ABSTRACT

Client Centered Group Coaching Regarding Islamic Sex Education in Preventing Deviant Sexual Behavior on Female Teenagers

A Study at SDIT Permata Kota Mojokerto

Sexual deviation is also called as abnormal or deviant sexual behaviors tending to sexual crimes. The increasing deviation for the past three years in Mojokerto and its proximity is LGBT (lesbian, gay, bisexual and transsexual), it occured on teenagers aged from 14 years. Children and teenagers approaching adolescence are actually groups with a risk of having sexual deviation, but they often do not realize it. Thus, they need more concern from parents and teachers. The research aimed to analyze the influence of client centered group coaching approach regarding islamic sex education toward the prevention of sexual deviation behaviors on preadolescence female teenagers at SDIT Permata Kota Mojokerto. The type of the research is quasi-experimental design, by using non randomized pre test-post test control-group design. The research was conducted from February to June 2015, with a population of 97 teenagers and a sample of 30 which were taken by using stratified random sampling. In order to analyze the behaviors of case group and control group before and after group coaching, the test used Independent Samples Test and the result suggests that t count (4.881 and 16.529) is greater than t table (1.993), with a significance value 0.000 (<0.05). In order to know the influence of group coaching to behavioral change the researcher used Paired Samples Correlations and the result suggests that t count (-10.048) is smaller than t table (2.045), with a significance value of 0.000 (<0.05).

Conclusion: teenagers' behaviors before and after group coaching can be categorized as positive, and there were effects of group coaching toward the increase of preventing behaviors. It is suggested that the school keeps conducting weekly coaching group with the most effective methods to satisfy the needs od teenagers and prioritizes the use of Islamic contents materials (religious approach).

Keywords: preventing behaviors, sexual deviation, group coaching