

## DAFTAR PUSTAKA

- Ajzen, I., 2005. *Attitude, Personality, and Behaviour*, Buckingham: Open University Press.
- Ajzen, I., 2006. Constructing a TpB Questionnaire: Conceptual and Methodological Considerations., 2002.
- Ajzen, I., 1988. *From Intentions to Actions, Attitudes, Personality and Behavior*, London: Open University Press.
- Ajzen, I., 1991. *The Theory of Planned Behavior. Organizational Behavior and Human Decision Processes*, Boston: Academic Press University of Massachusetts.
- Arikunto, S., 2013. *Manajemen Penelitian*, Jakarta: PT. Rineka Cipta.
- Arundhana, A.I., Hadi, H. & Julia, M., 2013. Perilaku sedentari sebagai faktor risiko kejadian obesitas pada anak sekolah dasar di Kota Yogyakarta dan Kabupaten Bantul.
- Atkin, A.J. et al., 2015. Perceived family functioning and friendship quality: Cross-sectional associations with physical activity and sedentary behaviours. *International Journal of Behavioral Nutrition and Physical Activity*, 12(1), pp.1–9.
- Bailon, S.G. & Maglaya, A.S., 1987. *Family Health Nursing: the Process*, Phiilippines: UP College on Nursing Diliman.
- Bianco, A. et al., 2018. An exploratory analysis of factors associated with health-related physical fitness in adolescents. The ASSO project. *Sustainability (Switzerland)*, 10(6), pp.1–13.
- Bomar, P.J., 2004. *Promoting Health in Families: Applying Family Research and Theory to Nursing Practice*, Philadelphia: Saunders.
- Bounova, A. et al., 2016. Home and Neighborhood Environment Predictors of Adolescents' Screen Viewing. *International Journal of Sport Nutrition and Exercise Metabolism*, 26(1), pp.1–44.
- Bounova, A. et al., 2018. The parental role in adolescent screen related sedentary behavior. *International Journal of Adolescent Medicine and Health*, 30(2).
- BPS, 2010. *Kewarganegaraan, Suku Bangsa, Agama, dan Bahasa Sehari-hari Penduduk Indonesia: Hasil Sensus Penduduk 2010*, Jakarta.
- Bringolf-Isler, B. et al., 2018. Sedentary behaviour in swiss children and adolescents: Disentangling associations with the perceived and objectively measured environment. *International Journal of Environmental Research and Public Health*, 15(5), pp.1–16.
- Bulechek, G.M., Butcher, H.K. & Dochterman, J.M., 2013. *Nursing intervention classification (NIC)* 6th ed., United States of America: Mosby Elsevier.
- Cliff, D.P. et al., 2013. Objectively measured sedentary behavior, physical activity, and plasma lipids in overweight and obese children. *Obesity*, 21(2), pp.382–385.
- Dinkes Jatim, 2017. *Profil Kesehatan Provinsi Jawa Timur Tahun 2016*, Surabaya.
- Donoghue, L.O. et al., 2018. Risk Factors for Childhood Myopia : Findings From

