

ABSTRAK

Talitha Hapsari Nurdijanti, 111311133184, *Sexual Self-Disclosure* dan Kepuasan Seksual pada Pasangan Suami Istri Usia Pernikahan 5 sampai 20 Tahun, *Skripsi*, Fakultas Psikologi Universitas Airlangga, 2018, xvii + 110 halaman, 8 lampiran.

Penelitian ini bertujuan untuk mengetahui *sexual self-disclosure* dan kepuasan seksual pada pasangan suami istri usia pernikahan 5 sampai 20 tahun. Penelitian ini berfokus pada bagaimana dinamika *sexual self-disclosure* dan kepuasan seksual pada pasangan suami istri usia pernikahan 5 sampai 20 tahun.

Penelitian ini menggunakan metode penelitian kualitatif dengan pendekatan studi kasus intrinsik. Data yang diperoleh dianalisis secara tematik dengan mengumpulkan beberapa kategori untuk menemukan tema yang kemudian akan membentuk pola yang kemudian akan dikembangkan menjadi generalisasi naturalistik, sehingga menghasilkan *sexual self-disclosure* dan kepuasan seksual pada pasangan suami istri usia pernikahan 5 sampai 20 tahun. Penelitian ini melibatkan dua partisipan pasangan suami istri usia pernikahan 5 sampai 20 tahun.

Hasil penelitian ini menunjukkan bahwa terdapat dinamika antara *sexual self-disclosure* dan kepuasan seksual, dimana *sexual self-disclosure* dapat mempengaruhi kepuasan seksual seorang individu. Kemudian ditemukan faktor-faktor lain yang dapat mempengaruhi *sexual self-disclosure* dan kepuasan seksual, seperti pekerjaan, kejadian di masa lampau, dan pengalaman seksual. Jenis hubungan yang dijalani pasangan suami istri juga dapat mempengaruhi *sexual self-disclosure* dan kepuasan seksual.

Kata Kunci: *Sexual Self-Disclosure*, Kepuasan Seksual, Pernikahan, Usia Pernikahan 5 sampai 20 tahun.

Daftar Pustaka, 44 (1943-2017)

ABSTRACT

Talitha Hapsari Nurdijanti, 111311133184, Sexual Self-Disclosure and Sexual Satisfaction on Married Couple Aged 5 to 20 Years, Undergraduate Thesis, Faculty of Psychology, Airlangga University, 2018, xvii + 110 pages, 8 attachments.

This study aims to determine sexual self-disclosure and sexual satisfaction on married couples aged 5 to 20 years. This study focuses on how the dynamics of sexual self-disclosure and sexual satisfaction on married couples aged 5 to 20 years.

This study uses qualitative research method with case study approach. The data obtained were analyzed thematically by collecting several categories to find themes, which would form a pattern, that later can be developed into a naturalistic generalization, resulting in sexual self-disclosure and sexual satisfaction on married couples aged 5 to 20 years. This study involved two married couples with marriage age ranged from 5 to 20 years old.

The results of this study indicate that there is a relationship between sexual self-disclosure and sexual satisfaction, where sexual self-disclosure can affect an individual's sexual satisfaction. This study also found other factors that can affect sexual self-disclosure and sexual satisfaction, such as work, past events, and sexual experience. The type of relationship that married couples have been through can also affect sexual self-disclosure and sexual satisfaction.

Keywords: Sexual Self-Disclosure, Sexual Satisfaction, Marriage, Marriage Age 5 to 20 years.

References, 44 (1943-2017)