

**GAMBARAN TEMPAT KERJA DENGAN MEMBANDINGKAN STANDAR
MODEL WHO DI PT. JAPFA COMFEED INDONESIA Tbk. SIDOARJO**

ROFIEKUR ROCHMAN

Noeroel Widajati, S.KM.,M.Sc

KKC KK FKM 182 / 11 Roc g

ABSTRACT

The effort increasing health status in worldwide community, are need to be conducted health promotion in many sectors. As written on Ottawa Charter, was designed a new strategy of health promotion, that in practice can be implemented in a setting. One of the most important settings is a workplace. The purpose of this study is to learn healthy workplace model according to the WHO model by identifying within the scope of the physical work environment, psychosocial work environment, personal health resources and corporate community involvement, in PT. Japfa Comfeed Indonesia Tbk. Sidoarjo.

This study was used cross-sectional and observational approach. Data was obtained from company both primary and secondary were analyzed descriptively. The Result of study had shown that healthy workplace area of the PT. Japfa Comfeed Indonesia Tbk. Sidoarjo, was quite healthy and appropriate with WHO model. In physical working environment was need concerned the exposure to dust, noise and vibration. While in area of psychosocial work environment there were two workers who have multiple psychosocial problems of conflict with colleagues, too much workload and fear of job loss. In health resources areas of worker's personal and corporate community involvement were appropriate with WHO Model The conclusion of this study shows the areas of healthy workplaces according to the WHO model of the PT. Japfa Comfeed Indonesia Tbk. Sidoarjo, is quite healthy and appropriate with the WHO model. Meanwhile for suggestion in this study is need to increase housekeeping regarding the large amount of dust from the production process and need more activities in enhancing harmony among workers.

Keywords: Healthy workplace, health promotion

ABSTRAK

Dalam upaya meningkatkan kesehatan penduduk dunia, perlu dilakukan promosi kesehatan. Di dalam piagam Ottawa dirumuskan strategi baru promosi kesehatan, yang dalam prakteknya strategi tersebut dilakukan pada sebuah tatanan. Salah satu tatanan yang sangat penting adalah tempat kerja. Tujuan penelitian ini adalah mempelajari model tempat kerja sehat menurut model WHO dengan cara mengidentifikasi area lingkungan kerja fisik, area lingkungan kerja psikososial, area sumber daya kesehatan pribadi dan area keterlibatan masyarakat perusahaan di PT. Japfa Comfeed Indonesia Tbk. Sidoarjo. Penelitian ini menggunakan pendekatan *cross sectional* dan bersifat observasional. Data yang diperoleh dari perusahaan baik primer maupun sekunder dianalisis secara deskriptif. Hasil Penelitian menunjukkan bahwa area tempat kerja sehat PT. Japfa Comfeed Indonesia Tbk. Sidoarjo menurut model WHO sudah cukup sehat dan sesuai. Di area lingkungan kerja fisik perlu diperhatikan paparan debu, paparan kebisingan dan getaran. Sedangkan di area lingkungan kerja psikososial terdapat dua orang pekerja yang mengalami beberapa permasalahan psikososial yaitu konflik dengan rekan kerja, terlalu banyak beban pekerjaan dan takut kehilangan pekerjaan. Area sumber daya kesehatan pribadi pekerja dan keterlibatan masyarakat perusahaan sudah sesuai dengan model WHO. Kesimpulan dari penelitian ini bahwa area-area tempat kerja sehat menurut model WHO di PT. Japfa Comfeed Indonesia Tbk. Sidoarjo sudah sehat dan sesuai dengan model WHO. Sedangkan saran dari penelitian ini adalah pelaksanaan *housekeeping* lebih ditingkatkan lagi karena banyaknya debu dari proses produksi dan perlu adanya kegiatan-kegiatan dalam meningkatkan keharmonisan antar pekerja.

Kata Kunci: Tempat kerja yang sehat, promosi kesehatan