- the NICER Study.
- Draper, C.E. et al., 2015. Impact of social norms and social support on diet, physical activity and sedentary behaviour of adolescents: A scoping review. *Child: Care, Health and Development*, 41(5), pp.654–667.
- Effendi, F. & Makhfudli, 2009. *Keperawatan Kesehatan Komunitas Teori dan Praktik dalam Kepersalinan*, Jakarta: Salemba Medika.
- Fadila, I., 2016. Relasi Perilaku Sedentari, Gizi Lebih, dan Produktivitas Kerja Masyarakat. , pp.59–74. Available at: <http://repository.ut.ac.id/7087/1/UTFMIPA2016-03-ila.pdf> [Accessed September 23, 2018].
- Fauziah, Ika Nur , Djuari, Lilik, Arief, Y.S., 2015. Pengembangan model perilaku ibu dalam pencegahan gizi buruk balita. *Jurnal Ners*, 10(2), pp.195–207.
- Friedman, M.M., Bowden, V.R. & Jones, E.G., 2010. *Buku Ajar Kepersalinan Keluarga: Riset, Praktik, dan Teori* Edisi Keli., Jakarta: EGC.
- Garcia, J.M. et al., 2016. Psychosocial and Friend Influences on Objective Sedentary Behavior and Screen Time: A Mixed Methods Analysis. *Journal of Physical Activity & Health*.
- St. George, S.M., Wilson, D.K. & Van Horn, M.L., 2018. Project SHINE: effects of a randomized family-based health promotion program on the physical activity of African American parents. *Journal of Behavioral Medicine*, 41(4), pp.537–549. Available at: <https://doi.org/10.1007/s10865-018-9926-7>.
- George, S.M.S. et al., 2013. Project SHINE : Effects of Parent – Adolescent Communication on Sedentary Behavior in African American Adolescents. , 38(9), pp.997–1009.
- Gubernur Jatim, 2017. *Peraturan Gubernur No. 75 Tahun 2017 tentang Upah Minimum Kapubaten/Kota di Jawa Timur Tahun 2018*, Jawa Timur: Peraturan Gubernur.
- Haines, J. et al., 2016. Family functioning and quality of parent-adolescent relationship : cross-sectional associations with adolescent weight-related behaviors and weight status. *International Journal of Behavioral Nutrition and Physical Activity*, 13(68), pp.1–12. Available at: <http://dx.doi.org/10.1186/s12966-016-0393-7>.
- Harnilawati, 2013. *Konsep dan Proses Kepersalinan Keluarga*, Sulawesi Selatan: Pustaka As Salam.
- Hinckson, E. et al., 2017. Associations of the perceived and objective neighborhood environment with physical activity and sedentary time in New Zealand adolescents. *The international journal of behavioral nutrition and physical activity*, 14(1), p.145.
- Huang, S. et al., 2012. Predicting Condom Use Attitudes, Norms, and Control Beliefs in Hispanic Problem Behavior Youth. *Health Education & Behavior*, 40(4), pp.384–391.
- Kaakinen, J.R. et al., 2018. *Family Health Care Nursing: Theory, Practice, and Research* 6th editio., Philadelphia: FA Davis Company.
- Kemendikbud, 2016. *Peraturan Menteri Pendidikan dan Kebudayaan No. 21 Tahun 2016 tentang Standar Isi Pendidikan Dasar dan Menengah*, Jakarta: Peraturan Menteri Pendidikan dan Kebudayaan. Available at: <http://bsnp->

- indonesia.org/wp-content/uploads/2009/06/Permendikbud\_Tahun2016\_Nomor021\_Lampiran.pdf.
- Kemenkes RI, 2013. *Riset Kesehatan Dasar (RISKESDAS) 2013*,
- Kemenkes RI, 2018. *Riset Kesehatan Dasar (RISKESDAS) 2018*, Jakarta.
- Kemenristekdikti, 2015. *Peraturan Menteri Riset, Teknologi dan Pendidikan Tinggi No. 44 Tahun 2015 tentang Standar Nasional Pendidikan Tinggi*, Jakarta: Peraturan Menteri Riset, Teknologi dan Pendidikan Tinggi. Available at:  
[https://img.akademik.ugm.ac.id/unduh/2015/PERMENRISTEKDIKTI\\_Nomor\\_44\\_Tahun\\_2015\\_SNPT.pdf](https://img.akademik.ugm.ac.id/unduh/2015/PERMENRISTEKDIKTI_Nomor_44_Tahun_2015_SNPT.pdf).
- Langlois, J. et al., 2017. Association of socioeconomic, school-related and family factors and physical activity and sedentary behaviour among adolescents: multilevel analysis of the PRALIMAP trial inclusion data. *BMC Public Health*, 17(1).
- Lemeshow, S. et al., 1990. *Adequacy of Sample Size in Health Studies*, Chichester: WHO. Available at:  
[http://apps.who.int/iris/bitstream/10665/41607/1/0471925179\\_eng.pdf?ua=1](http://apps.who.int/iris/bitstream/10665/41607/1/0471925179_eng.pdf?ua=1).
- Lenne, R.L. et al., 2018. Parenting styles moderate how parent and adolescent beliefs shape each other's eating and physical activity: Dyadic evidence from a cross-sectional, U.S. National Survey. *Journal of Experimental Social Psychology*, 30(40).
- Loprinzi, P.D., 2015. Association of Family Functioning on Youth Physical Activity and Sedentary Behavior. *Journal of Physical Activity and Health*, 12(5), pp.642–648. Available at:  
<http://journals.human kinetics.com/doi/10.1123/jpah.2014-0031>.
- Mandriyarini, R., Sulchan, M. & Nissa, C., 2017. Sedentary Lifestyle sebagai Faktor Risiko Kejadian Obesitas pada Remaja Stunted. *Jounal of Nutrition Collogue*, 6(2), pp.149–155.
- Mann, K.D. et al., 2017. Longitudinal study of the associations between change in sedentary behavior and change in adiposity during childhood and adolescence: Gateshead Millennium Study. *International Journal of Obesity*, 41(7), pp.1042–1047.
- McMinn, A.M. et al., 2013. Family and home influences on children's after-school and weekend physical activity. *European Journal of Public Health*, 23(5), pp.805–810.
- Miquetichuc, F. et al., 2016. Sedentary lifestyle and its associated factors among adolescents from public and private schools of a Brazilian state capital. *BMC Public Health*, 16(1177), pp.1–8. Available at:  
<http://dx.doi.org/10.1186/s12889-016-3836-9>.
- NANDA, 2018. *Nursing Diagnoses: Definition and Classification 2018-2020* Eleventh E. T. H. Herdman & S. Kamitsuru, eds., New York: Thieme.
- Norman, G.J. et al., 2017. Sedentary Behavior and Cardiometabolic Health Associations in Obese 11–13-Year Olds. *Childhood Obesity*, X(X), p.chi.2017.0048. Available at:  
<http://online.liebertpub.com/doi/10.1089/chi.2017.0048>.

