

ABSTRAK

Sudrajat Triwandoko, 110810243, Gambaran *Self-Regulated Learning* pada Mahasiswa Aktivistis Organisasi, Skripsi, Fakultas Psikologi Universitas Airlangga, 2016. xvi + 87 halaman, 6 lampiran

Penelitian ini bertujuan untuk melihat gambaran self-regulated learning pada mahasiswa aktivis organisasi. Mahasiswa, dalam hal ini mahasiswa aktivis harus membagi fokus mereka di tengah perkuliahan dan tugas organisasi yang mereka emban. Mahasiswa mengikuti organisasi untuk berbagai tujuan, diantaranya untuk mengembangkan diri. Namun, mereka juga dituntut untuk tetap menjalankan kewajiban mereka sebagai mahasiswa. Mengingat tingginya tuntutan yang dihadapi dalam perguruan tinggi, maka seorang mahasiswa membutuhkan kemampuan yang lebih baik dalam belajar dibandingkan pelajar pada tingkat pendidikan yang lebih rendah. Berdasar penjelasan di atas, peneliti merasa bahwa self-regulated learning penting untuk diaplikasikan oleh mahasiswa. Hal ini dikarenakan dapat membantu mahasiswa dalam proses belajarnya.

Penelitian ini dilakukan selama dua bulan melibatkan tiga subjek penelitian dan tiga orang significant other. Ketiganya merupakan mahasiswa yang menempuh pendidikan di Fakultas Psikologi Universitas Airlangga. Ketiga subjek memiliki kegiatan yang sama, yaitu aktivis di masing-masing organisasi yang mereka ikuti. Penelitian ini menggunakan pendekatan kualitatif dengan metode studi kasus. Teknik analisis data yang digunakan pada penelitian ini adalah analisis tematik dengan koding terhadap hasil transkrip wawancara yang telah dibuat verbatim dan catatan lapangan.

Hasil penelitian menunjukkan bahwa setiap subjek melewati fase dalam self-regulated learning yaitu forethought, performance phase dan self-reflection phase. Namun tidak semua subjek memenuhi semua aspek dalam self-regulated learning. Ada subjek yang tidak memenuhi aspek karena subjek merasa tidak tertarik dalam bidang yang diikuti dan ada pula subjek yang tidak memerlukan evaluasi atas metode belajar yang dipakai sekarang.

Kata kunci: *self-regulated learning, mahasiswa, aktivis organisasi.*
Daftar Pustaka, 30 (1989-2014)

ABSTRACT

Sudrajat Triwandoko, 110810243, Profile of *Self-Regulated Learning* on Activist Student Organization, Under Graduate Thesis, Faculty of Psychology Airlangga University, 2016. xvi + 87 pages, 6 attachment

This study aims to look at the picture of self-regulated learning on the student activist organization. Students, in this case the student activists should divide their focus in the middle of the lecture and organizational tasks that they entailed. Students follow the organization for a variety of purposes, including to develop themselves. however, they are also required to keep running their responsibility as a student. Given the high demands faced in college, then a student needs a better ability in learning than students at lower education levels. Based on the above explanation, the researchers feel that the self-regulated learning is important to be applied by the students. This is due to help students in their learning.

This research was conducted for two months involving three research subjects and three other significant person. All three are students who studied at the Faculty of Psychology, University of Airlangga. These three subjects have the same activities, ie activists in each organization that they follow. This study used a qualitative approach with case study method. The data analysis technique used in this study is thematic analysis with coding of results of interview transcripts have been made verbatim and field notes.

The results showed that every subject through a phase in the self-regulated learning that forethought, performance and self-reflection phase phase. However, not all subjects fulfill all aspects of self-regulated learning. There is a subject that does not meet the aspect because the subject was not interested in the field are followed and there are also goes a subject that doesn't need an evaluation of the learning methods that they used today.

Keywords: *self-regulated learning, student, organization activist.*
References, 30 (1989-2014)