

Determinan Perilaku Kader Posyandu Untuk Tindakan Penyuluhan Gizi Balita di Wilayah Puskesmas Kedungkandang Kota Malang

Amin, Isman

KKC KK TKM 13 09 Ami d

Pembimbing : Prof. Dr. Rika Subarniati Triyoga, dr., S.KM

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Education of societal health aimed at reaching a state where individual, group, society entirely life in healthy. Posyandu cadres has great role in improving the society abilities to help themselves to reach optimal health status. The preliminary study showed 60% Posyandu cadres has conducted health education with group target. The research goals is to analyze the cadres behavior determinants for the under five years old nutrition education at the puskesmas area of Kedungkandang, Malang City. The research is analytic observational with cross sectional approach. The population of 249 posyandu cadres. The sample taking by stratified random sampling. The sample size of 100 taken based on the proportional calculation of each posyandu strata. The research results showed that most of cadres age among 36-40 years old of 21% (21 cadres). Unemployment respondent of 73% (73 cadres). The respondents education is Senior High School of 41% (41 cadres). Most of them become cadres during 0-5 years of 47% (47 cadres). Respondents have enough knowledge of 67 cadres s. Respondents that have enough attitude of 82% (83 cadres). Respondent that never conducted education of 62% (62 cadres). Respondents that have high intention of 71 cadres (71%). About 84 respondents have enough personal autonomy. Respondent that has social support of 62 cadres. Respondents that have good information access of 50 cadres. Respondent that have good action situation of 59% (59 cadres). This research analysis that from 7 independent variabel determinants toward dependent variables, there were 1 determinant that have good of  $<0.05$ , that is action situation (0.002) that mean the influence of attitude and action situation toward practice of cadres for the under five years old nutrition education. The research concluded that is attitude, attention and action situation determinant have influence toward practice of cadres for the under five years old nutrition education

Keywords: behavior determinant, nutrition education of under five years.