

THE INFLUENCE OF THE TRAINING IN SELF-EVALUATION TO THE NURSE-PATIENT THERAPEUTIC RELATIONSHIP AT THE LUNG HOSPITAL IN BATU

ABSTRACT

The ability of the nurse to develop an interpersonal relationship with a patient is needed. However, it should be admitted that both the quality of nursing and the attitude of the nurses are often viewed negatively in society. Self-evaluation is part of the nurse's personal quality which enables the nurse to have a therapeutic relationship with a patient.

The purpose of this research is to analyze the difference of the therapeutic relationship between the nurse and the patient with a chronic disease before and after a treatment, and the influence of the nurse's training in self-evaluation attitude to the nurse-patient therapeutic relationship.

This study is a true-experimental research of a pretest-posttest control group design with one treatment in the form of a training on the nurse's self-evaluation attitude in conducting a therapeutic relationship between a nurse and a patient with a chronic disease. The sample consists of 14 nurses (7 people as experimental group, and 7 as a control group) collected with a simple random sampling technique. Patients with chronic diseases who are in-mates amounts to 31 subjects. This research is carried out at the Lung Hospital of Batu, from May 5th until July 12th, 2003. The data is analyzed with Wilcoxon Signed Ranks Test and Wilcoxon-Mann-Whitney Test with alpha 0,05.

The results of the study show that there is a difference between the nurse-patient therapeutic relationship before the treatment and after the treatment (p value of 0,018). Whereas the influence of the training of nurses in introspective attitude on the nurse-patient therapeutic relationship (p value of 0,047); in other words, the research hypothesis is accepted.

In conclusion, the result of the study shows that there is a difference between the nurse-patient therapeutic relationship before the training and after the training in self-evaluation attitude for nurses; this means that the training bears influence on the therapeutic relationship.

Key words: *training, self-evaluation, nurse, therapeutic relationship, patients with chronic diseases.*