

**ABSTRACT**  
**THE DESCRIPTION OF KNOWLEDGE AND ATTITUDE IN PREGNANT**  
**WOMEN WITH ANEMIA ABOUT IRON CONSUMPTION AT PUSKESMAS**  
**BARENG KOTA MALANG**

A Descriptive Research

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**Introduction.** Iron deficiency anemia is one of the nutritional common problem in pregnant women caused by inadequate iron intake. Anemia can caused significant complications in the mother and fetus. The purpose of this study is to describe the knowledge and attitude of pregnant women to the consumption of iron.

**Method.** This study used descriptive design. The population in this study were 10 pregnant women. Samples were taken by purposive sampling technique. obtained amounted to 8 first trimester pregnant women who are anemic. Data were collected by FGD (Focus Group Discussion) method and analyzed using Colaizzi method.

**Results.** This study result are seven core themes, they they were knowledge about definition of iron, a source of iron, nutrition which was containing iron substrate, the route of iron tablets consumption, the function of iron, side effect of Fe capsul and actions to reduce this effect, awareness of mothers meet iron.

**Discussion and conclusion.** The level of Knowledge and attitude in maternal anemia iron consumption in Puskesmas Bareng Malang was still low. This study showed that nurses should provide information to pregnant women with anemia how to consume Fe tablet and nutrients that contain iron.

Keywords: knowledge, attitude pregnant women, consumption of iron, anemia