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### The Philippine Journal of Veterinary Medicine

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**CONTENTS** 

**Original Articles** 

<u>Medicine</u>
Viability of Rabbit Adipocyte Stem Cells Cultured Under Different Oxygen
Concentrations In Vitro1
E Safitri, P Srianto, TV Widiyatno, W Sandhika and RH Prasetyo
Microbiology
Antigenic Site of Glycoprotein Encoding Gene in Rabies Virus Isolate from
Indonesia9
J Rahmahani, S Suwarno and FA Rantam
Characterization of Newcastle Disease Virus Lentogenic Strain Infected
Native Chickens from Surabaya, Indonesia17
FA Rantam, R Ernawati, AP Rahardjo, IL Rahmawati, D Kartika,
NS Widjaja and J Rahmahani
Nutrition
Effect of Concentrate to Forage Ratio on Milk Urea Nitrogen, Milk Production
and Reproductive Performance of Dairy Cows25
S Utama, S Mulyati, W Wurlina and I Mustofa
Pathology
Toxicity, Stability and Renal Histopathology of Alkaloid of Jarong (Achyranthes
aspera Linn.) (Caryophyllales: Amaranthaceae) Leaf on Mice
DK Meles, W Wurlina, I Mustofa, S Zakaria, A Basori, M Hariadi, E Safitri,
DKSC Putri and N Suwasanti
Histochemical Expression of Transforming Growth Factor Beta and Tumor
Necrosis Factor Alpha in Rabbits Infected with Sarcoptes scabiei
SM Rizki, LT Suwanti and NDR Lastuti
<u>Pharmacology</u>
Effect of Alkaloid of Achyrantes aspera Linn. (Caryophyllales: Amaranthaceae) on
Increasing Caspase 9, Caspase 3 and Apoptosis in Mice with Breast Cancer51
W Wurlina, DK Meles, I Mustofa, E Safitri, S Zakaria, A Basori, DKSC Putri
and N Suwasanti
Theriogenology
Effect of Aluminum Silicate on the Spermatozoa, Plasma Membrane and
Seminiferous Tubules of Mice Exposed to Fusarium graminearum
(Sordariomycetes: Hypocreales: Nectriaceae)
Samik, S Mulyati, T Hernawati and E Safitri

### **Research Notes**

<u>Microbiology</u> Isolation and Identification of Lactic Acid Bacteria from the Digestive Tract of Kampung Chicken ( <i>Gallus gallus domesticus</i> )67 <i>B Yulianto, WP Lokapirnasari</i>
In Vitro pH Tolerance, Bile Salt Resistance and Antimicrobial Activity of Lactobacillus plantarum Isolated from Crossbred Cattle
<u>Nutrition</u> Amino Acid Sequence of Signal Transducers and Activators Transcription Proteins From Broilers79 <i>A Ma'ruf, NMR Widjaja, N Hidajati and R Damayanti</i>
<u>Parasitology</u> Antigenic Protein Profile of <i>Anisakis</i> spp. Larvae Isolated from Mackerel Tuna Fish ( <i>Euthynnus</i> sp.)
Morphological Detection of the Intestinal Parasite <i>Blastocystis</i> sp. in Fresh and Cultured Feces of Pet Sugar Glider ( <i>Petaurus breviceps</i> ) in Surabaya, Indonesia
<u>Pathology</u> Comparative Histopathologic Changes in Rabbit ( <i>Oryctolagus cuniculus</i> ) Skin in Relation to Degree of Infestation with <i>Sarcoptes scabiei</i>
<ul> <li><u>Pharmacology</u></li> <li>Effect of Sapogenin from Sambiloto (<i>Andrographis paniculata</i>) (Lamiales: Acanthaceae) on Creatinine and BUN Levels and on Gentamicin-Induced Nephrotoxicity in Rats</li></ul>
<u>Public Health</u> Identification of Shiga Toxin-Producing <i>Escherichia coli</i> in Raw Milk Samples from Dairy Cows in Surabaya, Indonesia109 <i>MH Effendi, N Harijani, SM Yanestria and P Hastutiek</i>
Tetracycline Resistance Gene in <i>Streptococcus agalactiae</i> Isolated from Bovine Subclinical Mastitis in Surabaya, Indonesia115 <i>MH Effendi, A Oktavianto and P Hastutiek</i>
<u>Theriogenology</u> Bacterial Isolates from the Cervical Mucus of Dairy Cattle at Follicular and Luteal Phases

