

**DAFTAR ISI**

|                                 |       |
|---------------------------------|-------|
| HALAMAN JUDUL .....             | i     |
| LEMBAR PERNYATAAN .....         | iii   |
| HALAMAN PERSETUJUAN .....       | iv    |
| HALAMAN PENGESAHAN .....        | v     |
| HALAMAN MOTTO .....             | vi    |
| HALAMAN PERSEMBAHAN .....       | vii   |
| UCAPAN TERIMAKASIH .....        | viii  |
| DAFTAR ISI .....                | xii   |
| DAFTAR TABEL .....              | xvi   |
| DAFTAR GAMBAR .....             | xvii  |
| DAFTAR LAMPIRAN .....           | xviii |
| ABSTRAK .....                   | xix   |
| ABSTRACT .....                  | xx    |
| <b>BAB I PENDAHULUAN</b>        |       |
| 1.1. Latar Belakang .....       | 1     |
| 1.2. Identifikasi Masalah ..... | 9     |
| 1.3. Batasan Masalah .....      | 11    |
| 1.4. Rumusan Masalah .....      | 14    |
| 1.5. Tujuan Penelitian .....    | 14    |
| 1.6. Manfaat Penelitian         |       |
| 1.6.1. Manfaat Teoritis .....   | 14    |

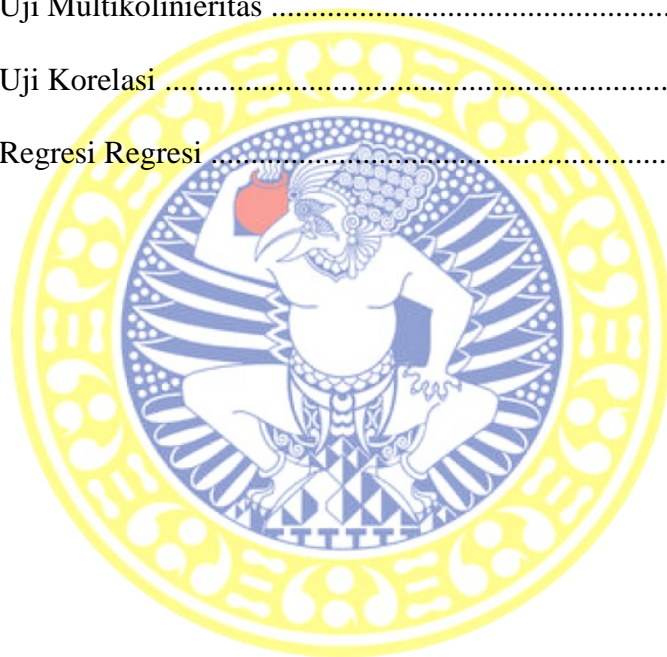
|  |    |
|--|----|
| 1.6.2. Manfaat Praktis .....   | 15 |
| <b>BAB II TINJAUAN PUSTAKA</b>   |    |
| 2.1. <i>Caregiver</i> Pasien Paliatif .....  | 16 |
| 2.1.1. Definisi Paliatif .....   | 16 |
| 2.1.2. Prinsip Dasar dari Perawatan Paliatif .....                                       | 17 |
| 2.2. <i>Caregiver</i> .....  | 20 |
| 2.3. <i>Caregiver burden</i> .....   | 21 |
| 2.4. Self Efficacy .....   | 27 |
| 2.4.1. Definisi <i>Self Efficacy</i> .....   | 27 |
| 2.4.2. Dimensi <i>Self Efficacy</i> .....  | 28 |
| 2.4.3. Sumber-sumber <i>Self Efficacy</i> .....  | 29 |
| 2.4.4. Proses-Proses <i>Self Efficacy</i> .....  | 31 |
| 2.5. Kualitas Hidup <i>Caregiver</i> .....   | 33 |
| 2.3.1. Definisi Kualitas Hidup .....   | 33 |
| 2.3.2. Faktor yang Mempengaruhi Kualitas Hidup <i>Caregiver</i> .....                    | 35 |
| 2.5. Hubungan antara <i>Caregiver Burden, Self Efficacy, dan Kualitas</i><br>Hidup ..... | 37 |
| 2.6. Kerangka Konseptual .....   | 41 |
| 2.7. Hipotesis Penelitian .....  | 42 |
| <b>BAB III METODE PENELITIAN</b>   |    |
| 3.1. Tipe Penelitian .....   | 43 |
| 3.2. Identifikasi Variabel Penelitian .....  | 44 |
| 3.2.1. Variabel Independen 1 (X1) .....  | 44 |

