

PENGARUH SANITASI PONDOK PESANTREN, HIGIENE PERORANGAN DAN KEJADIAN PENYAKIT TERHADAP PRESTASI BELAJAR SANTRI

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Study achievement especially for religious pupil in an environment of a Islamic boarding school is very important to be continuously increased. In the implementation there is some factors that influences namely internal and external factors. Internal factor comprises of personal hygiene and disease incidence. External factor comprises of Islamic boarding school sanitation. This research was held in Sunan Drajat of Islamic Boarding School, Banjaranyar, Paciran, Lamongan.

This research was analitic study that held observationally with cross sectional design and used quantitative approach. This research purposed to know the influence of some independent variables toward dependent variable. Independent variables that were studied comprise of sanitation condition of islamic boarding school sanitation, personal hygiene and disease incidence, while dependent variable was study achievement of religious pupil. Sample in this research was male religious pupil of Sunan Drajat Islamic Boarding School with MTS level of education. Sample numbers were 97 religious pupil that was collected from population with proportional random sampling. Data was obtained from primary and secondary data.

Variable test held using multiple linear regression analysis method. Studied variable will influence to study achievement of religious pupil if fulfill the requirement  $p < 0,005$ . The result of this research namely sanitation variable has  $p$  value = 0,000. The variable of personal hygiene has  $p$  value = 0,936. The variabel of disease incidence has  $p$  value = 0,143.

From research result, variable that has influence on religious pupil's study achievement in Sunan Drajat Islamic Boarding School was sanitation variable of Islamic Boarding School.

Therefore, it is necessary to increase the quality and quantity of islamic boarding Sschool sanitation to increase the study achievement of religious pupil. The method that can be done is by providing the islamic boarding school facilities or religious pupil room that appropriate with standard and the improvement of basic sanitation facilities of islamic boarding school such as the providing of bathroom/toilet.

Key word : sanitation of Islamic boarding school, personal hygiene, disaster, achievement

## ABSTRAK

Prestasi belajar khususnya untuk santri di lingkungan pondok pesantren sangatlah penting untuk selalu ditingkatkan. Dalam pelaksanaannya terdapat beberapa faktor yang mempengaruhi, diantaranya faktor internal dan faktor eksternal. Faktor internal meliputi hygiene perorangan santri dan kejadian penyakit. Faktor eksternal meliputi kondisi sanitasi pondok pesantren. Penelitian ini dilaksanakan di Pondok Pesantren Sunan Drajat, Banjaranyar, Paciran, Lamongan.

Penelitian ini merupakan penelitian analitik yang dilakukan secara observasional dengan rancang bangun *cross sectional* dan dengan menggunakan pendekatan kuantitatif. Penelitian ini bertujuan untuk mengetahui pengaruh dari beberapa variabel independent terhadap variabel dependent. Variabel independent yang diteliti meliputi kondisi sanitasi pondok pesantren, hygiene perorangan santri dan kejadian penyakit. Sedangkan variabel dependent yang diteliti adalah prestasi belajar santri. Sampel dalam penelitian ini merupakan santri putra Pondok Pesantren Sunan Drajat dengan pendidikan MTs. Jumlah sampel sebanyak 97 santri yang diambil dari populasi dengan cara *proportional random sampling*. Data diperoleh dari data primer dan data sekunder.

Pengujian variabel dilakukan dengan menggunakan metode analisis *regresi linear berganda*. Variabel yang diteliti akan berpengaruh terhadap prestasi belajar santri apabila memenuhi syarat  $p < 0,05$ . Hasil yang didapat pada penelitian ini yaitu variabel sanitasi pondok pesantren memiliki nilai  $p = 0,000$ . Variabel hygiene perorangan santri memiliki nilai  $p = 0,936$ . Variabel kejadian penyakit memiliki nilai  $p = 0,143$ .

Dari penelitian ini, variabel yang berpengaruh terhadap prestasi belajar santri di Pondok Pesantren Sunan Drajat, Banjaranyar, Paciran, Lamongan adalah variabel sanitasi pondok pesantren.

Oleh sebab itu, dibutuhkan peningkatan kualitas dan kuantitas dari sanitasi pondok pesantren untuk meningkatkan prestasi belajar santri. Cara yang dapat dilakukan adalah dengan penyediaan sarana asrama atau kamar santri yang sesuai standar dan perbaikan sarana sanitasi dasar pondok pesantren seperti penyediaan kamar mandi/WC.

Kata kunci : sanitasi pondok pesantren, hygiene perorangan, penyakit, prestasi