Human Chorionic Gonadotropin (hCG) from Urine of Pregnant Women for <i>In Vitro</i> Maturation of Madura Cattle Oocytes <i>HA Hermadi, RTS Adikara, M Hariadi and E Safitri</i>	127
<ul> <li>HA Hermaal, KIS Aalkara, M Harlaal and E Sajiri</li> <li>Effect of Bovine Seminal Protein on the Quality of Frozen Spermatozoa from Goats</li> <li>S Susilowati, IN Triana, TW Suprayogi, A Arimbi and W Wurlina</li> </ul>	133
Editorial Policies	139
Guidelines for Authors	141

### *IN VITRO* pH TOLERANCE, BILE SALT RESISTANCE AND ANTIMICROBIAL ACTIVITY OF *Lactobacillus plantarum* ISOLATED FROM CROSSBRED CATTLE

Widya Paramita Lokapirnasari<sup>\*1</sup>, Adriana Monica Sahidu<sup>2</sup>, Lilik Maslachah<sup>3</sup>, Koesnoto Soepranianondo<sup>1</sup>, A. Berny Yulianto<sup>4</sup>, Dian Afikasari<sup>4</sup>, Teguh Bagus Pribadi<sup>4</sup> and Irma Hariyati<sup>4</sup>

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#### ABSTRACT

This research was done to evaluate the characteristics and probiotic potential of lactic acid bacteria (LAB) isolated from the small intestine of ten three year-old male Ongole crossbred cattle. Ten-centimeter samples were obtained from each small intestine, wastes were removed then samples were placed in sterile sample bottles, and immediately taken to the laboratory for bacterial isolation. The LAB isolates were subjected to low pH tolerance (pH 2 and 4), bile salt resistance, and antimicrobial activity against enteric pathogens *Staphylococcus aureus* and *Eschericia coli*. Biochemical assay indicated that isolate was gram positive, rod-shaped, catalase negative, and capable of fermenting glucose, mannitol, xylose, rhamnose, sucrose, lactose, arabinose, raffinose and sorbitol. Biochemical and morphological identification suggests that the isolate was *Lactobacillus plantarum* WPL 117 (strain number of control indicator organisms was *Lactobacillus plantarum* ATCC 14917). This isolate was able to survive at low pH (2 and 4), tolerated 0.3% bile salts, and capable of inhibiting *S. aureus* and *E. coli*. Thus, this isolate can be considered a probiotic candidate for further study.

Key words: antimicrobial activity, bile salt, lactic acid bacteria, pH tolerance

#### **INTRODUCTION**

Lactic acid bacteria (LAB) have been widely used as a preservative supplement in food and feed industry, and have been known to reduce the use of antibiotics in food products for humans and feed products for livestock. This is due to their ability to produce potent bacteriocins, which, are antimicrobial peptide substances (Woraprayote *et al.*, 2016; Seddik *et al.*, 2017). LAB can be found in different environments: in animal gut, human gut, food and water (Ahmed, 2003). *Lactobacillus* 

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*plantarum*, a widely used probiotic, is among the LAB that can ferment a variety of carbohydrates. It is also used as a starter culture for food and feed fermentation (Siezen and van Hylckama Vlieg, 2011; da Silva Sabo *et al.*, 2014).

