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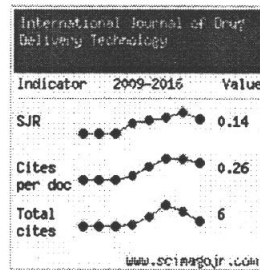
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Research Article

## Characterization and Release of Ibuprofen in Proniosome System (Ibuprofen-Span 60-Cholesterol)

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### ABSTRACT

The aim of this research was to determine influence of proniosome system which consists of ibuprofen-span 60-cholesterol with molar ratio of 2:1:0.75. The proniosome system was made by Coacervation Phase Separation Method, using ethanol 96% as solvent and glycerol 0.1% as aqueous phase. There were two formulas in this research formula I was ibuprofen non proniosome in HPMC gel base and formula II was ibuprofen proniosome in HPMC gel base. Characterization of formulas included organoleptic and pH of ibuprofen gel. Drug release was determined using diffusion cell and cellophane membrane in phosphate buffer pH  $6.0 \pm 0.05$  at temperature  $32 \pm 0.5$  °C for 7 hours. The drug release (flux) of ibuprofen from formula I and II were  $28.3067 \pm 3.0852$   $\mu\text{g}/\text{cm}^2/\text{min}^{1/2}$  and  $23.1900 \pm 1.7658$   $\mu\text{g}/\text{cm}^2/\text{min}^{1/2}$ , respectively. The statistical result using independent sample T-test on degree of confident of 95% ( $\alpha = 0.05$ ) concluded that there was significant value of their fluxes. Research result revealed that release of ibuprofen proniosome system was lower than ibuprofen nonproniosome system in HPMC 4000 gel base.

**Keywords:** proniosome, ibuprofen, drug release.

### INTRODUCTION

Ibuprofen is a potent anti-inflammatory and analgesic drug that can be used to treat mild to severe pain such as dysmenorrhea, migraine, postoperative pain, ankylosing spondylitis, osteoarthritis, and rheumatoid arthritis<sup>1</sup>. Mechanism of action of NSAIDs ibuprofen as inhibitors of cyclooxygenase (COX) non-selective, for example not only inhibit COX-2 which induces inflammation, but also inhibits COX-1 which controls the homeostasis of the body. At oral application, ibuprofen can interfere with the digestive tract and induce irritation<sup>2</sup>. Topical preparations is an alternative application to reduce the side effects of ibuprofen. In the topical preparations, the active ingredient must be dissolved in the carrier and then released to the skin surface of the skin to penetrate through the membrane to reach the target of action so as to provide a therapeutic effect<sup>3</sup>. The release of drug from the carrier is influenced by several factors including the chemical properties of the ingredients, the solubility of the drug in the carrier, the affinity of the drug to the carrier, the viscosity and pH preparations<sup>4</sup>.

Ibuprofen is practically insoluble in water (hydrophobic) and has a log P 3.5 and short half life at only 2 hours<sup>1</sup>. Therefore ibuprofen has less bioavailability. As an analgesic anti-inflammatory drug, ibuprofen is expected to have a rapid and long lasting effect. To solve these problems, ibuprofen was formulated in proniosome system.

Proniosome is a development of niosome aiming to increase the stability of niosome, because niosome is physically unstable. Proniosome will form a niosome

after experience a hydration process, especially by a liquid on the skin surface. Proniosome is the vesicles system consisting of a non-ionic surfactant and cholesterol or other lipids that wraps hydrophilic phase and can be hydrated immediately with water to become a form niosome<sup>5</sup>. Vesicle is an active agent which encapsulated or entrapped in the vesicle system so that the amount of drug substance dissolved will increase. The first vesicle system that is widely used for the development of topical preparations are liposome but because it is expensive and the purity of the natural variation of phospholipids and natural instability, began to introduce the surfactant-based drug delivery systems known as niosome<sup>6</sup>.

Niosome is a microscopic lamellar structure, which is formed from a mixture of non-ionic surfactants with the addition of cholesterol or other lipids (eg, lecithin). Cholesterol serves to maintain the stability and permeability of the resulting vesicles. In addition, cholesterol also affects the efficiency of entrapment of active ingredient. Efficiency entrapping the active ingredient will increase with increasing the amount of cholesterol that is used<sup>7</sup>. However, the increase in cholesterol would reduce the rate of release of the entrapped drug<sup>8</sup>.