- O'Donoghue, L. et al., 2015. Risk Factors for Childhood Myopia: Findings from The NICER Study. *Clinical and Epidemiologic Research*, 56(3).
- Pieter, H.Z., 2017. *Dasar-Dasar Komunikasi Bagi Perawat* Pertama., Jakarta: Pt Kharisma Putra Utama.
- Prapavessi, H., Gaston, A. & Dejesus, S., 2015. The Theory of Planned Behavior as a model for understanding sedentary behavior. *Psychology of Sport & Exercise*, 19, pp.23–32. Available at: <http://dx.doi.org/10.1016/j.psychsport.2015.02.001>.
- Pratiwi, M.R., Mukaromah & Herdiningsih, W., 2018. Peran Pengawasan Orang Tua pada Anak Pengguna Media Sosial. *Jurnal Penelitian Pers dan Komunikasi Pembangunan*, 22(1), pp.37–57. Available at: <http://jurnal-p2kp.id/index.php/jp2kp/article/view/73/66> [Accessed March 12, 2019].
- Solomon-moore, E. et al., 2017. Are parents' motivations to exercise and intention to engage in regular family-based activity associated with both adult and child physical activity? , pp.1–11.
- Sousa, G.R. de & Silva, D.A.S., 2017. Sedentary behavior based on screen time : prevalence and associated sociodemographic factors in adolescents Comportamento sedentário baseado em tempo de tela : prevalência e fatores sociodemográficos associados em adolescentes. *Ciência & Saúde Coletiva*, 22(12), pp.4061–4072.
- Sugiyono, 2015. *Metode penelitian Kuantitatif Kualitatif dan R&D*, Bandung: Alfabeta.
- Sussman, M.B., 1974. *Cross national family research: Report on conceptual development and plot testing*, Cleveland.
- Wang, X. et al., 2015. Family influences on physical activity and sedentary behaviours in Chinese junior high school students: a cross-sectional study. *BMC Public Health*, 15(1), p.287. Available at: <http://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-015-1593-9>.
- Yulianti, I., Meilinawati.SB, E. & Ibnu, F., 2018. Hubungan Perilaku Sedentari dengan kejadian Obesitas pada Remaja di SMP N 1 Mojoanyar Mojokerto. *Jurnal Surya*, 10(01).
- Yusuf, A., Tristiana, D.R. & Agustina, N., 2018. Understanding The Adolescent Spirituality Living Around Ex-Localization. *Journal of Health Sciences*, 11(1).
- Zhu, W. & Owen, N., 2017. *Sedentary Behavior and Health: concepts, assessments, and interventions*, United States of America: Human Kinetics.