A probiotic is a non-pathogenic living microorganism, which, when consumed in adequate amounts, can provide health benefits to its host (FAO/WHO, 2006). There are a number of benefits to using probiotics: increased utilization of nutrients, decreased use of antibiotics, reduction in serum cholesterol level (Guo *et al.*, 2010), and promotion of balance in gut microbiota (Saez-Lara *et al.*, 2015). Addition of *L. casei* probiotic in chicken feeds was found to improve feed consumption (g/hen) and increase egg mass (g/ hen/day) and egg weight (g) (Griggs and Jacob, 2005). Benefits seen in the study include maintenance of normal intestinal microbiota and improved nutrition by detoxifying hazardous compounds in feeds and denaturing potentially indigestible components in the diet with hydrolytic enzymes amylases and proteases (Fuller, 1989; Balcazar *et al.*, 2006; Suzer *et al.*, 2008).

Lactic acid bacteria are the most common microorganisms used as probiotics in livestock production, including species from the genera Lactobacillus, Bifidobacterium, Pediococcus, and Leuconostoc (Garcia et al., 2016; Lee et al., 2016). Lactobacillus consists of 135 species, 27 subspecies and a heterogeneous group (Bernardeu et al., 2008). The small intestines of healthy Ongole crossbreed beef cattle may contain lactic acid bacteria which can be used as probiotics. For this reason, this study sought to find and characterize a new strain of lactic acid bacteria isolated from Ongole crossbreed beef cattle, capable of surviving in low pH, bile salts, and possess antimicrobial activity – conditions that define a probiotic. Identification of isolates for probiotic use can contribute in increasing livestock productivity.

### MATERIALS AND METHODS

### Animals

Ten healthy 3-year old, 300-400 kg, male Ongole crossbreed beef cattle from a slaughterhouse in Surabaya, Indonesia were used in the study. Cattle were considered apparently healthy based on nutrition and overall health management and deworming frequency of every three months.

### Sample collection and cultivation

Slaughtering of cattle was carried out in accordance to Halal regulations. After slaughtering, all internal organs were removed, and 10 cm samples of small intestines were collected. Wastes were removed and samples were placed into sterile sample bottles, and immediately taken to the laboratory for isolation process.

Collection and cultivation of samples were adopted from Rajoka *et al.* (2018), with some modifications. Samples were diluted in PBS solution (0.1 M, pH 7.4) (Merck, Germany). One hundred µl of diluted samples were spread onto sterilized de Man Rogosa Sharpe (MRS) agar media (Merck, Germany), incubated at 37°C for 3 days to obtain single colonies and select for further characterization.

### Screening and identification of LAB isolates

Selected LAB isolates were subjected to biochemical assay, morphological examination, catalase test and gram staining. Isolates that were observed as rod-shaped, catalase negative, and gram positive were suspended on MRS broth (Merck, Germany) and supplemented with 20% glycerol at -80°C. Prior to assay, LAB isolates were grown in MRS broth medium for further experiments (Leite *et al.*, 2015).

### *In vitro* pH tolerance, bile salt resistance and antimicrobial activity

Bile salt and acid tolerance were determined, with some modifications according to the methods described by Rajoka *et al.* (2018). The isolates were grown in MRS broth at 37°C for 24 h and subcultured (1%, v/v) in sterilized MRS medium. For *in vitro* pH tolerance, overnight cultures of isolates were spotted on MRS agar plates adjusted to pH 2.0 and pH 4.0 with 3 M HCl solution (Merck, Germany). Colonies that survived were counted after incubation at 37°C for 24 h.

Bile tolerance assay was conducted using modified methods of Lee *et al.* (2016). Overnight cultures of LAB isolated were inoculated (1% v/v) in MRS medium 1% (w/v) Oxgall. Overnight cultures of isolates were spotted on MRS agar plates supplemented with 0.3% bile salts, specifically 50% cholic acid sodium salt and 50% deoxycholic acid sodium salt (Sigma-Aldrich, 48305). Plates were incubated under microaerophilic conditions at 37°C for 24 h. Precipitated bile salts around the colonies denote positive result. This procedure was performed twice.

