

ABSTRACT

THE CORRELATION BETWEEN SOCIAL INTERACTION AND SELF EFFICACY WITH PSYCHOLOGICAL WELL BEING IN ELDERLY LIVED IN ELDERLY CARE FACILITIES

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Introduction: Getting older and lived in elderly care facilities decrease psychological well being of elderly, it caused by social interaction and self efficacy. The aim of this research is to explain correlation between social interaction and self efficacy with psychological well being in elderly lived in elderly care facilities. **Methodology:** This research used cross sectional design. The population was elderly that have 0-2 errors in SPMSQ scoring. Sample size were 72 respondents with total sampling. Independent variable were social interaction and self efficacy, and dependen variable was psychological well being. Instrument for independent variable use social interaction and self efficacy questionnaire, and for dependent variable use psychological well being questionnaire . Data analyze use spearman $\alpha \leq 0,05$. **Result:** The results is there is significant correlation between social interaction and self efficacy with psychological well being ($p = 0,000$). Social interaction in high level can make elderly's psychological well being get higher, and high self efficacy can make elderly's psychological well being higher too, because psychological well being is influenced by how the elderly interact and self efficacy owned. **Discussion:** Social interaction and self efficacy had effect to reach psychological well being, so elderly must try to have high social interaction by improve their relation skill and wants and self efficacy to increase psychological well being.

Key word: Social interaction, Self efficacy, Psychological well being, Elderly