

**ABSTRACT**  
**THE GUIDED LEARNING INFLUENCE TOWARD INDEPENDENCE**  
**DEGREE OF OLD AGE'S ACTIVITY DAILY LIFE.**

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A guided learning toward old age independence's degree is an effort to progress independence while the independence it self is ability for each human to take care for her/him self.

While a decrease it self is influenced by some factors, they are physical condition, capacity and mental status, acceptance toward part of body's function, and family support. This thesis purposes to explain old age independence degree's influence toward guided learning.

The design of this thesis is a pre-experimental of Panti Bhakti Luhur cabang Sidoarjo through 24 old age women. Technique of this thesis is a purposive sampling and its independence variable is Activity Daily Life's independence. This thesis data analyze is a paired T test with its significance's degree is  $p < 0.05$ .

This thesis concludes that there is a significant progress of old age independence toward a guided learning if it is connected to age's category especially 60 year old trough 70 year old, while not to old age above 70 year old. This guided learning is expected to make an additional program to empower old age on the chance their Activity Daily Life's expectation can be aimed optimally.

**Keywords:** Guided learning and old age