### Antimicrobial assay

Antimicrobial assay was carried out based on the methods of Adeniyi et al. (2015), with some modifications. Isolated bacterial culture (200 µl) was inoculated in MRS broth at 37°C and incubated for 24 h under microaerophilic conditions. After incubation, a loopful of isolate was inoculated on MRS agar plate and incubated at 37°C for 24 h in facultative aerobic conditions. MRS agar plates were then overlaid with approximately  $0.2 \text{ ml x } 10^7$ CFU/ml of overnight broth culture of E. coli (APEC/ Avian pathogenic *Eschericia coli*) and S. aureus (Avian pathogenic Staphylococcus aureus) assays, inoculated in 10 ml of MRS agar, and incubated at 37°C under facultative aerobic conditions. A clear zone in the agar plate indicates bacteriocin inhibition (Ravi et al., 2015).

### **RESULTS AND DISCUSSION**

Lactic acid bacteria were successfully isolated from the samples using a selective medium of MRS agar. Identification classified lactic acid bacteria Lactobacillus the plantarum WPL 117 as gram positive, catalasenegative and rod-shaped. These results show similarities with the studies done by Ahmed (2003) and Leite et al. (2015), wherein isolates had the same biochemical characteristics, and lactic acid was the metabolic end product from carbohydrate fermentation. Based on this study, five similar LAB strains were isolated from the intestine wastes, and all isolated strains underwent gram staining, catalase test and morphological examination, until one isolate that matched the desired characteristics was selected for optimization. Table 1 shows the biochemical characteristics of the isolate L. plantarum WPL 117.

The *L. plantarum* WPL 117 isolate was able to ferment glucose, mannitol, xylose, rhamnose, sucrose, lactose, arabinose, raffinose and sorbitol. Positive reaction signifies the presence of enzymatic activity. Some lactic acid bacteria have the enzymes  $\beta$ -glucosidase ( $\beta$ -Glu),  $\beta$ -galactosidase ( $\beta$ -Gal) (de Vrese *et al.*, 2001) and enzymes that can hydrolyze lactose (Roy and Ward, 1990). *Lactobacillus*  plantarum C182 have enzymes, including  $\alpha$ -galactosidase ( $\alpha$ -Gal),  $\beta$ -Gal,  $\alpha$ -glucosidase ( $\alpha$ -Glu), and  $\beta$ -Glu 6.14, 118.45, 52.38, 168.25 (U/mg of protein). Characteristics that define lactic acid bacteria are tolerance to acidic conditions and bile salt. Therefore, the ability of the isolates to survive in acidic conditions and bile salt were tested *in vitro*.

Table 2 shows the survival rate of L. plantarum WPL 117 to acid and bile salt tolerance after 24 h of incubation at pH 2 and pH 4. In vitro low pH tolerance study revealed that isolates at pH 2 and 4 showed equal viability compared to pH 7 (control), suggesting that L. plantarum WPL117 strain can survive in simulated gastrointestinal tract conditions. This is in agreement with the study done by Argyri et al. (2013) where they reported that four L. plantarum strains demonstrated survival at low pH after 3 h of exposure (highest final population >8 log cfu/ ml). Bactericidal effect in the GIT occurs at pH under 2.5 (Surono, 2003). Corcoran et al. (2005) reported that Lactobacillus resistance to low pH can be attributed to its F0F1-ATPase activity. Lactobacillus can produce lactic acid and inhibit pathogenic bacterial growth by creating acidic conditions.

Meanwhile, bile salt is toxic to cells, and it tends to damage the structure of cell membrane. This is why tolerance to bile salt is considered one of the essential properties, which enable lactic acid bacteria strains to survive in the gastrointestinal tract (Rajoka *et al.*, 2018). Their resistance to bile salt and acidic condition contributes to their overall ability to withstand harsh conditions in the GIT(de Vrese *et al.*, 2001).

This study showed that *L. plantarum* WPL117strain was resistant to bile salts. Biomass (cell dry matter) of the isolate was 22.6 mg/100 ml. This value indicates that the isolate can hydrolyze the bile salt and thus, tolerates it to a certain level. Presence of the biomass after growth in MRS agar plate supplemented with 0.3% bile salt supports this claim.

