

## RINGKASAN

### **Hubungan *Self Efficacy* Dengan Kinerja Perawat Dalam Melaksanakan Asuhan Keperawatan Di Rumah Sakit Islam Sakinah Mojokerto**

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Kinerja merupakan hasil yang dicapai oleh seseorang menurut ukuran yang berlaku untuk pekerjaan yang bersangkutan. Kinerja yang baik dapat tercapai jika individu/perawat mempunyai kemampuan dan motivasi. *Self efficacy* didefinisikan sebagai suatu pertimbangan pendapat seseorang mengenai kemampuannya untuk mengatur dan melakukan serangkaian tindakan yang diperlukan untuk mencapai tujuan yang dimaksud. *Self efficacy* dipandang sebagai mekanisme pengaktifan yang memungkinkan seseorang menggabungkan dan menerapkan kemampuan *cognitive behavioral* dan sosialnya pada saat melaksanakan suatu tugas dengan berhasil pada tingkatan tertentu.

Tujuan dalam penelitian ini adalah untuk mengetahui hubungan *self efficacy* dengan kinerja perawat dalam melaksanakan asuhan keperawatan di Rumah Sakit Islam Sakinah Mojokerto.

Desain penelitian yang digunakan adalah “Desain Korelasional” dengan metode “*Cross Sectional*”. Populasinya adalah seluruh perawat pelaksana Rumah Sakit Islam Sakinah Mojokerto dengan metode “*Total Sampling*” berjumlah 40 orang. Variabel independennya adalah *self efficacy* yang terdiri dari sub variabel pemilihan tindakan ( $X_1$ ), kesungguhan usaha ( $X_2$ ) dan pola berfikir dan reaksi emosi ( $X_3$ ), sedang variable dependennya adalah kinerja perawat melaksanakan asuhan keperawatan.

Tehnik pengumpulan data tentang *self efficacy* menggunakan kuesioner tertutup dan data kinerja menggunakan checklist, selanjutnya dilakukan analisis uji statistik “Regresi Linier Berganda” dengan tingkat kemaknaan 0,05.

Hasil analisis data diperoleh  $F_{test}$  sebesar 1830,97. Sedangkan  $F_{tabel}$  dengan penyebut 3 dan  $DF = n-1 = 39$  diperoleh  $F_{tabel}$  sebesar 5,31. Perbandingan ini menunjukkan bahwa  $F_{test}$  lebih besar dari  $F_{tabel}$ , artinya bahwa *self efficacy* secara keseluruhan mempunyai hubungan yang signifikan terhadap kinerja perawat.

Sebagai kesimpulan penelitian bahwa *self efficacy* perawat mempunyai pengaruh yang signifikan terhadap kinerja perawat di Rumah Sakit Islam Sakinah Mojokerto. Saran yang perlu disampaikan adalah pentingnya peningkatan *self efficacy* perawat agar dapat meningkatkan kinerja perawat dalam melaksanakan asuhan keperawatan di Rumah Sakit Islam Sakinah Mojokerto.

## SUMMARY

### **Relation of Self Efficacy with The Nurse Performance to Nursing Care in RSI Sakinah Mojokerto**

**By : Faisal Ibnu**

Performance represent result by somebody according to accepted measure for the work of pertinent. Good performance can be reached if individual or nurse have the ability and motivate. The Self Efficacy defined as consideration of somebody opinion of concerning its ability to arrange and to conduct with refer to the action which needed to reach the such target. Self Efficacy viewed as a conducive activation mechanism of somebody join and apply the cognitive ability behavioral and its social at the time of executing duty with successfully at certain level.

The objective of this research to identify the relation of self efficacy with the nurse performance to nursing care in RSI Sakinah Mojokerto.

Design used by "Correlation Research" with the "Cross Sectional Method". Its population is all of executive nurse at Islamic Hospital of Sakinah Mojokerto with the method "Total Sampling" amounting to 40 people. Independent variable in this research is self efficacy consisted by the sub of variable of behavioral choice ( $X_1$ ), seriousness of effort ( $X_2$ ) And pattern of thinking and the emotional reaction ( $X_3$ ). Dependent variable is nurse performance execute the treatment action to execute treatment action in RSI Sakinah Mojokerto.

Technique of collecting date about self efficacy use the closed questioner and performance date using the checklist, and than conducted by a statistical test analysis "Doubled Linear Regression" with the meaning level 0,05.

Analysis of result the date obtained by  $F_{test}$  equal to 1830,97. While  $F_{table}$  with the denominator 3 and  $DF = n - 1 = 39$  obtained  $F_{table}$  equal to 5,31. This comparison indicate that the  $F_{test}$  bigger than  $F_{table}$ , its neaning that self efficacy as a whole have the relation which significant to nurse performance.

As research conclusion that self efficacy nurse have the influence which significant to nurse performance in RSI Sakinah Mojokerto. The author recommends that improving self efficacy of nurse are important so will be improving of nurse performance to nursing care in RSI Sakinah Mojokerto.

## ABSTRACT

### Relation of Self Efficacy with The Nurse Performance to Nursing Care in RSI Sakinah Mojokerto

By : Faisal Ibnu

The self efficacy defined as consideration of somebody opinion of concerning its ability to arrange and to conduct with refer to the action which needed to reach the such target. Self efficacy viewed as a conducive activation mechanism of somebody join and apply the cognitive ability behavioral and its social at the time of executing duty with successfully at certain level. Performance represent the process conducted and reached result by somebody according to accepted measure for the work of pertinent. Good performance can be reached if individual or nurse have the ability and motivate. If correlation between self efficacy with the performance, hence somebody having high self efficacy, he will own the high performance also.

The first objective this research is to identify the self efficacy nurse that consisted by the sub of variable of behavioral choice ( $X_1$ ), seriousness of effort ( $X_2$ ) and pattern of thinking and the emotional reaction ( $X_3$ ). Second objective is identify the nurse performance to nursing care in RSI Sakinah Mojokerto. Final purpose is analyse the relation of self efficacy with the nurse performance to nursing care in RSI Sakinah Mojokerto.

Result of self efficacy measures to sub of variable of behavioral choice ( $X_1$ ) indicate that most (65%) responder have the high self efficacy. The sub of seriousness variable of effort ( $X_2$ ) indicate the majority (82,5%) having a medium self efficacy. The sub variable pattern of thinking and the emotional reaction ( $X_3$ ) show most (62,5%) of responder have the medium self efficacy. The nurse self efficacy in RSI Sakinah Mojokerto as a whole indicate that most (65%) medium.

The result of the second purpose showed that most (65%) responder have the high performance. And the last of objective result showed the date obtained by  $F_{test}$  equal to 1830,97. While  $F_{table}$  with the  $DF = n - 1 = 39$  obtained  $F_{table}$  equal to 5,31. This comparison indicate that the  $F_{test}$  bigger than  $F_{table}$ , its meaning that self efficacy as a whole have the relation which significant to nurse performance.

As research conclusion that self efficacy nurse have the influence which significant to nurse performance to nursing care in RSI Sakinah Mojokerto.

Keyword : self efficacy, performance.