

ABSTRACT**EFFECT OF HEALTH EDUCATION USING POP-UP BOOK LECTURE METHOD ON THE LEVEL OF CHB KNOWLEDGE AND ATTITUDE IN GRADE 2 STUDENTS AT SDN SUNGAI BESAR 8 BANJARBARU****A Pre-Experimental Study**

Diana Hardiyanti

Students' knowledge of Clean and Healthy Behaviors (*CHB*) in schools is still low, especially in choosing healthy snacks, washing hands and disposing waste in rubbishbin. School children need adequate knowledge and positive attitude to implement PHBS. Efforts to improve health education media can be done through pop-up book media.

This study aimed to analyze the effect of health education using pop-up book lecture method on the level of knowledge and attitude of PHBS in grade 2 students at SDN Sungai Besar 8 Banjarbaru. This study was a pre-experimental study using one group pre-post test design. The population was all students in grade 2 at SDN Sungai Besar 8 Banjarbaru. The sampling technique used was total sampling. The sample in this study comprised 72 students. The independent variable in this study was health education using pop-up book media, and the dependent variables were PHBS knowledge and attitudes at school. Data were collected using questionnaire and analyzed using Wilcoxon Signed Rank statistic test with a significance level $\alpha \leq 0.05$.

Statistical analysis showed that health education with pop-up media book has significant effect to improve PHBS knowledge ($p = 0.000$) and attitude (0.000) in grade 2 students of SDN Sungai Besar 8 Banjarbaru.

This study concluded that health education using pop-up book media has effect on PHBS knowledge and attitudes in grade 2 students at SDN Sungai Besar 8 Banjarbaru. Schools are expected to use pop-up book media as an alternative of learning media for students, especially for improving healthy habits.

Keywords: *health education, pop-up, knowledge, attitudes, CHB*