ABSTRACT

FAMILY EXPERIENCES IN CARING POST STROKE ELDERLY IN DAILY NEEDS ACCOMPLISHMENT IN PUSKESMAS DUKUN KABUPATEN GRESIK REGION

Phenomenology Research

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Introduction: Family as the closer post stroke elderly’s person be obliged to caring and giving emotional support. Most family who care post stroke elderly experiencing more psychological stress. This research is aim to know about family experiences in caring post stroke elderly in daily needs accomplishment.

Methodology: This research used descriptive phenomenology approach by in depth interview technique. Sample size was six respondents with purposive sampling.

Results: Data analyze used Collaizi method. This research identified 9 themes and 23 subthemes. The themes there are: respondents expression, total care, partial care, medical treatment had been giving, obstacles experienced, solution, wisdom gained, changes experienced and hope for the elderly. Analyze: This results showed post stroke elderly daily needs which helped by family were defecation dan urinate, bathing, eating, dressing, moving and medical treatment. Respondent’s obstacles are elderly with dementia, easy to get angry, communication, respondents’s strength, no one helped, time, and cleaning feces. Respondent’s wisdosms are trying to be patient anymore and sincerely, fluent livelihood, self introspection, and become morecloser with the elderly. Respondent’s changes experienced are economical changes, physical, emotional, time and perception. Discussion: Fulfilling the daily needs of post stroke elderly was difficult, so need psychosocial support from the others family. This results hoped can be based for community and gerontic health promotion about post stroke elderly daily needs.

Keyword: Family, Elderly, Post stroke, Daily needs