Niosome is an alternative to liposome because it has physical properties similar to liposome but greater stability and fewer disadvantages when compared with liposome<sup>6</sup>. Niosome system will entrap ibuprofen in the hydrophobic part of the vesicle while the hydrophilic groups on the outside of the vesicle will interact with the

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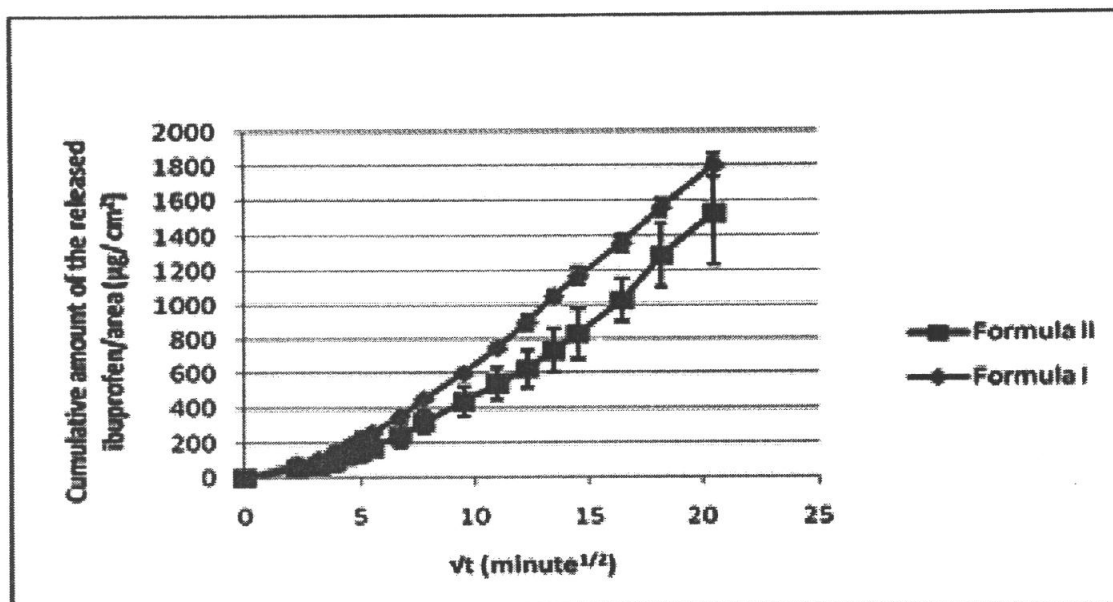


Figure 1: Cumulative Release of Ibuprofen from Gel Base.

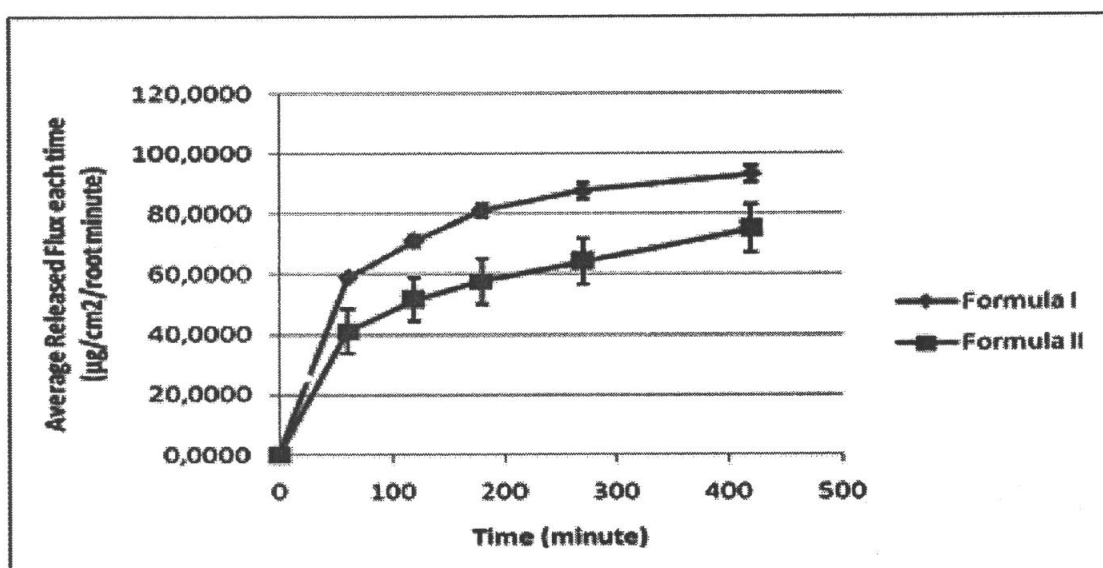


Figure 2: Release Flux of Ibuprofen.

