

ABSTRACT

THE RELATIONSHIP OF HUSBAND SUPPORTS AND POSTPARTUM DEPRESSION INCIDENT IN ILE BOLENG PUBLIC HEALTH CENTER FLORES TIMUR NUSA TENGGARA TIMUR

Cross Sectional Study

By: Agnes Ose Tokan

Introduction: Husband supports were factors which helped women in postpartum depression. Husband supports in Ile boleng were facing a problem with local culture where husband can't give a proper supports for his wife. This study aimed to analyze the relationship between husband supports and postpartum depression in Ile Boleng Public Health Center. **Method:** Research design was cross sectional study among mother in postpartum periode. This study involved 49 samples taken by consecutive sampling. The independent variable was husband supports and dependent variable was postpartum depression. Data were taken by questionnaire then analyzed by spearman rank rho with $\alpha \leq 0.05$. **Result and Analyze:** Amount 42,9 % respondents got moderate husband supports and proven did not experiencing postpartum depression. Whereas asmount 36,7 % respondents with low husband supports proven experiencing postpartum depression. Based on Spearman rank rho statistical test result $p = 0,007$. It mean there was significant relationship between husband supports and postpartum depression, relations coefficient was ($r = 0,600$), it mean there was strong positive correlation. **Conclusion:** It could be concluded that the higher husband supports significantly related to decreasing postpartum depression. This study suggested for health care to optimize the role of husband as source of supports thus preventing postpartum depression for his beloved wife. Further research suggested about interventions which optimizing husband supports preventing postpartum depression.

Keyword: Husband Supports, Postpartum Depression.