

**THE IMPACT OF EXCLUSIVE BREASTFEEDING FOR BABY'S GROWTH  
BETWEEN 7 - 12 MONTHS OLD**

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**Introduction** :Indonesia is facing a lot of problems in the health section, such as nutritional problems in infants, Indonesia nutritional problems are divided into two, malnutrition and obesity, there are many government programs running to overcome this problem, such as the exclusive breastfeeding . WHO itself recommends exclusive breastfeeding for babies up to 6 months without additional food supplements.

**Methods** :This reasearch use cross-sectional analytical methods. Samples from this study were infants aged 7-12 monthsthat were given exclusive breastfeeding and those who were not given exclusive breastfeeding in puskesmas Mojo Surabaya. Infant's growth was assessed base ontheir weight, body length, and head circumference. The result was analized withMann-Whitney Test.

**Results** : The number of samples in this study were 62 infants.The results for exclusive breastfeeding effects on body weight  $p = 0,587$ . Result for exclusive breastfeeding effects on body length is  $p = 0,457$ , and then the result for exclusive breastfeeding effects on head circumference is  $p = 0,215$ .

**Discussion** : The results for exclusive breastfeeding effects on body weight  $p = 0,587$  it means theres no significant effects for exclusive breastfeeding on body weight, and then the result for exclusive breastfeeding effects on body length is  $p = 0,457$  it means theres no significant effects. The last test was the result for exclusive breastfeeding effects on head circumference is  $p = 0,215$  it means theres no effects exclusive breastfeeding on head circumference

**DAFTAR ISI**

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