Table 1: Proniosome composition.

Component	Molar Ratio	Amount
Ibuprofen	2	200 mg
Span 60	1	200 mg
Cholesterol	0.75	150 mg
Ethanol 96%		175 µL
Glycerol 0.1%		140 µL

water phase so that the system can increase the distribution ibuprofen niosome. Entrapped drug in niosome also can be a depo which has controlled release<sup>8</sup>. Thus, the duration of action can be longer and has the optimal effects. The proniosome form is a liquid crystal gel which is in the semisolid phase. The release of drug from proniosome system is influenced by concentration of drug, type and composition of the surfactant, amount of cholesterol, type and amount of solvent, as well as type and amount of aqueous phase.

Ibuprofen proniosome was made using molar ratio

ibuprofen, span 60, and cholesterol 2:1:0.75 with ethanol 96 % as solvent and 0.1 % glycerol as an aqueous phase. The ibuprofen proniosome system than formulated in HPMC 4000 gel base. HPMC 4000 was selected as a gelling agent because HPMC is easily dispersed in water, did not require neutralization in its formulation, not sticky, and did not cause irritation. Additionally, HPMC is stable in a wide pH range (pH 3-11) and is more resistant to microbial attack than the base gel derived from natural materials<sup>9</sup>.

## MATERIALS AND METHODS

### Chemicals

Ibuprofen (Shasun Chemicals and Drugs Ltd., India), Span 60 (Sigma), kolesterol (Sigma), HPMC 4000 (Shin-Etsu Chemical Co. Ltd), etanol 96% (E. Merck), gliserol (E. Merck), propilenglikol (BASF SE), NaH<sub>2</sub>PO<sub>4</sub>.1H<sub>2</sub>O (E. Merck), Na<sub>2</sub>HPO<sub>4</sub> (E. Merck).

Table 2: Formula of Gels.

Component	Concentration	Amount	
		Formula I	Formula II
Ibuprofen	5%	0.500 g	-
Ibuprofen proniosome	5%	-	1.705 g
Propylene glycol	10%	1 g	1 g
HPMC 4000 gel base	ad 100%	ad 10 g	ad 10 g

\* Amount of proniosome used was equivalent to 0.500 g ibuprofen

#### Proniosome Preparation

Proniosome was prepared by coaservation phase separation method using molar ratio of Ibuprofen : Span 60 : Cholesterol = 2:1:0.75 The formula can be seen in table 1. Formula I is ibuprofen gel and formula II is ibuprofen proniosome gel, each of which can be seen in table 2. After gel was made, the homogeneity test of ibuprofen's concentration was conducted.

#### Characterization of ibuprofen gel

Characterization of ibuprofen gel included organoleptic and pH. Drug release was determined using diffusion cell and cellophane membrane in phosphate buffer pH 6.0 ± 0.05 at temperature 32 ± 0.5°C for 8 hours as shown in figure 1 and figure 2.

#### RESULTS

The organoleptic observations showed that ibuprofen proniosome gel was more viscous and had less spreadibility than ibuprofen gel. The pH of formula II (4.98 ± 0.44) was greater than the formula I (4.74 ± 0.20) but not significantly different statistically. Both pH formulas were acceptable for skin pH range (4.0 to 6.8), so both these formulas did not cause irritation for topical uses. The result of homogeneity tes concluded that ibuprofen concentration of formula I and formula II were homogenous. The drug release (flux) of ibuprofen from formula I and II were 28.3067 ± 3.0852 µg/cm<sup>2</sup>/min<sup>1/2</sup> and 23.1900 ± 1.7658 µg/cm<sup>2</sup>/min<sup>1/2</sup>, respectively.

#### DISCUSSION

In formula I, ibuprofen was dissolved completely in a gel state so it was readily liberated from the base and generated a considerable flux, while in formula II much ibuprofen was entrapped in proniosome hidrated (niosome), so that only little amount was ready to be separated from the base. Viscosity of gel could affect the mobility of the drug in the base, which may affect the release of drug. Therefore, in this research, formula II had smaller flux than formula I, but its release was longer than formula I due to drug depo function. This suggested to prolong time experiment for investigating the entire release process.

pH affected on the effectiveness of the active ingredient and skin irritation for topical use. pH obtained in the formula II (4.98 ± 0.44) was greater than the formula I (4.74 ± 0.20), but not significantly difference and both pH still meet the skin's pH range (4.0 to 6.8)<sup>10</sup>. This pH was

not predicted to irritate the skin.

