

ABSTRACT**THE EFFECT OF MOTHER'S KNOWLEDGE, ATTITUDE AND PRACTICE TOWARDS BREAKFAST CAUSATIVE FACTORS OF CHILDREN AGED 6-12 YEARS OLD AT SDN MOJO VI NO. 225 SURABAYA**

Ranita Rahmi Pramesti.

ABSTRACT

There are still many children in Indonesia (60%) who skip breakfast because of various causative factors. Causative factors such as parents lack of knowledge and do not get used to have breakfast. **Objective:** To determine the effect of mother's knowledge, attitude, practice towards breakfast causative factors. **Method:** Cross-sectional study that was conducted in SDN Mojo VI No.225 Surabaya involving 80 mothers who have child in grade 4th and 5th. Data obtained from interviews with the mothers about their knowledge, attitude, and practice towards factors of breakfast. Data was analyzed by logistic regression test between knowledge, attitude, practice and breakfast causative factors. **Result:** Mother's knowledge, attitude and practice towards breakfast is adequate with each frequency is 94,4%, 68,4% dan 71,1%. The most common breakfast causative factors is the availability of food (100%). The effect of mother's knowledge, attitude and practice towards breakfast causative factors showed $p=0.066$. **Conclusion:** There was no significant effect between mother's knowledge, attitude and practice towards breakfast causative factors.

Keywords: Knowledge-attitude-practice, mothers, breakfast causative factors, children aged 6-12 years old.