

ABSTRACT

THE CHANGE OF PERSONAL HYGIENE CARE AMONG THE *SANTRIS* THROUGH THE *USTADZ* EMPOWERMENT IN THE *PESANTREN* WALI SONGO NGABAR VILLAGE PONOROGO IN 2003

The research objectives were mainly directed to the fact findings closely related to the change of the personal hygiene care among the *santris* in the *Pesantren* Wali Songo before and after the *ustadz* empowerment program specifically as follows: (1) to find the hygiene care provided by the *kyai* as the top-level leader of the *pesantren*, (2) to identify the teaching-learning activities which be able to encourage the *santris*-centered hygiene care, (3) to know the amount of fund supplied by the *pesantren* authority for the *santris*' hygiene care, (4) to recognize the developing of the *santris*' creativity for their own hygiene care, (5) to review the *santris*' knowledge on hygiene care, (6) to observe the *santris*' attitude on hygiene care, and (7) to describe the behavior of the *santris* in the implementation of hygiene care.

This study was a pre experimental research using "The One Group Pretest-Post Test Design". The population comprises the *santris* and *ustadz*s staying in the Islamic boarding education house for male commonly called *pesantren* from 2002 to 2003 with the total number of 496 *santris* and 50 *ustadz*s. However, the sample size in this research were only 30 *santris* and 10 *ustadz*. The sampling technique use for the *santris* was systematic random sampling, but that for *ustadz* was purposive sampling.

The result of data analysis showed: (1) the hygiene care of the *kyai* was enough, (2) the activities to encourage the personal hygiene care among the *santris* were enough, (3) the amount of fund supplied by the *pesantren* for personal hygiene care was enough, (4) the *ustadz* and *santris*' activities to make health message inside the *pesantren* was good. Based on the result by using *Wilcoxon Signed Rank Test*, it was founded that knowledge, attitude, and behavior related to the personal hygiene care among the *santris* had undergone improvement after the *ustadz* empowerment with $p = 0,000$ ($p < 0,05$).

It is recommended that the *ustadz* empowerment should be used more intensively for the improvement of the *santris*' hygiene care in the *pesantren* Wali Songo Ngabar Ponorogo.

Keywords : *Ustadz* Empowerment, Personal Hygiene, *Pesantren*