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Pneumocystis Pneumonia (PCP) in HIV and AIDS Patients with Pulmonary Symptom

Pneumocystis Pneumonia (PCP) di Penderita HIV dan AIDS Dengan Kelainan Paru

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Abstract

*PCP is one of the most common opportunistic infection in HIV and AIDS patients. A definitive diagnosis of PCP in HIV and AIDS patients in Dr Soetomo General Hospital Surabaya has not been previously done. A definitive diagnosis have the role in the therapy and to prevent the illness as well. PCP is diagnosed by using a microscope to indentify *Pneumocystis jerovecii* in the lung fluid or tisuue. The objective of this study was to know how to detect *Pneumocystis jerovecii* in the sputum samples and to know the determination of the prevalence of PCP in HIV and AIDS patients suffered with pulmonary symptom who were hospitalized in Dr. Soetomo General Hospital Surabaya. This research was carried out by a cross sectional study utilizing waste sputum samples from HIV and AIDS patients. The detection of *Pneumocystis jerovecii* used Giemsa stain. Six sputum samples among 18 sputum samples (33.33%) HIV and AIDS patients were *Pneumocystis jerovecii* positive. Based on this findings HIV and AIDS patients with pulmonary symptoms should be suspect having the possibility of PCP as opportunity infection in HIV and AIDS existed, and there for the detection of the *Pneumocystis jerovecii* in sputum sample must becoming routinelycarried out in the laboratory examination for HIV and AIDS patients wich also suffering pulmonary symptom.*

PCP adalah salah satu infeksi oportunistik yang paling sering terjadi di penderita HIV dan AIDS. Sejauh ini diagnosis pasti PCP belum pernah dilakukan di RSU Dr. Soetomo Surabaya. Diagnosis pasti PCP berperan dalam pengobatan dan upaya pencegahannya. Tujuan penelitian ini adalah untuk mengetahui dan menemukan keberadaan *Pneumocystis jerovecii* di sampel dahak dan menentukan berapa besar jumlah mengidap PCP di penderita HIV dan AIDS dengan keluhan paru yang sedang menjalani rawat inap di RSUD Dr. Soetomo Surabaya. Penelitian dilakukan secara kajian potong silang dengan memanfaatkan sampel dahak sisa periksaan penderita HIV dan AIDS. Temuan *Pneumocystis jerovecii* dalam sampel dahak dilakukan dengan pengecutan *Giemsa*. Enam dari 18 sampel dahak (33,33%) menunjukkan *Pneumocystis jerovecii* positif. Berdasar temuan ini, penderita AIDS dengan keluhan paru harus diduga kemungkinan mengidap PCP. Dengan demikian pemeriksaan laboratorik *Pneumocystis jerovecii* harus menjadi pemeriksaan yang rutin bagi penderita HIV dan AIDS yang juga mengidap keluhan paru.

Keyword : HIV, and, AIDS, pneumocystis, pneumonia, (PCP),

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