ABSTRACT

THE CORRELATION BETWEEN SPIRITUAL INTELLIGENCE AND HAPPINESS FOR ELDERLY AT PANTI WERDHA HARGO DEDALI SURABAYA

A Correlational Study

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Spiritual intelligence in elderly can be used as indicator to improve their happiness while living at nursing homes. Elderly who don't have spiritual intelligence will get disintegration, so they will find difficulities in dealing with aging process. Failure of adaptation causes elderly people withdraw from social interaction, so toward depression. The purpose of this study was to examine correlation between spiritual intelligence and happiness in elderly who lived in nursing homes.

This was correlational study with cross sectional approach. Populations were elderly living at Panti Werdha Hargo Dedali Surabaya. Sample was 16 respondent, recruited by using purposive sampling. The independent variable was spiritual intelligence. The dependent variable was happiness. Data were collected through questionnare and analyzed by using Spearman's rho non parametric statistical test with level of significance p<0,05.

The results showed that grade of spiritual intelligence had strong positive correlation with grade of happiness on elderly (p = 0,000, r = 0,994).

It can be concluded that there was correlation between spiritual intelligence and happiness in elderly. Geriatric nurses are expected to review the spiritual aspect of each client in nursing care for spiritual role that includes holistic nursing. Future studies are expected to examine other factors and the development of models of activities that can improve spiritual intelligence and happiness elderly in nursing homes.

Keywords: spiritual intelligence, happiness, elderly, nursing homes