ABSTRAK

Latar Belakang: Anak tidak hanya memerlukan pemenuhan kebutuhan fisik, namun juga membutuhkan perhatian dan kasih sayang untuk perkembangan psikis dan emosionalnya. *Tender Loving Care* (TLC) atau pengasuhan dengan lembut dan penuh kasih sayang, menonjolkan hubungan kepedulian dan cinta kasih.

Tujuan: Penelitian ini bertujuan untuk mengembangkan indeks kompetensi kader Taman Posyandu terintegrasi berbasis *Tender Loving Care* dalam upaya pembinaan tumbuh kembang anak usia 0-5 tahun.

Metode: Penelitian ini dilaksanakan dalam dua tahap. Tahap pertama dilakukan dengan pendekatan *cross sectional*, di empat Kabupaten/Kota di Jawa Timur yang melibatkan 320 Taman Posyandu (Posyandu, PAUD dan BKB). Penelitian tahap 2 dilakukan dengan rancangan pra eksperimental menggunakan *One Group Pretes-Postest Design*, dengan melibatkan kader di sepuluh Taman Posyandu.

Hasil dan Temuan baru Penelitian: Penelitian ini telah memperoleh dua hasil utama yaitu pengembangan indeks kompetensi kader Taman Posyandu berbasis *Tender Loving Care* yang terdiri dari 6 indeks dan 18 indikator, dengan indikator dominan yaitu pemahaman kader tentang dasar-dasar berkomunikasi dengan anak dan pemahaman kader tentang dasar pemantauan pertumbuhan anak. Hasil tahap kedua menunjukkan bahwa model intervensi yang dilakukan terbukti berdampak positif dalam peningkatan kompetensi kader Taman Posyandu. Temuan baru dalam penelitian ini adalah integrasi kompetensi kader Posyandu, PAUD dan BKB menjadi satu kompetensi kader Taman Posyandu berbasis *Tender Loving Care*.

Kesimpulan: Terdapat 18 indikator yang berkontribusi dalam menyusun kompetensi kader Taman Posyandu berbasis *Tender Loving Care* dalam pembinaan anak usia 0-5 tahun yang merupakan integrasi kompetensi kader Posyandu, kader PAUD dan kader BKB, dengan dua indikator dominan yang perlu mendapatkan perhatian penting dalam menyusun kompetensi yaitu kemampuan kader dalam memahami dasar komunikasi dengan anak dan kemampuan tentang memahami pemantauan pertumbuhan

Kata Kunci: indeks, kompetensi, kader Taman Posyandu, *Tender Loving Care*

ABSTRACT

Background: Child do not only need to fulfill his physical needs, but they also need more attention and affection for his psychological and emotional development. Tender Loving Care (TLC) or gentle and loveable care highlights the relationship between care and love.

Objective: This study aims to develop the competence index of the cadres in an integrated TLC-based *Taman Posyandu* to the growth and development of child aged 0-5 years.

Method: This study was conducted in two stages. The first stage was carried out using a cross-sectional approach in four districts or cities in East Java, involving 320 *Taman Posyandu*. The second one was conducted using a pre-experimental design with One Group Pretest and Postest Design, involving the cadres in ten *Taman Posyandu.*

Present Results and Findings: This study reveals two main results, namely the development in the competence index of the cadres of TLC-based *Taman Posyandu* consists of six indices and 18 indicators, with the dominant indicators in understanding the basis to communicate with child and monitor the child growth. The results of the second stage confirm the intervention model that has been proved to have a positive impact on increasing the competence of the cadres. The present findings of this study show that the integration of the competence in the cadres of *Taman Posyandu*, *PAUD* and *BKB* has become one competence of the cadres in TLC-based *Taman Posyandu*.

Conclusion: There are 18 indicators that contribute to the development of the cadres in TLC-based *TamanPosyandu* for child aged 0-5 years which has become the integration of the competence of the cadres in *Taman Posyandu*, *PAUD* and *BKB*. The two dominant indicators that highly need important attention in developing competencies are the ability of the cadres to understand the basic communication with child and the ability to understand the growth monitoring.

Keywords: index, competence, cadres of *Taman Posyandu*, Tender Loving Care