One of the conditions that qualifies a lactic acid bacteria as a probiotic is resistance to 0.3% bile salts, since this concentration is relatively the same as that found in the

Substrate	Reaction	Substrate	Reaction	Substrate	Reaction
Lysine	_	Urease	_	Rhamnose	+
Ornithine	+	VP	_	Sucrose	+
$H_2S$	_	Citrate	+	Lactose	+
Glucose	+	TDA	_	Arabinose	+
Mannitol	+	Gelatine	_	Adonitol	_
Xylose	+	Malonate	+	Raffinose	+
ONPG	+	Inositol	_	Salisin	_
Indole	_	Sorbitol	+	Arginine	_

Table 1. Biochemical characteristics of L. plantarum WPL 117 isolated from crossbred cattle.

Table 2. Survival rate of *L. plantarum* WPL 117 isolated from crossbred cattle to low pH and bile salt.

Survival of <i>L</i> .	Biomass (cell dry weight) (mg/100 ml)				
<i>plantarum</i> WPL	MRS broth	MRS broth	MRS broth	MRS broth	
117	control (pH 7)	(pH 2)	(pH 4)	(ox bile salt)	
	50.2	50.1	49.9	22.6	

intestine (Leite et al., 2015). In this study, isolate WPL 117 was found resistant to 0.3% bile salts. This result is similar with other studies, which showed that five L. plantarum strains were resistant to bile salts after having exhibited partial bile salt hydrolase L. plantarum was found similar activity. with probiotic L. casei Shirota strains and L. rhamnosus GG (Argyri et al., 2013). The study of Rajoka et al. (2018) showed that 13 isolates of *Lactobacillus* sp. in MRSc medium supplemented with 0.5 and 1% bile salt after 12 h incubation showed resistance to various concentrations of bile salt. This suggests that increasing bile salt concentration translates to a corresponding decrease in growth rate of lactic acid bacteria.

The ability of crude bacteriosin produced by the isolated strain *L. plantarum* WPL 117 was evaluated *in vitro*. Table 3 shows the diameter of inhibition zone of the isolate. Result demonstrates that crude bacteriosin from *L. plantarum* WPL 117 was able to inhibit *E. coli* and *S. aureus*. Bacteriocinproducing strains may be used as protective cultures to improve food safety. Likewise, the purified or crude form of these antimicrobial agents may also be applied directly as food preservatives. Different bacteriocins produced by L. plantarum are isolated from fermented food products, with particular emphasis on their genetic and biochemical properties. A number of bacteriocins including plantaricin A, plantaricin B, plantaricin C, plantaricin F, plantaricin BN, plantaricin S and T, plantaricin SA6, and C19 are produced by L. plantarum (Olasupo, 1996). Lactobacillus has been considered safe for human and livestock use, particularly in dairy cow farming (Tagg and Dierksen, 2003; Maragkoudakis et al., 2006).

This study found that the isolated *Lactobacillus plantarum* WPL 117 survived at low pH (pH 2 and pH 4), was resistant to 0.3% bile salts, and exhibited antimicrobial activity against *E. coli* and *S. aureus*, qualifying it as a potential probiotic. It is recommended to conduct molecular and *in vivo* test on animals to verify its potential as a probiotic.

Diameter of inhibition zone (mm)					
Crude bacteriosin	Escherichia coli	20			
(mm)	Staphylococcus aureus	9			

Table 3. Inhibition zone of crude bacteriosin from *L. plantarum* WPL 117 isolated from crossbred cattle.

