie, K., Chaudieu, I., and Ancelin, M.L., 2014. Generalized anxiety in community-dwelling elderly: Prevalence and clinical characteristics. *Journal of Affective Disorders*. Vol. 172, p. 24 – 29.