

**ABSTRACT**

**A DESCRIPTIVE STUDY IN ACHIEVE SUCCESSFUL AGING BASED  
ON THEORY OF FUNCTIONAL CONSEQUENCE**

Descriptive Study

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Aging is a natural process due to metabolic processes that constantly, so the body will lose its function (functional consequences). Successful Aging is a concept that is interpreted by the happiness and success of the elderly, which includes aspects are free from disease, physical function and mental adequate and still hold the activity.

The purpose of this study was to identify factors associated with Successful Aging based on theory of functional consequence. Using descriptive design with cross sectional approach. The population in this study are members of the LegiunVeterans of the Republic of Indonesia branch of Mojo, Gubeng, Surabaya. The number of samples was 26 respondents, which was taken by using simple random sampling. The variables in the study were functional well behavioral variables, psychological well-being, selectionoptimatization compensation, primary and secondary. Data were collected through questionnaires. Analysis of data using statistical manual.

The results showed that the achievement of successful aging is almost entirely high categorized respondents as many as 21 elderly, and a small portion of respondents categorized as medium as much as 5 elderly.

It can be concluded that the rate of successful aging elderly in LVRI Influenced by Psychological well-being (91.67%), Functional well (80.77%), SOC (56.85%), primary and secondary control (76.93%). Future studies are expected to examine other factors that could affect the achievement of succesful aging.

Keywords : Successful aging, Functional consequences, Elderly, Veteran, Surabaya