

ABSTRAK

ANALISIS PERSEPSI IBU DENGAN STATUS GIZI
ANAK PRASEKOLAH DI DESA SLENDRO
KECAMATAN GESI KABUPATEN SRAGENPENELITIAN *CROSS SECTIONAL*Dona Muji Fitriana
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Pendahuluan: Status gizi merupakan hal penting yang perlu diperhatikan pada masa kanak-kanak, khususnya pada masa prasekolah. Kekurangan gizi pada masa ini akan menyebabkan kerusakan yang irreversibel yang artinya tidak dapat dipulihkan saat dewasa. Peran ibu dalam pemenuhan status gizi anak prasekolah sangatlah penting. Persepsi ibu mempengaruhi niat dan perilaku ibu dalam pemenuhan kebutuhan gizi anak prasekolah. Penelitian ini bertujuan untuk mengetahui hubungan persepsi ibu dengan status gizi anak prasekolah. **Metode:** Penelitian ini menggunakan desain analitik deskriptif korelasional dengan pendekatan *cross sectional*. Sampel yang digunakan yakni *total sampling* sebanyak 61 ibu wali murid yang memiliki anak usia prasekolah di Desa Slendro. Variabel independen adalah persepsi ibu dengan status gizi anak prasekolah. variabel dependen adalah status gizi anak prasekolah. pengambilan data dilakukan dengan pengisian kuesioner dan pengukuran antropometri (BB/TB). Data dianalisis menggunakan uji *Sperman Rho* ($\alpha \leq 0,05$). **Hasil:** Hasil penelitian menunjukkan bahwa 59% ibu memiliki persepsi yang tinggi dan 41% ibu memiliki persepsi yang rendah terhadap status gizi anak prasekolah. Hasil uji statistik menunjukkan bahwa ada hubungan yang signifikan ($\rho = 0,029$) dengan nilai koefisien korelasi ($r = 0,280$) antara persepsi ibu dengan status gizi anak prasekolah di Desa Slendro Kecamatan Gesi Kabupaten Sragen. **Diskusi dan kesimpulan:** Persepsi ibu yang positif dapat menjadikan status gizi anak prasekolah baik. Rekomendasi untuk perawat diharapkan dapat melaksanakan promosi kesehatan secara rutin dan berkelanjutan untuk mempertahankan persepsi positif ibu mengenai status gizi pada anak prasekolah di Desa Slendro Kecamatan Gesi Kabupaten Sragen.

Kata kunci: Persepsi ibu, status gizi, anak prasekolah

ABSTRACT

**ANALYSIS OF MOTHER PERCEPTION ABOUT NUTRITIONAL STATUS
OF PRE-SCHOOL CHILDREN AT DESA SLENDRO KECAMATAN GESI
KABUPATEN SRAGEN**

CROSS SECTIONAL STUDY

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Introduction: Nutritional status was important for pre-school children. Nutrient deficiency at this age, can cause irreversible damage that can not be recovered during adult. The mother role was the factor that affects nutrient status of pre-school children the fulfillment for pre-school children. Mother's perception affect intentions and behaviors of mothers in the fulfillment of nutrition for preschool aged children. The study was aimed to know the corelation between mother's perception with nutritional status of pre-school aged children. **Method:** This was descriptive analysis research with cross sectional approach. The sample used were of 61 mothers with pre-school aged children at Slendro. Independent variable was mother's perception about the fulfillment of nutrition for pre-school aged children. Dependent variable was nutritional status of pre-school children. Data collected by using questionnaire and anthropometry measurement (Body Weight/Height). The data was analyzed by using Spearmen Rho test ($\alpha \leq 0,05$). **Results:** The result had showed that 59% of mothers had positive perception about the fulfillment of nutrition for preschool aged children. The result of statistical analysis indicates that there was positive low significant corelation between mother's perception with nutritional status of pre-school aged childrenat Slendro Kecamatan Gesi Kabupaten Sragen ($p=0,029$, $r=0,280$) ($p=0,029$). **Discussion and conclusion:** The positive mother's perception can lead a good nutritional status of pre-school children. It was expected for nurses to conduct health promotion continuously and sustainable to maintain a positive perception of the mother's nutritional status of preschool children at Desa Slendro Kecamatan Gesi Kabupaten Sragen.

Keywords: mother's perception, nutrition status, preschool aged children