

TESIS

***SOCIAL SUPPORT TERHADAP PERTUMBUHAN
DAN PERKEMBANGAN ANAK USIA 3-6 TAHUN YANG
MENGIKUTI TAMAN POSYANDU DI DESA SOKET DAJAH
KECAMATAN TRAGAH KABUPATEN BANGKALAN***



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**UNIVERSITAS AIRLANGGA
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PROGRAM MAGISTER
PROGRAM STUDI ILMU KESEHATAN MASYARAKAT
SURABAYA
2015**

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TESIS

**Untuk memperoleh gelar Magister Kesehatan
Minat Studi Kesehatan Ibu dan Anak
Program Studi Ilmu Kesehatan Masyarakat
Fakultas Kesehatan Masyarakat
Universitas Airlangga**

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SURABAYA
2015**

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dan diterima untuk memenuhi persyaratan guna memperoleh gelar
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pada tanggal 13 Juli 2015

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4. Dr. Widya Ayu Puspitasari, S.KM., M.Kes.
5. Kusandrini, S.Psi., M.Kes., Psikolog.

PERSETUJUAN

TESIS

**Diajukan sebagai salah satu syarat untuk memperoleh gelar
Magister Kesehatan (M.Kes.)
Minat Studi Kesehatan Ibu dan Anak
Program Studi Ilmu Kesehatan Masyarakat
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PERNYATAAN TENTANG ORISINALITAS

Yang bertanda tangan di bawah ini, saya:

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Menyatakan bahwa saya tidak melakukan kegiatan plagiat dalam penulisan tesis saya yang berjudul:

SOCIAL SUPPORT TERHADAP PERTUMBUHAN DAN PERKEMBANGAN ANAK USIA 3-6 TAHUN YANG MENGIKUTI TAMAN POSYANDU DI DESA SOKET DAJAH KECAMATAN TRAGAH KABUPATEN BANGKALAN

Apabila suatu saat nanti terbukti saya melakukan tindakan plagiat, maka saya akan menerima sanksi yang telah ditetapkan.

Demikian surat pernyataan ini saya buat dengan sebenar-benarnya.

Surabaya, 13 Juli 2015



Qurnia Andayani

KATA PENGANTAR

Puji syukur kehadirat Allah SWT atas Karunia dan Hidayah-Nya penyusunan tesis dengan judul “***Social support terhadap pertumbuhan dan perkembangan anak usia 3-6 tahun yang mengikuti taman posyandu di Desa Soket Dajah Kecamatan Tragah Kabupaten Bangkalan***” dapat terselesaikan.

Tesis ini berisikan analisis pengaruh ketersediaan *social support* yang berasal dari keikutsertaan ibu anak usia 3-6 tahun dalam kegiatan taman posyandu terhadap pertumbuhan dan perkembangan anak di desa Soket Dajah.

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Demikian, semoga tesis ini bisa memberi manfaat bagi diri kami sendiri dan pihak lain yang menggunakan.

Surabaya, 13 Juli 2015

Penulis

SUMMARY

Social Support for Growth and Development of 3-6 Years Children who Join Taman Posyandu in Soket Dajah Village Tragah Sub District Bangkalan District

Toddler golden period or window of opportunity only happen once and would never back again. So that, the first of five years life is very important because it is the developmental basic or determinant of the next development to improve the child ability. Support fulfillment of growth and development is needed at this time.

One of the effort to optimize child growth and development is Taman Posyandu.. 10.000 Taman posyandu Movement is an East Java-Indonesia governor programme. Taman posyandu is an holistic and integrative toddler service to make sure that toddler get an integrative and holistic care for their growth and development phases. It developed from posyandu as health care especially for growth and development screening of toddler in addition to early childhood education (PAUD), and guidance of toddler family (BKB), so that, this programme would be really useful to create an health and smart of next generation. But, a programme for community would need social support from all society to make sure that everyone participate actively. Unfortunately, there are only less than 50% toddler join taman posyandu in Soket Dajah Village.

By concept, social support is the willingness of people to provide information, attention, and advice about child nurture, accompany to social activities, funding supply (education, transport) and fulfillment of balanced nutrition for children.

This study aimed to analyze the effect of social support to growth and development of 3-6 years children who join Taman Posyandu in Soket Dajah Village Tragah Sub District Bangkalan District.

The study was observational cross-sectional design conducted in April 2015. 50 mothers and 3-6 years children in Soket Dajah village Tragah Sub District Bangkalan District were research samples.

Variables of this research consist of social support, emotional support and appreciation, friendship support, instrumental support, informative support as independent variable, participation, growth and development as dependent variable and knowledge, access, comfort, parenting style as intervening variables.

Data collection method used interview by questionnaires of social support, parenting style, participation in Taman Posyandu, informal interview, developmental pre-screening questionnaire and anthropometric measurements for child growth by IMT table and Nelhauss curve that was described in frequency distribution table, cross tabulation and narration, then it was analyzed with Path Analysis test.

The data analysis showed that the majority of social support was good (64%), most of parenting style was democratic (78%), most of the children growth were appropriate (88%) and most of the children development were appropriate (50%).

Statistics analysis used path analysis test and it showed that there was an affect of social support for growth and development of 3-6 years children in Soket Dajah Village Tragah Sub District Bangkalan District. The conclusion according to T statistic 9.6 and 5.4 for Social Support to children growth and development are greater than T table 2.0.

The statistics also showed that parenting style affected children growth and development, and social support affect mother's knowledge, access and comfort, but mother's knowledge, access and comfort didn't affect parenting style. Parenting style would be influenced by mothers' education that most of them were only elementary and few of them were didn't graduate from elementary school. So that, mother couldn't optimalize access that she had or implement her new knowledge and still got influenced by her traditional parenting style.

The conclusion is social support affected growth and development of 3-6 years children who join taman posyandu, so that the health workers, CHWs and public figures are expected to be more active to provide education about the benefits of taman posyandu to make sure that parents could understand and are expected to participate actively in all activities of taman posyandu.