Diameter spread of the dosage forms related to the acceptability of the preparation when used. Measurements were made using glass that weighing 249.5 grams and was considered a zero load. Diameter spread of formula II (5.5 ± 0.4 cm) was smaller than the formula I (6.1 ± 0.4 cm), this result was according to the results of organoleptic where the formula II had thicker consistency than the formula I due to the addition proniosome the more viscous consistency, but the statistical test showed no significant differences. The final stage in this study was done was a release test of ibuprofen using a series of test equipment dissolution and diffusion cells with the test medium phosphate buffer pH 6.0 ± 0.05, temperature 32°C, and the stirring speed of 100 rpm for 7 hours. Release testing was conducted to determine the effect of proniosome system against the release of ibuprofen from gel base IIPMC 4000. This study used the cellophane membrane to hold the formula out of the diffusion cell. In this study, the flux was calculated as the slope of the regression equation cumulative amount released versus ibuprofen root of time at steady state conditions. The average obtained flux ibuprofen for formula I (93.1381 ± 2.8618 g / cm<sup>2</sup> / menit<sup>1/2</sup>) was greater than the formula II (66.9779 ± 9.1962 g / cm<sup>2</sup> / menit<sup>1/2</sup>).

Drug release from the dosage form was influenced by several factors, namely solubility and viscosity diffuse preparations<sup>11</sup>. In the formula I, ibuprofen was entirely in the dissolved state, therefore it was ready to be separated from the base and generate sizable flux. While the formula II, much ibuprofen proniosome entrapped in the system so that the amount of drug that was not entrapped and ready to be separated from fewer bases of the formula I. In fact a drug particles should be in the form of dissolved (molecular) in order to diffuse<sup>10</sup> and separated from the base in order to achieve the difference amount of ibuprofen dissolved in both formulas that affect the release of ibuprofen resulting in flux of the formula II was lower than the formula I.

The viscosity of the preparation may influence the mobility of the active ingredient in the base, which will affect the release of the drug<sup>4</sup>. From the observation of spread diameter at zero load, it was known that the formula II had thicker consistency than formula I and had lower flux release compared to formula I. It showed that in this study the consistency of formula was significantly influenced the release of ibuprofen.

Proniosome system can be a depo, to lengthen the therapeutical period of drugs. A drug that was not entrapped in the system will be separated first while the ingredients are trapped in proniosome require a longer time to release due to having to penetrate the vesicle followed by diffuses through the gel and was then separated from the preparation<sup>12</sup>. Dissolution in 7 hours was not been able to show that extended drug release profile in the formula II, because of the proniosome system required a longer time to be separated entirely from the base when compared to the preparation with no proniosome system. Therefore to be able to see the

overall release profile of this ibuprofen gel dosage forms, extended experimental period was highly recommended such as carrying out the study in minimum of 12 hours.

### CONCLUSION

This study clearly demonstrated that release flux of ibuprofen in proniosome gel was lower than in ibuprofen non proniosome gel.

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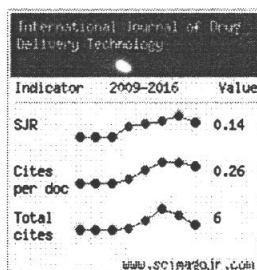