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### **INDEXES TO VOLUME 55, Special Issue, December 2018**

### **Keyword Subject Index**

Achyranthes aspera, 35, 51 alkaloid, 51, 69 aluminum silicate, 59 amino acid, 9 Anisakis spp., 85 antigenic protein, 85 antigenic site, 9,17 antimicrobial activity, 73 apoptosis, 103 apoptotic cell, 51 bile salt, 73 Blastocystis sp., 91 bovine, 19, 133 breast cancer, 51 broiler, 79 caspase 3, 51 caspase 9, 51 congestion, 69 culture medium, 91 cytokine, 43 dairy cattle, 121 degeneration, 35 dog, 9 Escherichia coli, 109 Euthynnus sp., 85 follicular phase, 121 frozen spermatozoa, 19, 133 Fusarium graminearum, 59 Gallus gallus domesticus, 67 gentamicin, 103 G-gene, 9 goat, 19, 133 hcg, 127 histopathologic changes, 97 hyperoxia, 1 hypoxic preconditioning, 1 immunohistochemistry, 43 in vitro maturation, 127 Indonesia, 9, 17

Kampung chicken, 67 kidney, 35 lactic acid bacteria, 67, 73 lentogenic strain, 17 luteal phase, 121 Madura beef cattle, 127 mice, 35 multiplex PCR, 109 milk urea nitrogen, 25 native chicken, 17 NCD, 17 necrosis, 35, 103 non-specific bacteria, 121 oocvtes, 127 pH tolerance, 73 plasma membrane, 59 protozoan, 91 rabbit, 1, 97 rabies virus, 9 r-ASCs, 1 renal tubular cells, 103 reproductive efficiency, 25 sambiloto, 103 Sarcoptes scabiei, 43, 97 scabies, 43, 97 seminal protein, 19, 133 seminiferous tubule, 59 shiga toxin, 109 smallholder dairy farmers, 25 sperm, 59 spermatozoa quality, 121, 133 staining, 57 STAT-1, 79 STAT-3, 79 Streptococcus agalactiae, 115 stx2 gene, 109 staining, 91 subclinical mastitis, 115 sugar glider, 91

synthetic protein, 79 T-cell epitopes, 17 tetO gene, 115 tetracycline resistance, 115 TGF-6, 43 third-stage larvae, 85 TNF-α, 43 toxicity, 35 urine of pregnant women, 127 viability, 1

### **Author Index**

Adikara RTS, 127 Afikasari D, 73 Arimbi, 97, 121, 133 Azhimah A, 97 Basori A, 35, 51, 103 Damayanti R, 79 Effendi MH, 97, 109, 115 Ernawati R, 17, 51, 85 Hariadi M, 35, 91, 103, 127 Harijani N, 97, 109 Hariyati I, 73 Hastutiek P, 97, 97, 109, 115 Hermadi HA, 127 Hernawati T, 59 Hidajati N, 79 Kartika D, 17 Koesdarto S, 51, 57, 85, 91 Kusnoto, 91 Lastuti NDR, 43, 85 Legowo D, 97 Lokapirnasari WP, 67, 73 Ma'ruf A, 79 Madyawati SP, 121 Maslachah L, 73 Meles DK, 35, 51, 103 Mufasirin, 51, 85 Mulyati S, 59 Mustofa I, 25, 35, 51, 103 Natalia F, 91 Oktavianto A, 115 Prasetyo RH, 1 Pribadi TB, 73 Putri DKSC, 35, 51, 103

Rahardjo AP, 17 Raharjo HM, 51, 85 Rahmahani J, 9, 17 Rahmawati IL, 17 Rantam FA, 9, 17 Rimayanti R, 121 Rizki SM, 43 Safitri E, 1, 35, 51, 59, 103, 127 Sahidu AM, 73 Samik A, 59 Sandhika W, 1 Soepranianondo K, 73 Srianto P, 1, 57, 91 Sudrajad K, 121 Suprayogi TW, 121, 133 Suprihati E, 57 Susilowati S, 91, 103, 133 Suwanti LT, 43, 85, 91 Suwarno, 9 Suwasanti N, 35, 51, 103 Triana IN, 133 Tyasningsih W, 121 Utama S, 25 Wastomi ZN, 51, 85 Widiyatno TV, 1 Widjaja NMR, 79 Widjaja NS, 17 Widodo OS, 121 Wurlina, 25, 35, 51, 103, 133 Yanestria SM, 109 Yulianto AB, 67, 73 Yustinasari LR, 97 Zakaria S, 35, 83, 91, 103

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