|  |    |
|--|----|
| 3.2.2. Variabel Independen 2 (X2) .....              | 44 |
| 3.2.3. Variabel Dependen (Y) .....                   | 44 |
| 3.2.4. Hubungan antar Variabel .....                 | 45 |
| 3.3. Definisi Operasional Variabel .....             | 45 |
| 3.3.1. <i>Caregiver Burden</i> .....                 | 45 |
| 3.3.2. <i>Self Efficacy</i> .....                    | 46 |
| 3.3.3. Kualitas Hidup .....                          | 46 |
| 3.4. Subjek Penelitian .....                         | 47 |
| 3.4.1. Populasi .....                                | 47 |
| 3.4.2. Sampel Penelitian .....                       | 48 |
| 3.5. Teknik Pengumpulan Data .....                   | 49 |
| 3.5.1. Instrumen Variabel Indeoenden 1 (X1) .....    | 50 |
| 3.5.2. Instrumen Variabel Independen 2 (X2) .....    | 51 |
| 3.5.3. Instrumen Variabel Dependen (Y) .....         | 51 |
| 3.6. Validitas Alat Ukur .....                       | 52 |
| 3.7. Reliabilitas Alat Ukur .....                    | 54 |
| 3.8. Analisis Data Instrument Variabel Terkait ..... | 56 |
| <br><b>BAB IV HASIL PENELITIAN DAN PEMBAHASAN</b>    |    |
| 4.1. Gambaran Subjek Penelitan .....                 | 58 |
| 4.2. Pelaksanaan Penelitian .....                    | 59 |
| 4.2.1. Persiapan Penelitian .....                    | 59 |
| 4.2.2. Persiapan Instrumen Penelitian .....          | 59 |
| 4.2.3. Persiapan Administrasi .....                  | 60 |

|  |    |
|--|----|
| 4.2.4. Pengambilan Data .....                      | 61 |
| 4.2.5. Hambatan Penelitian .....                   | 62 |
| 4.3. Hasil Penelitian .....                        | 63 |
| 4.3.1. Analisis Statistik Deskriptif .....         | 63 |
| 4.3.2. Analisis Uji Asumsi .....                   | 65 |
| 4.3.2.1. Uji Normalitas .....                      | 65 |
| 4.3.2.2. Uji Linieritas .....                      | 67 |
| 4.3.2.3. Uji Homoskedastisitas .....               | 67 |
| 4.3.2.4. Uji Multikolinieritas .....               | 68 |
| 4.3.3. Uji Hipotesis .....                         | 69 |
| 4.4. Pembahasan .....                              | 72 |
| <b>BAB V SIMPULAN DAN SARAN</b>                    |    |
| 5.1. Simpulan .....                                | 78 |
| 5.2. Saran .....                                   | 79 |
| 5.2.1. Saran untuk RSUD dr, Soetomo Surabaya ..... | 79 |
| 5.2.2. Saran untuk Penelitian Selanjutnya .....    | 79 |
| DAFTAR PUSTAKA .....                               | 81 |

**DAFTAR TABEL**

|   |    |
|---|----|
| Tabel 3.1. Penilaian <i>Professional Judgement</i> .....      | 53 |
| Tabel 3.2. Reliabilitas Alat Ukur .....                       | 55 |
| Tabel 3.3. Taraf Signifikansi .....                           | 57 |
| Tabel 4.1. Deskripsi Subjek Berdasarkan Data Demografis ..... | 64 |
| Tabel 4.2. Uji Homoskedastisitas .....                        | 67 |
| Tabel 4.3. Uji Multikolinieritas .....                        | 68 |
| Tabel 4.4. Uji Korelasi .....                                 | 69 |
| Tabel 4.5. Regresi Regresi .....                              | 70 |



**DAFTAR GAMBAR**

|   |    |
|---|----|
| Gambar 2.1. Kerangka Konseptual .....                                       | 41 |
| Gambar 3.1. Hubungan antara Variabel Penelitian .....                       | 45 |
| Gambar 4.1. <i>Normality P-P Plot of Regression Standart Residual</i> ..... | 66 |





## DAFTAR LAMPIRAN

|  |     |
|--|-----|
| Lampiran 1 Surat Pernyataan <i>Professional Judgement 1</i> .....          | 87  |
| Lampiran 2 Surat Pernyataan <i>Professional Judgement 2</i> .....          | 88  |
| Lampiran 3 Surat Pernyataan <i>Professional Judgement 3</i> .....          | 89  |
| Lampiran 4 Lembar Hasil <i>Translate-Back Translate</i> Alat ukur .....    | 90  |
| Lampiran 5 Permohonan Izin Pengambilan Data .....                          | 98  |
| Lampiran 6 Lembar Informasi untuk Disetujui .....                          | 99  |
| Lampiran 7 Kuisisioner Penelitian .....                                    | 102 |
| Lampiran 8 Keterangan Kelaikan Etik .....                                  | 111 |
| Lampiran 9 Surat Perjanjian Penelitian .....                               | 113 |
| Lampiran 10 Permohonan Ijin Penelitian.....                                | 114 |
| Lampiran 11 Pemberian Ijin Penelitian .....                                | 115 |
| Lampiran 12 Data Kasar Sosiodemografis Subjek Penelitian .....             | 116 |
| Lampiran 13 Data Kasar Variabel (X1) <i>Caregiver Burden</i> .....         | 117 |
| Lampiran 14 Data Kasar Variabel (Y) Kualitas Hidup .....                   | 120 |
| Lampiran 15 Data Kasar Variabel (X2) <i>Self Efficacy</i> .....            | 124 |
| Lampiran 16 Hasil Uji Reliabilitas Alat ukur <i>Caregiver Burden</i> ..... | 126 |
| Lampiran 17 Hasil Uji Reliabilitas Alat ukur Kualitas Hidup .....          | 127 |
| Lampiran 18 Hasil Uji Reliabilitas Alat Ukur <i>Self Efficacy</i> .....    | 128 |
| Lampiran 19 Uji Normalitas Kualitas Hidup .....                            | 129 |
| Lampiran 20 Statistik Deskriptif .....                                     | 130 |