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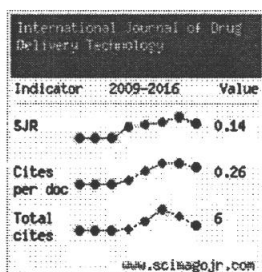
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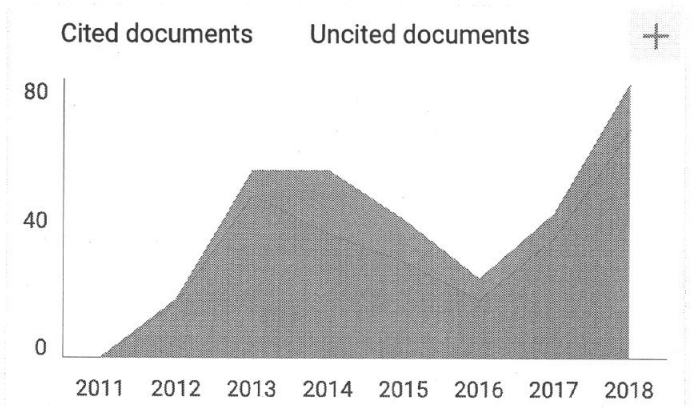
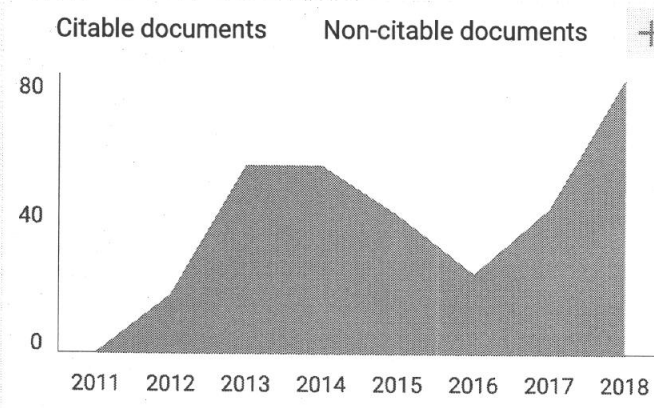
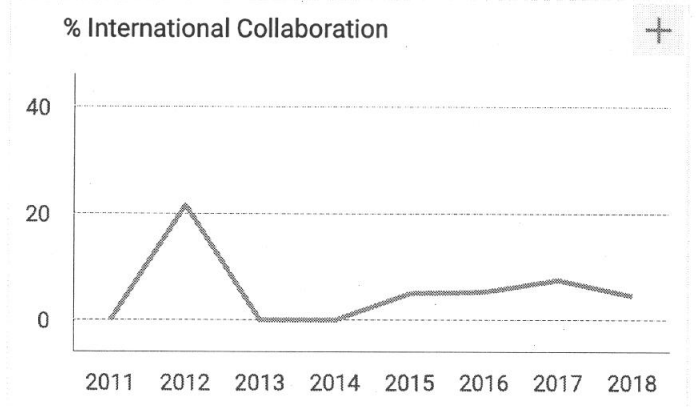
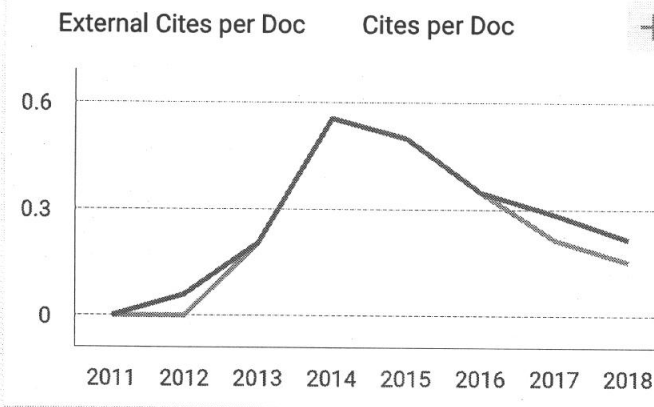
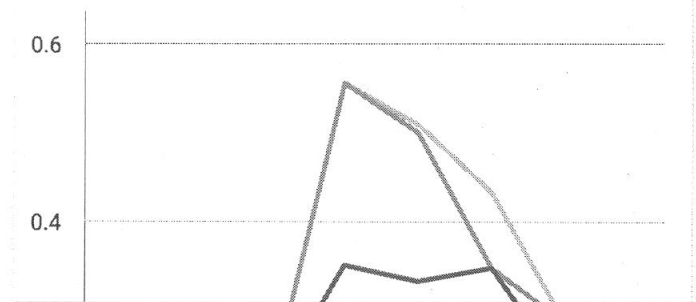
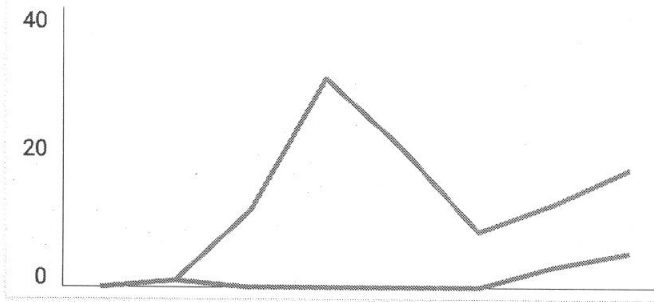
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