ABSTRACT

**Efforts Empowering Pregnant Women
For The Detection of Their First Three Months High Risk Pregnancy
The Study AtMaternal And Baby Clinic of Jagir Community Health Center Area, Surabaya**

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Millennium Development Goalsaddresses the civilization of the healthy society through promotion, preventive and society empowerment efforts. But early detection of the high risk pregnancy by the society is still under target, about 80 percent.

According to Rochjati, high risk pregnancy early detection relates to the classification or activities to get the information about pregnant women detected as high risk to enable the society/health workers to do adequate treatment and successfully decrease the death of mother and child. The research analyzes the empowerment of pregnant women to detect early their first three months high risk pregnancy in Posyandu at Puskesmas Jagir, Surabaya.

The research is quantitative and applied as pre-experiment; "One Group Pretest – Posttest Design." Thirty five women on their first three months pregnancy, based on purposive sampling, participate in the research. The data analyzed according to Wiloxon Signed Rank Test with the significance level of P= 0,001. Regression Logistic Test shows no influence on pregnant women ability to detect their early risk. But personal autonomy indicates p = 0,047 (p< 0,05), as having significant influence on the ability to detect early high risk pregnancy.

Husband and family are expected to encourage pregnant women to have their pregnancy check while health workers can do the selection by directly visiting the pregnant women at their own house as early as possible which eventually enable the society to be independently live out healthy life style as well as assisting it in decreasing the number of mother and child death. for to research is to be conducted pregnant women second and third trimesters

Keywords: Empowerment,early detection, high risk pregnancy