

## ABSTRAK

**Erwanda Endisatrya I., 111511133068, Pengaruh Dukungan Sosial Orangtua Terhadap Adaptabilitas Karir dengan *Career Decision Making Self-Efficacy* sebagai Variabel Mediator pada Mahasiswa Baru Universitas Airlangga, Skripsi, Fakultas Psikologi Universitas Airlangga Surabaya, 2018. xxii + 93 halaman, 33 lampiran.**

Penelitian ini bertujuan untuk menguji pengaruh dukungan sosial orangtua terhadap adaptabilitas karir dengan *career decision making self-efficacy* sebagai variabel mediator pada mahasiswa baru Universitas Airlangga. Definisi dukungan sosial orangtua mengacu pada penjelasan Demaray & Malecki (2003), definisi *career decision making self-efficacy* mengacu pada penjelasan Lo Presti (2012) dan adaptabilitas karir mengacu pada penjelasan Savickas (2005). Jumlah sampel dalam penelitian ini sebanyak 357 orang mahasiswa baru angkatan 2018 dari 13 fakultas di Universitas Airlangga. Data yang diperoleh menggunakan metode survei dengan menggunakan skala dukungan sosial orangtua oleh Indianti (2015) yang terdiri dari 8 item, skala *career decision making self-efficacy* oleh Ocriyana (2018) dan skala adaptabilitas karir oleh Giffari (2017). Analisis data yang dilakukan dalam penelitian ini menggunakan *calculation for sobel test* dan uji regresi linier sederhana.

Berdasarkan penelitian dengan *sobel test* menunjukkan bahwa terdapat pengaruh mediasi dari *career decision making self-efficacy* dalam pengaruh dukungan sosial orangtua terhadap adaptabilitas karir ( $p < 0,05$ ). Selain itu hasil dari uji regresi linier sederhana menunjukkan bahwa dukungan sosial orang tua memiliki pengaruh langsung terhadap adaptabilitas karir dengan nilai signifikansi sebesar  $0,00 < 0,05$ . Hasil penelitian tersebut menunjukkan adanya pengaruh dukungan sosial orangtua terhadap adaptabilitas karir dengan dimediasi oleh *career decision making self efficacy* dan jenis mediasi bersifat parsial.

**Kata kunci** : dukungan sosial orangtua, *career decision making self-efficacy*, adaptabilitas karir

Daftar Pustaka: 94 (1976-2018)

**ABSTRACT**

***Erwanda Endisatrya I., 111511133093, The Effect of Social Support from Parent on Career Adaptability with Career Decision Making Self-Efficacy as Mediator Variable on First Year College Students in Airlangga University, Undergraduated Thesis, Faculty of Psychology, Universitas Airlangga Surabaya, 2018. xxiv + 93 pages, 33 appendices.***

*This study aims to examine the effect of social support from parent on career adaptability with career decision making self-efficacy as mediator variable on first year college students in Airlangga University. The definition of social support from parent refers to Demaray & Malecki (2003), the definition of career decision making self-efficacy refers to Lo Presti (2012) and the definition of career adaptability refers to Savickas (2005).*

*The number of samples in this research was 357 first year college student in Airlangga University. The data were obtained using survey method by using survey of social support from parent by Indianti (2015) which consist of 8 items, career decision making self-efficacy scale by Ocriyana (2018) which consist of 24 items and career adaptability scale by Giffari (2017) which consist of 24 items. This research used the calculation for Sobel test and Simple linier regression.*

*The Sobel test result shows that there is influences of mediation from career decision making self-efficacy between sosial support from parent on career adaptability ( $p < 0,05$ ). In addition the result of simple linier regression that social support from parent on career adaptability have significant result of  $0,00 < 0,05$ . This results has shown that there is a significant influence on social support from parent and career adaptability mediated by career decision making self efficacy and the mediation role is parsial.*

***Keywords :*** *social support from parent, career decision making self-efficacy, career adaptability*

***Bibliography:*** *94 (1976-2018)*